

WMPC MONTHLY



WHITE MEMORIAL PRESBYTERIAN CHURCH | OCTOBER 2025

A Season of Song and Welcome

As of this writing, I've been "on the ground" for two months as Music Director here at White Memorial, and it has been a rich, joyful, and multi-faceted on-ramp! I've met many of you already, and Mary and I have both often said that the WMPC welcome has been exceptionally warm and friendly. I may have seen some of you more often than others, depending on which worship spaces and times we are in, but I hope to keep running into as many of you as possible as we head into the fall.

You already know what a vibrant and layered music ministry WMPC has enjoyed for decades, and it's been a privilege to step into that and share it with such wonderful colleagues and servants. Kelly, Eric, and Amy have been a fantastic team, making our shared work delightful and creative. Now that the fall is up and running, I'll share with you some glimpses of our musical life together here:

- In addition to Kelly, Eric, and Amy, we've been grateful to welcome two other leaders this fall. Renée Todd is directing the Brass Choir, and Mitchell Eithun is directing the Handbell Choir. You've likely heard and will continue to hear those groups in worship throughout the fall.
- Children's and Youth Choirs have had a great month. October 5, World Communion Sunday, will be a big day for their leadership, and rehearsals on Wednesdays and Sundays are full of energizing and faithful singing.
- The OnPoint Band is flying high with some amazingly gifted musicians. I'm unable to be in worship in Main Hall as often as I'd like, but I look forward to occasionally "sitting in".
- Adult Choir now welcomes three Choral Scholars: Emily Morris, Allyson Wolochuk, and Caleb Homan. We're glad to have them as musicians and even more as community members.
- The Adult Choir and OnPoint Band had a combined retreat on Saturday, September 27. We met at Edenton Street United Methodist Church and had a really great day. The groups spent time rehearsing on their own, but they also worked on music together in preparation for December. There was also a lot of fellowship and shared meals to share stories and get to know one another.

This time of year, the seasons of the church's life are rich, poignant, mysterious, vibrant, and joyful, and music and singing are some threads of that tapestry. We also know that those threads spool out of worship and cling to us beyond the church's doors, weaving into the fabric of life. In times when transition, fear, violence, injustice, and uncertainty seem to be the air we breathe, songs offer us better air—a gospel air, which we can inhale as a community and exhale with sounds that root us and words that ground us. They can offer hospitality to all of God's people; they remind us of an expansive divine love; in them, as our liturgy tells us, we join our voices with saints of every time and place. It is a gift to hear the saintly voices that sing in this place and in these days.

Peace,

Eric

Eric Wall, *Director of Music*



SUNDAY WORSHIP TIMES

Sanctuary
9:30 & 11:00 a.m.

OnPoint@1704
Edinburgh Building:
Main Hall
10:45 a.m.

Live Stream,
Facebook Live
and YouTube
streaming options
available.

Sunday School
9:30 a.m.

Nursery
9:30 a.m.
Birth to 24 months

10:45 & 11:00 a.m.
Birth to 4-year olds

Church Office
Telephone Number:
919-834-3424

Pastor-On-Call
Telephone Number:
919-605-4593



whitememorial.org

WORSHIP | EMBRACE | SERVE
in the manner of Christ

Jays & CONCERNS

IN THE CHURCH TRIUMPHANT

Doris Keith Stanley - September 3, 2025

WMPC family members: husband, Bob; son and daughter-in-law, Bobby and Miller Stanley; grandchildren, Holden Clark and Jimbo Stanley

PRAYERS AND CHRISTIAN CONCERNS

Rory Daniel on the death of his brother, John Coleman Daniel, September 18, Greensboro, NC.

NEW PRESBYTERIANS

Thomas Blayne Easterling, August 26, child of Taylor and Andrew Easterling, grandchild of Carol and Robbo Newcomb.

Lucy Snow Haywood, September 5, child of Allison and John Haywood, grandchild of Sarah and Paul Cranfill.

Elizabeth Beauregard Nastasi, September 10, child of Kelsey and Austin Nastasi, grandchild of Kim and Wayne Rogers.

Hanora Lucille Coleman, September 10, child of Jessica and Win Coleman, grandchild of Kay and Eddie Coleman, great-grandchild of Ann Thompson.

BAPTIZED

Paxton James McEachran, September 7, child of Jamey and Chris McEachran.

Sally Marie White, September 14, child of Rebecca and William White, grandchild of Sally and Bill White.

Erwin Thompson Williams, V, September 14, child of Abbey and Winn Williams, grandchild of Mary Clark and Erwin Williams.

MARRIAGES

Keely Jacobs Jackson and Kyle James Keelan, September 12, Littleton, NC.

CONGRATULATIONS

Morgie and David Duke on the birth of their grandchild, Madeleine McKinstry Duke, August 9, child of Katy and John Duke, Asheville, NC.

Sandra Gray on the birth of her great-grandchild, Amaura Jean Gray, August 28, child of Jennifer and Justin Gray.

Laura Taylor and Lou Case on the marriage of their son, Robert Grey Case and Grace Anne Bennett, September 6, Long Beach, MS.

If you have experienced a birth, marriage or death you want to share with the church,
email Lisa Crumpler at lcrumpler@whitememorial.org

If you have a relative or church friend who is hospitalized, call the Pastoral Care line 919-834-3425, ext. 210
or email Caroline Parker at cparker@whitememorial.org so our pastoral staff can reach out.

