

WMPC MONTHLY



WHITE MEMORIAL PRESBYTERIAN CHURCH | JANUARY 2026

HAPPY NEW YEAR!

Let your steadfast love, O Lord,
be upon us, even as we hope in you - Psalm 33:22



*Wishing you the gifts of God's
hope, peace, joy & love in the New Year!
- from the WMPC staff*



SUNDAY WORSHIP TIMES

Sanctuary
9:30 & 11:00 a.m.

OnPoint@1704
Edinburgh Building:
Main Hall
10:45 a.m.

Live Stream,
Facebook Live
and YouTube
streaming options
available.

Sunday School
9:30 a.m.

Nursery
9:30 a.m.
Birth to 24 months

10:45 & 11:00 a.m.
Birth to 4-year olds

Church Office
Telephone Number:
919-834-3424

Pastor-On-Call
Telephone Number:
919-605-4593



whitememorial.org

WORSHIP | EMBRACE | SERVE
in the manner of Christ

Jays & CONCERNS

IN THE CHURCH TRIUMPHANT

Susan Greenbacker Oller – December 21, 2025
WMPC family member: husband, Dale Oller

PRAYERS AND CHRISTIAN CONCERNS

Karla Appleby and family on the death of her father,
Carl Wayne Pyrtle, November 21, Burlington, NC

Meg Ellis and family on the death of her mother,
Martha Freeman Davis, November 24

Doug Sprecher and family on the death of his brother,
H.C. "Buzz" Sprecher, Jr., November 25, Gilbert, AZ

Karen Duncan and family on the death of her mother,
Barbara Dillard Rogers, December 5

Blake Smith and family on the death of his father,
Charles Jeffrey Smith, December 10

NEW PRESBYTERIANS

Thomas Arthur Mense, November 20, child of Ashlee
and Max Mense, grandchild of Karen and Tom Lynn,
great-grandchild of Carol Lynn

MARRIAGES

Rush Terrell Dorsett and Robert Alexander,
November 29, Fearington Village, daughter of Wynn
and Jim Dorsett, granddaughter of Anna Lee Dorsett

If you have experienced a birth, marriage or death you want to share with the church,
email Lisa Crumpler at lcrumpler@whitememorial.org

If you have a relative or church friend who is hospitalized, call the Pastoral Care line 919-834-3425, ext. 210
or email Caroline Parker at cparker@whitememorial.org so our pastoral staff can reach out.

If you have a pastoral care need outside of regular business hours, call our after-hours pastor on call at 919-605-4593.

CALLED CONGREGATION MEETING - SUNDAY, JANUARY 11

The Session has called a meeting of the congregation on January 11, following the 11 a.m. worship service in the sanctuary. The purpose of the meeting will to hear a report from the Four Pillars building committee and to take action on a proposed leasing agreement with StepUp Ministry as required by the Presbytery of New Hope and Book of Order (PCUSA).

NOMINATIONS BEING ACCEPTED FOR NEW OFFICERS

The Churchwide Nominating Committee starts meeting in mid-January to consider nominations for church Elders and Deacons, class of 2029. Nominations are now being accepted. Please give prayerful consideration to placing a church member into nomination for these critical leadership roles. The nomination form can be found online or on page 13 of this newsletter. All recommendations must be received by February 2, 2026.

LUTHER ELEVATOR TEMPORARILY OUT OF SERVICE

The Luther elevator is currently undergoing repairs. We apologize for any inconvenience this may cause and will provide an update as soon as it is back in operation. Thank you for your patience and understanding.

DO YOU RECEIVE OUR WEEKLY EMAIL ON THURSDAYS?

If not, would you like to? Contact Elizabeth Viohl at eviohl@whitememorial.org or Karen Haneline at khaneline@whitememorial.org to begin receiving.

CHURCH LOBBY HOURS - Ross Building

Monday - Thursday: 8:00 a.m. - 5:00 p.m. | Friday: 8:00 a.m. - 2:00 p.m. | Other times are by appointment.

NEED HELP WITH REALM?

Realm is our church management system. If you need assistance with Realm contact Elizabeth Viohl at eviohl@whitememorial.org or Leigh Ann Dailey at ldailey@whitememorial.org.

REGISTRATION FOR MOST EVENTS CAN BE FOUND ON OUR WEBSITE: WHITEMEMORIAL.ORG/REGISTER.

noteworthy

FINANCIAL UPDATE

(AS OF TUESDAY, DECEMBER 30, 2025)

2026 Pledging

2026 Pledging Households: 577
2026 Pledge Amount: \$3.31 million

Our goal is \$5.4 million/1,000 pledging households.

2025 Unrestricted Giving

2025 Pledged: \$4.068 million
2025 Received Pledges to date: \$4.854 million
2025 Pledging Households: 726
2025 Participating Households: 1009

THANK YOU FOR YOUR GENEROSITY.
If you would like to make a pledge, please visit:
www.whitememorial.org/give.

