

# WMPC MONTHLY



WHITE MEMORIAL PRESBYTERIAN CHURCH | SEPTEMBER 2025

## Are We Ready?

*Ready. Set. Go.* Or, as we said growing up in South Louisiana, “*geaux.*” That was the call at the start of relay races in PE. Do you remember Field Day at your school—the races and physical challenges? Whether you finished first, last, or somewhere in between (my usual spot), those words signaled the beginning of something special. They meant it was time to show up, try your best, and get moving.

I’m told that Ed Pickard, beloved pastor at White Memorial for nearly 30 years, used to say we suffered from “beach erosion” in the summer. And it’s true—attendance dips as families travel, visit children and grandchildren, or head to the beach. (Or the mountains, in my case. I’ll admit, I need too much sunscreen at the beach.)

Summer has a slower pace. Yet even then, life at White Memorial continues: weddings, funerals, and worship every Sunday—three services each week, except on holiday weekends when we gather for two.

While the church is very much alive in the summer, September always brings renewed energy. Choirs, children’s and youth ministries, Bible studies, adult classes, support groups, and countless other opportunities return. Your Session and staff are ready. Our leaders are prepared. We’re simply waiting for “go”—and it comes on September 7, Kickoff Sunday 2025. *Ready. Set. Go.* The new program year is here.

This fall, you’ll hear about three important initiatives. I hope you’ll give attention to all of them:

**First:** We’re entering the second year of our **Worship +3** emphasis. The rhythm is simple: worship three times a month (in person or online), give generously, take an “inhale” by learning and being filled (like a Bible study), and then offer an “exhale” by serving, leading, or teaching. Worship +3 is a tried-and-true way to grow in faith. When we commit to it, we draw closer to God and to Jesus. Always have. Always will.

**Second:** You’ll hear more about our **Four Pillars of Promise** Capital Campaign. This effort will refresh our sanctuary, provide life safety features to classrooms for our Weekday School and Sunday School, create a second Memorial Garden, and invest in our partnership with StepUp Ministry. It’s a significant and exciting investment in our future. More details will come in October.

**Third:** You’ll learn about **Cornerstone**, our 2026 budget initiative. Annual giving is what makes ministry possible. Inspired by the words of the Apostle Paul, we’ll enter 2026—our 80th year of ministry in Raleigh—with purpose and inspiration.

*Ready. Set. Go?* I am. I believe we are. Let us live into God’s future together.

May grace abound,

Christopher H. Edmonston, *Pastor*



## SUNDAY WORSHIP TIMES

Sanctuary  
9:30 & 11:00 a.m.

OnPoint@1704  
Edinburgh Building:  
Main Hall  
10:45 a.m.

Live Stream,  
Facebook Live  
and YouTube  
streaming options  
available.

Sunday School  
9:30 a.m.

Nursery  
9:30 a.m.  
Birth to 24 months

10:45 & 11:00 a.m.  
Birth to 4-year olds

Church Office  
Telephone Number:  
919-834-3424

Pastor-On-Call  
Telephone Number:  
919-605-4593



Available on the  
App Store

GET IT ON  
Google Play

[whitememorial.org](http://whitememorial.org)

WORSHIP | EMBRACE | SERVE  
in the manner of Christ

# Jays & CONCERNS

## IN THE CHURCH TRIUMPHANT

**Ann Vallentyne Walker** - August 7, 2025

**Deborah "Debbie" Davis Hawkins** - August 16, 2025

WMPC family member: husband, Bill Hawkins

**Bruce Elliott Mullin** - August 24, 2025

WMPC family member: wife, Jackie Mullin

## BAPTIZED

**Kathryn James Hale and Mary Scott Hale**, August 24, children of Mackenzie and Rob Hale

**Philip Salters Lott**, August 24, child of Lea and Cooper Lott

If you have experienced a birth, marriage or death you want to share with the church,

email Lisa Crumpler at [lcrumpler@whitememorial.org](mailto:lcrumpler@whitememorial.org)

If you have a relative or church friend who is hospitalized, call the Pastoral Care line 919-834-3425, ext. 210

or email Caroline Parker at [cparker@whitememorial.org](mailto:cparker@whitememorial.org) so our pastoral staff can reach out.

If you have a pastoral care need outside of regular business hours, call our after-hours pastor on call at 919-605-4593.

noteworthy

### SHUTTLE SERVICE STARTS BACK ON KICKOFF SUNDAY, SEPTEMBER 7

The Shuttle runs every 15 minutes from 9:00 a.m. - 12:30 p.m. The benefits are many: Imagine not having to search for a parking space; have fellowship with members and guests, and kids LOVE it! Drop off/pick up in front of the Luther Building. Shuttle parking is at 1312 Annapolis Drive across the street from Care First Animal Hospital.

### CELEBRATE THE COMMISSIONING OF WMPC MEMBER JEB JEUTTER

On Sunday, September 7 at 2:00 p.m. in the afternoon we will commission Gerald A. ("Jeb") Jeutter, Jr., Ruling Elder. All are invited to attend this special service in the sanctuary.

### DO YOU RECEIVE OUR WEEKLY EMAIL ON THURSDAYS?

If not, would you like to? Contact Elizabeth Viohl at [eviohl@whitememorial.org](mailto:eviohl@whitememorial.org) or Karen Haneline at [khaneline@whitememorial.org](mailto:khaneline@whitememorial.org) to begin receiving.

### CHURCH LOBBY HOURS - Ross Building

Monday - Thursday: 8:00 a.m. - 5:00 p.m.

Friday: 8:00 a.m. - 2:00 p.m.

Other times are by appointment.

