

# WMPC MONTHLY

WHITE MEMORIAL PRESBYTERIAN CHURCH | JULY 2022

## The Constancy of Change

The title of my newsletter this week is itself an oxymoron. I remember my family members when I was young saying that the only sure things in life were “death and taxes.” After more than two decades of ministry, I would add “change” as a third member of the list I learned as a child. When I first lived in Charlotte I was told a North Carolina version of a list of “things” we could count on as constants in the Old North State: pulled pork bar-b-que, sweet tea, and the Wachovia Bank. As I said, change is constant.

One of White Memorial’s most constant and consistent places of ministry is our Pastoral Assistant, and my personal assistant, Rebecca Turner. She has served the pastors and members of White Memorial for twenty-seven years. She has worked with distinction, excellence, and praise each and every day. Simply put, her fingerprints and faithfulness have guided nearly all that we have done for nearly three decades. She is one of the finest people I have ever known and we thank God for the ways her witness has shaped who we are as a congregation. In light of the constancy of change, Rebecca is retiring this month. We will host a reception for her one Sunday in September once she agrees upon a date. Please join me in thanking her for her extraordinary tenure.

Zooming out even further, there continue to be waves of change sweeping over the landscapes of our nation and globe. There is a war in Europe. We reel in the wake of mass shootings and other criminal acts of violence. And you don’t need me to tell you the courts have been busy, most especially with the recent *Dobbs v. Jackson* decision. As with all such matters, I have already received communications and had conversations of lament and thanksgiving with members of our faith community. I was born in 1971, and in my lifetime there has not been a more charged, divisive, or contested issue thrust upon the American conscious. I have been much in prayer these past days and I suspect I will continue to be in prayer for some time.

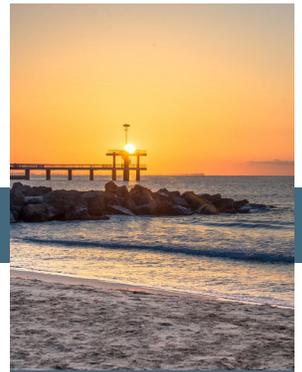
Whenever confronted with change, expected or unexpected, I try to think and pray both pastorally and theologically. This may be imperfect, but it is my first response. I would encourage us all to try to engage in hard matters like those before us, and the ones which will surely come our way in the future, with a similar spiritual framework. As a follower of Jesus Christ, I place my faith and trust in the Savior. By following him, we can learn to think and pray from a pastoral and theological mindset. In my experience, it is this practice that holds churches, families, and communities together when flames of division lap at our doors.

Jesus teaches us to seek first the kingdom of God (Matthew 6:33). We are all of us laborers in the vineyards of grace seeking to live with and in God’s kingdom. Change swirls around us in more ways than we can count; or as Isaiah says it, “the grass withers and the flowers fade, but the word of God will stand forever” (Isaiah 40:8). Constancy and change remain forever, if not paradoxically, intertwined. May we be kind and gracious to one another and may God grant us grace today and always.

May grace abound,



Christopher Edmonston, *Pastor*



### SUMMER SUNDAY WORSHIP TIMES

8:30 & 10:30 a.m.  
In Person Worship  
in Sanctuary

Live Stream,  
Facebook Live and  
YouTube

OnPoint@1704  
10:30 a.m.  
In Person Worship  
in the Main Hall

Live Stream and  
YouTube

Adult Sunday School  
9:30 a.m.

Nursery  
8:15 a.m. - 11:45 p.m.  
Infants (L103)  
through three-year  
olds (L102).

Church Office  
Telephone Number:  
919-834-3424

Pastor-On-Call  
Telephone Number:  
919-605-4593



text: wmpc app to 77977  
to download app

[whitememorial.org](http://whitememorial.org)

