

Beatitudes

I have been thinking a lot about the Beatitudes lately. Found in Matthew 5:1-12, they form the beginning of the Sermon on the Mount and represent some of the most important words Jesus ever spoke. They are very near my mind these days because we will use them in worship two weeks in a row this February. They are the appointed text for February 1, and many months ago, our High School students chose these same verses for Youth Sunday on February 8. So, I have had the occasion to read the text, think deeply about it, and to pray about it repeatedly.

I pray that many of you are familiar with them. They say this:

When Jesus saw the crowds, he went up the mountain; and after he sat down, his disciples came to him. Then he began to speak, and taught them, saying:

'Blessed are the poor in spirit, for theirs is the kingdom of heaven.

'Blessed are those who mourn, for they will be comforted.

'Blessed are the meek, for they will inherit the earth.

'Blessed are those who hunger and thirst for righteousness, for they will be filled.

'Blessed are the merciful, for they will receive mercy.

'Blessed are the pure in heart, for they will see God.

'Blessed are the peacemakers, for they will be called children of God.

'Blessed are those who are persecuted for righteousness' sake, for theirs is the kingdom of heaven.

'Blessed are you when people revile you and persecute you and utter all kinds of evil against you falsely on my account. Rejoice and be glad, for your reward is great in heaven, for in the same way they persecuted the prophets who were before you.

Only 170 or so words in English, they speak richly of the blessing of being peacemakers, of meekness (gentleness), and of being pure of heart. These words call us when our spirits are poor and our faith is weak to remember the kingdom of heaven. They call us children of God. They inspire us to seek righteousness.

Lately, it takes courage to even watch the news, and then it takes prayer to discern how to respond and act. If we focused on Jesus' words in the Beatitudes, we would be blessed by 170 words that could, if we actually put them into practice every day, serve as a tonic for our time. As Christians, our first loyalty is to Jesus. And Jesus, in Matthew 5, blesses us while giving us a vision as to what he longs for the world to look like. Hymn 372, O for a World, ends like this: "The poor are rich; the weak are strong; the foolish ones are wise. Tell all who mourn: outcasts belong, who perishes will rise. O for a world preparing for God's glorious reign of peace, where time and tears will be no more, and all but love will cease."

May grace abound,

Christopher Edmonston, *Pastor*



SUNDAY WORSHIP TIMES

Sanctuary
9:30 & 11:00 a.m.

OnPoint@1704
Edinburgh Building:
Main Hall
10:45 a.m.

Live Stream,
Facebook Live
and YouTube
streaming options
available.

Sunday School
9:30 a.m.

Nursery
9:30 a.m.
Birth to 24 months

10:45 & 11:00 a.m.
Birth to 4-year olds

Church Office
Telephone Number:
919-834-3424

Pastor-On-Call
Telephone Number:
919-605-4593



whitememorial.org

Jays & CONCERNS

IN THE CHURCH TRIUMPHANT

Bradley Harold Moock – January 9, 2026
WMPC family members: wife, Nina; children, Lauren and Billy

Charles Robert Latimer – January 20, 2026
WMPC family member: wife JoAnne Latimer

PRAYERS AND CHRISTIAN CONCERNS

Mary Esther and Stan Baker on the death of their son, John Curtis Martin, January 5, Charleston, SC

Margaret Herring and family on the death of her mother, Eva Margaret Townsend Herring, January 11, Dunn, NC

George Crane on the death of his brother, Thomas Francis Crane, January 14, Baltimore, MD

Steven Lilly and family on the death of his mother, Nancy Cobb Lilly, January 18, Charleston, SC

Sheldon Fox and family on the death of his mother, Esther Fox, January 24, Louisville, KY

BAPTISMS

August Craig Dove, January 4, child of Megan and Spencer Dove, grandchild of Kim Dove

Charlie Brock Kidder, January 4, child of Arianna and Brock Kidder

MARRIAGES

Mackenzie Elisabeth Boone and William Collins Lowder, December 23, son of Dawn and Henry Lowder

CONGRATULATIONS TO

Libby and Richard Staub on the birth of their grandchild, Alice Burkhardt Staub, January 4, child of Mary Alice and Burk Staub, Durham, NC

If you have experienced a birth, marriage or death you want to share with the church,
email Lisa Crumpler at lcrumpler@whitememorial.org

If you have a relative or church friend who is hospitalized, call the Pastoral Care line 919-834-3425, ext. 210
or email Caroline Parker at cparker@whitememorial.org so our pastoral staff can reach out.

If you have a pastoral care need outside of regular business hours, call our after-hours pastor on call at 919-605-4593.

noteworthy

NOMINATIONS BEING ACCEPTED FOR NEW OFFICERS

The Churchwide Nominating Committee has begun meeting to consider nominations for church Elders and Deacons, class of 2029. Nominations are now being accepted. Please give prayerful consideration to placing a church member into nomination for these critical leadership roles. The nomination form can be found online or on page 14 of this newsletter. All recommendations must be received by February 10, 2026.

LUTHER ELEVATOR TEMPORARILY OUT OF SERVICE

We are diligently working to repair the elevator in the Luther building. We apologize for the inconvenience and will provide an update as soon as it is back in operation. Thank you for your patience and understanding.

DO YOU RECEIVE OUR WEEKLY EMAIL ON THURSDAYS?