### NEED HELP WITH REALM?

Realm is our church management system. If you need assistance with Realm contact Elizabeth Viohl at [eviohl@whitememorial.org](mailto:eviohl@whitememorial.org) or Leigh Ann Dailey at [ldailey@whitememorial.org](mailto:ldailey@whitememorial.org).

REGISTRATION FOR MOST EVENTS CAN BE FOUND ON OUR WEBSITE: [WHITEMEMORIAL.ORG/REGISTER](https://whitememorial.org/register).



## KICKOFF SUNDAY AT WMPC!

SUNDAY, SEPTEMBER 7

9:00 - 12:00 | CAROL COPELAND COURTYARD

Join us for Kickoff Sunday at WMPC! Before or after worship, come by the Carol Copeland Courtyard for breakfast treats catered by our amazing community partner, A Place at the Table. Snap a picture in our photo booth, grab some WMPC swag, and celebrate the start of our new program year! We can't wait to see you!

## CHURCHWIDE COLLECTION NON-PERISHABLE FOOD ITEMS FOR

# BACKPACK BUDDIES

Each week when school is in session, our church provides food-insecure children at Oberlin Middle and Lynn Road Elementary Schools with healthy meals and snacks.

If you would like to help, you can click on the Amazon link below to order backpack buddies non-perishable food items.

Thank you for your generosity and consideration by only donating items requested.

- Purchase items for Backpack Buddies through our [Amazon link](#).
- Please bring items for Backpack Buddies to the red bins outside of the Outreach (K100) Room.

THANK YOU

## GIFTING APPRECIATED STOCK OR IRA DISTRIBUTIONS

Gifting appreciated stock or IRA distributions are great ways to make your contributions to the church. Please contact Jody Grayson at [jgrayson@whitememorial.org](mailto:jgrayson@whitememorial.org) with your gifting details, or for more information.

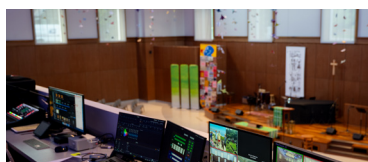
## INTERESTED IN USHERING?

We are in need of ushers at all Sunday services, particularly the 11:00 a.m. service. If you are able and willing to serve as an usher from time to time, please contact Mabel Pace at [mpace58@gmail.com](mailto:mpace58@gmail.com). Ushering is a great parent-child activity and a wonderful way to meet and get to know members of the congregation.



## ANGEL FOOD MINISTRY

Looking for a way to get involved at White Memorial? Consider delivering meals or helping cook meals for our church members in times of need. Contact Blair Hughes, [cbehughes@gmail.com](mailto:cbehughes@gmail.com) for more information.



## "IF YOU'RE JOINING US ONLINE..."

Those words remind us of the behind-the-scenes A/V crew who faithfully make

worship seamless and accessible every week—whether in the Sanctuary, Main Hall, or at home. With a strong online presence each Sunday, this ministry is vital to our church's outreach and vibrancy.

## Now we invite you to join the team!

Youth or retiree, tech-savvy or brand new—you'll learn everything you need to help with cameras, sound, or visuals. Serve once a month or more often, in one space or rotating between services. The schedule is flexible, the training is provided, and the impact is huge.

If you're detail-oriented, eager to learn, and ready to make a difference, this is for you. To learn more and sign-up for training, contact Gabe Spivey at [gspivey@whitememorial.org](mailto:gspivey@whitememorial.org) or 919-834-3424, ext. 250.



# Pancake Breakfast & Servant Saturday!

## Saturday | September 13

### 9:00 a.m. – 12:00 p.m.

It's back and better than ever!  
Join us for our Second Annual  
Pancake Breakfast & Servant Saturday!

Start your morning off right with a delicious pancake breakfast from 9:00–10:00 a.m., hosted by WMPC's 20s + 30s community. Then roll up your sleeves and be part of Servant Saturday, where we'll dive into hands-on projects that bless our community outreach partners.

All ages are welcome—bring your family, friends, and appetite for both pancakes and service! RSVP if you can (it helps us plan), but don't worry if you forget. There's no cost—just come hungry and ready to serve!

*Want to flip some pancakes and spread some joy? We need volunteers for the Pancake Breakfast. Sign up to help here.*

Childcare available for volunteers starting at 8:45 a.m.



**Register for pancakes: [whitememorial.org/register](http://whitememorial.org/register)**

## SAVE THE DATE: PILGRIMAGE TO SCOTLAND

Led by Cate Church Norman & Christopher Edmonston  
July 10-21, 2026 (tentative dates)

Journey with us to the sacred land of Scotland where we'll explore Celtic spirituality, Celtic saints and Reformation history. We'll travel to Edinburgh (the birthplace of our Presbyterian heritage), to the delightful fishing village of Oban, to the island of Iona (the birthplace of Christianity in Scotland) and to other amazing places along the way. We'll learn, worship, and grow together in friendship.

We will hold an informational meeting in November 2025. If you'd like to be placed on a list of interested participants, please reach out to Caroline Parker at [cparker@whitememorial.org](mailto:cparker@whitememorial.org).

## MEN'S BREAKFAST & BIBLE STUDY

Men of all ages are invited to come for a hot breakfast, fellowship and Bible study at 7:00 a.m. on Tuesday mornings in Geneva Hall. Contact for the group is Don Thompson, [dthomps1ing@gmail.com](mailto:dthomps1ing@gmail.com).

## WOMEN'S BREAKFAST & FELLOWSHIP

Women of all ages are invited for breakfast and fellowship Tuesday mornings at 7:00 a.m. in The Hub. For more information contact Kathy Kidd, [kakidd@bellsouth.net](mailto:kakidd@bellsouth.net)

## 20s + 30s HAPPY HOUR

Thursday | September 18 | Drop in from 6:00 - 8:00 p.m.  
Lynwood Brewing Concern | 1053 E Whitaker Mill Rd

Join us at LBC for an evening of fellowship and fun. This is a floating event, so feel free to stop in anytime. When you get to Lynnwood, look for the blue balloon. That's where we will be gathered!