WORSHIP | EMBRACE | SERVE  
in the manner of Christ

# Joys & CONCERNS

## IN THE CHURCH TRIUMPHANT

**Judith "Judy" Fey Thomas** – June 21, 2022

**Eliza Alice Craven** – June 25, 2022

WMPC family members: parents, Lee and Mandy Craven, brothers, Asher and Jonah

## PRAYERS AND CHRISTIAN CONCERNS TO

**Susan Fountain and family**, on the death of her mother, Sandra Davis Twiddy, May 28, Durham, NC.

**Ehhtee ku C Htaw and family**, on the death of her father, Saw Gen, June 3, Raleigh, NC.

**Lydia Pickard and family**, on the death of her father, Anthony Hendren Payne, June 5, Roanoke VA.

**Dianna Downey and family**, on the death of her father, Lester Mashburn, June 7, Beaufort, SC.

**Ann Hanley and family**, on the death of her mother, Julia Black Strader, June 8, Lexington NC.

**Margaret Eller and family**, on the death of her father, Ralph Gable, June 9, Goldsboro, NC.

**Liz Bailey and Ford Bailey**, on the death of their grandmother, Linda Walston Wells, June 10, Goldsboro, NC.

**Dave and Jan Stewart and family**, on the death of their nephew, William Wallace Poole, June 11, Raleigh, NC.

**Harriet Jennings**, on the death of her grandson, Wesley Honeycutt, June 12, Danville, VA.

**Ken Ward and family**, on the death of his mother, Kate Harrison Ward, June 13, Raleigh, NC.

**Penn Holderness and family**, on the death of his father, Haywood Holderness, June 18, Raleigh, NC.

**Joe Sullivan and family**, on the death of his mother, Jerretta Sue Rifenburg, June 22, Wake Forest, NC.

## NEW PRESBYTERIANS

**John Kevill Cargill, Jr.**, born May 11, child of Becky and Kevill Cargill.

**Yates Charles Bynum**, born May 12, child of Meredith and Zack Bynum, grandchild of Lydia and Larry Wilson.

**Fielding Aiken Allen**, born May 18, child of MA and Chester Allen, grandchild of Chris and Charlie Wagner.

**Grace Anderson Cain**, born June 2, child of Hayley and Brad Cain.

**Jane Katherine Clayton**, born on June 15, child of Kiki and Will Clayton, Dallas, TX, grandchild of Mary and Jack Clayton.

## BAPTIZED

**May 29 – Beau Louis Timmerman and Shelby Lynn Timmerman**, children of Abby and Jay Timmerman.

**June 12 – Maris Anne Zaytoun**, child of Hilary and Matt Zaytoun.

**June 19 – Hatcher Byrd Kincheloe III**, child of Anna Vaughn and Hatcher Kincheloe.

## MARRIAGES

**Mary Lillian King and Michael Joseph Robinson**, June 11, Linville, NC. Lillian is the daughter of Becky and Charles King.

## CONGRATULATIONS TO

**Michelle and Jeb Jeutter**, on the birth of grandchild, Mills Carr, born on June 9 to Cameron Jeutter and Jarrett Carr, Austin TX.

**Debbie and Sheldon Fox**, on the birth of grandchild, Cameron Abbott Fox, born on June 16 to Morgan Abbott and Matthew Fox.

If you have experienced a birth, marriage or death you want to share with the church, email Lisa Crumpler at [lcrumpler@whitememorial.org](mailto:lcrumpler@whitememorial.org) or Rebecca Turner at [rturner@whitememorial.org](mailto:rturner@whitememorial.org). If you have a relative or church friend who is hospitalized, call the church office or email Amy Claproot at [aclaproot@whitememorial.org](mailto:aclaproot@whitememorial.org) so our pastoral staff can reach out. If you have a pastoral care need outside of regular business hours, call our after hours pastor on call at 919-605-4593.

noteworthy

## SUMMER WORSHIP SCHEDULE

Through Sunday, September 4, 2022

**Worship times:** Sanctuary: 8:30 & 10:30 a.m. | OnPoint@1704 in the Main Hall: 10:30 a.m.

**Holiday Weekend Worship Times** (two services; one worship space)

- **July Fourth Weekend:** Sunday, July 3 | 8:30 & 10:30 a.m. | Main Hall

- **Labor Day Weekend:** Sunday, September 4 | 8:30 & 10:30 a.m. | Main Hall

**Nursery** (Infants through three-year olds): 8:15 a.m. - 11:45 p.m.

**Infants & Toddlers (crawling) (L103); Toddlers (walking) to Preschoolers Age 3 (L102)**

We invite children 4 and over to enjoy worship with their family. Children's worship bags will be available.

