

# WMPC MONTHLY



WHITE MEMORIAL PRESBYTERIAN CHURCH | MARCH 2026

## This We Ask: Wonderings for the Journey

As we neared the end of February, we marked Ash Wednesday and the beginning of Lent. Lent and its 40 days (modeled after Jesus' 40 days in the wilderness) are a time to acknowledge our shortcomings, pray for forgiveness, and reflect on our mortality. Lent is also a time for introspection — a season to ask little questions, big questions, even hard questions about our spiritual lives. It invites us to assess our relationship with God and evaluate the health of our souls.

Last year, our Advent theme at WMPC was *This We Know*. During those weeks, we talked and prayed about the bedrock beliefs that Advent and Christmas bring into our lives through the promise and birth of Jesus. Building on that approach, during Lent our sermons, worship, and podcasts will center on the theme *This We Ask: Wonderings for the Journey*.

*This we ask:* questions of forgiveness, shame, soul health, and mortality.

*Journey:* We think of Lent's 40 days as a journey to the cross, with many stops along the way to consider questions such as these:

Am I afraid of death? Do I think about my end often?

What mistakes, sins, or shortcomings do I need to confess — and then, in a repentant posture, work to weed out of my life?

What does it mean to me that Jesus (and God, Holy Spirit) are not just ideas written in ancient texts, but a living and real Savior who loves and forgives?

What is the state of my spiritual health? If I could get a yearly soul-physical, as I do at my doctor's office, what would it say?

What wildernesses trip me up? Which ones trap me too often?

What spiritual practice (prayer, worship, study, service, meditation) have I denied myself? Knowing they are good for me, what would it take to practice them more regularly?

Who do I need to call and say, "I'm sorry"?

How am I teaching my children, grandchildren, or family the beautiful things I have learned through Christian practices?

I could go on. The variety of spiritual questions is nearly endless. Over the course of our lives, we ask ourselves many things, and each year Lent provides a sacred window for these theological and spiritual questions to take center stage. We exercise to keep our bodies healthy. Let us embrace this Lenten season to tend our souls as we journey toward the cross and, finally, to the great celebration of Easter.

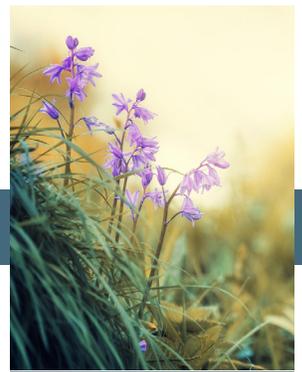
What questions do you need to ask during these 40 days?

God's blessings as you ask and wait for answers.

May grace abound,

Christopher Edmonston, *Pastor*

P.S. Thanks to your amazing support, our Four Pillars campaign is nearly complete! Construction in the sanctuary and other parts of our buildings **will begin the week following Easter (April 5). From April 12 until completion of the sanctuary project, we will share worship at 9:30 and 11:00 in the Main Hall of the Edinburgh building at WMPC.** I will write again at the end of March explaining how this will work during construction. Thank you for your generous gifts and faithful support — we are most grateful.



## SUNDAY WORSHIP TIMES

Sanctuary  
9:30 & 11:00 a.m.

OnPoint@1704  
Edinburgh Building:  
Main Hall  
10:45 a.m.

Live Stream,  
Facebook Live  
and YouTube  
streaming options  
available.

Sunday School  
9:30 a.m.

Nursery  
9:30 a.m.  
Birth to 24 months

10:45 & 11:00 a.m.  
Birth to 4-year olds

Church Office  
Telephone Number:  
919-834-3424

Pastor-On-Call  
Telephone Number:  
919-605-4593



[whitememorial.org](http://whitememorial.org)