CHURCHWIDE COLLECTION NON-PERISHABLE FOOD ITEMS FOR BACKPACK BUDDIES

Each week when school is in session, our church provides food-insecure children at Oberlin Middle and Lynn Road Elementary Schools with healthy meals and snacks.

Beginning in January, WMPC will begin supporting Lacy Elementary as well!

If you would like to help, you can click on the Amazon link below to order backpack buddies non-perishable food items. You can also pick up a shopping list in the Outreach Room (K100) if you prefer to shop.

Thank you for your generosity and consideration by only donating items requested.

- Purchase items for Backpack Buddies through our [Amazon link](#).
- Please bring items for Backpack Buddies to the red bins outside of the Outreach (K100) Room.

THANK YOU!



Welcome Austin!

Please join the **Associate Pastor for Outreach and Community Engagement Search Committee** members in welcoming **Austin Vernon** on his first day!

Meet & Greet

Sunday | January 11 2026
10:15-10:45 a.m.
The Hub



Elizabeth & Bob Viohl

*Thank you,
Elizabeth!*

After 19 years on staff, Elizabeth Bailey Viohl will retire on February 4, 2026. We are deeply grateful for her years of faithful service to White Memorial Presbyterian Church.

Elizabeth has truly been part of the heartbeat of our church—faithfully maintaining our membership records and serving with dedication and care as our Membership Coordinator. Her steady presence, attention to detail, and commitment to our congregation have meant more than words can express. We will miss her greatly and wish Elizabeth and Bob every blessing in this new season of life. She already has plans to stay busy with pickleball and mahjong!

To celebrate and give thanks for the many ways Elizabeth has served WMPC, please join us for a congregational reception between 10:15-10:45 a.m. on Sunday, February 1, in the Hub.

Baskets will be available around campus if you would like to share a note of appreciation, and love offerings in honor of Elizabeth's retirement may be made at whitememorial.org/register.

A member of WMPC since 1992, Elizabeth has also been actively involved in numerous groups and circles over the years. While she is retiring from staff, we're grateful that we'll continue to see her around campus.



“Dear William” Churchwide Book Study + Zoom Conversation with the Author

The WMPC Mental Health & Wellness Ministry and Youth Ministry are partnering to host internationally acclaimed author David Magee via Zoom on **Wednesday, January 28**, to discuss his powerful memoir *Dear William*.

With honesty and heart, Magee shares his family’s intergenerational struggle with substance abuse and mental health challenges. His poignant and uplifting message transforms tragedy into a call to hope and healing, inspiring a commitment to help others.

Book Availability

Dear William is available at:
Quail Ridge Books and
online in Kindle and
Audible formats

Book Discussion Sessions

Wednesday
January 7 + January 21
6:30 p.m.
Room K200

Author Webinar (via Zoom)

Wednesday, January 28
6:30 p.m.
[Registration required](#)

Questions? Please contact Health Ministry Coordinator, Martha Grove Hipskind at mghipskind@whitememorial.org.

Read. Reflect. Connect.

PASTOR'S SPECIAL ASSISTANCE FUND & COMMUNITY SERVICE FUND

As we move through this season of gratitude and giving, please consider a gift to the Pastor’s Special Assistance Fund. This fund provides help for members of our church family in times of need—whether that’s for bills, healthcare, food, or other essentials. We also invite you to contribute to the Community Service Fund benefiting others in our community who have particular needs. Thank you for helping care for one another in such a tangible way. To make a contribution to these funds visit whitememorial.org/give.

UNCLAIMED STOCK GIFTS

Will the generous donors of the following stocks please email or call Jody Grayson at 834-3425 ext. 204 to identify your gift so that we can give you proper credit? Allspring, American Express, AvidXchange Holdings, Microsoft and Nvidia.

MEN’S BREAKFAST & BIBLE STUDY

Men of all ages are invited to come for a hot breakfast, fellowship and Bible study at 7:00 a.m. on Tuesday mornings in Geneva Hall. Contact for the group is Don Thompson, dthomps1ing@gmail.com.

WOMEN’S BREAKFAST & FELLOWSHIP

Women of all ages are invited for breakfast and fellowship Tuesday mornings at 7:00 a.m. in The Hub. For more information contact Kathy Kidd, kakidd@bellsouth.net.

WMPC SCOTLAND PILGRIMAGE

October 15-25, 2026

Journey with Pastors Cate Church Norman and Tom Harris to the sacred landscapes of Scotland as we explore Celtic spirituality, Celtic saints, and our Reformed roots. We will travel to Edinburgh, the birthplace of our Presbyterian heritage; to the fishing village of Oban; to the island of Iona, the birthplace of Christianity in Scotland; and to other remarkable sites along the way. This pilgrimage is more than a trip. We will learn, worship, and grow together, deepening faith and building friendships as we walk holy ground together. Our July pilgrimage is already full, and October is filling quickly. [Click here for full details and cost](#). Questions? Contact Caroline Parker at cparker@whitememorial.org.