If you have a pastoral care need outside of regular business hours, call our after-hours pastor on call at 919-605-4593.

noteworthy

WORLDWIDE COMMUNION SUNDAY - OCTOBER 5

This is a day to celebrate our unity with Christians around the world, and each of our worship services will have something special!

Sanctuary 9:30 – Youth & Adult Choirs singing in worship

Sanctuary 11:00 – All Children's Choirs singing in worship

OnPoint 10:45 – A joyful joint service with our friends from Iglesia Santuario

Wherever you worship, you'll be part of a worldwide celebration of faith, community, and hope. We can't wait to share this special Sunday with you!

CHURCH LOBBY HOURS - Ross Building

Monday - Thursday: 8:00 a.m. - 5:00 p.m. | Friday: 8:00 a.m. - 2:00 p.m. | Other times are by appointment.

NEED HELP WITH REALM?

Realm is our church management system. If you need assistance with Realm contact Elizabeth Viohl at eviohl@whitememorial.org or Leigh Ann Dailey at ldailey@whitememorial.org.

REGISTRATION FOR MOST EVENTS CAN BE FOUND ON OUR WEBSITE: [WHITEMEMORIAL.ORG/REGISTER](https://www.whitememorial.org/register).

Cover photo: Trunk or Treat 2024



BEYOND SUNDAY @WMPC PODCAST

This season, our Beyond Sunday at WMPC podcast is launching a new series called *...Ready For It?* where conversations about faith and Presbyterian theology meet their match in Taylor Swift's songbook (because who hasn't thought to combine the brilliance and relevancy of Taylor Swift with the beauty and witness of the gospel?). New episodes will drop on Mondays from September 29 - November 3. Maybe think of these six weeks as moving from the Eras Tour into a tour of the wider church classroom, where themes of reconciliation, the importance of community, Christian hope, and the power of music all take center stage? Find them on our website, Spotify or Apple Podcasts.

CHURCHWIDE COLLECTION NON-PERISHABLE FOOD ITEMS FOR BACKPACK BUDDIES

Each week when school is in session, our church provides food-insecure children at Oberlin Middle and Lynn Road Elementary Schools with healthy meals and snacks.

If you would like to help, you can click on the Amazon link below to order backpack buddies non-perishable food items.

Thank you for your generosity and consideration by only donating items requested.

- Purchase items for Backpack Buddies through our [Amazon link](#).
- Please bring items for Backpack Buddies to the red bins outside of the Outreach (K100) Room.

THANK YOU



PEACE AND GLOBAL WITNESS OFFERING 2025 SUNDAY, OCTOBER 5



PEACE & GLOBAL WITNESS
SPECIAL OFFERINGS
PEACEMAKING AND RECONCILIATION

The Peace and Global Witness Offering taken the first Sunday in October is one of four denomination- wide offerings. By supporting this offering we share the peace of Christ by promoting ministries of reconciliation and peace within cultures of violence and conflict—including our own. Congregations retain 25% of their offering for congregational peace initiatives.

This year, our designation will go to our mission partner EST (Evangelical School of Theology) in Poland. They have worked tirelessly with refugees while maintaining high-quality education at the school. Please send a check with this designation to the church or use the on line giving options.

whitememorial.org/give.

Let's worship God together and give thanks for our companion animals through song and prayer. A brief meditation will be offered, our pets and companion animals will receive a special blessing, and we will have a time to honor those companion animals who are no longer with us.



Sunday, October 5 🐾 5:00-6:00 p.m.
Carol Copeland Courtyard

Sponsored by Companion Animal Ministry.
Bring your leashed pet or photo of pet. Supplies like food, litter, toys, etc. will be collected for the SPCA of Wake County.

NEW Hospitality Team Open House



Sunday, October 26
in Jane Bell Gathering Space
Drop in after any worship service!

HOSPITALITY TEAM OPEN HOUSE

WMPC is forming a new Hospitality Team that is tasked with fostering an atmosphere

of welcome on Sunday mornings by serving as greeters for worship. Come to our Open House in Jane Bell Gathering Space after any worship service on October 26 to enjoy some refreshments and learn more. Serving on the Hospitality Team is an easy, low commitment level way for people of all ages to serve our church family and meet new people. Questions? Contact Anne Galliher at agalliher@whitememorial.org.

IT'S NOT TOO EARLY TO THINK ABOUT ADVENT

Would you and your family or group like to participate in the tradition of Advent reading and lighting of the candles this year? We are looking for families and groups that would read a short passage and light the Advent calendar at one service during the Advent season. Contact Jesse Maynard to get more info! Jesmaynard@gmail.com.

MEN'S BREAKFAST & BIBLE STUDY

Men of all ages are invited to come for a hot breakfast, fellowship and Bible study at 7:00 a.m. on Tuesday mornings in Geneva Hall. Contact for the group is Don Thompson, dthomps1ing@gmail.com.

WOMEN'S BREAKFAST & FELLOWSHIP

Women of all ages are invited for breakfast and fellowship Tuesday mornings at 7:00 a.m. in The Hub. For more information contact Kathy Kidd, kakidd@bellsouth.net.