If not, would you like to? Contact Karen Haneline at khaneline@whitememorial.org to begin receiving.

CHURCH LOBBY HOURS - Ross Building

Monday - Thursday: 8:00 a.m. - 5:00 p.m. | Friday: 8:00 a.m. - 2:00 p.m. | Other times are by appointment.

NEED HELP WITH REALM?

Realm is our church management system. If you need assistance with Realm contact Leigh Ann Dailey at ldailey@whitememorial.org.

REGISTRATION FOR MOST EVENTS CAN BE FOUND ON OUR WEBSITE: [WHITEMEMORIAL.ORG/REGISTER](https://www.whitememorial.org/register).



ASH WEDNESDAY SERVICE

Join together with friends along Oberlin Road for our annual Ash Wednesday service. The service will be February 18 at 6:30 p.m. in the sanctuary. We will celebrate the Lord's Supper and have the imposition of ashes. This is a great time of worship and shared faith. Childcare will be available for ages three and younger.

LENTEN LUNCH & WORSHIP

Thursdays | February 26 - March 26

Lunch 12:00 | Worship 12:30 p.m. | Main Hall

Introduce a time of worship into your daily routine during Lent. Each Thursday we invite you to join us for lunch at 12:00 p.m. for fellowship and a delicious meal followed by a short worship service at 12:30 p.m. Lunch is \$8 per person; no registration required.

CHURCHWIDE COLLECTION NON-PERISHABLE FOOD ITEMS FOR BACKPACK BUDDIES

Each week when school is in session, our church provides food-insecure children at Oberlin Middle School and Lynn Road and Lacy Elementary Schools with healthy meals and snacks.

If you would like to help, you can click on the Amazon link below to order backpack buddies non-perishable food items. You can also pick up a shopping list in the Outreach Room (K100) if you prefer to shop.

Thank you for your generosity and consideration by only donating items requested.

- Purchase items for Backpack Buddies through our [Amazon link](#).
- Please bring items for Backpack Buddies to the red bins outside of the Outreach (K100) Room.

THANK YOU!



Elizabeth & Bob Viohl

*Thank you,
Elizabeth!*

After 19 years on staff, Elizabeth Bailey Viohl will retire on February 4, 2026. We are deeply grateful for her years of faithful service to White Memorial Presbyterian Church.

Elizabeth has truly been part of the heartbeat of our church—faithfully maintaining our membership records and serving with dedication and care as our Membership Coordinator. Her steady presence, attention to detail, and commitment to our congregation have meant more than words can express. We will miss her greatly and wish Elizabeth and Bob every blessing in this new season of life. She already has plans to stay busy with pickleball and mahjong!

To celebrate and give thanks for the many ways Elizabeth has served WMPC, please join us for a congregational reception between 10:15-10:45 a.m. on Sunday, February 1, in the Hub.

Baskets will be available around campus if you would like to share a note of appreciation, and love offerings in honor of Elizabeth's retirement may be made at whitememorial.org/register.

A member of WMPC since 1992, Elizabeth has also been actively involved in numerous groups and circles over the years. While she is retiring from staff, we're grateful that we'll continue to see her around campus.

CHRISTIAN FELLOWSHIP & SEARCHERS SUNDAY SCHOOL INVITE YOU TO A SPECIAL CLASS WITH DR. CARSON BRISSON

Sunday | February 15 | 9:30 a.m. | C200

Dr. Carson Brisson, longtime professor at Union Theological Seminary in Richmond, Virginia, will be a guest speaker at White Memorial on Sunday, February 15, 2026 (a reschedule of the original 1/25/26 date.) He will present a lecture on *The Passion Narratives in the Four Gospels—Matthew, Mark, Luke, and John*, a subject he taught frequently during his years at the seminary.

The lecture will take place at 9:30 a.m. in the Calvin Building, Room C200, and is hosted by the Christian Fellowship and Searchers classes. The Christian Fellowship Class is beginning an 18-lesson study of the Passion Narratives on February 1, featuring video teachings by the late Dr. Mickey Efird.

Christopher recalls Dr. Brisson as one of his favorite professors at Union, noting that he is a dynamic and engaging lecturer. Please join us to hear Dr. Brisson for yourself. All are welcome!



WMPC SCOTLAND PILGRIMAGE

October 15-25, 2026

Journey with Pastors Cate Church Norman and Tom Harris to the sacred landscapes of Scotland as we explore Celtic spirituality, Celtic saints, and our Reformed roots. We will travel to Edinburgh, the birthplace of our Presbyterian heritage; to the fishing village of Oban; to the island of Iona, the birthplace of Christianity in Scotland; and to other remarkable

sites along the way. This pilgrimage is more than a trip. We will learn, worship, and grow together, deepening faith and building friendships as we walk holy ground together. [Click here for full details and cost.](#) Questions? Contact Caroline Parker at cparker@whitememorial.org.

PASTOR'S SPECIAL ASSISTANCE FUND & COMMUNITY SERVICE FUND

Please consider a gift to the Pastor's Special Assistance Fund. This fund provides help for members of our church family in times of need—whether that's for bills, healthcare, food, or other essentials. We also invite you to contribute to the Community Service Fund benefiting others in our community who have particular needs. Thank you for helping care for one another in such a tangible way. To make a contribution to these funds visit whitememorial.org/give.