SAVE THE DATE: LENTEN CONTEMPLATIVE RETREAT: THE PSALMS AS HONEST PRAYER

Thursday, February 19 | 9:00 a.m. - 4:00 p.m. | WMPC Campus
Shorter Virtual Option:

Wednesday, February 25 | 9:30 a.m. - 12:00 p.m.

Join Associate Pastor Cate Church Norman, Pastoral Resident Lee Hunter and Guest Leader and Director of Peterson House, John Rogers, as we prepare for the season of Lent with an all-day contemplative retreat on our church campus. We’ll dive deep into the Psalms and focus on the life and writings of pastor/theologian Eugene Peterson. This is a wonderful opportunity to engage with friends (old and new) and to get spiritually centered through scripture, prayer and spiritual practices. The cost to attend is \$35 and includes lunch. Scholarships are available. Registration opens soon.

CHRISTIAN FELLOWSHIP & SEARCHERS SUNDAY SCHOOL INVITE YOU TO A SPECIAL CLASS WITH DR. CARSON BRISSON

Sunday | January 25 | 9:30 a.m. | C200

Dr. Carson Brisson, longtime professor at Union Theological Seminary in Richmond, Virginia, will be a guest speaker at White Memorial on Sunday, January 25, 2026. He will present a lecture on *The Passion Narratives in the Four Gospels—Matthew, Mark, Luke, and John*, a subject he taught frequently during his years at the seminary.

The lecture will take place at 9:30 a.m. in the Calvin Building, Room C200, and is hosted by the Christian Fellowship and Searchers classes. Following Dr. Brisson's visit, the class will begin an 18-lesson study of the Passion Narratives on February 1, featuring video teachings by the late Dr. Mickey Efird.

Christopher recalls Dr. Brisson as one of his favorite professors at Union, noting that he is a dynamic and engaging lecturer. Please join us to hear Dr. Brisson for yourself. All are welcome!

30s/40s MEN'S FELLOWSHIP GROUP

Tuesday | January 6 | 7:00 p.m. | Raleigh Brewing

Looking for connection and community within our church family? A men's group for those in their 30s/40s has formed, and you're invited to be part of it. We'll gather at Raleigh Brewing for a relaxed evening of fellowship and getting to know one another. Feel free to invite a friend. For more information contact Anne Galliher at agalliher@whitememorial.org.



ALL ARE WELCOME

**Monday | January 26 | 7:00 p.m.
Davidson Chapel**

All Are Welcome is a faith-based small group that offers worship, fellowship and emotional and spiritual support for LGBTQ+ adults. You're invited to participate in the group as we create

a safe space of welcome and engagement. We meet on the 4th Monday of every month. For more information, contact Kathy Hart at hartmusic1@gmail.com or Lee Hunter at lhunter@whitememorial.org.

COME PLAY BRIDGE WITH FRIENDS

Mondays | 1:00 p.m. | The Hub

Whether you are experienced, a beginner or want to learn how to play we invite you to join us! We'll practice different bridge hands, talk bidding, and enjoy fun and fellowship. For more information and to find out when we are gathering next contact Judy Bundy at judybundy7@gmail.com or Mary Grace White at marygrace623@yahoo.com.

MAHJONG AT 1:00 AT WMPC

Tuesday | January 6 & January 20 | 1:00 - 2:00 p.m. | The Hub

We now have a group playing Mahjong on the first and third Tuesdays of each month. Whether you're a seasoned player or brand new to the game, everyone is welcome! Don't forget your 2026 Mahjong card if you have one. Registration isn't necessary but if you'd like to receive a reminder email, contact Beth Moore at bmoore@whitememorial.org to be included in the Realm group.

THE CALL TO COURAGEOUS AND COMPASSIONATE LEADERSHIP



WMPC LEADERSHIP RETREAT WITH REV. JILL DUFFIELD

**SATURDAY | JANUARY 31
8:30 A.M. - 12:00 P.M.**

(open invitation to all)

All who are interested in growing as faithful leaders are invited to join us for a half-day Leadership Retreat led by keynote speaker Rev. Jill Duffield, Senior Pastor of FPC Greensboro. Jill will lead us in reflecting on our theme "The Call to Courageous and Compassionate Leadership," grounded in the wisdom of Philippians 4:8. This is not intended to be a leadership skills training event that you might encounter in the workplace or on a non-profit board. Rather, this retreat will focus specifically on spiritual leadership and what it means to lead in our community as people of faith. Breakfast will be provided and there is no cost to attend. Registration is required. Childcare is available with registration.

REGISTER:

[WHITEMEMORIAL.ORG/REGISTER](https://whitememorial.org/register)

Lunch & Learn

with Dr. DeLon Canterbury

Tuesday | January 27
11:30 a.m. | Geneva Hall



Deprescribing to Optimize Medication Use

Deprescribing is the careful and intentional process of tapering or stopping medications that may no longer be necessary, effective, or safe. It is *not* about reducing care—it's about improving care by thoughtfully reassessing medications with medical provider input.