## OUTREACH KNITTING GROUP

Gather around and enjoy fellowship and friends while knitting and crocheting the first Tuesday of each month at 9:30 a.m. in R400. Everyone is welcome to join us for coffee and lots of conversation. Any questions call Faye Senter, 919-805-0897 or [fsenter@bellsouth.net](mailto:fsenter@bellsouth.net).



## OUTREACH SEWING GROUP

The Outreach Sewing Group meets the third Monday of the month from 9:30 until noon in C200. After a morning of sewing, we treat each other to a yummy homemade lunch. You don't need to be an expert seamstress to join us, only basic sewing skills are needed. Come join us for sewing and fellowship!





# All Created Equal:

Terms and Conditions Apply

**Lunch & Learn with  
Wojciech Szczerba**  
Sunday | September 14  
12:00 - 2:00 p.m.

Join us for lunch and an engaging conversation with our Poland Ministry Partner, Wojciech Szczerba. Expect a lively (and at times, thought-provoking) discussion on human nature and the concept of Imago Dei.

Registration required: [whitememorial.org/register](https://whitememorial.org/register)

## FILM SCREENING

FROM PBS'S AMERICAN EXPERIENCE SERIES



**SUNDAY | SEPTEMBER 28**  
**4:30 - 6:30 P.M. | MAIN HALL**

The M.O.R.E Ministry Team has created a Reflection Guide, which we hope will enhance your viewing experience. You will see prompts to review before coming to the screening, helpful questions to guide your watching, and questions to help in your processing afterward.

On **Sunday, September 28, at 4:30 p.m. in the Main Hall**, the MORE Ministry Team invites you to a special film screening.

As part of PBS's *American Experience* series, **American Coup: Wilmington 1898** explores the violent overthrow of Wilmington's multiracial government in 1898—a devastating act of insurrection that was hidden from public history for decades. Through the voices of scholars, descendants of both perpetrators and victims, and archival accounts, the film brings to light this pivotal and long-suppressed chapter of North Carolina's past.

The score features an original song by North Carolina native **Rhiannon Giddens**, Grammy Award-winning musician, MacArthur "Genius" grant recipient, and Pulitzer Prize winner, whose music was also featured on Beyoncé's 2024 album *Cowboy Carter*. Giddens is joined by Emmy Award-winner **Keith David** and a cast of national and local actors who give voice to first-hand accounts of the coup and its enduring legacy.

## HABITAT FOR HUMANITY SITE CONSTRUCTION FALL VOLUNTEER OPPORTUNITIES

**Saturday | September 20 | 8:15 a.m. - 3:00 p.m.**

**Old Poole Place, Raleigh, NC**

White Memorial is excited to join faith communities in building homes with Habitat for Humanity. While volunteers are welcome most Saturdays, these are the days when WMPC will serve together:

**Saturday, September 20** – Old Poole Place, Raleigh

**Saturday, October 18** – Old Poole Place, Raleigh

**Saturday, December 13** – A New Neighborhood, Garner

Arrive at 8:15 a.m., take water breaks as needed, enjoy lunch together, and work until about 3:00 p.m.—or as long as you are able. Questions? Contact Eric Miller at [eric\\_miller@ncsu.edu](mailto:eric_miller@ncsu.edu). Register here: [whitememorial.org/event](http://whitememorial.org/event).

**FUN FACT:** Members from White Memorial were part of the planning group that brought Habitat to Wake County 40 years ago. Since then, we have been a valuable partner having donated more than \$1.1 million; provided leadership on their board and at construction sites; and contributed countless volunteer construction hours.



### CELEBRATE! OBERLIN VILLAGE

**Saturday | September 20 | 10:00 a.m. - 7:00 p.m.**

You are warmly invited to join the Friends of Oberlin Village and the Community Service Committee of WMPC for the annual Celebrate Oberlin community gathering. This special day will be filled with presentations, exhibits, and tours that honor the history and heritage of Oberlin Village. Guests will enjoy delicious food, lively music, engaging educational displays, and guided trolley rides through the village, including a meaningful visit to Wilson Temple United Methodist Church.

### WILSON TEMPLE UNITED METHODIST CELEBRATING 160 YEARS


**Friday | September 12 | 6:30 - 8:30 p.m.**

**WMPC Edinburgh Building | Main Hall**

Founded in 1865, Wilson Temple United Methodist Church is joyfully celebrating 160 years as a cherished part of Historic Oberlin Village. Through generations of faith, fellowship, and service, the church has been a blessing to its community.

WMPC friends and family are warmly invited to join Wilson Temple UMC for a special anniversary banquet—an evening of gratitude, fellowship, and joyful celebration.

[Register for tickets.](#)



## Sign a Door in Honor of President Jimmy Carter

You are invited to sign the green door in The Hub as a tribute to President Jimmy Carter, whose decades of service and dedication to Habitat have inspired generations of affordable housing advocates. Help us celebrate his legacy by decorating this door with messages of inspiration and gratitude.

These doors will be featured at several events throughout Habitat's 40th year, showcasing our community's collective dedication to building homes, communities and hope in Wake and Johnston Counties.

**Stop by The Hub to sign the door  
through Tuesday, September 16**

### OUTREACH NEWSLETTER

Want to stay in the loop on all the happenings? Contact Laura Rolston to be added to the list at [lrolston@whitememorial.org](mailto:lrolston@whitememorial.org).