OUTREACH KNITTING GROUP

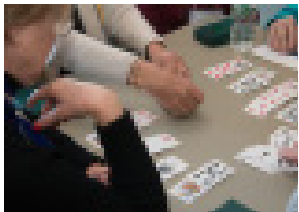
Gather around and enjoy fellowship and friends while knitting and crocheting the first Tuesday of each month at 9:30 a.m. in R400. Everyone is welcome to join us for coffee and lots of conversation. Any questions call Faye Senter, 919-805-0897 or fsenter@bellsouth.net.



OUTREACH SEWING GROUP

The Outreach Sewing Group meets the third Monday of the month from 9:30 until noon in C200. After a morning of sewing, we treat each other to a yummy homemade

lunch. You don't need to be an expert seamstress to join us, only basic sewing skills are needed. Come join us for sewing and fellowship!



COME PLAY BRIDGE WITH FRIENDS

Mondays | 1:00 p.m. | The Hub

Whether you are experienced, a beginner or want to learn how to play we invite you to join us! We'll practice different bridge

hands, talk bidding, and enjoy fun and fellowship. For more information and to find out when we are gathering next contact Judy Bundy at judybundy7@gmail.com or Mary Grace White at marygrace623@yahoo.com.



MAHJONG NIGHT AT WMPC

**Thursday | November 6
6:30 - 8:00 p.m. | The Hub**

We had a blast at our last Mahjong night, and we hope you'll join us for another evening of fun and fellowship, and friendly

competition. Please bring your own card. [Registration is required.](#)

30s/40s MEN'S GROUP FIRST GATHERING

Tuesday | October 7 | 7:00 p.m. | Raleigh Brewing

Looking for connection, conversation, and community? A new men's group for those in their 30s/40s is kicking off, and you're invited to be part of it. We'll gather at Raleigh Brewing for a relaxed evening of fellowship, getting to know one another, and talking about what this group might look like moving forward. Bring a friend, grab a drink, and join us as we start something new together. For more information contact Anne Galliher at agalliher@whitememorial.org.



Greensboro African-American History Pilgrimage

Saturday, October 18 | Registration: \$20 (plus lunch cost)

Join us for a powerful pilgrimage to the International Civil Rights Center & Museum in Greensboro, NC—the historic site of the 1960 Greensboro sit-ins.

We'll gather in the Carol Copeland Courtyard at 8:15 a.m., then travel together for a 90-minute guided tour beginning at 10:00 a.m., followed by lunch and time for reflection.

This experience is more than a museum visit. As we walk through the story of the courageous young men and women who stood against injustice with faith and dignity, we'll also reflect on our own calling to seek justice, walk in solidarity, and love our neighbors.

Please note: This is a walking pilgrimage, so dress comfortably. Participation is limited to the first 30 registrants—sign up today!

Register: whitememorial.org/register



BEER & HYMNS

Friday | October 17 | 7:00 p.m.

Raleigh Brewing Company

Join our White Memorial family of faith for an evening of fun, fellowship and music-making together, where the goal isn't performance or perfection but hearty participation and joy!

Musicians from our WMPC community will lead us in

singing old favorites from the hymnal, spirituals from the past and newer songs you've likely heard in worship. Invite your neighbors, friends, and family, and let's all raise a glass to being community together! *(All ages are welcome at Beer & Hymns but anyone consuming alcohol at this event must be 21+.)*

join us for a fall
stitch & sip

Tuesday, October 21

from 6:30-8:00 p.m.

at Georgio's Epicurean Market
2020 Progress Ct Suite 100
Raleigh, NC 27608



WMPC FALL STITCH AND SIP

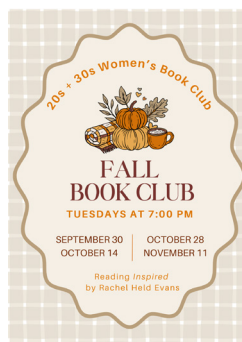
Tuesday | October 21

6:30 - 8:00 p.m.

Georgio's Epicurean Market

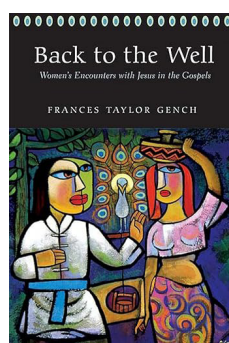
Bring your needlepoint, crochet, knitting, or another craft project and join us for an evening of stitching, enjoying

refreshments and fellowship. All are welcome! Questions? Contact Anne Galliher at agalliher@whitememorial.org.



20s + 30s WOMEN'S BOOK CLUB

Are you in your 20s + 30s? Consider joining the Women's Book Club which meets offsite on Tuesday October 14 & 28 and November 11 at 7:00 p.m. At our first gathering we begin reading *Inspired* by Rachel Held Evans. Questions? Contact Anne Galliher at agalliher@whitememorial.org.



JESUS ENCOUNTERS BOOK CLUB

Join Pastoral Resident Lee Hunter and the "Jesus Encounters Book Club" as they read *Back to the Well* by Frances Taylor Gench. This group meets on the third Thursday of the month at 2:30 p.m. in R400. Our first meeting will be October 16. Come join us either in person or by Zoom. If you'd like to know more, contact Lee at lhunter@whitememorial.org.

OUTREACH NEWSLETTER

Want to stay in the loop on all the happenings? Contact Laura Rolston to be added to the list at lrolston@whitememorial.org.