Lenten Contemplative Retreat Becoming Ourselves: The Psalms as Honest Prayer

Thursday | February 19

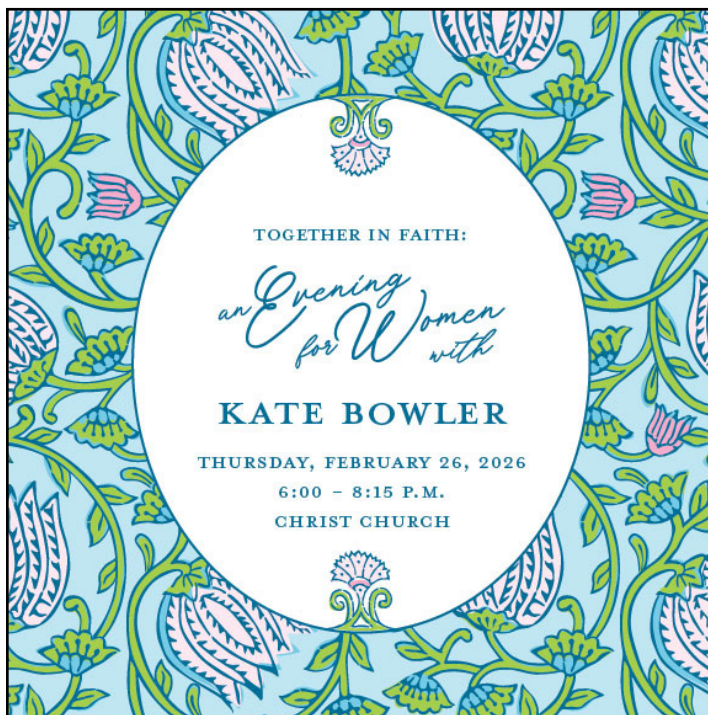
9:00 a.m. - 4:00 p.m. | WMPC Campus | [register](#)

Shorter Virtual Option:

Wednesday, February 25 | 9:30 a.m. - 12:00 p.m. | [register](#)

Join Associate Pastor Cate Church Norman, Pastoral Resident Lee Hunter and Guest Leader and Director of Peterson House, John Rogers, as we prepare for the season of Lent with an all-day contemplative retreat on our church campus. We'll dive deep into the Psalms and focus on the life and writings of pastor/theologian Eugene Peterson. This is a wonderful opportunity to engage with friends (old and new) and to get spiritually centered through scripture, prayer and spiritual practices. The cost to attend is \$35 and includes lunch.

Scholarships are available. Register: whitememorial.org/register



Join us at Christ Church as we welcome Kate Bowler, a Duke University professor, award-winning podcast host, and four-time New York Times bestselling author. Together in Faith is hosted by four local congregations: Christ Episcopal Church, Hayes Barton United Methodist Church, St. Michael's Episcopal Church and White Memorial Presbyterian Church. The evening will include a reception, brief service of worship, and keynote presentation from Kate. Childcare is available by request. Tickets are \$70.00 and scholarships are available.

Contact [Anne Galliher](#) with questions. [Registration open.](#)

WOMEN'S BREAKFAST & FELLOWSHIP

Women of all ages are invited for breakfast and fellowship Tuesday mornings at 7:00 a.m. in The Hub. For more information contact Kathy Kidd, kakidd@bellsouth.net.

PRESBYTERIAN WOMEN HONORARY LIFE MEMBERSHIP NOMINATIONS

An Honorary Life Membership in Presbyterian Women is conferred upon an individual for recognition of faithful service in some area of the church's work. Look around you...whom do you see as one who gives honor and glory to God while serving him actively and faithfully in our church and community? Whom should be recognized in a special way? Whether this person works behind the scenes or in front, we want your nominations for this person now. Please submit your nominations, along with your nominee's history of service and your statement of why you are nominating this person on the [form found on the website](#) and in select places around campus. Return form to June Ann Ward at jaly257@nc.rr.com. Deadline for receipt of this nomination is February 11, 2026.

WOMEN'S MONTHLY FELLOWSHIP LUNCHEON

All women of the church are Presbyterian Women. Please join us.

Monday, February 9
12-1:00 p.m. | Main Hall | Luncheon

Before airplanes and trains, ships powered long-distance travel and shaped North Carolina's history. Discover the story of the "real" Tar Heels and the naval industry's lasting impact on our state in *A History to Restoration of the Longleaf Pine Forest*. Join us as we welcome Earl Ijames, Curator of the North Carolina Museum of History, as our featured luncheon speaker.

Thank you to Circle C for hosting.. **Register for lunch by noon, Tuesday, February 3 at www.whitememorial.org/register.** Livestream of the presentation will be available.

GIVE BACK. SERVE.

PRESBYTERIAN WOMEN'S YEAR-LONG PROJECT

Throughout the 2025-26 school year, PW will support the churchwide Backpack Buddies collection to provide meals and snacks for food-insecure students in our community. Please visit Outreach's Amazon link for specific items to contribute.

PRESBYTERIAN WOMEN
service, fellowship & study

All women of the church are invited to join a circle. To learn when and where each circle meets, contact Judy Glover, jggdesigner@suddenlink.net, 252-908-1088 for more information.

