

# HOW TO USE THE IF-THEN CHART

"FOR THE LORD  
DISCIPLINES THOSE HE LOVES.  
AND HE PUNISHES EACH ONE  
HE ACCEPTS AS HIS CHILD."  
HEBREWS 12:6 (NLT)

IF WE WANT TO RAISE UP OUR CHILDREN IN THE KNOWLEDGE OF CHRIST, TO "TRAIN UP A CHILD IN THE WAY HE SHOULD GO", THEN WE NEED TO **DISCIPLE** THEM, ESPECIALLY IN MOMENTS **DISCIPLINE**.

DISCIPLINE SHOULD **ALWAYS** FLOW FROM A HEART OF LOVE AND A WANT TO BETTER THE CHILD. FOR A CHRISTIAN HOUSEHOLD, THE FOUNDATION OF DISCIPLINE SHOULD ALWAYS BE FOUNDED IN **GOD'S WORD** AND **GOD'S WISDOM**, NEVER FROM PERSONAL PREFERENCE OR FEELINGS.

WHEN WE DISCIPLINE OUT OF ANGER OR FRUSTRATION, WE OFTEN TIMES DISCIPLINE OUT OF SELFISH MOTIVES AND ADMINISTER MORE PUNISHMENT THAN IS NECESSARY. WE UNKNOWINGLY COMMUNICATE TO OUR CHILDREN THAT GOD ALSO ADMINISTERS JUDGMENT AND PUNISHMENT QUICKLY, HARSHLY, AND WITHOUT MERCY. THIS IS NOT THE FATHER'S HEART FOR HIS CHILDREN.

WHEN WE DISCIPLINE BECAUSE OF PERSONAL PREFERENCE. (BECAUSE I SAID SO, IT'S ANNOYING, I FEEL LIKE YOU SHOULD...) WE COMMUNICATE TO OUR CHILDREN THAT THEY ARE SUBJECT TO YOUR WHIMS AND FEELINGS, GIVING THEM NO SENSE OF STABILITY NOR RESPONSIBILITY TO ANYTHING GREATER THAN PLEASING OTHERS.

WHEN DONE CORRECTLY, DISCIPLINE SHOWS A CHILD THAT THEY ARE DEPENDANT ON, AND SUBJECT TO GOD WORD. NOT ONLY DOES HE HAVE THE WORDS OF LIFE (JOHN 6:68) BUT HE ALSO DESIRES WHAT IS BEST FOR US. FOLLOWING HIS WAY, RATHER THAN OUR OWN, WILL TURN OUT FOR THE BEST.

BEFORE HANGING THE CHART, SIT DOWN AS A FAMILY AND FILL IT OUT TOGETHER. TALK WITH THEM ABOUT YOUR HEART TO HELP THEM FOLLOW AFTER GOD, AS HIS WAYS ARE BEST. SHOW THEM WHY CERTAIN SIN PROBLEMS ARE NOT GOOD, AND ASK THEIR OPINION ON WHAT WOULD BE A PROPER DISCIPLINE. (YOU MAKE THE ULTIMATE DECISION.) ASK THEM IF THERE ARE ANY OTHER SINS THAT THE FAMILY STRUGGLES WITH THAT CAN BE ADDED.

THE FINAL STEP OF RECONCILIATIONS IS THE MOST IMPORTANT PART, AND A COMMON MISTAKE. WE SHOULD NOT WITHOLD LOVE AND AFFECTION AFTER DISCIPLINE, AS THAT TEACHES OUR CHILDREN THAT THEY SHOULD DO WHAT IS RIGHT TO EARN OUR LOVE. THAT'S NOT THE CASE WITH OUR HEAVENLY FATHER WHO OPENLY OFFERS US HIS LOVE AND FORGIVENESS.



