

Toilet Training

Is your child ready?

1. Expresses interest in coming into the bathroom with you to find out what goes on there and perhaps even sits on the toilet himself.
2. Understands what the toilet is for and what it means to have a wet or dirty diaper. If he also shows a preference for being clean and dry, fussing when he is wet, pulling off dirty diaper, or asking to be changed; all the better.
3. Knows the WORDS for urinating and having a bowel movement (such as Pee Pee, Poop, or whatever words your family chooses).
4. Can stay dry for at least two hours at a time.
5. Has regular bowel movements with soft, formed stools.
6. Can and will follow simple directions, such as those for washing hands.
7. Can help pull pants up and down.
8. Seems to recognize at least a few seconds ahead of time that he's about to go, and can tell you before it happens. (Many youngsters will squat, leave the room, or get "the look" before having a bowel movement.
9. Is in a willing receptive mood and isn't going through any major transitions (like adjusting to a new sibling or school).
10. Demonstrates a desire for independence (for example wants to be a "big boy" and do things himself) --- or, better yet, shows a particular desire to use the toilet like mommy and daddy do!

If your child meets most of these criteria, he is ready to try. If not, wait a month or two and reevaluate.

Potty training should begin at home over a long weekend or holiday. Once you have success at home for at least a week, your child may begin wearing "pull-ups" at child care. Even after your child has been successful at home you must still provide us with 4 or 5 pull-ups for naps and other extended periods of time. You also **MUST** provide at least 3 complete changes of clothing for your child and an extra pair of shoes.

Under NO CIRCUMSTANCE will your child be allowed to potty-train in regular underwear! This is for sanitary reasons! Regular underwear cannot contain urine and feces to prevent the spread of germs in the center and to other children in care. Once your child demonstrates complete control, we will transition them to regular underwear.

Also when you begin training at home, please let us know so we can continue, and use the same terminology, with all the work you have accomplished. Further, if within 2-3 weeks, your child shows no sign of progress, we reserve the right to put your child back in diapers and try again in a few weeks.

Parent has read and agreed to the Toilet Training Policy.

Signature of Parent/Guardian

Date