REGISTRATION FOR MOST EVENTS CAN BE FOUND ON OUR WEBSITE:

[WWW.WHITEMEMORIAL.ORG/REGISTER](http://WWW.WHITEMEMORIAL.ORG/REGISTER).



### THANK YOU, REBECCA!

After serving as the Administrative Assistant to the Senior Pastor and Head of Staff for almost 28 years, Rebecca Turner will retire this July. Over her decades of service, Rebecca has been a calm, steady presence for countless staff, church members, and families who needed pastoral care at some of the most significant times during their lives. Whether in preparation for a baptism, planning the service of Witness to the Resurrection for a loved one, coordinating wedding plans, or receiving calls requiring a pastor, Rebecca was often the first and last person someone encountered. She would come in on Saturdays to help with services/ florists at delivery, coordinate with funeral directors, and was the non-anxious presence we needed, but didn't know to ask for.

This was her public ministry. Behind the scenes, Rebecca helped to coordinate the preaching schedule and work with the music and pastoral staff to arrange orders of worship. For almost twenty-eight years, the business and work of the Session has been organized, documented, and communicated through Rebecca's office. In recognition of her service, the Presbyterian Women presented her with a Lifetime Membership Award.

Even now, Rebecca is training her successor, Lisa Crumpler, diligently helping her to come on board and continue the ministry she has built over these many years. Please join us in celebrating her ministry. We expect that she will be around to worship and serve with us again, but she has more than earned this time to enjoy retirement.

We will have a churchwide celebration of Rebecca's ministry in the Fall when more people will be able to attend. In the meantime, if you would like to honor Rebecca with a gift, please send a check to the church office to the attention of Jody Grayson or make a gift online: <https://wmpc.ccbchurch.com/goto/forms/478/responses/new>. Please note that this is a non-deductible gift.

**WE WILL MISS REBECCA AND WISH HER MANY HAPPY LONG WALKS IN HER RETIREMENT.**

### REQUEST FOR VOLUNTEERS

On Tuesday, July 26, White Memorial is hosting the summer New Hope Presbytery meeting. An estimated 200 to 250 ministers and elders from across the Presbytery are anticipated to attend this meeting and volunteers are needed to help with various tasks, including:

- Greeting and directing people from parking lots to buildings
- Directing people within a building
- Registration
- Selling lunch tickets
- A/V for meeting in Main Hall and Worship in the Sanctuary
- Ushering for worship service

Volunteers are needed from 7:30 a.m. until after lunch, depending on task. Lunch will be provided for volunteers. Volunteers can be all ages, from middle school students to adults.

If you can volunteer, please contact Ray Watson at [nrwjr@mindspring.com](mailto:nrwjr@mindspring.com) or 919-418-4715.

### 2022 HABITAT FOR HUMANITY MINISTRY BUILDS

Visit our website to learn more about the builds scheduled over the summer and fall.



5<sup>TH</sup> SUNDAY  
HUNGER OFFERING

**JULY 31**  
**FIFTH SUNDAY**  
**HUNGER OFFERING**

The collection offering on Sunday, July 31 will help provide grants to hunger agencies in our Presbytery and is one way to make a difference in the lives of those who struggle with food insecurity.



HELLO  
Summer

## CHURCHWIDE COLLECTION IN JULY

### WHAT'S NEEDED?

**FOOD TO WHICH MEAT CAN BE ADDED!**  
**TACO KITS - HAMBURGER HELPER**  
**TUNA HELPER - MAC & CHEESE, ETC.**

Drop off in the red bins in front of the Witherspoon Building.

good  
morning

welcome to  
white memorial

## Friendly smiling faces still needed!

The church's doors are open and the flock is returning. Summer is upon us but Fall and the new church program year will follow. White Memorial Presbyterian Church is a warm and welcoming congregation. Post-COVID, we are working to rebuild our list of members (of any age) who are willing to serve as ushers at each of our Sunday services.

Ushering is a great parent-child activity. It is a wonderful way to meet and get to know members of the congregation. Ushering is a way to give of your time and talents to the church and to God. It is a "many hands make light work" program.

If you have not already done so, please prayerfully consider adding your name to the Ushering Guild for the service time or times you would be willing to serve.

You can sign up here:

<https://wmpc.ccbchurch.com/goto/forms/392/responses/new> to add your name to our list.