VISIT THE WEBSITE FOR CIRCLE INFO.
whitememorial.org

Join Us

for our next concert of the 2025-26 season!

THE NEW DAY SINGERS IN EVERY SEASON, SING: CELEBRATING MUSIC THAT CARRIES US THROUGH EVERY MOMENT

Sunday | February 22
Sanctuary | 3:00 pm | Free to All



The New Day Singers are a vocal ensemble bringing music alive, from choral classics to modern hits. Based in Greensboro, NC, this versatile a cappella ensemble has been performing since 2022. Founded as a group of six modeled after The King's Singers, The New Day Singers expanded to an octet in 2025, opening up a whole new world of musical abilities and opportunities. For Sounds on Oberlin, they will present a program encapsulating songs of comfort, joy, and the turning of time, taking the audience along on a journey where each season finds its voice in song.

[Click here to support the Sounds on Oberlin Concert Series](#)



THE TIME TO GIVE BLOOD IS NOW

BE THE LIFELINE PATIENTS NEED.
White Memorial Presbyterian Church
Blood Drive

**Monday, February 23, 2026
1:30–6:00 p.m. | Pickard Hall
Sign Up Today!**

To make an appointment, please visit
www.redcrossblood.org
and use sponsor code WMPC.

For questions please contact
Hannah Sloan at hmcDonald@mindspring.com

To complete pre-reading and answer health history questions
the day of the blood drive visit www.redcrossblood.org/RapidPass.

MEN'S BREAKFAST & BIBLE STUDY

Men of all ages are invited to come for a hot breakfast, fellowship and Bible study at 7:00 a.m. on Tuesday mornings in Geneva Hall. Contact for the group is Don Thompson, dthompson1ing@gmail.com.

30s/40s MEN'S FELLOWSHIP GROUP

Tuesday | February 3 | 7:00 p.m. | Raleigh Brewing
Looking for connection and community within our church family? A men's group for those in their 30s/40s has formed, and you're invited to be part of it. We'll gather at Raleigh Brewing for a relaxed evening of fellowship and getting to know one another. Feel free to invite a friend. For more information contact Anne Galliher at agalliher@whitememorial.org.



ALL ARE WELCOME

**Monday | February 23 | 7:00 p.m.
Davidson Chapel**

All Are Welcome is a faith-based small group that offers worship, fellowship and emotional and spiritual support for LGBTQ+ adults. You're invited to participate in the group as we create a safe space of welcome and

engagement. We meet on the 4th Monday of every month. For more information, contact Kathy Hart at hartmusic1@gmail.com or Lee Hunter at lhunter@whitememorial.org.



OUTREACH NEWSLETTER

Want to stay in the loop on all the happenings? Contact Laura Rolston to be added to the list at lorolston@whitememorial.org.

FEBRUARY SUNDAY SERVICE POP-UP PROJECT

Sunday | February 22 | 10:15 - 11:00 a.m. | Outside Main Hall

Join us in supporting National Hot Breakfast Month
by assembling breakfast bags for Meals on Wheels

Community Agency Panel Discussions

White Memorial will host two Wednesday evening panel discussions in partnership with several of our community service agencies. These gatherings are open to the entire congregation and offer an opportunity to learn more about the important work our partner agencies are doing in our community. There will be time for questions and conversation after the panel discussions. Please join us for dinner before the discussions begin. Register for Wednesday Together Dinner at whitememorial.org/register

Food Insecurity Panel

Wednesday, February 25
6:00 p.m. | Geneva Hall

Partner Agencies:

- A Place at the Table
- Meals on Wheels
- Oak City Cares
- Wake Relief

Children & Youth Panel

Wednesday, March 25
6:30 p.m. | Geneva Hall

Partner Agencies:

- Loaves & Fishes
- Note in the Pocket
- SAFEchild
- Wake Monarch

NEW DRIVE-THROUGH FOOD PANTRY FOR OUR COMMUNITY BEGINNING MARCH 7!

First Saturday of Every Month | 10:00 a.m.-12:00 p.m.

After the closure of the food pantry at Wilson Temple UMC, the Outreach Committee at White Memorial has partnered with the Oberlin Road Churches (White Memorial, St. John's Baptist, Wilson Temple UMC, and Oberlin Baptist) to address food insecurity in our community. We are pleased to announce a new drive-through food pantry that will open from 10:00 a.m.-12:00 p.m. on the first Saturday of every month, starting on March 7th. We need YOUR help, with donations of non-perishable food items and volunteers. Donations of proteins (such as peanut butter, canned tuna, beans) and healthy snacks (raisins, nutri-grain bars, fruit pouches) can be left in the red bins outside the outreach room.

To volunteer, register on the church website! Questions? Contact Lee Hunter at lhunter@whitememorial.org or Austin Vernon at avernon@whitememorial.org.

OPPORTUNITIES TO VOLUNTEER THIS MONTH:

- [Shepherd's Table](#)
Wednesday | February 4 | 10:00 a.m.
- **Note in the Pocket**
Every Wednesday & Thursday | 1:30 - 3:30 p.m.
Join fellow WMPC friends for a fun time sorting clothes to share with neighbors in need across Western North Carolina. Questions? Contact Sherri Miller at millerauktwo@gmail.com.

