

What's For Dinner?

Connect 4

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Key Ingredients For Healthy Connections

Love leads to compassion kindness, humility, gentleness & patience. Colossians 3:12-14

Trust & Respect is essential. James 1:19-20

Forgiveness is necessary when we accidentally or intentionally hurt each other.

Matthew 6:14-15

True love requires commitment and accountability to each other. Galatians 6:2

How do we repair the connection when it's been fractured? Matthew 18:15-18

Reflection: Based on the listed ingredients of healthy connection that we've discussed, what is one ingredient you do well, and one that you can grow and improve?

Challenge: For the one ingredient that you can grow and improve, every day this week, pray and genuinely practice this ingredient.