### **MEN'S BREAKFAST & BIBLE STUDY**

**(no gathering on Tuesday, July 5)**

Men of all ages are invited to come for a hot breakfast, fellowship and Bible study at 7:00 a.m. on Tuesday mornings in Geneva Hall (K100). The preaching pastor of the week leads a short Bible study related to the upcoming Sunday sermon. Bible study, breakfast and prayer conclude promptly at 8:00 a.m. each week. Contact for the group is Don Thompson, [dthomps1ing@gmail.com](mailto:dthomps1ing@gmail.com).

### **WOMEN'S BREAKFAST & FELLOWSHIP**

Women of all ages are invited to come for a hot breakfast, fellowship, study and prayer on Tuesday mornings at 7:00 a.m. in The Hub. This group studies the PW Bible lesson once a month and on other weeks they study a variety of topics. All participants are invited to stay as long as they like or to leave early for work or other commitments. Contact Susan Allen at [sisterfripp@bellsouth.net](mailto:sisterfripp@bellsouth.net) for more information. Hosted by Circle M.

### **GUYS NIGHT OUT**

**(sponsored by the Men's Retreat Committee)**

You are invited to drop by The Player's Retreat on Oberlin Road on Tuesday, July 12 from 6:30-8:30 p.m. for a time of fellowship. This event is open for all men of WMPC as well as non-members. Questions? Contact Pete Wood at [petewood1965@gmail.com](mailto:petewood1965@gmail.com).

### **CLOTHING CLOSET CLOSED IN JULY**

The closet will be closed in July, but will reopen August 3. We collect items on the first and third Wednesday of each month from 8:00 a.m.-5:30 p.m. Thank you for your continued support. If you are interested in being a part of this group, please come by for a visit or call Cornelius Swart, 919-414-4332 or Paula Williams, 919-961-4580.

### **OUTREACH KNITTING GROUP**

**(new date for July)**

Gather around and enjoy fellowship and friends while knitting and crocheting on Tuesday, July 12 at 9:30 a.m. in W400. We have plenty of yarn, patterns, hooks and needles. Everyone is welcome to join us for coffee and lots of conversation. Any questions call Faye Senter 919-805-0897 or [fsenter@bellsouth.net](mailto:fsenter@bellsouth.net). In August, we return to meeting the first Tuesday of the month.

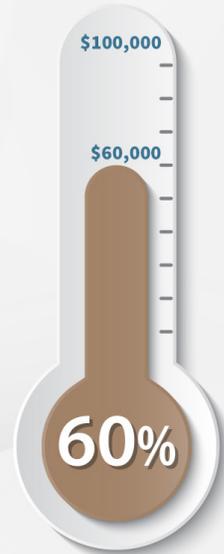
### **COMMUNITY ALLOCATIONS APPLICATION PROCESS**

The Community Allocations Committee of White Memorial Presbyterian Church allocates funds given by the congregation to agencies in Wake County that provide for the needs of individuals and groups in the community where our church has strong commitment and involvement. While no precise definition is possible in assessing need, we consider agencies that attempt to provide basic needs, teach life coping skills, and promote self-sufficiency. The Community Allocations Application process begins in September of each year and awards are announced in February. All grant applications for 2023 are due Thursday, September 1, 2022. [You can find the application by clicking here.](#) If you have questions contact Gloria Johnson, [gjohnson@whitememorial.org](mailto:gjohnson@whitememorial.org).



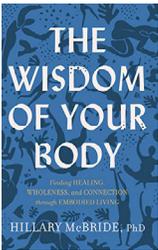
## WMPC MAJOR MISSION 2022 KING'S RIDGE

Thank you for supporting  
our 2022 Major Mission.  
To make a donation and  
learn more about King's Ridge  
visit: [whitememorial.org/give](http://whitememorial.org/give)



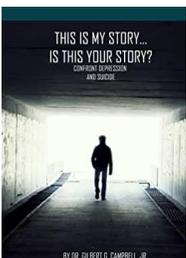
 Each house represents \$10,000  
towards our goal of \$100,000

### CALDWELL LIBRARY NEWS



Two copies of Hillary McBride's book, *The Wisdom of Your Body: Finding Healing Wholeness, and Connection Through Embodied Living*, are available. You will find them on the cart to the left as you enter the library (unless someone has checked them out). Dr. McBride spoke at the church on Wednesday, May 11.