OPPORTUNITIES TO VOLUNTEER THIS MONTH:

- **Shepherd's Table**
Wednesday | October 1 | 10:00 a.m.
- **Note in the Pocket**
Every Wednesday & Thursday | 1:30 - 3:30 p.m.
Join fellow WMPC friends for a fun time sorting clothes to share with neighbors in need across Western North Carolina. Questions? Contact Sheri Miller at millerauktwo@gmail.com.

COURIERS NEEDED FOR DELIVERIES TO WNC

Are you traveling to the Western part of the State and willing to deliver supplies to those in need? We are building a database of those willing to deliver needed goods to our neighbors recovering from Helene. Interested? Please send your name, phone contact, email, and county or area you usually travel to Sherri Miller at millerauktwo@gmail.com.

HABITAT FOR HUMANITY SITE CONSTRUCTION FALL VOLUNTEER OPPORTUNITIES

White Memorial is excited to join faith communities in building homes with Habitat for Humanity. While volunteers are welcome most Saturdays, these are the days when WMPC will serve together:

Saturday, October 18 – Old Poole Place, Raleigh

Saturday, December 13 – A New Neighborhood, Garner

Arrive at 8:15 a.m., take water breaks as needed, enjoy lunch together, and work until about 3:00 p.m.—or as long as you are able. Questions? Contact Eric Miller at eric_miller@ncsu.edu. Register here: whitememorial.org/event.

STEPUP MINISTRY SERVICE OPPORTUNITIES

Costumes for Harvest Festival

StepUp Ministry is collecting new and gently used Halloween costumes, sizes: 12 months through 5T, and Size 6 through child XL Any gender! **Items Due October 7, 2025.**

Co-Partner Info Session

Two hours a week. A lifetime of impact! Learn more about becoming a StepUp Co-Partner by joining us on **Tuesday, October 28 from 6:00-8:00 p.m. in Main Hall.**

Coats for the Coat Drive

StepUp Ministry is seeking coats for 75 children/teens in various sizes, starting at 18 months through adult XL. **Items Due December 10, 2025.** For more information contact Dayna Jameson, djameson@stepupministry.org



WMPC at the 2023 Crop Walk

WALK WITH US AT THE 2025 RALEIGH CROP WALK!

Get fit while getting to know fellow members!

2025 Greater Triangle Crop Walk

Saturday | November 8 | 10:00 a.m.

99 N. Salisbury Street (First Baptist)

Register: <https://events.crophungerwalk.org/cropwalks/teams>

Sign up for the White Memorial Team

Questions? Contact Tracey Hall at traceyhall213@gmail.com



SERVANT SATURDAY IN NOVEMBER RISE AGAINST HUNGER

**Saturday | November 15
10:00 a.m.**

**Hayes Barton United
Methodist Church**

This is a great family project! Join us, along with Hayes Barton UMC (as we package 10,000 meals for Rise Against Hunger on Saturday, November 15. Register: whitememorial.org/register.

MAKE A DIFFERENCE - JOIN THE COMMUNITY ALLOCATIONS COMMITTEE!

Want to see your generosity in action? Each year, WMPC invites local agencies to apply for grants that strengthen our community. From January through April, the Allocations Committee dives in—reviewing applications, meeting with agency leaders, making site visits, and prayerfully deciding how to best invest the church's funds. Your voice can help shape the impact we make together. Ready to serve? Email Ruth Landers at ruth@landers.me to join the committee!

CWS BLANKET PROGRAM

Wrap someone in love and warmth. With just \$10, the CWS Blankets program can provide a cozy blanket to someone in need. Give blankets. Give comfort. Give hope—click link to help today. <https://cwsblankets.org/donate/>.

Join Us
for

ANDREW SORDS, VIOLIN & ERIKO IZUMIDA, PIANO ROMANCE OF THE VIOLIN

WORKS OF BEETHOVEN, RACHMANINOFF, CHOPIN, AND SARASATE

Sunday | October 12 | 2025
Sanctuary | 3:00 pm



Violinist Andrew Sords and pianist Eriko Izumida will present Romance of the Violin on Sunday, October 12, at 3:00 p.m. in the Sanctuary, featuring works by Beethoven, Rachmaninoff, Chopin, and Sarasate. A reception will follow in the Jane Bell Gathering Space. Admission is free, with donations to support future concerts warmly welcomed.



stephen
MINISTRY

Stephen Ministers: The After People

People often ask,

"What exactly is a Stephen Minister?"

One way to put it is that
Stephen Ministers are the After People.

What does this mean?

- ... after the phone call you hoped you'd never get.
- ... after the funeral, when everyone has left and the emotions you've held at bay come crashing in on you.
- ... after the relationship falls apart and the bottom falls out of your life.
- ... after the doctor says, "I'm sorry, but there's nothing more we can do."
- ... after the nursing home director shakes your hand and says, "Welcome to your new home."
- ... after the last child honks the horn, waves, and drives away—and the house suddenly seems empty.
- ... after the gavel comes down, the handcuffs go on, and your loved one is led away.
- ... after the baby arrives, demanding more of you than you ever dreamed possible.
- ... after you find a pink slip with your final paycheck.
- ... after your family and friends have heard your story one too many times, but you still need to talk it out.

Stephen Ministers are the After People.

To learn how you can receive a Stephen Minister's confidential care, contact Laura Raynor at lauraraynor@gmail.com or Judy Yates Siker, Parish Associate, at jsiker@whitememorial.org.