A PLACE AT THE TABLE

A Place at the Table is seeking compassionate volunteers to support their café team. Whether you enjoy welcoming guests, preparing meals, or lending a hand with dishes, there's a role for everyone. Additional volunteers are urgently needed to help the café continue thriving. Come be part of something meaningful and make a difference with every shift.

Lunch & Learn

with Dr. DeLon Canterbury

Tuesday | February 24
11:30 a.m. | Geneva Hall



Deprescribing to Optimize Medication Use

Deprescribing is the careful and intentional process of tapering or stopping medications that may no longer be necessary, effective, or safe. It is *not* about reducing care—it's about improving care by thoughtfully reassessing medications with medical provider input.

Dr. DeLon Canterbury, PharmD, BCGP, is a leading expert in deprescribing for older adults, particularly those at risk of falls, cognitive issues, or medication overload. He also serves on the *Professional Advisory Council on Modern Aging in Place*.

To learn more about deprescribing, WMPC Health Ministry and Mental Health and Wellness invite you to join them for a Lunch and Learn event with Dr. DeLon Canterbury on Tuesday, February 24 from 11:30 a.m. – 1:00 p.m. in Geneva Hall. If you would like to order a box lunch, the cost is \$16 (scholarship available). You are also welcome to bring your lunch or to come for only the program.

[Registration is required by February 19.](#)

Questions, please contact Health Ministry Coordinator, Martha Grove Hipskind at mghipskind@whitememorial.org.



ANGEL FOOD MINISTRY

Looking for a way to get involved at White Memorial? Consider delivering meals or helping cook meals for our church members in times of need. Contact Blair Hughes, cbehughes@gmail.com for more information.

OUTREACH KNITTING GROUP

Tuesday | February 3 | 9:30 a.m. | R400

Gather around and enjoy fellowship and friends while knitting and crocheting the first Tuesday of each month at 9:30 a.m. in R400. Everyone is welcome to join us for coffee and lots of conversation. Any questions call Faye Senter, 919-805-0897 or fsenter@bellsouth.net.



OUTREACH SEWING GROUP

Monday | February 16
9:30 a.m. - noon | C200

The Outreach Sewing Group meets the third Monday of the month from 9:30 until noon in C200.

After a morning of sewing, we treat each other to a yummy homemade lunch. You don't need to be an expert seamstress to join us, only basic sewing skills are needed. Come join us for sewing and fellowship!

the month of **FEBRUARY** *Keenagers*

If you are 55 years old +, we invite you to join Keenagers in person in Geneva Hall or on Zoom at 10:45 a.m. on Thursday mornings.

If you would like to participate in Keenagers, please contact Cesia Cisneros at ccisneros@whitememorial.org and provide her with your name and email.

FEBRUARY 5

Associate Pastor for Pastoral Care Cate Church Norman

FEBRUARY 12

Music Director Eric Wall

FEBRUARY 19

TEMPLE THEATER: PARTON ME!


We will travel to the Temple Theater in Sanford

FEBRUARY 26

NC ART MUSEUM

Join us as we explore

The Book of Esther in the Age of Rembrandt



HEALING THROUGH GRIEF

Sundays | March 29 - May 3
4:00-6:00 p.m. | R400 | [Registration required](#)
Led by Cate Church Norman and Lee Hunter

Grief touches us all at some point in our lives. No one ever has to feel alone during this difficult time. Whether you have suffered the recent loss of a loved one or are struggling with a loss in the past, you are invited to come together for a series of five sessions to help you along your journey of grief.

Each session explores different aspects of grief: from acceptance of your loss and working through its pain, to adjusting to a new way of being while honoring a very significant relationship in your life. Each session builds upon the other, so attendance is encouraged at each session. This class is led by Associate Pastor Cate Church Norman and Pastoral Resident Lee Hunter.

www.whitememorial.org/register



AGAPE CARE TEAMS: RECRUITING NEW VISITORS

Started in 2019, this ministry of presence creates opportunities for meaningful long-term connections between volunteers and individuals who, because of life circumstances, are seldom or never

able to come to church. Trained visitors will share compassion and love through regular visits and communication with those who need the church to be brought to them. If you would like to make meaningful connections by visiting those who need the church to be brought to them, contact [Ann Rosar](mailto:earosar@gmail.com) at earosar@gmail.com or [Caroline Parker](mailto:cparker@whitememorial.org) at cparker@whitememorial.org for more information.

Is the "C" word affecting you or your family? White Memorial is offering a new support class beginning February 3 at 6:00 p.m., providing a safe and caring space to share experiences, find encouragement, and learn together. The group will meet nine times, every Tuesday during February and March, with each session lasting about an hour. All sessions will be available via Zoom, and five meetings will also offer an in-person option at the church for those who wish to attend. Each gathering will be led by two trained facilitators and is open to cancer patients, caregivers, and family members—all are welcome.

Tuesdays beginning February 3 | 6:00 - 8:00 p.m. | Zoom



What to Expect

- Check-in time to see how everyone is doing
- View an 8-minute video presenting the wide range of experiences of three people dealing with cancer
- Discuss a spiritual reading from *Seeing God in Your Cancer Journey*
- Closing prayer time

Questions: contact

Caroline Parker, Admin for Congregational Care at 919-834-3425, ext. 210, cparker@whitememorial.org
 Jim Ferry, Parish Associate at 919-834-3425, ext. 208, jferry@whitememorial.org or
 Amanda Kidd, 919-621-1658, awkidd1961@gmail.com
 Register: www.whitememorial.org/register



CAN A STEPHEN MINISTER HELP YOU WITH YOUR LIFE JOURNEY?