# IF-THEN CHART

ARGUING OR DISRESPECT	DO ALL THINGS WITHOUT MURMERINGS OR COMPLAINING. PHIL 2:14	TIME OUT MINUTES = AGE
TEASING, NAME CALLING, OR CAUSING TROUBLE	BE KIND AND COMPASSIONATE TO ONE AN- OTHER, FORGIVING EACH OTHER, JUST AS CHRIST GOD FORGAVE YOU. EPHESIANS 4:32	WRITE A LETTER SAYING 3 NICE THINGS OR SPEAK WITH THEM
HITTING, BITING, KICK- ING, OR THROWING. VIOLENCE	DO TO OTHERS AS YOU WOULD LIKE THEM TO DO TO YOU. LUKE 6:31	2 SPANKINGS
STEALING OR TAKING FROM OTHERS	ANYONE WHO HAS BEEN STEALING MUST STEAL NO LONGER, BUT MUST WORK, DOING SOMETHING USEFUL WITH THEIR OWN HANDS, THAT THEY MAY HAVE SOMETHING TO SHARE WITH THOSE IN NEED. EPHESIANS 4:28	LOSS OF PRIVILEGES OR CHILD MUST GIVE UP THEIR FAVORITE TOY AND THE ITEM THEY STOLE.
LYING OR BAD WORDS	KEEP YOUR TONGUE FROM EVIL AND YOUR LIPS FROM SPEAKING DECEIT. PSALM 34:13	VINEGAR / SOAP IN THE MOUTH FOR 2 MINUTES
DEFIANCE AGAINST AUTHORITY	LISTEN, MY SON, TO YOUR FATHER'S INSTRUCC- TION AND DO NOT FORSAKE YOUR MOTHER'S TEACHING. PROVERBS 1:8	LOSS OF PRIVILEGES
RUDE BEHAVIOR OR POOR MANNERS	TO SPEAK EVIL OF NO ONE, TO AVOID QUAR- RELING, TO BE GENTLE AND TO SHOW PERFECT COURTESY TOWARDS ALL PEOPLE. TITUS 3:2	2 SPANKINGS
GOOD CHOICES	I CAN DO ALL THINGS THOROUGH HIM WHO GIVES ME STRENGTH. PHIL 4:13	ONE STAMP / STICKER 5 STICKERS = A REWARD

MAKE THE FIRST STEP  
TOWARDS FORGIVENESS



# DISCIPLINE STEPS

HERE ARE SOME HELPFUL HINTS ON HOW TO ADMINISTER DISCIPLINE OUT OF A HEART OF LOVE, AND A DESIRE TO TRAIN.

1. CHOOSE A SPECIFIC PLACE TO WALK OUT DISCIPLINE.

- CHOOSE ONLY TO ADMINISTER DISCIPLINE HERE, IF YOU ARE OUT, LET THEM KNOW THAT DISCIPLINE WILL HAPPEN ONCE YOU CAN COMMUNICATE WHY FROM A BIBLICAL VIEW.

2. GIVE WARNINGS AND PRAY WITH THEM.

- GIVE THEM THE OPPORTUNITY TO RECOGNIZE AND CATCH THEIR OWN BEHAVIORS AND MAKE BETTER CHOICES. ON THE SECOND WARNING, REMIND THEM OF THE DISCIPLINE TO COME IF THEY DON'T START MAKING BETTER CHOICES, OFFER TO PRAY WITH THEM AND ASK GOD'S SPIRIT TO REMIND AND HELP THEM. FINALLY, LET THEM KNOW THAT YOU'RE SORRY THEIR CHOICES HAVE LED TO IT, BUT YOU WILL HAVE TO ADMINISTER DISCIPLINE TO TEACH THEM SELF-CONTROL.

3. SEPARATE THEM AND YOURSELF.

- GIVE BOTH THEM AND YOU A TIME TO THINK, CALM DOWN, SO THAT YOU CAN APPROACH THE SITUATION WITH LOVE AND GRACE.

4. REVIEW WITH THEM.

- TELL WHY THAT SPECIFIC SIN WASN'T OKAY, AND THE CONSEQUENCE IT WILL LEAD TO. (BOTH FUTURE CONSEQUENCES, AND IMMEDIATE.) REVIEW THE SCRIPTURE WITH THEM AND PRAY THAT GOD HELPS US IN THE FUTURE.

5. ADMINISTER THE DISCIPLINE.

- BE CONSISTENT WITH THIS. DON'T LET IT SLIDE. MAKE SURE BOTH PARENTS ARE ON THE SAME PAGE THAT THIS DISCIPLINE IS TO BE ADMINISTERED SO THAT THERE IS CONSISTANCY AND A LACK OF CONFUSION OR FRUSTRATION.

6. OFFER RECONCILIATION / PLAY WITH THEM!

- OFTENTIMES FORGOTTEN, BUT IS VITAL TO A CHILD'S PROPER UNDERSTANDING OF FORGIVENESS. SHOW THEM THAT YOU LOVE THEM DESPITE THEIR MISTAKES.



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