"Bear one another's burdens, and in this way you will fulfill the law of Christ."

- Galatians 6:2



CATALYST FOR CHANGE WITH DAVID LAMOTTE

Saturday | October 11

Main Hall

Workshop 3:00 - 5:00 p.m.

(\$50.00)

Concert 7:00 p.m. (\$20.00)

Combo Ticket (\$65.00)

Join singer-songwriter, author, and peace leader David LaMotte for an inspiring workshop and concert presented by the NC Institute for Spiritual Direction and Formation. Through music and reflection, LaMotte invites us to cultivate peace and become catalysts for community and



harmony. A Rotary World Peace Fellow, TEDx speaker, and veteran of 3,500 concerts worldwide, he brings a powerful blend of story, song, and vision for change.

Register: ncisdf.org/catalyst-for-change-registration

All women of the church are invited to join a Circle. Please contact Judy Glover, jggdesigner@suddenlink.net, 252-908-1088 for more information.

WOMEN'S MONTHLY FELLOWSHIP LUNCHEON

All women are cordially invited
Monday, October 13 | Main Hall Luncheon | 12-1:00 p.m.

Piles. Stuff. Collections. Junk. We all have it and want to get rid of it. Decluttering, organizing, and downsizing can be overwhelming, especially when life gets in the way. Be encouraged! Learn how to bring calm to the chaos through various seasons of life, so you can focus on serving Christ and others. You are invited to a special presentation by Debbi Seale, founder of Organize to Live. Her calm, non-judgmental approach has helped families all over the Triangle function better, enabling them to move on with the life they love - without clutter pulling them down. Register online for the luncheon by noon, Tuesday, October 2 at www.whitememorial.org/register. **We thank PW Coordinating Team for hosting the event.**



Please plan to meet in Carol Copeland Courtyard at 11:45 a.m. for a photo of our group!

GIVE BACK. SERVE.

PRESBYTERIAN WOMEN'S YEAR-LONG PROJECT

Throughout the 2025-26 school year, PW will support the churchwide Backpack Buddies collection to provide meals and snacks for food-insecure students in our community. Please visit Outreach's Amazon link for specific items to contribute.

CIRCLE INFO

Circles meet on Monday, October 14 unless otherwise noted.

Circle A: 10:15 a.m., C200; Rep. - Gail Smith

Circle B: October 8, 6:00 p.m.; K302, Rep. - Kelly Hobson

Circle C: 10:00 a.m., K302; Rep. - Paula Williams, Ann White

Circle D: October 9, 11:00 a.m.; The Cypress; Rep. - Flo Durway

Circle E: 10:30 a.m., C301; Rep. - Janie Chiles

Circle F: 10:30 a.m., C203; Reps. - Blair Hughes, Ann Lichtner

Circle G: 10:15 a.m., C100; Reps. - Angela Farthing, Molly Banta

Circle I: October 27, 10:00 a.m., Springmoor; Rep. - Judy Tardiff

Circle K: October 13, 7:00 p.m., in member homes; Rep. - Julia Reeder

Circle L: October 8, 7:00 p.m., R400; Reps. - Kathy Kidd, Jackie Mullin

Circle M: 7:00 a.m., every Tuesday, The Hub; Rep. - Kathy Kidd

Circle N: October 21, 11:30 a.m., Glenaire (Private Dining Room); Reps. - Anne Harris, Blanche Nichols

EVENSONG

If you would like to have a loved one remembered in the Evensong booklet, please contact Jody Grayson at 919-834-3425 x 204 or jgrayson@whitememorial.org by Friday, October 24, 2025.

HEALING PRAYER

Thursday | October 9 | between 1:30 - 4:00 p.m.

Healing Prayer is a form of intercessory prayer focusing on an individual's mental, emotional, physical and spiritual needs to provide a sense of balance and facilitate self-healing. Healing Prayer sessions are held in Davidson Chapel and usually last 20 to 30 minutes. If you are interested in experiencing a healing prayer session on Thursday, October 9 between 1:30–4:00 pm, please contact Mary Ann Turner at maturner2.mat@gmail.com to schedule a time.



SURVIVORS OF SUICIDE LOSS LUNCHEON

**Sunday | November 23
12:15 p.m. Geneva Hall**

WMPC's Mental Health and Wellness Ministry invites you to a Survivors of Suicide Loss Luncheon on Sunday, November 23, at 12:15 p.m. in Geneva Hall.

This gathering offers a caring space to connect with others in our community who have walked through a similar loss. Together, we will watch a short documentary film and share reflections through guided table conversations. Pastoral staff will be present for support.

Box lunches will be provided, and childcare will be available. The event is free, but registration is encouraged to help us prepare: whitememorial.org/register. For questions, please contact Martha Grove Hipskind, mghipskind@whitememorial.org.



AGAPE CARE TEAMS

AGAPE CARE TEAMS: RECRUITING NEW VISITORS

Started in 2019, this ministry of presence creates opportunities for meaningful long-term connections between volunteers and individuals who, because of life circumstances, are seldom or never able to come to church. Trained visitors will share

compassion and love through regular visits and communication with those who need the church to be brought to them. If you would like to make meaningful connections by visiting those who need the church to be brought to them, contact [Ann Rosar](mailto:Ann.Rosar@earosar@gmail.com) at Ann.Rosar@earosar@gmail.com or [Caroline Parker](mailto:Caroline.Parker@cparker@whitememorial.org) at cparker@whitememorial.org for more information.