White Memorial has a vibrant Stephen Ministry program and trained Stephen Ministers who would welcome the opportunity to walk with you during a difficult part of your life's journey.

Life experiences such as grief or loss, a personal illness or that of a loved one and relationship issues are just a few examples of times when you could use some additional support. Stephen Ministers are trained to be - and want to be - that Christian companion. Please consider a Stephen Minister as you navigate life to find the peace you need. The relationship and information exchanged is free and confidential, a safe place to say aloud your thoughts and concerns.

To learn how you can receive a Stephen Minister's confidential care, contact Laura Raynor at lauranraynor@gmail.com or Judy Yates Siker, Parish Associate, at jsiker@whitememorial.org.

"Bear one another's burdens, and in this way you will fulfill the law of Christ."

- Galatians 6:2



stephen
MINISTRY



CAREGIVER'S COFFEE

Tuesday | February 10

10:30 a.m. - noon | The Hub

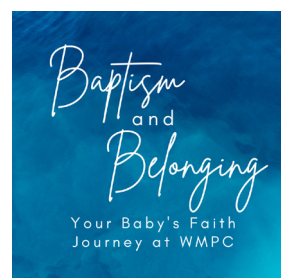
Are you a family caregiver or would you like to fellowship with family caregivers? Are you interested in learning more about the many community resources

available to you? If so, please come for coffee, conversation, and connection at our next Caregiver's Coffee on Tuesday, February 10 from 10:30 a.m. - noon in the Hub. All are welcome; please feel free to invite a friend or neighbor to join you. For more information, please contact Martha Grove Hipskind, mghipskind@whitememorial.org.

HEALING PRAYER

Wednesday | February 11 | between 1:30 - 4:00 p.m.

Healing Prayer is a form of intercessory prayer focusing on an individual's mental, emotional, physical and spiritual needs to provide a sense of balance and facilitate self-healing. Healing Prayer sessions are held in Davidson Chapel and usually last 20 to 30 minutes. If you are interested in experiencing a healing prayer session on Wednesday, February 11 between 1:30-4:00 p.m., please contact Mary Ann Turner at maturner2.mat@gmail.com to schedule a time.



BAPTISM AND BELONGING: YOUR BABY'S FAITH JOURNEY AT WMPC

Sunday | February 22

9:30 - 10:30 a.m. | R400

Baptism and Belonging is a workshop for parents of children under three who would like to present their children for Baptism. In this workshop, parents learn about the significance of the Sacrament of Baptism, go over logistical details, connect with fellow parents, and get an overview of a child's faith journey at WMPC. Expectant parents are also invited to attend. Register: whitememorial.org/register.



COME PLAY BRIDGE WITH FRIENDS

Mondays | 1:00 p.m. | The Hub

Whether you are experienced, a beginner or want to learn how to play we invite you to join us! We'll practice different bridge

hands, talk bidding, and enjoy fun and fellowship. For more information and to find out when we are gathering next contact Judy Bundy at judybundy7@gmail.com or Mary Grace White at marygrace623@yahoo.com.

MAHJONG AT 1:00 AT WMPC

Tuesday | February 3 & February 17

1:00 - 2:00 p.m. | The Hub

We now have a group playing Mahjong on the first and third Tuesdays of each month. Whether you're a seasoned player or brand new to the game, everyone is welcome! Don't forget your 2026 Mahjong card if you have one. Registration isn't necessary but if you'd like to receive a reminder email, contact Beth Moore at bmoore@whitememorial.org to be included in the Realm group.

2ND ANNUAL LADIES' CHARITY BASKETBALL GAME

Sunday | March 15 | 4:00 p.m. | St. David's School

We invite you to join us for 2nd-annual Charity Basketball Game on March 15 at 4:00 p.m. at St. David's varsity gym. The WMPC Ladies' Basketball Team will play against Christ Church and Hayes Barton Methodist. Tickets go on sale soon, so be sure to get yours early – this event sold out last year! Proceeds for the event will go Raleigh Rescue Mission.



T'AI CHI FOR EXERCISE

T'ai Chi is a gentle art that is physically rewarding and mentally stimulating, and brings a feeling of well-being, as well as relaxation, improved balance, and coordination. For more information, contact Honey Music at honeyjmusic@gmail.com. Class meets on Mondays from 5:30-6:50 p.m. in Pickard Hall. Classes are \$8.00 per class.



CHAIR YOGA

Chair yoga is a practice of gentle stretches, meditation, and movement with breath. Many postures are beneficial to those who spend time sitting at a desk. This practice does incorporate some standing postures and balance but can be modified to be done entirely in a chair. A mat or towel is optional.

Wednesdays

10:00 - 11:00 a.m. | C200

YIN YOGA

Yin yoga is a mat class of deep stretches held for long periods to allow connective tissues to release and muscles to relax. It is a meditative, calming practice. Must be able to get on and off the floor. A mat and/or towel recommended. Wear comfortable clothes that allow for freedom of movement.

