

Cast Your Cares

by Ethan Morales-Vierna

Morning boys and girls, happy Sabbath. Hope you guys are having a good Sabbath. It's time for children's story. So we're gonna jump into our handy dandy Bible here. For today's memory verse or Bible verse, but if you guys can memorize it, that'd be great. We're gonna be looking at 1 Peter 5:7, where it says, cast all your anxiety on him because he cares for you.

All right, now for today's illustration, boys and girls, we're gonna use this laundry basket. I'm sure you guys have seen something like this before. At the end of the week or during the week, you throw your dirty clothes in here and then you go take it down to the wash and you wash it. If I were to hold this on for the day, it's pretty light, right? I could kind of throw it around, kind of have fun with it. It's not too terribly heavy, right? Have this represent our mind, all right?

So at first there's really nothing in here. As the day or days continue, we start throwing stuff in there. So this will be an exam you have coming up, all right? This other thing will be family drama. No one likes family drama. Let's see, what else? We have a car that breaks down and you need to worry about that. Pretty soon, we start getting so much stuff that we start just throwing it all in there. This big, massive, we just start cramming it, cramming it into our mind. And now, while the basket isn't too terribly heavy, it could kind of start weighing you down if you start holding onto it for such a long time.

And so, boys and girls, what God calls us to do, is he calls us to cast our anxieties and our worries upon him. So that exam that we had, we give that to God. We set that aside. We let him in. The car that broke down, you give that to God. And then the family drama, you pray about that, you give that to God, until eventually you dump it all out on God. And sometimes it takes a while, boys and girls. And then again, once we give it to God, we have peace of mind.

Now, just because we give it to God doesn't mean that our problems still go away. Just as, you guys can't see it, but there's a big pile of laundry that I need to do over there. But, you know, it goes to show that we don't have to do it alone. We don't have to go through it ourselves. God is always there to help us, to listen to us, because He is God and He can take it. There is nothing we cannot say or tell Him that would get him upset or have him disapprove of us.

So boys and girls always remember when you have a worry and anxiety or anything coming up that you feel is overwhelming you, of weighing you down, pray about it, let God know and invite him into this situation, all right?

We'll go ahead and close out with prayer. Dear Heavenly Father, Lord, thank you God so much for another day of life, for allowing us another Sabbath day, Lord, to come and worship you. As we close children's story out right now, God, I just ask that you be with these children. May you guide and protect them, guide and protect their families, point them towards you so that the children may ultimately point themselves towards you and get to know you as well, Lord. We love you and we thank you, all in your name, amen.

All right, boys and girls, happy Sabbath, and we'll see you next time.