ANGEL FOOD MINISTRY

Looking for a way to get involved at White Memorial? Consider delivering meals or helping cook meals for our church members in times of need. Contact Blair Hughes, cbehughes@gmail.com for more information.



EVENSONG

*Come to remember, give thanks,
find comfort and discover hope.*

This is a meaningful worship service for anyone who has had a loved one die in the past year or in years past.

Sunday, November 2 at 3 p.m. in the Sanctuary



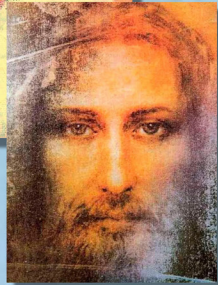
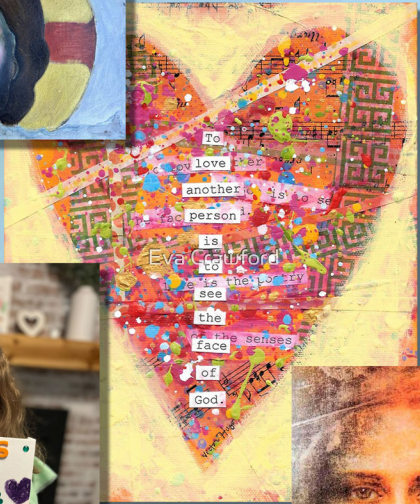
HEALING THROUGH GRIEF

**Sundays | November 9 - December 14, 2025
4:00-6:00 p.m. | R400 | [Registration required](http://whitememorial.org/register)
Led by Cate Church Norman and Lee Hunter**

Grief touches us all at some point in our lives. No one ever has to feel alone during this difficult time. Whether you have suffered the recent loss of a loved one or are struggling with a loss in the past, you are invited to come together for a series of five sessions to help you along your journey of grief.

Each session explores different aspects of grief: from acceptance of your loss and working through its pain, to adjusting to a new way of being while honoring a very significant relationship in your life. Each session builds upon the other, so attendance is encouraged at each session. This class is led by Associate Pastor Cate Church Norman and Pastoral Resident Lee Hunter.

www.whitememorial.org/register



CALLING ALL CREATIVES! CHURCH-WIDE INTERGENERATIONAL, ART PROJECT

WHERE DO YOU SEE THE FACE OF GOD?

White Memorial Presbyterian Church invites you to share where you see the face of God.

All congregants are welcome to submit artwork! Create your example through photography, collage, painting, drawing, watercolor, or any medium—or bring in a piece you already own.

Need a free canvas? Contact Eric Nanz: enanz@whitememorial.org.

All submissions will be displayed on the Gallery Wall in the Edinburgh Building.

Return finished pieces to the Ross Building by November 2.

This church-wide project is sponsored by the Liturgical Arts Guild.

October *Keenagers*

Keenagers is a weekly program for adults 55+, meeting Thursdays at 10:45 a.m. in Geneva Hall. Gatherings include socializing, singing, learning, and lunch prepared by the WMPC kitchen. Join us for fun, fellowship, and learning! For more information, contact Cesia Cisneros at ccisneros@whitememorial.org

OCTOBER 2

Computer Apps & Safety with Wayne Oakley

OCTOBER 9

Carol Vassey shares her National Parks Adventure

OCTOBER 16

Today we visit the City of Raleigh Museum

OCTOBER 23

Carmen Rayfield tells us more about Raleigh Parks and Rec

OCTOBER 30

Today we celebrate Keenagers 50th Anniversary!



THE TIME TO **GIVE BLOOD** IS NOW

BE THE LIFELINE PATIENTS NEED.
White Memorial Presbyterian Church
Blood Drive

Monday, November 3, 2025
1:30–6:00 p.m. | Pickard Hall
Sign Up Today!

To make an appointment, please visit www.redcrossblood.org and use sponsor code WMPC.

For questions please contact Hannah Sloan at hmcDonald@mindspring.com

To complete pre-reading and answer health history questions the day of the blood drive visit www.redcrossblood.org/RapidPass.

spirituality & health



MENTAL HEALTH &
WELLNESS MINISTRY

WMPC's Health Ministry and Mental Health and Wellness invite you to join them for Spirituality and Health, a two-part series designed to extend the themes of connecting and belonging developed by Dr. Warren Kinghorn during his March program.

We will meet from **6:30 – 8:00 p.m. in K200 on Wednesday, October 15 and October 29**. Plan now to join us for practical hands-on ways to improve our physical and mental well-being. [Registration is required](#). Questions, please contact Health Ministry Coordinator Martha Grove Hipskind at mghipskind@whitememorial.org.

Building Personal Community for Health and Wellness Wednesday | October 15 | 6:30 - 8:00 p.m. | K200

Who are five people you could call without hesitation after midnight if you needed something? Life is unpredictable and in today's disconnected world, knowing who we might call on to be there for us at a moment's notice can be challenging. Join us as we explore aspects of creating community, sharing information, and experiencing the peace that comes from belonging to one another. This program will be led by Cate Church Norman and Martha Grove Hipskind.

What's Your Spiritual Type?