### OPPORTUNITIES TO VOLUNTEER THIS MONTH:

- **[Shepherd's Table](#) - Wednesday, September 3**
- **Help sort clothing for WNC**

If you are interested in helping sort clothing for Western NC, contact Sheri Miller at [millerauktwo@gmail.com](mailto:millerauktwo@gmail.com).

### COURIERS NEEDED FOR DELIVERIES TO WNC

Are you traveling to the Western part of the State and willing to deliver supplies to those in need? We are building a database of those willing to deliver needed goods to our neighbors recovering from Helene. Interested? Please send your name, phone contact, email, and county or area you usually travel to Sherri Miller at [millerauktwo@gmail.com](mailto:millerauktwo@gmail.com).



We're back with a wonderful lineup  
for Season Eight!

# Join Us

## 2025-26 Concert Series

***Come to one, come to all!***

### MUSIC FROM UNC: FROM BAROQUE TO ROMANTIC

**Sunday | September 21 | 2025**  
**Sanctuary | 3:00 pm**

Our season opens on **Sunday, September 21 at 3:00 p.m. in the Sanctuary** with *Music from UNC From Baroque to Romantic*, featuring works by J. S. Bach and Amy Beach. Performing will be acclaimed UNC musicians: Brooks de Wetter-Smith, flute; Timothy Sparks, tenor; Debbie Davis, cello; Mike Harris, organ continuo, and Clara Yang, piano. A reception will follow in the Jane Bell Gathering Space. Admission is free; donations to support future concerts are warmly welcomed.

#### AND COMING UP...

**Andrew Sords, violin, and Eriko Izumida, piano**  
Romance of the Violin:

works of Beethoven, Rachmaninoff, Chopin, and Sarasate  
Sunday | October 12 | 3:00 p.m. | Sanctuary

#### Laurelyn Dossett

Christmas Strings and Vocals: Original Roots, Folk & Bluegrass  
Sunday | November 16 | 3:00 p.m. | Sanctuary

#### MLK Concert: Songs of Love and Justice

A yearly collaboration with Wilson Temple and MORE Ministry  
Sunday | January 18 | 3:00 p.m. | Sanctuary

#### New Day Singers, Acapella Sextet

Sunday | February 22 | 3:00 p.m. | Sanctuary



## communitygroups

Engaging Faith & Friendship

### REGISTRATION FOR 2025-26 COMMUNITY GROUPS NOW OPEN!

[Registration is now open for 2025-2026 Community Groups!](#)

Explore the different options and find a group where you can connect and grow. With Women's Book Clubs, Men's Groups, and Intergenerational Community Groups, there are plenty of ways to get connected to a community of faithful friends at WMPC. Groups meet at various frequencies/days from September-May. If you'd like to start a new group, please reach out to Anne Galliher at [agalliher@whitememorial.org](mailto:agalliher@whitememorial.org).

#### Intergenerational Community Group

A unique gift of church life is building friendships across generations. Sharing the journey with those ahead or behind us brings fresh perspective and wisdom.

WMPC's Intergenerational Community Group was created to foster these connections. Once a month, women and men of all ages gather for conversation using the Community Group Guide. Led by Betsy Youngblood, this group is open to all. [Register now](#) or contact Anne Galliher at [agalliher@whitememorial.org](mailto:agalliher@whitememorial.org) with questions.



#### MAHJONG NIGHT AT RALEIGH CHEESY

**Tuesday | September 23**

**7:00 - 9:00 p.m. | Raleigh Cheesy**  
**3075 Medlin Drive**

Come enjoy an evening of fun and fellowship playing mahjong at Raleigh

Cheesy! Light snacks will be provided, and you're welcome to bring your favorite beverage. Cost is \$10 per person. Please bring your own card. [Registration is required.](#)

#### CATALYST FOR CHANGE

**Sponsored by NC Institute for Spiritual Direction and Formation**

**Saturday | October 11 | Main Hall**

**Workshop 3:00 - 5:00 p.m. (\$50.00)**

**Concert 7:00 p.m. (\$20.00) Combo ticket (\$65.00)**

Join singer-songwriter, author, and peace leader David LaMotte for Catalyst for Change, presented by the NC Institute for Spiritual Direction and Formation.

In a time of division, LaMotte invites us to cultivate hearts of peace and become catalysts for building the beloved community. Through music and reflection, this workshop and concert will inspire both inner calm and a renewed commitment to creating harmony in the world.

With more than 3,500 concerts, 13 albums, and keynote appearances from the UN to the Scottish Parliament, LaMotte brings a global perspective on peace and reconciliation. A Rotary World Peace Fellow and two-time TEDx speaker, he weaves together music, story, and vision to call us toward meaningful change.

**Register:** <https://ncisdf.org/catalyst-for-change-registration/>



## ANNOUNCING LGBTQ+ SUPPORT

We're pleased to announce a new initiative for LGBTQ+ support at White Memorial. A new group called ALL ARE WELCOME will provide fellowship and confidential emotional nurturing for LGBTQ+ people of all ages. The overall

initiative will also include straight allies devoted to these goals.

Other objectives will be to encourage understanding and support of the LGBTQ+ community, invite people from other congregations to join our activities, and create an atmosphere that welcomes all LGBTQ+ worshippers.

Our first gathering of ALL ARE WELCOME will be Monday, September 22 at 7:00 PM in the Chapel. We'll meet on the 4th Monday of every month.

For more information, contact Kathy Hart, [hartmusic1@gmail.com](mailto:hartmusic1@gmail.com) or Caroline Parker, [cparker@whitememorial.org](mailto:cparker@whitememorial.org).



## DON'T FORGET YOUR FLU SHOT

**Thursday | September 25**  
**11:30 a.m. - 1:30 p.m. | K200**

**Wednesday | October 1**  
**4:00-6:00 p.m. | K200**

Don't let flu season catch you off guard! All members and staff are invited to come get their flu shot. You must be at least 14 years old

to receive a flu shot at White Memorial Presbyterian Church. Please bring your insurance card.