***I am not sick. I Don't need Help! How to help Someone with Mental Illness accept Treatment*** by Xavier Amador, Ph.D. Dr. Amador, a clinical psychologist, has written a must-read guide for family members whose loved ones are battling mental illness. After years of study, clinical practice, and working with his schizophrenic brother, Dr. Amador developed the LEAP method to help loved ones accept treatment. LEAP stands for Listen, Emphasize, Agree and Partnering. This method of communication has proven to be both effective and life enhancing. Dr. Amador is the founder of and director of The LEAP Institute.

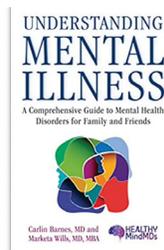


***This is My Story... Is this your Story?: Confronting Depression and Suicide*** by Dr. Gilbert G. Campbell  
Dr. Campbell takes a hard, honest look at his own journey through depression and suicide ideation, sharing his story in the hope of helping others who are on a similar journey. Whether you are depressive, have a family member or friend who is, or simply want to

be more enlightened about this crippling disease, read along and learn from someone who has 'walked the walk' and wants to help others through his candid retelling.

### ***On the Edge: Help and Hope for Parenting Children with Mental Illness*** by Andrea Berryman Childreth

*On the Edge* provides a realistic and practical guide to parenting a child with mental illness. Real life stories combine with an overview of common diagnoses, advice on navigating your health insurance or school system, and help with setting expectations at home to give practical steps to bring order to the chaos and hope to the future.



***Understanding Mental Illness: A Comprehensive Guide to Mental Health Disorders for Family and Friends*** by Carlin Barnes, MD and Marketa Wills, MD, MBA  
Drs. Barnes and Wills have written a practical guide to educate those experiencing mental illness, and help family and friends to better understand mental illness. A number of different psychiatric conditions are presented

along with commonly used treatment modalities. Written in a straight forward manner with easy to understand terminology, these physicians bring mental health information to a general audience.

### ***The Body keeps the Score. Brain, Mind, and Body in the Healing of Trauma*** by Bessel Van der Kolk, MD.

This #1 best seller is not to be missed. In *The Body Keeps the Score*, Dr. Van der Kolk uses recent scientific advances to show how trauma literally reshapes both body and brain, compromising sufferers' capacities for pleasure, engagement, self-control, and trust. He explores innovative treatments-from neurofeedback and meditation to sports, drama and yoga- that offer new paths to recovery by activating the brain's natural neuroplasticity. Dr. Van der Kolk's work offers new hope for reclaiming lives.



# THE CHURCH HAS LEFT THE BUILDING



## SUMMER

IS HEATING UP!!

### JULY

SUN	MON	TUE	WED	THU	FRI	SAT
					1	2
3	4	5	6	7	8	9
10	11	12	13	14	15	16
17	18	19	20	21	22	23
24	25	26	27	28	29	30
31						

### JULY

- 12 DRESS FOR SUCCESS 10:00-2:00
- 21 NOTE IN THE POCKET 1:00-4:00
- 24 OAK CITY CARES 2:30-5:00

### AUGUST

SUN	MON	TUE	WED	THU	FRI	SAT
		2	3	4	5	6
7	8	9	10	11	12	13
14	15	16	17	18	19	20
21	22	23	24	25	26	27
28	29	30	31			

### AUGUST

- 2 DRESS FOR SUCCESS 10:00-2:00
- 7 A PLACE AT THE TABLE 1:15-4:00
- 18 NOTE IN THE POCKET 1:00-4:00
- 28 OAK CITY CARES 2:30-5:00

### A PLACE AT THE TABLE

300 W. Hargett St.  
 Volunteers enjoy a meal together then help deep clean the kitchen after the cafe has closed.  
 Contact Debbie Fox at [debfox@bellsouth.net](mailto:debfox@bellsouth.net)

### DRESS FOR SUCCESS

1812 Tillery Place, Suite 105  
 Volunteers will help sort clothing.  
 Contact Ruth Landers at [ruth@landers.me](mailto:ruth@landers.me)

### NOTE IN THE POCKET

1430 Hargrove Road  
 Volunteers sort donated clothing which is given to children in need in the Wake County School System the 3rd Thursday of each month. Children aged 13-15 may volunteer when accompanied 1:1 by an adult.  
 Contact Ruth Landers at [ruth@landers.me](mailto:ruth@landers.me)