WORSHIP | EMBRACE | SERVE  
in the manner of Christ

# Jays & CONCERNS

## IN THE CHURCH TRIUMPHANT

**Carolyn "Lyn" Rebecca DeVane** - February 3, 2026  
WMPC family member: Marilyn Hein

**W. Thompson Harris, Jr.** - February 8, 2026  
WMPC family members: Wife, Molly; Children,  
Tom and Stewart

## PRAYERS AND CHRISTIAN CONCERNS

**Robert Ange and family** on the death of his mother,  
Lee Wilhelm, February 4, Wilson, NC

**Jeanine Wagner and family** on the death of her sister,  
Carolyn Bernadette Wagner Allbaugh, February 3

**Debbie Fox and family** on the death of her mother,  
Mary Frances Brown Ritchie, February 6,  
Charleston, SC

**William "Bill" Lenox Baker and family** on the  
death of his father, Robert Flowers Baker, February 10,  
Durham, NC

**Betty Baldwin** on the death of her brother and **Sarah  
Beth Lasso and family** on the death of her uncle, Dan  
Stuart Thompson, February 18, Hickory, NC

## NEW PRESBYTERIANS

**Margaret Brawley Galliher**, February 7, child of staff  
member Anne Galliher and husband Aaron

## BAPTISMS

**Peter McDonald Bristow, III**, February 15, child of  
Carson and Peter Bristow

**Hagan Mae Eiler**, February 22, child of Carter and  
Lee Eiler

## MARRIAGES

**Stewart Elizabeth Morse and David Caldwell  
Barefoot III**, February 7

**Margaret Alexander Smerko and John Murray  
Sharp**, February 21

If you have experienced a birth, marriage or death you want to share with the church,  
email Lisa Crumpler at [lcrumpler@whitememorial.org](mailto:lcrumpler@whitememorial.org)

If you have a relative or church friend who is hospitalized, call the Pastoral Care line 919-834-3425, ext. 210  
or email Caroline Parker at [cparker@whitememorial.org](mailto:cparker@whitememorial.org) so our pastoral staff can reach out.

If you have a pastoral care need outside of regular business hours, call our after-hours pastor on call at 919-605-4593.

noteworthy

### SPRING FORWARD

Don't forget to move your clocks forward one hour on March 8.

**PRIMARY ELECTION** is Tuesday, March 3. WMPC is a polling place. Traffic/parking may be heavier than usual,  
please plan accordingly.

### MARK YOUR CALENDARS: ANNUAL CONGREGATIONAL MEETING

We will have our Annual Congregational Meeting on Sunday, March 22, 2026, after the 11:00 a.m. worship service in  
the Sanctuary. The purposes of the meeting are the election of new church officers, the approval of pastors' terms of  
call, and the presentation of the 2025 Annual Report. Zoom Registration will be available.

### DO YOU RECEIVE OUR WEEKLY EMAIL ON THURSDAYS?

If not, would you like to? Contact Karen Haneline at [khaneline@whitememorial.org](mailto:khaneline@whitememorial.org) to begin receiving.

### CHURCH LOBBY HOURS - Ross Building

Monday - Thursday: 8:00 a.m. - 5:00 p.m. | Friday: 8:00 a.m. - 2:00 p.m. | Other times are by appointment.

### NEED HELP WITH REALM?

Realm is our church management system. If you need assistance with Realm contact Leigh Ann Dailey  
at [lidailey@whitememorial.org](mailto:lidailey@whitememorial.org).

REGISTRATION FOR MOST EVENTS CAN BE FOUND ON OUR WEBSITE: [WHITEMEMORIAL.ORG/REGISTER](http://WHITEMEMORIAL.ORG/REGISTER).



### BEYOND SUNDAY: LENTEN PODCAST SERIES

Lent is not a season of answers, but of holy questions—questions that linger, unsettle, and gently refuse to let us move too quickly toward certainty ... Questions that

invite us to slow down, to notice what is stirring within us, and to listen more carefully for the voice of God along the way.

This Lenten season, we are leaning into that sacred posture with our theme, “This We Ask: Wonderings for the Journey.” We hope you’ll join us each week, as we wonder together about various stories from scripture, allowing the questions that emerge to challenge our assumptions, open us to new possibilities, and invite us into deepened honesty about who we are and who God is calling us to become. You can find our Lenten podcast series on our website, Spotify or Apple.