## CAREGIVER'S COFFEE

Are you interested in learning more about the many community resources available to support family caregivers? Then you will not want to miss our first fall Caregiver's Coffee on

Tuesday, September 16 from 10:30 a.m. – noon in the Hub. We will be joined by representatives of home care providers, assistance with choosing a senior community, and dementia support. Please come for coffee, conversation and connection. All are welcome; please feel free to invite a friend or neighbor to join you. Questions? Contact Martha Grove Hipskind at [mghipskind@whitememorial.org](mailto:mghipskind@whitememorial.org).

This support group uses Cancer Companions devotionals, videos and Bible lessons to explore how we can draw closer to God as we go through difficult times.

**Tuesdays | September 9 - November 4**  
**6:30-8:00 p.m. | Zoom**

Seeing  
**GOD**  
in Your Cancer Journey

Questions: contact

Jim Ferry, Parish Associate at 919-834-3425, ext. 208,  
[jferry@whitememorial.org](mailto:jferry@whitememorial.org)

Register: [www.whitememorial.org/register](http://www.whitememorial.org/register)



## AGAPE CARE TEAMS

### AGAPE CARE TEAMS: RECRUITING NEW VISITORS

Started in 2019, this ministry of presence creates opportunities for meaningful long-term connections between volunteers and individuals who, because of life circumstances, are seldom or never able to come to church.

Trained visitors will share compassion and love through regular visits and communication with those who need the church to be brought to them. If you would like to make meaningful connections by visiting those who need the church to be brought to them, contact [Ann Rosar](mailto:earosar@gmail.com) at [earosar@gmail.com](mailto:earosar@gmail.com) or [Caroline Parker](mailto:CarolineParker@whitememorial.org) at [cparker@whitememorial.org](mailto:cparker@whitememorial.org) for more information.



# THE MONTH OF *September* *Keenagers*

Keenagers is a weekly program for adults 55+, meeting Thursdays at 10:45 a.m. in Geneva Hall. Gatherings include socializing, singing, learning, and lunch prepared by the WMPC kitchen. The new year begins Thursday, September 4, with sign-ups for 2025–26 (\$25; scholarships available). Join us for fun, fellowship, and learning!

For more information, contact Don Thompson at [dthomps1ing@gmail.com](mailto:dthomps1ing@gmail.com) or Cesia Cisneros at [ccisneros@whitememorial.org](mailto:ccisneros@whitememorial.org)

## SEPTEMBER 4

Sign Up Event for 2025-26

## SEPTEMBER 11

Jim Ferry: Uplift through Inhale and Exhale

## SEPTEMBER 18

Presentation on Milner Commons by Kayla Rosenberg

## SEPTEMBER 25

Outing to Glencoe Mill Village near Burlington

PRESBYTERIAN WOMEN

service, fellowship & study

## WOMEN'S MONTHLY FELLOWSHIP LUNCHEON

All women are cordially invited

**Monday, September 8 | Main Hall |  
Luncheon | 12-1:00 p.m.**

**Welcome back!** The 2025-26 year for Presbyterian Women's Circle meets and luncheons are about to start and you are invited! We kick off the season with Parish Associate Judy Yates Siker providing an overview of our new Bible study *Finding Resilience, Joy, and Our Identity in Jesus Christ* by Rhashell D. Hunter. Register for lunch by noon, Tuesday, September 2 at [whitememorial.org/register](http://whitememorial.org/register).

All women of the church are invited to join a circle. Please contact Judy Glover, [jggdesigner@suddenlink.net](mailto:jggdesigner@suddenlink.net), for more information. Circle information can be found on the website.

**All women are welcome!**

[whitememorial.org](http://whitememorial.org)

# spirituality & health



MENTAL HEALTH &  
WELLNESS MINISTRY

WMPC's Health Ministry and Mental Health and Wellness invite you to join them for Spirituality and Health, a two-part series designed to extend the themes of connecting and belonging developed by Dr. Warren Kinghorn during his March program.

We will meet from **6:30 – 8:00 p.m. in K200 on Wednesday, October 15 and October 29**. Plan now to join us for practical hands-on ways to improve our physical and mental well-being. [Registration is required](#). Questions, please contact Health Ministry Coordinator Martha Grove Hipskind at [mghipskind@whitememorial.org](mailto:mghipskind@whitememorial.org).

### Building Personal Community for Health and Wellness Wednesday | October 15

Who are five people you could call without hesitation after midnight if you needed something? Life is unpredictable and in today's disconnected world, knowing who we might call on to be there for us at a moment's notice can be challenging. Join us as we explore aspects of creating community, sharing information, and experiencing the peace that comes from belonging to one another. This program will be led by Cate Church Norman and Martha Grove Hipskind.

### What's Your Spiritual Type? Exploring New Paths to Spiritual Growth Wednesday | October 29

Have you ever wondered what makes you tick—spiritually? You probably know your blood type. You know your favorite flavor of ice cream and the type of vacations you like. But, do you know your spiritual type? Come discover both your spiritual type and specific practices that will feed your spiritual growth. Join us for an opportunity to understand and explore how you can more richly connect with yourself, others, and God. This program will be led by Tom Harris.



## CAN STEPHEN MINISTRY GIVE YOU A HAND?

White Memorial has a vibrant Stephen Ministry program and trained Stephen Ministers who would welcome the opportunity to walk with you during a difficult part of your life's journey.