Wednesdays

11:15 a.m. - noon | C200

Two 8-week sessions + one mini 4-week session

Session 1: January 7 - February 25

Session 2: March 11 - April 29

Mini Session: May 13 - June 3

Costs for Chair Yoga and/or Yin Yoga:

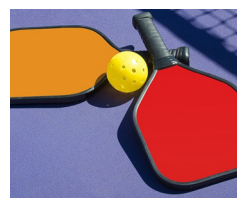
Chair: \$40 per 8-week session; \$8 drop-in per class

Yin: \$35 per 8-week session; \$6 drop-in per class

\$70 for both classes per 8-week session

Mini class: Chair \$20; Yin: \$18; Both: \$35

For questions about Yin Yoga or Chair Yoga contact Margie Mould, class instructor at mmould@bellsouth.net.



PICKLEBALL

Join the fun! We offer two opportunities to play each week, Monday and Wednesday (and the occasional Friday), 2:00-4:00 p.m. in Pickard Hall. Paddles and balls are available for use.

GENTLE YOGA

Gentle Yoga is designed for aging bodies. Movement is slow and mindful. Students must be able to get up and down on their mat. A yoga mat or blanket is required. \$10 per class. Class meets on Tuesdays at 8:30 a.m. in C200. Contact Beth Robinson at elizabeth.robinson44@gmail.com for more information.



Winter Olympics Night A Taste of Youth Group

4th & 5th Graders
are invited
February 1
from 5-7 p.m. | C100
Pizza \$7 per person

Pre-registration required
whitememorial.org/register



Children's Movie Night February 1 | 5 - 7 p.m.

Children in Kindergarten - 3rd grade
are invited to watch Lilo & Stitch
from 5:00 - 7:00 p.m. | C200
Pizza \$6.00 per person
Pre-registration required
whitememorial.org/register

PARENTING WORKSHOP

Sunday February 1 | 5:00 - 7:00 pm | C301

While the kids are at movie nights and youth group, parents are invited to gather for dinner, fellowship, and a workshop called "Navigating Friendships and Social Growth: Helping Kids Thrive" led by parent support specialist Laura Brimberry. We'll have pizza and salad for dinner (\$10 per person). Childcare is available in the nursery for children younger than kindergarten.
[Register here.](#)

PLAY PALS

Play Pals is an after-preschool play group designed to foster both gross motor skill development and social-emotional growth in children ages 3-5. Led by a licensed pediatric physical therapist and a child development specialist, the group provides structured, play-based activities that encourage gross motor skills, coordination, confidence, and cooperative peer interaction.

Threes:

Classes for children in a 3s class are offered on Thursdays from 12:45-1:45 p.m.

[Session Two: March 12-May 7 \(No class April 2\)](#)

Fours & K:

Classes for children in a 4s or K class are offered on Tuesdays from 12:30-1:30 p.m.

[Session Two: March 10-May 5 \(No class March 31\)](#)

Registration open. Cost: \$240 per session

You're Invited To Our EASTER EGG HUNT

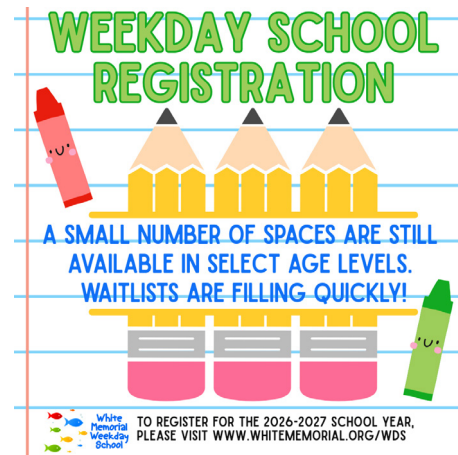
Saturday | March 21

9:00-9:45 am 🍷 Breakfast | Main Hall
Cost is \$7.00 | Registration Required

whitememorial.org/register

9:45-10:00 am 🍷 Music & Story Time
10:00 am 🍷 Hunt at Tatton Hall





In Rotation Stations Sunday School, 1st through 5th graders had fun learning about Jesus welcoming the children!

Officer Nomination Form

White Memorial Presbyterian
Church **Due Date: February 2, 2026**

Person recommended: _____

For Elder _____

For Deacon _____

The Presbyterian *Book of Order* states:

“Elders should be persons of faith, dedication, and good judgment. Their manner of life should be a demonstration of the Christian gospel, both within the church and in the world. It is the duty of elders, individually and jointly, to strengthen and nurture the faith and life of the congregation...”

“The office of deacon as set forth in Scripture is one of sympathy, witness, and service after the example of Jesus Christ.” They shall “minister to those who are in need, to the sick, to the friendless...”

How long has this person been a member of WMPC? _____

Has this person been an elder/deacon of WMPC or governing officer of another church?

If so, where? _____

Why do you recommend this person for the office of elder or deacon:

In what ways has this person demonstrated involvement in the ministries of WMPC?

To the best of your knowledge, does this person practice sound theology and accept the theology of the Presbyterian Church (USA)?

How has this person demonstrated Christian commitment outside the church?

