



CRISIS BACKPACKS

1. Each backpack requires all items listed below
2. We request that all items be brand new
3. All items need to be packed into standard backpack (no shopping bags please!)
4. Please choose clothing size for each bag (ADULT SIZES: XS, S, M, L, XL) and attach a label on the outside of backpack indicating what size clothing is inside

CLOTHING:

- Underwear
- Sports bra
- Socks
- Flip-flops
- Pajama set
- Lounge pant/yoga pant (**NO DRAWSTRINGS. PLEASE!**)
- T shirt
- Hooded sweatshirt

PERSONAL AMENITIES: (TRAVEL SIZES WHERE POSSIBLE)

- Brush
- Hair clip/hair tie
- Toothbrush
- Toothpaste (no mouthwash, please)
- Soap (bar soap/body wash)
- Towel
- Washcloth
- Deodorant
- Chapstick
- Tissues(travel size)
- Shampoo
- Conditioner
- Feminine hygiene products

MISCELLANEOUS

- Fleece/Soft blanket
- Plush animal/Teddy bear
- Journal (no wire-bound notebooks please!)
- Pen

PLEASE DO NOT INCLUDE:
NO razors
NO hand sanitizer
NO mouthwash
NO toothpicks
NO dental floss
NO mirrors
NO laundry soap
NO metal/wire ties on bags
Journals - please NO wirebound

SUGGESTIONS FOR RESCUE BACKPACKS

BACKPACK:

https://www.amazon.com/Outlander-Packable-Lightweight-Backpack-Daypack/dp/B00TEIVSNC/ref=sr_1_2?ie=UTF8&qid=1430776096&sr=8-2&keywords=day%2Bbackpack&th=1

LOUNGE SET: TSHIRT

https://www.amazon.com/gp/product/B073X5ZSNT/ref=ppx_yo_dt_b_asin_image_o01_s02?ie=UTF8&th=1&psc=1

LOUNGE SET: PANTS

https://www.amazon.com/gp/product/B0169P8TNE/ref=ppx_yo_dt_b_asin_image_o02_s03?ie=UTF8&th=1&psc=1

Hooded sweatshirt:

https://www.amazon.com/Hanes-Womens-Performance-Pullover-Heather/dp/B01L9J9RPE/ref=sr_1_10?dchild=1&keywords=women%27s%2Bhooded%2Bsweatshirt&qid=1627490521&sr=8-10&th=1&psc=1

PAJAMA SET:

https://www.amazon.com/dp/B08GM15VQS?pd_rd_i=B08GM15CZJ&pd_rd_w=PMQFP&pf_rd_p=ee186ce0-6bf7-4893-85b9-f3368b019e0f&pd_rd_wg=4DyDF&pf_rd_r=QJZCDTH6F6WXPZ6G0MK0&pd_rd_r=fff6e66f-a5b1-40a5-8be4-2d6b6a4b5c7d&th=1&psc=1

FLIP-FLOPS:

https://www.amazon.com/gp/product/B08C2Z2XLX/ref=ox_sc_act_title_1?smid=A3BJE8DZ2D6KLP&psc=1

FLEECE BLANKET:

https://www.amazon.com/Blankets-Fleece-Blanket-Livingroom-Heather/dp/B08QTYZC6Z/ref=sr_1_5?dchild=1&keywords=fleece+blanket&qid=1627490757&s=home-garden&sr=1-5