

# **Yahweh Ropheka God Is My Healer**

## **The Names of God part II series**

### **by Chris Famisaran**

Exodus 15:22-27

Psalms 103:2-3

Jeremiah 30:17

Hosea 6:1

Isaiah 57:18-19

Ropheka comes from the root word Rapha which means to heal or restore.

5 Areas of Health: Physical, Mental, Emotional, Spiritual, Social

#### **Action Steps**

1. Pray and trust in God's ability to heal you.
2. Ask for help
3. Be faithful and apply God's teaching and wisdom in your life.
4. Pray for and encourage others who are struggling.

God can work a miracle in your life, but God also wants us to make good intentional healthy decisions.

**Reflection:** Which of the 5 areas of health (physical, mental, emotional, spiritual, social) do you need healing and restoration?

**Challenge:** Follow through on the action steps, and trust that God has your best interest at heart.