### OAK CITY CARES

1430 S. Wilmington St.  
 Volunteers serve delicious meals made by our very own Macy Aguirre the 4th Sunday of every month. Arrive by 2:30 p.m. Parking is located in the back of the building.  
 Contact Debbie Fox at [debfox@bellsouth.net](mailto:debfox@bellsouth.net)

### OBERLIN 5K WALK/RUN RESCHEDULED DATE: SUNDAY, JULY 10

To all who signed up to participate in the Oberlin 5k walk/run that was canceled due to weather on June 18, we hope you'll be able to join us on the rescheduled date of Sunday, July 10. Same place: Dix Park. Same time: 8:00 a.m. If you had signed up, please bring the race bib you already received. If you haven't signed up but would like to join other WMPC members you can do so until 7:45 a.m., July 10. Register: <https://oberlinvillageheritage5k.itsyourrace.com/register>. Be sure and designate you are with WMPC. Questions? Contact Ruth Landers at [ruth@landers.me](mailto:ruth@landers.me).



## Outreach Poland Ministry - A Prayer Vigil for Ukraine

A Prayer Vigil for Ukraine was organized by the Presbyterian Belarus, Ukraine, and Russia Mission (BURM) network on Sunday May 15 at 8:00 p.m. Support for the Prayer Vigil was also provided by WMPC and the Evangelical School of Theology (EWST) in Wroclaw Poland. These organizations were represented by the following who led the prayer:

- **Pastor Jessica Derise**, Chaplain of the Moscow Protestant Chaplaincy
- **Ellen Smith**, PCUSA Mission Co-worker in Ukraine, Belarus, and Russia
- **Marek Kucharski**, Chancellor of the Evangelical School of Theology (EWST) in Wroclaw, Poland
- **Reverend Ralph Clingan**, Pastor of the Good Shepherd Presbyterian Church in St. George, UT
- **Reverend Gloria Johnson**, Associate Pastor of White Memorial Presbyterian Church

The Prayer Vigil was a gracious combination of scripture and reports of the current status of some of the countries. The trauma in Russia was talked about by both Pastor Jessica Derise and Ellen Smith. Ellen stated that a "soft heart" was needed by all involved.



WMPC has had a relationship with EWST since 2007 which is facilitated by the Poland Ministry group of the Outreach Committee. Marek provided a brief update on some of the activities the students and staff at EWST are coordinating. He spoke of the humanitarian efforts Poland has been putting in place to assimilate the Ukrainian refugees into Polish society and/or assist in helping them enter other countries. Most notable has been the observation that there are no refugee camps set up, instead, the Ukrainians have been housed in hotels or peoples' homes. Help in getting them registered/set up for work permits, access to medical support, and enrolling children in schools are being offered to ease the transition for the refugees. Language classes in Polish were being offered as well as trauma support. All these benefits were being offered to give them a greater sense of self-dependency within Polish society. Efforts are being coordinated by six churches to better facilitate and coordinate support efforts. A Christian center has been transformed into a shelter for over 100 people. The transportation of medical supplies/equipment and food into Ukraine has also been undertaken, as well as the transfer of 30,000 pieces of new clothing delivered to Poland from the USA and then sent to Ukraine. Marek states that all this would not have been possible without all the international partnership support efforts. He adds that this "generosity has put so much positive impact on the lives of thousands of people within Poland and Ukraine that they feel honored and blessed to be part of this beautiful manifestation of Christian love that has united many Christians, organizations, and Churches within Poland, hopefully, the power of the gospel will reach the wounded hearts of so many Ukrainians".

During the first week of July Dr. Wojciech Szczerba (Rector of EWST) will be in Raleigh and will be presenting a look into the support Poland is providing Ukraine and its refugees.



## Polish Potluck Dinner & Presentation

Wednesday | July 6 | 6:00 p.m.  
Geneva Hall  
Presentation to follow

Register:

<https://wmpc.ccbchurch.com/goto/forms/480/responses/new>

Join us for an evening with our Mission Partner from Evangelical Theological Seminary of Poland, Wojciech Szczerba on Wednesday, July 6 at 6:00 p.m.