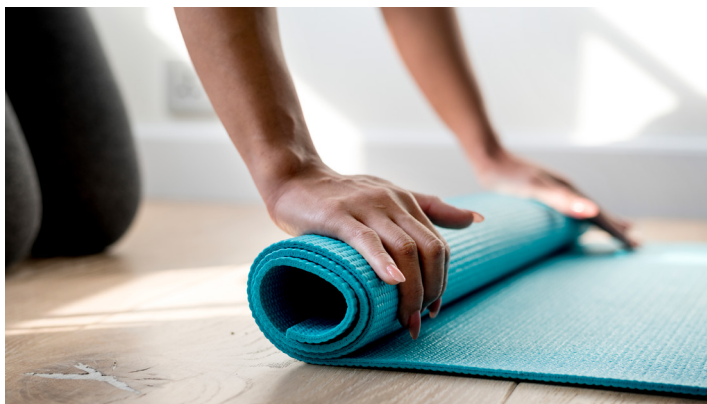
Life experiences such as grief or loss, a personal illness or that of a loved one and relationship issues are just a few examples of times when you could use some additional support. Stephen Ministers are trained to be - and want to be - that Christian companion. Please consider a Stephen Minister as you search for the pieces and peace you need. The relationship and information exchanged is free and confidential, a safe place to say aloud your thoughts and concerns.

To learn how you can receive a Stephen Minister's confidential care, contact Laura Raynor at [lauranraynor@gmail.com](mailto:lauranraynor@gmail.com) or Judy Yates Siker, Parish Associate, at [jsiker@whitememorial.org](mailto:jsiker@whitememorial.org)

*"Bear one another's burdens, and in this way you will fulfill the law of Christ."*  
- Galatians 6:2



stephen  
MINISTRY



### CHAIR YOGA

Chair yoga is a practice of gentle stretches, meditation, and movement with breath. Many postures are beneficial to those who spend time sitting at a desk. This practice does incorporate some standing postures and balance but can be modified to be done entirely in a chair. A mat or towel is optional.

**Wednesdays**  
**10:00-11:00 a.m. | C200**

### YIN YOGA

Yin yoga is a mat class of deep stretches held for long periods to allow connective tissues to release and muscles to relax. It is a meditative, calming practice. Must be able to get on and off the floor. A mat and/or towel recommended. Wear comfortable clothes that allow for freedom of movement.

**Wednesdays**  
**11:15 a.m.-noon | C200**

**Classes through December 10**

**Costs for Chair Yoga and/or Yin Yoga:**

Chair: \$30 per 6-week session; \$8 drop-in per class  
Yin: \$25 per 6-week session; \$6 drop-in per class  
\$50 for both classes per 6-week session

For questions about Yin Yoga or Chair Yoga contact Margie Mould, class instructor at [mmould@bellsouth.net](mailto:mmould@bellsouth.net).



### PICKLEBALL

Join the fun! We offer two opportunities to play each week, Monday and Wednesday (and the occasional Friday), 2:00-4:00 p.m. in Pickard Hall. Paddles and balls are available for use.

### GENTLE YOGA

Gentle Yoga is designed for aging bodies. Movement is slow and mindful. Students must be able to get up and down on their mat. A yoga mat or blanket is required. \$10 per class. Class meets on Tuesdays at 8:30 a.m. in C200. Contact Beth Robinson at [elizabeth.robinson44@gmail.com](mailto:elizabeth.robinson44@gmail.com) for more information.

### T'AI CHI FOR EXERCISE

T'ai Chi is a gentle art that is physically rewarding and mentally stimulating, and brings a feeling of well-being, as well as relaxation, improved balance, and coordination. For more information, contact Honey Music at [honeyjmusic@gmail.com](mailto:honeyjmusic@gmail.com). Class meets on Mondays from 5:30-6:50 p.m. in Pickard Hall. Classes are \$8.00 per class.

# ADULT FAITH FORMATION FALL 2025 CLASSES

All Sunday classes begin at 9:30 a.m.

WE OFFER A VARIETY OF CLASSES AND GROUPS FOR YOU TO BROADEN YOUR FAITH. OPPORTUNITIES TO ENGAGE IN CONVERSATION, OPPORTUNITIES TO ENCOURAGE ONE ANOTHER, OPPORTUNITIES TO CONNECT ON A SPIRITUAL LEVEL. THIS YEAR, WHY NOT FIND A CLASS WHERE YOU CAN HAVE FELLOWSHIP AND LEARN FROM ONE ANOTHER!

## Adult Sunday School

### Christian Fellowship Class

Dr. James "Mickey" Efid's video lecture will introduce each lesson, which will be followed by discussion and personal reflections led by a class leader.

Contact: Carol Vassey, [carol.vassey@gmail.com](mailto:carol.vassey@gmail.com)

### Searchers

This class has been enjoying The Chosen series; following Jesus as he gathers each of his disciples.

Contact: Betty Landes, [bettylandes1@gmail.com](mailto:bettylandes1@gmail.com)

### Theological Forum

What does our faith offer to us for these days and how do we care for and support each other are themes for this class.

Contact: John Kidd, [j.d.kidd523@gmail.com](mailto:j.d.kidd523@gmail.com)

### Faith Foundations

We are a Christian community seeking to learn more about faith by studying contemporary understandings of Scripture and theology, especially as they relate to current societal challenges.

Contact: Susan Hibbert, [susanhib22@gmail.com](mailto:susanhib22@gmail.com) or John White, [ncjohnwhite@gmail.com](mailto:ncjohnwhite@gmail.com)

### Knox Class

The Knox Class uses current events and related scriptures with relevant discussion questions. You are welcome to join in discussion or just listen.

Contact: Harriet Worley, [hfworley@nc.rr.com](mailto:hfworley@nc.rr.com)

### Parents of Youth

This is a group of parents of any age youth (late elementary through high school) who come together to support each other in "raising our children in our faith and helping them develop their faith."