Recommended by: _____ Date _____

Revised November 2025

Officer Nomination Form - Instructions

In March of 2026, you will be asked to vote for a slate of officers to serve a three-year term in leadership, planning, and care for the church. Please give prayerful consideration to placing a church member into nomination for the office of Elder or Deacon. Nominations for rising high school seniors and rising high school juniors will be considered for a two-year term of office. Typically, those elected to be officers have been members of WMPC for at least three years.

OFFICERS AT WHITE MEMORIAL ARE EXPECTED TO SERVE IN THE FOLLOWING WAYS:

- Participate in Officer Training Classes (Wednesday nights in September)
- Begin service next October
- Serve on a Sessional or Diaconate committee
- Attend monthly meetings and called meetings to the best of one's ability
- Act as commissioner to a Presbytery meeting as available (*elders only*)
- Serve communion as available and as needed (*elders only*)
- Provide pastoral and spiritual care for congregation
- Share in leadership of the annual Generosity Campaign by making a pledge
- Communicate pastoral concerns and helpful suggestions to the pastors in a timely manner
- Participate in visitation, ushering and serve as Treasurer's Assistant (*deacons only*)

TO HELP YOU JUDGE THIS PERSON'S QUALIFICATIONS AS A CANDIDATE FOR ELDER OR DEACON, PLEASE CONSIDER SUCH AREAS AS THE FOLLOWING:

PARTICIPATION IN CHURCH LIFE

- Christian commitment
- Attendance at public worship
- Participation in church activities (church school, fellowship groups, etc.)
- Offices held
- Services rendered

CHRISTIAN LIVING IN DAILY LIFE

- Within the family
- At work
- In the community

PERSONAL CHARACTERISTICS AND SKILLS

- Cooperativeness
- Willingness to learn
- Ability to follow through on assignments/commitments
- Openness to new ideas
- Maturity of judgment

All recommendations must be received by **February 2, 2026**. This form may be 1) returned electronically to icrumpler@whitememorial.org; 2) placed in the offering plate on Sunday; 3) dropped off at the church office; or 4) mailed to the church office marked:

White Memorial Presbyterian Church
Attn: Officer Nomination Committee
1704 Oberlin Road
Raleigh, NC 27608

02 menu

WEDNESDAY
TOGETHER
DINNERS

REGISTER

Register online by 11:00 p.m. Sunday prior to Wednesday.

whitememorial.org/register

Adults: \$10.00 per meal

Child: \$6.00 per meal

On-campus dining: 5-6:30 p.m.

To-Go Meals: 5-6:30 p.m.

Walk-ins: after 6:00 p.m.

FEBRUARY 4

Spaghetti Supper

Meat Sauce, Marinara Sauce, Cauliflower Blend, Salad Bar, Garlic Knots & Assorted Desserts

FEBRUARY 11

Sofrito Chicken

Yellow Rice, Red Beans, Honey Roasted Carrots, Broccoli, , Rolls, Salad Bar & Assorted Desserts

FEBRUARY 18

Mongolian Beef

Asian Vegetables, Bok Choy Cilantro Lime Rice, Spring Rolls, Salad Bar & Assorted Desserts

FEBRUARY 25

Shepherd Pie

Ratatouille, California Blend, Rolls, Salad Bar & Assorted Desserts

upcoming events

SUNDAY, FEBRUARY 1

Elizabeth Viohl's Retirement Celebration
Children's Movie Night
Club 4/5 Movie Night
Parenting Workshop

TUESDAY, FEBRUARY 3

Cancer Companions

SUNDAY, FEBRUARY 8

Youth Sunday

MONDAY, FEBRUARY 9

WMPC Women's Circles and Luncheon

TUESDAY, FEBRUARY 10

Caregiver's Coffee

WEDNESDAY, FEBRUARY 18

Ash Wednesday Worship Service

THURSDAY, FEBRUARY 19

Lenten Contemplative Retreat

SUNDAY, FEBRUARY 22

Baptism & Belonging
Believing & Belonging @WMPC
Service Project POP-UP Event
Sounds on Oberlin Concert Series: New Day Singers

MONDAY, FEBRUARY 23

Blood Drive
All Are Welcome

TUESDAY, FEBRUARY 24

Lunch & Learn: Deprescribing Medicine Use

WEDNESDAY, FEBRUARY 25

Lenten Contemplative Retreat - Shorter Virtual Option
Food Insecurity Community Panel Discussion

THURSDAY, FEBRUARY 26

Lenten Lunch & Worship
Together in Faith: An Evening for Women
with Kate Bowler

SUNDAY, MARCH 1

Believing & Belonging @WMPC class joins

THURSDAY, MARCH 5

Lenten Lunch & Worship

SUNDAY, MARCH 8

Sounds on Oberlin Concert Series:
Eric Wall & Karl Zinsmeister

MONDAY, MARCH 9

WMPC Women's Circles and Luncheon

THURSDAY, MARCH 12

Lenten Lunch & Worship

SUNDAY, MARCH 15

2nd Annual Ladies' Basketball Charity Game

THURSDAY, MARCH 19

Lenten Lunch & Worship

SATURDAY, MARCH 21

Breakfast and Easter Egg Hunt

WEDNESDAY, MARCH 25

Children & Youth Community Panel Discussions

THURSDAY, MARCH 26

Lenten Lunch & Worship

SUNDAY, MARCH 29

Healing Through Grief