We'll have a potluck dinner to begin the evening (drinks and paper goods will be provided, please bring a dish to share) followed by a presentation at 7:00 p.m. Wojciech will provide updates from the Seminary as well as their work with Ukrainian refugees. Register to attend in person or join the presentation via Zoom.

For questions, contact  
David Rosar at (919) 291-0854 or  
Kathy Kidd at (919) 441-1862

# AT THE END OF YOUR ROPE?



The events of life can make us feel like we cannot go any further. We cannot take another step. What has you feeling isolated? Possibilities include health issues of your own or others, concerns about personal relationships, financial insecurity and unexpected changes resulting from the pandemic. There are many others. Would it be helpful to have someone with whom you can confidentially share your worries? Let a Stephen Minister join you on your path for a while. A Stephen Minister will meet with you privately – by phone, video chat, or in person with appropriate safety precautions - to offer care and support. It's free and completely confidential.

To learn how you can receive a Stephen Minister's confidential care, contact Nancy Benninger at [nmpeterson@gmail.com](mailto:nmpeterson@gmail.com)  
Judy Yates Siker, Parish Associate at [jsiker@whitememorial.org](mailto:jsiker@whitememorial.org).

*“Bear one another’s burdens, and in this way you will fulfill the law of Christ.”*

- Galatians 6:2



stephen  
MINISTRY



## PRESBYTERIAN WOMEN MILESTONE AROUND BUILDING COMMUNITIES

- **1969: Operation Listen!** UPW in cooperation with the National Council of Negro Women, organized dialogue between black and white, in light of the civil rights movement.

Presbyterian Women are committed to finding, nurturing and building community in our circles and cities and, truly, throughout the world!

Building community is rooted in mission or justice and peace work. Volunteering for reading programs or assisting at food banks connects us with members of our community we may not otherwise have met. These loving, mutually beneficial interactions grow God's Beloved Community, reminding us that regardless of how we are labeled or perceived, we are all, foremost, children of God.

If you are interested in sharing your story of how you work towards building stronger communities use this link: [Tell us your story about how you build community.](#)

This class uses Cancer Companions devotionals, videos and Bible lessons to explore how we can draw closer to God as we go through difficult times.

Sundays, September 11-November 13, 2022  
4:30-6:00 p.m. | Zoom

# Seeing GOD in Your Cancer Journey

Here's a look at our weekly topics:

September 11: Introduction  
September 18: Faith  
September 25: Questions  
October 2: Healing  
October 9: Prayer

October 16: Stress Reduction  
October 23: Relationships  
October 30: Communication  
November 6: No class  
November 13: Healthy Living

Questions: contact

Jean Williams, Parish Nurse at 919-834-3425, ext. 234, [jwilliams@whitememorial.org](mailto:jwilliams@whitememorial.org)  
or Jim Ferry, Parish Associate at 919-834-3425, ext. 208, [jferry@whitememorial.org](mailto:jferry@whitememorial.org)

Register: [www.whitememorial.org/register](http://www.whitememorial.org/register)

## PRESBYTERIAN WOMEN STUDY GUIDES

If you haven't yet ordered your PW study guide for this Fall, now is your chance. You may pre-order your study guide online with a credit card at [whitememorial.org/register](http://whitememorial.org/register) or bring/send a check to the church. Please make all checks payable to WMPC and to the attention of Tonya Higgins. Books are \$10 for regular print or \$15 for large print. Deadline for ordering is Tuesday, August 30.



White Memorial Weekday School  
is looking for  
**TEACHERS**  
for the 2022-2023 school year



## THE WEEKDAY SCHOOL IS HIRING!

The Weekday School is looking for lead and assistant teachers, especially in the infant and toddler classes, to work between two and five mornings each week during the 2022-2023 school year.

If you love children and want to work in a fun, exciting community, please contact Cynthia Baggett at [cbaggett@whitememorial.org](mailto:cbaggett@whitememorial.org).



## ANGEL FOOD MINISTRY

Looking for a way to get involved at White Memorial? Consider delivering meals or helping cook meals for our church members in times of need. Contact Jean Williams at [jwilliams@whitememorial.org](mailto:jwilliams@whitememorial.org) for more information about getting involved.