Contact: Grier Booker Richards, [grichards@whitememorial.org](mailto:grichards@whitememorial.org)

### TNT/Spiritual Gifts

Relaxed atmosphere for open discussion around video stories.

Contact: Linda Robinson, [cachto@bellsouth.net](mailto:cachto@bellsouth.net) or Emily McNair, [macwallace@msn.com](mailto:macwallace@msn.com)

## Adult Midweek

### God Talk

Tuesdays | 9:30-11:00 a.m

Our God Talk community is made up of women of all ages and stages who appreciate being stretched, challenged and nurtured in their growing lives of faith. This group participates in quarterly service projects, as well as church-wide fellowship gatherings, and takes seriously the idea that God loves us just the way we are, but God also refuses to leave us there.

Contact: Angie Faulk, [angiepfaulk@gmail.com](mailto:angiepfaulk@gmail.com)

### Lilies of the Field

Thursdays | 9:30-10:30 a.m

This group of women of all ages and stages of life focuses on Bible study and how God's Word applies to everyday life. Discussion is encouraged, relationships are built, and life is shared as we grow together in faith, hope and love.

Contact: Lillian Poole, [lillianmpoole7@gmail.com](mailto:lillianmpoole7@gmail.com) or Candy Lewis, [candy.lewis1809@gmail.com](mailto:candy.lewis1809@gmail.com).

### Thursday Morning Bible Study

Thursdays | 9:30-11:00 a.m

This small co-ed group focuses on biblically based topics through a discussion format. Various books and/or DVD courses are selected and used during the year.

Contact: Nancy McLean, [numclean@gmail.com](mailto:numclean@gmail.com)





Hello Yellow is coming back to White Memorial!

4 year olds - Kindergarten  
Mondays from  
September 22-November 24  
12:45-1:45 p.m. in K306  
\$270 for 9-week session  
Space is limited

Hello Yellow, a downtown art studio for kids operated by Mary McKinney, an elementary school teacher for 20 years, will offer an after-preschool art program on Monday afternoons at White Memorial beginning September 22, 2025. Instead of focusing on the finished product, Hello Yellow encourages children to explore, experiment, and enjoy the process of creating - without the frustration and pressure of trying to recreate a teacher-directed project.

Registration Opens September 8 at 8:00 a.m.  
[whitememorial.org/register](http://whitememorial.org/register)

A LITTLE BEAR GOES A LONG WAY

# PADDINGTON IN PERU



## CHILDREN'S MOVIE NIGHT SEPTEMBER 14 | 5-7 P.M.

Children in Kindergarten-3rd grade  
are invited to watch Paddington in Peru  
from 5:00-7:00 p.m. | C200  
Pizza \$6.00 per person  
Pre-registration required  
[whitememorial.org/register](http://whitememorial.org/register)

## BOY SCOUTS AND 4TH GRADE WEBELOS PROGRAM

White Memorial is the chartered organization for Pack 395 and Troop 395. The Pack consists of 4th and 5th grade Webelos, a preparatory program that enables boys to immediately excel when transitioning to Boy Scouts (the Troop). Our Scouting program is one of the largest and most active in the district. We have places for starting 4th graders in Webelos or 6th graders in Troop 395. Church members and siblings of current Scouts are given priority for the spaces we have available in Webelos. If you are interested please contact Steve Vinson at [svinson@magnoliadevco.com](mailto:svinson@magnoliadevco.com).

## BAPTISM AND BELONGING: YOUR BABY'S FAITH JOURNEY AT WMPC

Sunday | October 5

9:30 - 10:30 a.m. | R400

*Baptism and Belonging* is a workshop for parents of children under three who would like to present their children for Baptism. In this workshop, parents learn about the significance of the Sacrament of Baptism, go over logistical details, connect with fellow parents, and get an overview of a child's faith journey at WMPC. Expectant parents are also invited to attend. Register: [whitememorial.org/register](http://whitememorial.org/register).



## Club 4/5 Movie Night September 14 | 5-7 p.m.

4th & 5th Graders  
are invited to watch National Treasure  
from 5:00-7:00 p.m. | C100  
Pizza \$6.00 per person  
Pre-registration required  
[whitememorial.org/register](http://whitememorial.org/register)





### HIGH SCHOOL BEACH RETREAT

Get ready! Registration open for the youth High School Beach Retreat on September 27-28, 2025. [whitememorial.org/register](https://whitememorial.org/register).

### 2025-2026 CONFIRMATION CLASS KICKS OFF SUNDAY, SEPTEMBER 7

Ready to start the journey? If you've signed up for Confirmation, join us for a kickoff breakfast in Pickard Hall at 9:30 a.m. on Sunday, September 7. Come enjoy food, fellowship, and an introduction to the year ahead!

### CIRCLE OF SECURITY PARENTING PROGRAM

In collaboration and partnership with SAFEchild, WMPC is offering a program to parents or grandparents of teens (6th-12th grade). At times, all parents feel lost or without a clue about what our child might need from us. Imagine what it might feel like if you were able to make sense of what your child was really asking from you. The Circle of Security Parenting™ program is based on decades of research about how secure parent-child relationships can be supported and strengthened. Classes begin on Sunday, September 21 - November 16 from 5:00-7:00 p.m. Cost for class is \$80 per person or \$120 per two-person family unit. Scholarships are available. Contact Kaitlyn Thornton for details at [kthornton@whitememorial.org](mailto:kthornton@whitememorial.org). [Registration now open.](#)

#### Here are a couple of testimonials from those in a recent class.

*"I am so thankful I did this with my husband and would highly recommend for others to do this together. We have a common understanding and a common guidance for our parenting."*

-COSP/WMPC group member

*"I learned so much, wish I would have done this earlier! Also, the stories and connections with other church members was so valuable."*

- COSP/WMPC group member

09 menu

WEDNESDAY  
TOGETHER  
DINNERS

REGISTER

Register online by 11:00 p.m. Sunday prior to Wednesday.  
[whitememorial.org/register](https://whitememorial.org/register)  
Adults: \$10.00 per meal  
Child: \$6.00 per meal  
**On-campus dining:** 5-6:30 p.m.  
**To Go Meals:** 5-6:30 p.m.  
**Walk-ins:** after 6:00 p.m.