### SUNDAY, MARCH 29 FIFTH SUNDAY HUNGER OFFERING

The collection offering on Sunday, March 29 will help provide grants to hunger agencies in our Presbytery and is one way to make a difference in the lives of those who struggle with food insecurity.

## CHURCHWIDE COLLECTION

### NON-PERISHABLE FOOD ITEMS FOR

# BACKPACK BUDDIES

Each week when school is in session, our church provides food-insecure children at Oberlin Middle School and Lynn Road and Lacy Elementary Schools with healthy meals and snacks.

If you would like to help, you can click on the Amazon link below to order backpack buddies non-perishable food items. You can also pick up a shopping list in the Outreach Room (K100) if you prefer to shop.

Thank you for your generosity and consideration by only donating items requested.

- Purchase items for Backpack Buddies through our [Amazon link](#).
- Please bring items for Backpack Buddies to the red bins outside of the Outreach (K100) Room.

## THANK YOU!



## EASTER BAGS FOR STEPUP, LOAVES & FISHES, MAYVIEW AND IGLESIA SANTUARIO.

We will be donating Easter bags for the children of StepUp, Loaves & Fishes, Mayview and Iglesia Santuario. Please come to the Ross building to pick up an empty bags. Each bag will have a tag as to the gender and age of the child it will go to. Please fill the bag with goodies and **return to the Ross Lobby by March 20.**

Suggested items: toiletry items, cute socks, candy, nail polish, snack foods such as chips, crackers, and juice boxes, stuffed animals and gift cards to fill a basket.



# THIS WE ASK

## Wonderings for the Lenten Journey

Out of the depths I cry to you, Lord; Lord, hear my voice.  
Psalm 130:1-2 (NIV)

### LUNCH & MIDWEEK WORSHIP

February 26, March 5, 12, 19 & 26  
12:00-12:30 p.m. Lunch | Main Hall  
12:30-1:00 p.m. Worship | Main Hall (+ Livestream)  
Lunch | \$8.00 per person | No registration required.

### COMBINED WORSHIP SCHEDULE

**A Technicolor Promise - Children's Choirs**  
Sunday | March 15  
9:30 and 11:00 a.m. | Main Hall  
No 10:45 a.m. service | No Children's Sunday School

### HOLY WEEK

**Palm Sunday**  
Sunday | March 29  
9:30 & 11:00 a.m. | Sanctuary  
10:45 a.m. OnPoint | Main Hall

### Wholeness & Healing Service

Wednesday | April 1  
6:30 p.m. | Sanctuary

### Maundy Thursday

Thursday | April 2  
7:30 p.m. | Sanctuary

### Good Friday

Friday | April 3  
7:30 p.m. | Main Hall

### EASTER

Sunday | April 5  
9:30 & 11:00 a.m. | Sanctuary  
10:45 a.m. | OnPoint | Main Hall

### SHARED WORSHIP BEGINS

Sunday | April 12  
9:30 & 11:00 a.m. | Main Hall  
Beginning Sunday, April 12 we will begin worshiping in the Main Hall while the Sanctuary undergoes renovations as part of our Four Pillars of Promise campaign.

All services in-person and live streamed. Childcare available for Maundy Thursday and Good Friday Worship Services.



## Chancel Glorification Guild - Easter Memorials

Contributions to support flowers and chancel displays in memory or honor of loved ones, friends, or church members are welcome year-round.

We are currently seeking donations for Lent and Easter flowers and greenery. Any additional funds will support seasonal flowers and decorations in the Sanctuary, Main Hall, and overflow spaces throughout the year. Gifts of any amount are appreciated (suggested minimum: \$35). Those memorialized or honored will be listed in the Easter bulletin insert on April 5.

Please submit the form below with the name(s) being recognized and the donors name. To be included in the bulletin, forms must be received by noon on Friday, March 27. Mail contributions to the church office (Attn: Lisa Crumpler), call 919-834-3425 ext. 225 with questions, or complete the form online.