Dr. DeLon Canterbury, PharmD, BCGP, is a leading expert in deprescribing for older adults, particularly those at risk of falls, cognitive issues, or medication overload. He also serves on the *Professional Advisory Council on Modern Aging in Place*.

To learn more about deprescribing, WMPC Health Ministry and Mental Health and Wellness invite you to join them for a Lunch and Learn event with Dr. DeLon Canterbury on Tuesday, January 27 from 11:30 a.m. – 1:00 p.m. in Geneva Hall. If you would like to order a box lunch, the cost is \$16 (scholarship available). You are also welcome to bring your lunch or to come for only the program.

[Registration is required by January 22.](#)

Questions, please contact Health Ministry Coordinator, Martha Grove Hipskind at mghipskind@whitememorial.org.



ANGEL FOOD MINISTRY

Looking for a way to get involved at White Memorial? Consider delivering meals or helping cook meals for our church members in times of need. Contact Blair Hughes, cbehughes@gmail.com for more information.

OUTREACH KNITTING GROUP

Tuesday | January 6 | 9:30 a.m. | R400

Gather around and enjoy fellowship and friends while knitting and crocheting the first Tuesday of each month at 9:30 a.m. in R400. Everyone is welcome to join us for coffee and lots of conversation. Any questions call Faye Senter, 919-805-0897 or fsenter@bellsouth.net.

OUTREACH SEWING GROUP

Monday | January 26

9:30 a.m. - noon | C200

The Outreach Sewing Group meets the third Monday of the month from 9:30 until noon in C200. After a morning of sewing, we treat each other to a yummy homemade lunch. You don't need to be an expert seamstress to join us, only basic sewing skills are needed. Come join us for sewing and fellowship!

THE MONTH OF January *Keenagers*

If you are 55 years old +, we invite you to join Keenagers in person in Geneva Hall or on Zoom at 10:45 a.m. on Thursday mornings.

If you would like to participate in Keenagers, please contact Cesia Cisneros at ccisneros@whitememorial.org and provide her with your name and email.

JANUARY 8

Documentary: Backs Against the Wall

presented by Mary Ann Turner

JANUARY 15

Reflections on the Book of Esther

led by Jim Ferry

JANUARY 22

NC Art Museum

Enjoy an outing to the NC Art Museum

JANUARY 29

Senior Theater Group

presented by Mark Steward



OUTREACH NEWSLETTER

Want to stay in the loop on all the happenings? Contact Laura Rolston to be added to the list at lrolston@whitememorial.org.



A PLACE AT THE TABLE

A Place at the Table is seeking compassionate volunteers to support their café team. Whether you enjoy welcoming guests, preparing meals, or lending a hand with dishes, there's a role for everyone. Volunteers

help nourish more than just bodies—they help create a sense of love, dignity, and community. You can serve weekly, biweekly, or on a schedule that works best for you—flexibility is welcome and appreciated. Additional volunteers are urgently needed to help the café continue thriving. Come be part of something meaningful and make a difference with every shift.

OPPORTUNITIES TO VOLUNTEER THIS MONTH:

- [Shepherd's Table](#)
Wednesday | January 7 | 10:00 a.m.
- **Note in the Pocket**
Every Wednesday & Thursday | 1:30 - 3:30 p.m.
Join fellow WMPC friends for a fun time sorting clothes to share with neighbors in need across Western North Carolina. Questions? Contact Sherri Miller at millerauktwo@gmail.com.

COURIERS NEEDED FOR DELIVERIES TO WNC

Are you traveling to the Western part of the State and willing to deliver supplies to those in need? We are building a database of those willing to deliver needed goods to our neighbors recovering from Helene. Interested? Please send your name, phone contact, email, and county or area you usually travel to Sherri Miller at millerauktwo@gmail.com.

Is the "C" word affecting you or your family? White Memorial is offering a new support class beginning February 3 at 6:00 p.m., providing a safe and caring space to share experiences, find encouragement, and learn together. The group will meet nine times, every Tuesday during February and March, with each session lasting about an hour. All sessions will be available via Zoom, and five meetings will also offer an in-person option at the church for those who wish to attend. Each gathering will be led by two trained facilitators and is open to cancer patients, caregivers, and family members—all are welcome.

Tuesdays beginning February 3 | 6:00 - 8:00 p.m. | Zoom



What to Expect

- Check-in time to see how everyone is doing
- View an 8-minute video presenting the wide range of experiences of three people dealing with cancer
- Discuss a spiritual reading from *Seeing God in Your Cancer Journey*
- Closing prayer time

Questions: contact

Caroline Parker, Admin for Congregational Care at 919-834-3425, ext. 210, cparker@whitememorial.org
Jim Ferry, Parish Associate at 919-834-3425, ext. 208, jferry@whitememorial.org or
Amanda Kidd, 919-621-1658, awkidd1961@gmail.com
Register: www.whitememorial.org/register

WOMEN'S MONTHLY FELLOWSHIP LUNCHEON

All women of the church are Presbyterian Women. Please join us.