## A/V VOLUNTEERS NEEDED!

We're looking for volunteers to help us stream Sanctuary and OnPoint@1704 worship services. Experienced? Great. No experience? No problem. We'll train. Contact Drew Walker at [awalker@whitememorial.org](mailto:awalker@whitememorial.org) for more information.



## PICKLEBALL SUMMER SCHEDULE

We offer two opportunities to play each week during the summer, Monday, 2:00-4:00 p.m. and Wednesday, 2:00-4:00 p.m. (note the new time for Wednesday). Paddles and balls are available for use.

## T'AI CHI FOR EXERCISE

T'ai Chi is a gentle art that is physically rewarding and mentally stimulating, and brings a feeling of well-being, as well as relaxation, improved balance, and coordination. Social distancing will be observed. For more information, contact Honey Music at [honeyjmusic@gmail.com](mailto:honeyjmusic@gmail.com). Class meets on Mondays from 5:30-6:30 p.m. in Pickard Hall. \$8 drop-in per class.

## CHAIR YOGA AND YIN YOGA IS TAKING A HIATUS IN JULY AND WILL RESUME IN AUGUST

Margie Mould will resume her Chair and Yin Yoga classes on August 3. Stay tuned for details.



# VACATION BIBLE SCHOOL 2022!

Our church campus came alive the week of June 13-17 with our Food Truck Party Vacation Bible School! Directed by Eleanor Scott Davis and Bonnie Stabler, our fun program involved 165 children, 64 youth helpers, 88 adult volunteers, and many snack providers.



The Food Truck Party participants of VBS learned about God's ability to always provide for us. They explored how the Bible characters served as the hands of God.

The children experienced five Bible stories through music, movement, art, science, musical movement, and drama. Some examples of their fun week of growing in faith:

- Salt painting, using vegetable stamps, and creating clay baskets
- Singing "Taste and See" and "God is So Good" and playing instruments
- Doing relay races with kitchen utensils
- Experimenting with yeast and tying it into God giving us our daily bread
- Learning dance moves to the song "Manna in the Morning"
- Molding clay into fish and decorating them
- Presenting skits during the assemblies



Our VBS service project was collecting food for PORCH Raleigh. We collected 850 lbs. of food that will provide 700 meals for Ligon Middle School's pantry: Food Ark Jr. They provide pantry boxes to families with food insecurity throughout the summer.

We were happy to pass along our VBS supplies and decorations to First Scots Presbyterian Church in Charleston, SC and to Pleasant Grove United Methodist Church in Raleigh.



# THANK YOU TO THE MANY VOLUNTEERS WHO MADE VBS 2022 A SUCCESS!

We give thanks for each of the children who participated, the youth helpers who so enthusiastically gave of their time and energy, and all of the adult volunteers who poured out their love to these children and youth helpers, guiding and nurturing them.



Next year's Vacation Bible School, directed by Meg Groves and Carolyn McGowan, is planned for June 19-23, 2023. If you'd like to help with this lively week of growing in faith, please contact them at [meggroves22@gmail.com](mailto:meggroves22@gmail.com) or [cmcgowan78@gmail.com](mailto:cmcgowan78@gmail.com) or Lynn Springfield at [lspringfield@whitememorial.org](mailto:lspringfield@whitememorial.org).



Macy and team will keep your stomachs and hearts full with easy pickup items. These will be great for the pool, weekend get-togethers, planned vacations and just everyday life!

**Pickup day will be Thursday**

**Times: 12pm-5pm AFTER HOURS: 5-6:30pm**

**Location: serving line room/reach-in fridge**

Weekly specials will change, so keep your eyes peeled! Sign-ups will be similar to Wednesday dinner...Sunday by 8:00 p.m.

We will go through August 31, taking a break the week of July 4.

**Here's a sampling of what's coming:**

WMPC Spaghetti sauce • potato salads • pies • cookies  
pasta salads • picnic type items and more!



# SUMMER JAM FOR CHILDREN AND YOUTH RISING K-12TH GRADERS

WEDNESDAY | JULY 27

6:00 – 7:00 P.M. | CAROL COPELAND COURTYARD

The Children's and Youth Music teams invite rising K-12th graders to come enjoy singing, musical games and ice cream in the courtyard. We will move into Pickard Hall in case of rain.

Please contact Kelly Gold with any questions at [kgold@whitememorial.org](mailto:kgold@whitememorial.org).