Exploring New Paths to Spiritual Growth

Wednesday | October 29 | 6:30 - 8:00 p.m. | K200

Have you ever wondered what makes you tick—spiritually? You probably know your blood type. You know your favorite flavor of ice cream and the type of vacations you like. But, do you know your spiritual type? Come discover both your spiritual type and specific practices that will feed your spiritual growth. Join us for an opportunity to understand and explore how you can more richly connect with yourself, others, and God. This program will be led by Tom Harris.



DON'T FORGET YOUR FLU SHOT

**Wednesday | October 1
4:00 - 6:00 p.m. | K200**

Don't let flu season catch you off guard! All members and staff are invited to come get their flu shot. You must be at least 7 years old to receive a flu shot at White Memorial Presbyterian Church. Please bring your insurance card.



CAREGIVER'S COFFEE

Tuesday | October 14

10:30 a.m. - noon | The Hub

Are you a family caregiver or would you like to fellowship with family caregivers? Are you interested in learning more about the many community resources

available to you? If so, please come for coffee, conversation, and connection at our next Caregiver's Coffee on Tuesday, October 14 from 10:30 a.m. - noon in the Hub. All are welcome; please feel free to invite a friend or neighbor to join you. Questions, please contact Martha Grove Hipskind, mghipskind@whitememorial.org.



CHAIR YOGA

Chair yoga is a practice of gentle stretches, meditation, and movement with breath. Many postures are beneficial to those who spend time sitting at a desk. This practice does incorporate some standing postures and balance but can be modified to be done entirely in a chair. A mat or towel is optional.

Wednesdays
10:00 - 11:00 a.m. | C200

YIN YOGA

Yin yoga is a mat class of deep stretches held for long periods to allow connective tissues to release and muscles to relax. It is a meditative, calming practice. Must be able to get on and off the floor. A mat and/or towel recommended. Wear comfortable clothes that allow for freedom of movement.

Wednesdays
11:15 a.m. - noon | C200

Classes through December 10
Costs for Chair Yoga and/or Yin Yoga:

Chair: \$30 per 6-week session; \$8 drop-in per class
Yin: \$25 per 6-week session; \$6 drop-in per class
\$50 for both classes per 6-week session

For questions about Yin Yoga or Chair Yoga contact Margie Mould, class instructor at mmould@bellsouth.net.



PICKLEBALL

Join the fun! We offer two opportunities to play each week, Monday and Wednesday (and the occasional Friday),

2:00-4:00 p.m. in Pickard Hall. Paddles and balls are available for use.

GENTLE YOGA

Gentle Yoga is designed for aging bodies. Movement is slow and mindful. Students must be able to get up and down on their mat. A yoga mat or blanket is required. \$10 per class. Class meets on Tuesdays at 8:30 a.m. in C200. Contact Beth Robinson at elizabeth.robinson44@gmail.com for more information.

T'AI CHI FOR EXERCISE

T'ai Chi is a gentle art that is physically rewarding and mentally stimulating, and brings a feeling of well-being, as well as relaxation, improved balance, and coordination. For more information, contact Honey Music at honeyjmusic@gmail.com. Class meets on Mondays from 5:30-6:50 p.m. in Pickard Hall. Classes are \$8.00 per class.

TRUNKERS NEEDED!

CANDY NEEDED!

TRUNK or TReAT or TReAT



It's almost time for WMPC's annual Trunk or Treat Event! It's a wonderful time for fellowship, costumes and lots of candy! Speaking of candy, we welcome all donations. Drop off bags of candy in the Ross Lobby.

Wednesday, October 29 | 5:30-6:30 p.m.
Chapel Parking Lots & McDonald Lane

Register your trunk at www.whitememorial.org/register

PLEASE NOTE:

McDonald Lane will be closed for through traffic between 4 - 8 p.m. to make this a safe, fun event for everyone. We encourage parking on Oberlin Road or the Dover Parking Lot.



BAPTISM AND BELONGING: YOUR BABY'S FAITH JOURNEY AT WMPC

Sunday | October 5
9:30 - 10:30 a.m. | R400

Baptism and Belonging is a workshop for parents of children under three who would like to present their children for Baptism.

In this workshop, parents learn about the significance of the Sacrament of Baptism, go over logistical details, connect with fellow parents, and get an overview of a child's faith journey at WMPC. Expectant parents are also invited to attend. Register: whitememorial.org/register.



**WMPC
YOUTH**

MIDDLE SCHOOL FALL MISSION RETREAT

Cross Missions: Charlotte
Grades 6-8 | October 11-12

Middle schoolers, get ready for a mission-packed Fall Retreat! We'll leave Raleigh Saturday morning for Myers Park Presbyterian in Charlotte to serve in their CROSS Weekend Program. On Sunday, we'll have a blast at Great Wolf Lodge's indoor water park—don't miss it! Interested in chaperoning or want more info? Email Paige Hokunson at phokunson@whitememorial.org.

SUMMER 2026 MISSION TRIPS REGISTRATION OPEN - CLOSING OCTOBER 7

There's still time to sign up for our youth summer trips!



Games



Music



Prayer



Art



Science



Drama

Children in 1st through 5th grades had fun exploring the story of Abraham and Sarah in Rotation Stations!

MONSTERS, INC.



Children's Movie Night November 16 | 5-7 p.m.