Monday, January 12
12-1:00 p.m. | Main Hall | Luncheon

Start the new year with fellowship and good food, along with guidance on calming our minds. Our luncheon presentation, "Accepting (Not Fighting) Anxiety," will be led by Douglas Andrew, Licensed Clinical Social Worker. Douglas operates his own therapy practice, supporting people in living purposeful, joy-filled lives. He grew up in our White Memorial community, and we are thrilled to welcome him back for our luncheon. Thank you to Circle G for hosting. **Register for lunch by noon, Tuesday, January 6 at www.whitememorial.org/register.** Livestream of the presentation will be available.

GIVE BACK. SERVE.

PRESBYTERIAN WOMEN'S YEAR-LONG PROJECT

Throughout the 2025-26 school year, PW will support the churchwide Backpack Buddies collection to provide meals and snacks for food-insecure students in our community. Please visit Outreach's Amazon link for specific items to contribute.

All women of the church are invited to join a circle. To learn when and where each circle meets, contact Judy Glover, jggdesigner@suddenlink.net, 252-908-1088 for more information.

VISIT THE WEBSITE FOR CIRCLE INFO.

whitememorial.org

PRESBYTERIAN WOMEN HONORARY LIFE MEMBERSHIP NOMINATIONS

An Honorary Life Membership in Presbyterian Women is conferred upon an individual for recognition of faithful service in some area of the church's work. Look around you...whom do you see as one who gives honor and glory to God while serving him actively and faithfully in our church and community? Whom should be recognized in a special way? Whether this person works behind the scenes or in front, we want your nominations for this person now. Please submit your nominations, along with your nominee's history of service and your statement of why you are nominating this person on the [form found on the website](#) and in select places around campus. Return form to June Ann Ward at jaly257@nc.rr.com. Deadline for receipt of this nomination is February 11, 2026.



AGAPE CARE TEAMS

AGAPE CARE TEAMS: RECRUITING NEW VISITORS

Started in 2019, this ministry of presence creates opportunities for meaningful long-term connections between volunteers and individuals who, because of life circumstances, are seldom or never able to come to church. Trained visitors will share compassion and love through

regular visits and communication with those who need the church to be brought to them. If you would like to make meaningful connections by visiting those who need the church to be brought to them, contact [Ann Rosar](mailto:earosar@gmail.com) at earosar@gmail.com or [Caroline Parker](mailto:cparker@whitememorial.org) at cparker@whitememorial.org for more information.

CAN A STEPHEN MINISTER HELP YOU WITH YOUR LIFE JOURNEY?

White Memorial has a vibrant Stephen Ministry program and trained Stephen Ministers who would welcome the opportunity to walk with you during a difficult part of your life's journey. To learn how you can receive a Stephen Minister's confidential care, contact Laura Raynor at lauranraynor@gmail.com or Parish Associate Judy Yates Siker at jsiker@whitememorial.org.



SAVE THE DATE

TOGETHER IN FAITH:

an Evening for Women with

KATE BOWLER

THURSDAY, FEBRUARY 26, 2026
6:00 - 8:15 P.M.
CHRIST CHURCH

Join us at Christ Church as we welcome Kate Bowler, professor, podcaster & author of *Joyful, Anyway, Everything Happens for a Reason (And Other Lies I've Loved)*, and *Have A Beautiful, Terrible Day!* for an evening of fellowship and fun in February. This event will be hosted at Christ Church on Thursday, Feb. 26 at 6 p.m. by four congregations in the Raleigh area: Christ Episcopal Church, Hayes Barton United Methodist Church, St. Michael's Episcopal Church and White Memorial Presbyterian Church. Scholarships will be available. Registration will open in January.



CAREGIVER'S COFFEE

Wednesday | January 14 | 1:00 - 2:30 p.m. | The Hub

Are you a family caregiver or would you like to fellowship with family caregivers? Are you interested in learning more about the many community resources

available to you? If so, please come for coffee, conversation, and connection at our next Caregiver's Coffee on Wednesday, January 14 from 1:00-2:30 p.m. in the Hub. All are welcome; please feel free to invite a friend or neighbor to join you. For more information, please contact Martha Grove Hipkind, mghipkind@whitememorial.org.

HEALING PRAYER

Wednesday | January 14 | between 1:30 - 4:00 p.m.

Healing Prayer is a form of intercessory prayer focusing on an individual's mental, emotional, physical and spiritual needs to provide a sense of balance and facilitate self-healing. Healing Prayer sessions are held in Davidson Chapel and usually last 20 to 30 minutes. If you are interested in experiencing a healing prayer session on Wednesday, January 14 between 1:30-4:00 p.m., please contact Mary Ann Turner at maturner2.mat@gmail.com to schedule a time.



