



Ice Breaker

What is your tendency when you encounter a difficult situation – fight, flight, or freeze? Why?

SACRAMENTO/ELK GROVE

Main Text: Romans 12:1-21

Discussion Questions

- What does Paul mean when he says to “offer your bodies as a living sacrifice” in v.1?
- Why is it important to be transformed by the “renewing of your mind” in v.2?
- Is it possible to understand what God’s will is for your life with an “old” mindset? Explain.
- In v.9, Paul says that “love must be sincere” – have you ever met someone nice, but not sincere? How did that make you feel?
- If an audit was done with your words this past week, would they reflect a genuine love for: God? Your family? Your coworkers? Everyone else?
- Does v.14 say to bless those who bless you? What can you learn from v. 14-16?
- Read v.17-20. What area(s) of your life need surrendering to God? Is there anyone whom God is telling you to extend mercy and forgiveness to?
- How can we overcome evil with good (v.21) this week?

Share prayer requests and close in prayer.