Children in Kindergarten-3rd grade
are invited to watch Monsters, Inc.
from 5-7 p.m. | C200
Pizza \$6 per person
Pre-registration required
whitememorial.org/register

Club 4/5 Movie Night November 16 | 5-7 p.m.



4th & 5th Graders
are invited to watch Night At The Museum
from 5-7 p.m. | C100
Pizza \$6 per person
Registration required by noon
Friday, November 14
whitememorial.org/register



MEET OUR NEW MEMBERS

Welcome to WMPC!

BELIEVING & BELONGING @ WMPC CLASS
SEPTEMBER 28, 2025



MARY CISOWSKI

Mary joins by Certificate of Transfer from First Presbyterian Church, Norfolk, VA. Mary's husband is Ted and their sons are Andrew, 13 and William, 9.



ALY AND GRIMES CLARK

Aly joins by Profession of Faith and Grimes joins by Certificate of Transfer from Howard Memorial Presbyterian Church, Tarboro, NC. Grimes's parents, Tiffany and Bill Clark, and sister and brother-in-law, Miller and Ward Minton, are also members of White Memorial.



MADISON FREEMAN

Madison joins by Profession of Faith. Madison's husband is Sam and their son, Teddy, is 2.



ANNA McDONALD

Anna joins by Certificate of Transfer from The Summit Church, Raleigh, NC.

MEET OUR NEW MEMBERS



BATTLE NICHOLS

Battle joins by Certificate of Transfer from First Presbyterian Church, Hickory, NC.

STEPHANIE AND HUNTER RICKS
Stephanie joins by Certificate of Transfer from St. Michael's Episcopal Church, Raleigh, NC. Hunter joins by Certificate of Transfer from First Presbyterian Church, Greensboro, NC. Hunter's parents, Susan and Walter Ricks, are members of White Memorial.



MADISON SUTTON

Madison joins by Profession of Faith. Madison's husband, Taylor, is a member of White Memorial and their son, Thomas, is almost 2.

BROOKE AND ANDREW TATE
Brooke joins by Reaffirmation of Faith and Andrew by Certificate of Transfer from Providence Baptist Church, Hendersonville, NC. Their sons are Everett, 17, Winston, 15 and Fielding, 12.



The next Believing & Belonging @WMPC classes for prospective members will be in November. Join us! For more information, contact Elizabeth Viohl at (919) 834-3425, ext. 206, or at eviohl@whitememorial.org.

10 menu

WEDNESDAY TOGETHER DINNERS

REGISTER

Register online by 11:00 p.m. Sunday prior to Wednesday.

whitememorial.org/register

Adults: \$10.00 per meal
Child: \$6.00 per meal

On-campus dining: 5-6:30 p.m.
To Go Meals: 5-6:30 p.m.
Walk-ins: after 6:00 p.m.

OCTOBER 1

Spaghetti Supper

Meat Sauce, Marinara Sauce, Cauliflower Blend, Salad Bar, Garlic Knots & Assorted Desserts

OCTOBER 8

BBQ Ribs

Collard Greens, Corn on the Cob, Potatoes Au Gratin, Rolls, Salad Bar & Assorted Desserts

OCTOBER 15

Chicken Parmesan

with Pasta Alfredo, Broccoli, Roasted Carrots, Rolls, Salad Bar & Assorted Desserts

OCTOBER 22

Meatloaf and Mashed Potatoes

Mixed Vegetables, Sauteed Spinach, Rolls, Salad Bar & Assorted Desserts

**NO MEAL OCTOBER 29:
Join us for Trunk or Treat!**

upcoming events

WEDNESDAY, OCTOBER 1

Flu Shots

SUNDAY, OCTOBER 5

Baptism & Belonging
Blessing of the Animals

TUESDAY, OCTOBER 7

30s /40s Men's Group (offsite)

SUNDAY, OCTOBER 12

Sounds on Oberlin Concert:
Andrew Sords, violin, and Eriko Izumida, piano

MONDAY, OCTOBER 13

WMPC Women's Circles + Luncheon

TUESDAY, OCTOBER 14

Caregiver's Coffee

WEDNESDAY, OCTOBER 15

Spirituality & Health

FRIDAY, OCTOBER 17

Beer + Hymns

SATURDAY, OCTOBER 18

Greensboro African American
History Pilgrimage (offsite)

MONDAY, OCTOBER 20

4-week Pastor-led Bible Study

TUESDAY, OCTOBER 21

Stitch & Sip

MONDAY, OCTOBER 27

All Are Welcome

WEDNESDAY, OCTOBER 29

Trunk or Treat
Spirituality & Health

SUNDAY, NOVEMBER 2

Evensong Service

MONDAY, NOVEMBER 3

Blood Drive

THURSDAY, NOVEMBER 6

WMPC Mahjong Night (offsite)

SUNDAY, NOVEMBER 9

Healing Through Grief

MONDAY, NOVEMBER 10

WMPC Women's Circles and Luncheon

SATURDAY, NOVEMBER 15

Servant Saturday: Rise Against Hunger

SUNDAY, NOVEMBER 16

Dedication Sunday
Sounds on Oberlin Concert: Laurelyn Dossett
Children's Movie Night
Club 4/5 Movie Night

SUNDAY, NOVEMBER 23

International Survivor of Suicide Loss Luncheon

THURSDAY, NOVEMBER 27 & FRIDAY, NOVEMBER 28

Church Facilities closed