CHAIR YOGA

Chair yoga is a practice of gentle stretches, meditation, and movement with breath. Many postures are beneficial to those who spend time sitting at a desk. This practice does incorporate some standing postures and balance but can be modified to be done entirely in a chair. A mat or towel is optional.

Wednesdays

10:00 - 11:00 a.m. | C200

YIN YOGA

Yin yoga is a mat class of deep stretches held for long periods to allow connective tissues to release and muscles to relax. It is a meditative, calming practice. Must be able to get on and off the floor. A mat and/or towel recommended. Wear comfortable clothes that allow for freedom of movement.

Wednesdays

11:15 a.m. - noon | C200

Two 8-week sessions + one mini 4-week session

Session 1: January 7 - February 25

Session 2: March 11 - April 29

Mini Session: May 13 - June 3

Costs for Chair Yoga and/or Yin Yoga:

Chair: \$40 per 8-week session; \$8 drop-in per class

Yin: \$35 per 8-week session; \$6 drop-in per class

\$70 for both classes per 8-week session

Mini class: Chair \$20; Yin: \$18; Both: \$35

For questions about Yin Yoga or Chair Yoga contact Margie Mould, class instructor at mmould@bellsouth.net.

PICKLEBALL

Join the fun! We offer two opportunities to play each week, Monday and Wednesday (and the occasional Friday), 2:00-4:00 p.m. in Pickard Hall. Paddles and balls are available for use.

GENTLE YOGA

Gentle Yoga is designed for aging bodies. Movement is slow and mindful. Students must be able to get up and down on their mat. A yoga mat or blanket is required. \$10 per class. Class meets on Tuesdays at 8:30 a.m. in C200. Contact Beth Robinson at elizabeth.robinson44@gmail.com for more information.

T'AI CHI FOR EXERCISE

T'ai Chi is a gentle art that is physically rewarding and mentally stimulating, and brings a feeling of well-being, as well as relaxation, improved balance, and coordination. For more information, contact Honey Music at honeyjmusic@gmail.com. Class meets on Mondays from 5:30-6:50 p.m. in Pickard Hall. Classes are \$8.00 per class.

faith & education flowing together

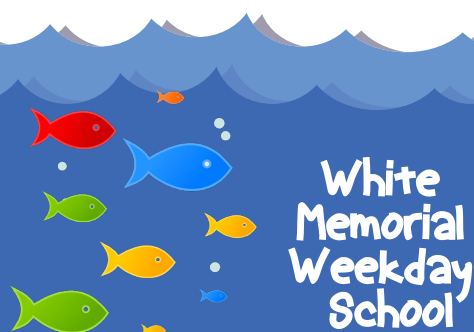
Come see all that's going on
at the WDS!

OPEN HOUSE

for prospective families

Tuesday | January 6
9:30 A.M. | Davidson Chapel

Join us for the Weekday School Open House.
It's a great opportunity to meet faculty, tour the facilities
and get answers to any questions you may have.



WEEKDAY SCHOOL 2026-2027 APPLICATION

White Memorial Presbyterian Church's Weekday School application window for the 2026-2027 school year is currently open! Priority will be given to applications completed by January 23, 2026. To register your child for the upcoming school year, [visit our website and click on 2026-27 Registration](#). We would love to welcome your family to the Weekday School!



ABOUT PLAY PALS

Play Pals is an after-preschool play group designed to foster both gross motor skill development and social-emotional growth in children ages 3-5. Led by a licensed pediatric physical therapist and a child development specialist, the group provides structured, play-based activities that encourage gross motor skills, coordination, confidence, and cooperative peer interaction.

Threes:

Classes for children in a 3s class are offered on Thursdays from 12:45-1:45 p.m.

[Session One: January 8-March 5 \(No class February 19\) \(Full\)](#)

[Session Two: March 12-May 7 \(No class April 2\)](#)

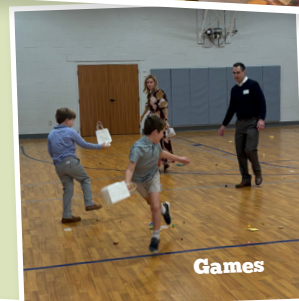
Fours & K:

Classes for children in a 4s or K class are offered on Tuesdays from 12:30-1:30 p.m.

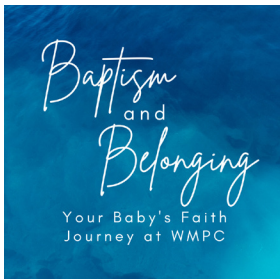
[Session One: January 6-March 3 \(No class January 20\) \(Full\)](#)

[Session Two: March 10-May 5 \(No class March 31\)](#)

Registration open. Cost: \$240 per session



**First through fifth graders
had fun exploring stories
about Ruth
in Rotation Stations!**



BAPTISM AND BELONGING: YOUR BABY'S FAITH JOURNEY AT WMPC

Sunday | January 11

9:30 - 10:30 a.m. | R400

Baptism and Belonging is a workshop for parents of children under three who would like to present their children for Baptism.