SEPTEMBER 3

**Spaghetti Supper**  
Meat Sauce, Marinara Sauce, Cauliflower Blend, Salad Bar, Garlic Knots & Assorted Desserts

SEPTEMBER 10

**BBQ Chicken**  
Baked Macaroni and Cheese, Cabbage, Fried Okra, Rolls, Salad Bar & Assorted Desserts

SEPTEMBER 17

**Pepper Steak**  
Cilantro Lime Rice, Asian Vegetables, Spring Rolls, Salad Bar & Assorted Desserts

SEPTEMBER 24

**Pork Chops with Gravy**  
Mashed Potatoes, Green Beans, Black-Eyed Peas, Salad Bar & Assorted Desserts

# A FRESH FLOW

## for Wednesday Together Dinners

We're excited to roll out some new updates to our Wednesday Together Dinners—designed to make things run more smoothly, reduce food waste, and enhance your overall experience.

**Here's what's changing beginning in September 2025:**

### Tickets & Pricing



When you arrive for dinner—whether dining in or taking a meal to-go—you'll receive a color-coded ticket to present at the serverly:

- **Red Ticket** – Adult Meal (dine-in or to-go): \$10
- **Orange Ticket** – Child's Plate (dine-in): \$6
- **Blue Ticket** – Child's Bag (to-go): \$6

### New Serving Flow



To keep things moving and make your experience more efficient, dinners will now be served **cafeteria style** (not self-serve).

The **salad bar** stays self-serve and moves just outside the Main Hall. (Same fresh options, both sides—faster access!)



### Reservations



Reservations are required for all meals, **including our Spaghetti Supper**. [Be sure to reserve your spot](#) by 11:00 p.m. the Sunday before each Wednesday dinner.

### Dinner Times (No Changes Here!)



- On-Campus Dining: 5:00–6:30 p.m.
- To-Go Pick-Up: 5:00–6:30 p.m.
- Walk-Ins Welcome After 6:00 p.m. (Please Note: Food May Be Limited)

### Want to Lend a Hand?

Whether you're solo or signing up as a group or family, we'd love to have you!



Here's how you can help:

- 2 volunteers needed at the ticket/money station
- 1 volunteer for each: salad bar, drinks, desserts, and dining room support

[Sign up anytime](#)—it's easy and appreciated!

**Thanks for helping us build a warm, welcoming, and well-fed community every Wednesday!**



# Save the Date Kickoff Sunday September 7

Adult Faith Formation  
Sunday School  
Youth Groups

- Confirmation commissioning
- Choir kickoff



## upcoming events

### MONDAY, SEPTEMBER 1

Church Facilities closed for Labor Day

### WEDNESDAY, SEPTEMBER 3

Spaghetti Supper (reservations required)

### SUNDAY, SEPTEMBER 7

Kickoff Sunday  
Confirmation Breakfast

### MONDAY, SEPTEMBER 8

WMPC Women's Circles + Luncheon

### TUESDAY, SEPTEMBER 9

Fall Cancer Companions

### SATURDAY, SEPTEMBER 13

Servant Saturday + Pancake Breakfast

### SUNDAY, SEPTEMBER 14

Lunch & Learn with Wojciech Szczerba  
Children's Sunday Movie Night  
Club 4/5 Movie Night

### TUESDAY, SEPTEMBER 16

Caregiver's Coffee

### THURSDAY, SEPTEMBER 18

20s + 30s Happy Hour (offsite)

### SATURDAY, SEPTEMBER 20

Habitat for Humanity Site Construction

### SUNDAY, SEPTEMBER 21

*Believing & Belonging @ WMPC*  
Sounds on Oberlin Concert:  
Music From UNC: From Baroque to Romantic  
Circle of Security Parenting

### MONDAY, SEPTEMBER 22

All are Welcome

### TUESDAY, SEPTEMBER 23

WMPC Mahjong Night (offsite)

### THURSDAY, SEPTEMBER 25

Flu Shots

### SATURDAY, SEPTEMBER 27 - SUNDAY, SEPTEMBER 28

HS Beach Retreat

### SUNDAY, SEPTEMBER 28

*Believing & Belonging @ WMPC* class joins  
M.O.R.E. presents a Film Screening & Discussion

### MONDAY, SEPTEMBER 29 - FRIDAY, OCTOBER 10

Poland-Berlin Pilgrimage

### WEDNESDAY, OCTOBER 1

Flu Shots

### SUNDAY, OCTOBER 5

Baptism & Belonging  
Blessing of the Animals

### SUNDAY, OCTOBER 12

Sounds on Oberlin Concert:  
Andrew Sords, violin, and Eriko Izumida, piano

### MONDAY, OCTOBER 13

WMPC Women's Circles + Luncheon

### TUESDAY, OCTOBER 14

Caregiver's Coffee

### WEDNESDAY, OCTOBER 15

Spirituality & Health

### FRIDAY, OCTOBER 17

Beer + Hymns

### SATURDAY, OCTOBER 18

Greensboro African American  
History Pilgrimage (offsite)

### MONDAY, OCTOBER 20

4-week Pastor-led Bible Study

### WEDNESDAY, OCTOBER 29

Trunk or Treat  
Spirituality & Health