In this workshop, parents learn about the significance of the Sacrament of Baptism, go over logistical details, connect with fellow parents, and get an overview of a child's faith journey at WMPC. Expectant parents are also invited to attend. Register: whitememorial.org/register.



YOUTH LOCKOUT

Friday | January 16 | 7:00 p.m. - 7:00 a.m.

Registration: whitememorial.org/register

All middle and high school youth are invited to register for this all-night extravaganza! We meet at the church at 7:00 p.m. on Friday night to check in before we load up on the charter buses and church vans for the most epic 12 hours of your year (thus far). You don't want to miss this wild night!

Questions? Contact Kaitlyn Thornton at ktthornton@whitememorial.org. It takes 20 - 25 adult chaperones to make this event happen, so if this sounds fun to you, please contact Bailey Morton at bmorton@whitememorial.org or Paige Hokunson at phokunson@whitememorial.org ASAP!



CIRCLE OF SECURITY PARENTING PROGRAM

In collaboration and partnership with SAFEchild, WMPC is offering a program to parents/caregivers and grandparents. At times, all parents feel

lost or without a clue about what our child might need from us. Imagine what it might feel like if you were able to make sense of what your child was really asking from you. The Circle of Security Parenting™ program is based on decades of research about how secure parent-child relationships can be supported and strengthened.

Learning Objectives of the Program:

- Understand your child's emotional world by learning to read the emotional needs
- Support your child's ability to successfully manage emotions
- Enhance the development of your child's self-esteem
- Honor your innate wisdom and desire for your child to be secure

Classes run Sunday, January 25 - March 23 from 5:00-7:00 p.m. in C303. Cost for class is \$80 per person or \$120 per two-person family unit. Scholarships are available. Contact Kaitlyn Thornton for details at ktthornton@whitememorial.org. Registration opens January 2: whitememorial.org/register.



Art



Music



Prayer



Games



Science



Drama

Through a variety of activities and modalities, first through fifth graders experienced the story of Elizabeth and Zechariah during Advent!



SKATING PARTY SATURDAY | JANUARY 10

Kindergarten-5th Graders

It's time for a skating party!

Please join us at United Skates of America,
2901 Trawick Rd, Raleigh on
January 10 from 10:00 a.m.-12:15 p.m.

Pay at the rink when you arrive. Cost is \$13 per person
(includes admission and skate rental). Adult chaperones
who are not skating are free.

Registration required.



Hello Yellow is coming back to White Memorial!

4 year olds - Kindergarten
Mondays from
January 26 - April 27
12:45-1:45 p.m. in K306
\$330 for 11 sessions
Space is limited

Hello Yellow, a downtown art studio for kids operated by Mary McKinney, an elementary school teacher for 20 years, will offer an after-preschool art program on Monday afternoons at White Memorial beginning January 26, 2026. Instead of focusing on the finished product, Hello Yellow encourages children to explore, experiment, and enjoy the process of creating - without the frustration and pressure of trying to recreate a teacher-directed project.

Registration Opens January 5 at 8:00 a.m.
whitememorial.org/register



2.8.26

Officer Nomination Form

White Memorial Presbyterian
Church **Due Date: February 2, 2026**

Person recommended: _____

For Elder _____

For Deacon _____

The Presbyterian *Book of Order* states:

“Elders should be persons of faith, dedication, and good judgment. Their manner of life should be a demonstration of the Christian gospel, both within the church and in the world. It is the duty of elders, individually and jointly, to strengthen and nurture the faith and life of the congregation...”

“The office of deacon as set forth in Scripture is one of sympathy, witness, and service after the example of Jesus Christ.” They shall “minister to those who are in need, to the sick, to the friendless...”

How long has this person been a member of WMPC? _____

Has this person been an elder/deacon of WMPC or governing officer of another church?

If so, where? _____

Why do you recommend this person for the office of elder or deacon:

In what ways has this person demonstrated involvement in the ministries of WMPC?

To the best of your knowledge, does this person practice sound theology and accept the theology of the Presbyterian Church (USA)?

How has this person demonstrated Christian commitment outside the church?

Recommended by: _____ Date _____

Revised November 2025

Officer Nomination Form - Instructions

In March of 2026, you will be asked to vote for a slate of officers to serve a three-year term in leadership, planning, and care for the church. Please give prayerful consideration to placing a church member into nomination for the office of Elder or Deacon. Nominations for rising high school seniors and rising high school juniors will be considered for a two-year term of office. Typically, those elected to be officers have been members of WMPC for at least three years.

OFFICERS AT WHITE MEMORIAL ARE EXPECTED TO SERVE IN THE FOLLOWING WAYS:

- Participate in Officer Training Classes (Wednesday nights in September)
- Begin service next October
- Serve on a Sessional or Diaconate committee
- Attend monthly meetings and called meetings to the best of one's ability
- Act as commissioner to a Presbytery meeting as available (*elders only*)
- Serve communion as available and as needed (*elders only*)
- Provide pastoral and spiritual care for congregation
- Share in leadership of the annual Generosity Campaign by making a pledge
- Communicate pastoral concerns and helpful suggestions to the pastors in a timely manner
- Participate in visitation, ushering and serve as Treasurer's Assistant (*deacons only*)

TO HELP YOU JUDGE THIS PERSON'S QUALIFICATIONS AS A CANDIDATE FOR ELDER OR DEACON, PLEASE CONSIDER SUCH AREAS AS THE FOLLOWING:

PARTICIPATION IN CHURCH LIFE

- Christian commitment
- Attendance at public worship
- Participation in church activities (church school, fellowship groups, etc.)
- Offices held
- Services rendered

CHRISTIAN LIVING IN DAILY LIFE

- Within the family
- At work
- In the community

PERSONAL CHARACTERISTICS AND SKILLS

- Cooperativeness
- Willingness to learn
- Ability to follow through on assignments/commitments
- Openness to new ideas
- Maturity of judgment

All recommendations must be received by **February 2, 2026**. This form may be 1) returned electronically to lcrumpler@whitememorial.org; 2) placed in the offering plate on Sunday; 3) dropped off at the church office; or 4) mailed to the church office marked:

White Memorial Presbyterian Church
Attn: Officer Nomination Committee
1704 Oberlin Road
Raleigh, NC 27608

01 menu

WEDNESDAY
TOGETHER
DINNERS

REGISTER

Register online by 11:00 p.m. Sunday prior to Wednesday.

whitememorial.org/register

Adults: \$10.00 per meal

Child: \$6.00 per meal

On-campus dining: 5-6:30 p.m.

To-Go Meals: 5-6:30 p.m.

Walk-ins: after 6:00 p.m.

JANUARY 7

Spaghetti Supper

Meat Sauce, Marinara Sauce, Cauliflower Blend, Salad Bar, Garlic Knots & Assorted Desserts

JANUARY 14

BBQ Chicken

Potatoes Au Gratin, Collard, Greens, Fried Okra, Rolls, Salad Bar & Assorted Desserts

JANUARY 21

Roast Beef

Mashed Potatoes, Mixed Vegetables, Broccoli, Rolls, Salad Bar & Assorted Desserts

JANUARY 28

Chicken Parmesan

Pasta Alfredo, Green Beans, Black Eyed Peas, Rolls, Salad Bar & Assorted Desserts

upcoming events

THURSDAY, JANUARY 1 & FRIDAY, JANUARY 2

Church Facilities Closed

TUESDAY, JANUARY 6

WDS Open House

Let's Play Mahjong

Men's 30s/40s Fellowship Group

WEDNESDAY, JANUARY 7

Churchwide Book Study Discussion: Dear William

SATURDAY, JANUARY 10

Skating Party

SUNDAY, JANUARY 11

Baptism & Belonging

Meet & Greet our new Associate Pastor Austin Vernon

MONDAY, JANUARY 12

WMPC Women's Circles and Luncheon

60 Something Community Group

WEDNESDAY, JANUARY 14

Caregiver's Coffee

FRIDAY, JANUARY 16

Youth Lockout

MONDAY, JANUARY 19

Church Facilities Closed in observance of MLK Day

TUESDAY, JANUARY 20

Let's Play Mahjong

WEDNESDAY, JANUARY 21

Churchwide Book Study Discussion: Dear William

FRIDAY, JANUARY 23 - SUNDAY, JANUARY 25

Women's Retreat (offsite)

SUNDAY, JANUARY 25

Circle of Security Parenting Program

MONDAY, JANUARY 26

All Are Welcome

TUESDAY, JANUARY 27

Deprescribing Luncheon

WEDNESDAY, JANUARY 28

Churchwide Book Study Webinar with David Magee

SATURDAY, JANUARY 31

The Call to Courageous and Compassionate Leadership:
WMPC Leadership Retreat

SUNDAY, FEBRUARY 1

Elizabeth Viohl Retirement Celebration

Children's Movie Night

Club 4/5 Movie Night

TUESDAY, FEBRUARY 3

Let's Play Mahjong

Cancer Companions

MONDAY, FEBRUARY 9

WMPC Women's Circles and Luncheon

WEDNESDAY, FEBRUARY 18

Ash Wednesday Worship Service

THURSDAY, FEBRUARY 19

Lenten Contemplative Retreat

SUNDAY, FEBRUARY 22

Sounds on Oberlin Concert Series: New Day Singers

Youth Fundraiser Dinner

MONDAY, FEBRUARY 23

Blood Drive

All Are Welcome

WEDNESDAY, FEBRUARY 25

Lenten Contemplative Retreat - Shorter Virtual Option

THURSDAY, FEBRUARY 26

Together in Faith: An Evening for Women with Kate Bowler