<b>Easter Flower Form</b>	
<b>Please Print</b>	
Name of Donor: _____	Telephone _____
Donation Amount: <input style="width: 150px; height: 20px;" type="text"/>	Given: _____ in honor of, <b>or</b> _____ in memory of
[Please refrain from using titles. List names with first (or goes by name) and last name. Example: Joe Green, or Peggy & John Jones. Due to space constraints, we are unable to note family relationship.]	
(Name) _____	_____
(Name) _____	_____
Put form in the offering plate on Sunday or drop it off in the church office to the attention of Lisa Crumpler.	

[You can now submit and pay online.](#)

Then send your confirmation email to [Lisa Crumpler at lcrumpler@whitememorial.org](mailto:lcrumpler@whitememorial.org).  
Deadline is noon Friday, March 27

### MEN'S BREAKFAST & BIBLE STUDY

Men of all ages are invited to come for a hot breakfast, fellowship and Bible study at 7:00 a.m. on Tuesday mornings in Geneva Hall. Contact for the group is Don Thompson, [dthomps1ing@gmail.com](mailto:dthomps1ing@gmail.com).

### WOMEN'S BREAKFAST & FELLOWSHIP

Women of all ages are invited for breakfast and fellowship Tuesday mornings at 7:00 a.m. in The Hub. For more information contact Kathy Kidd, [kakidd@bellsouth.net](mailto:kakidd@bellsouth.net).

### COME PLAY BRIDGE WITH FRIENDS

**Mondays | 1:00 p.m. | The Hub**

Whether you are experienced, a beginner or want to learn how to play we invite you to join us! We'll practice different bridge hands, talk bidding, and enjoy fun and fellowship. For more information and to find out when we are gathering next contact Judy Bundy at [judybundy7@gmail.com](mailto:judybundy7@gmail.com) or Mary Grace White at [marygrace623@yahoo.com](mailto:marygrace623@yahoo.com).

### MAHJONG AT 1:00 AT WMPC

**Tuesday | March 3 & March 17 | 1:00 - 2:00 p.m. | The Hub**

We now have a group playing Mahjong on the first and third Tuesdays of each month. Whether you're a seasoned player or brand new to the game, everyone is welcome! Don't forget your Mahjong card if you have one. Registration isn't necessary but if you'd like to receive a reminder email, contact Beth Moore at [bmoore@whitememorial.org](mailto:bmoore@whitememorial.org) to be included in the Realm group.



### ALL ARE WELCOME

**Monday | March 23 | 7:00 p.m.**

**Davidson Chapel**

All Are Welcome is a faith-based small group that offers worship, fellowship and emotional and spiritual support for LGBTQ+ adults. You're invited to participate in the group as we create a safe space of welcome and

engagement. We meet on the 4th Monday of every month. For more information, contact Kathy Hart at [hartmusic1@gmail.com](mailto:hartmusic1@gmail.com) or Lee Hunter at [lhunter@whitememorial.org](mailto:lhunter@whitememorial.org).

## WOMEN'S MONTHLY FELLOWSHIP LUNCHEON



All women of the church are Presbyterian Women. Please join us.

**Monday, March 9**  
**12-1:00 p.m. | Main Hall | Luncheon**

The March Women's Luncheon program features our Major Mission Project, StepUp Ministry of Raleigh. White Memorial established StepUp Ministry as an independent nonprofit in 1988. Colisha Stanford, Executive Director of StepUp, will share an overview of the "Pathways for Transformation" program, where clients gain skills to find jobs, create a more stable family life, and build a successful future. We will also hear success stories from several clients who have completed the program of transformation. Thank you to Lilies of the Field for hosting.

**Register for lunch by noon, Tuesday, March 3 at [www.whitememorial.org/register](http://www.whitememorial.org/register).** Livestream of the presentation will be available.

### GIVE BACK. SERVE.

#### PRESBYTERIAN WOMEN'S YEAR-LONG PROJECT

Throughout the 2026 school year, PW will support the churchwide Backpack Buddies collection to provide meals and snacks for food-insecure students in our community. Please visit [Outreach's Amazon link](#) for specific items to contribute.

All women of the church are invited to join a circle. To learn when and where each circle meets, contact Judy Glover, [jggdesigner@suddenlink.net](mailto:jggdesigner@suddenlink.net), 252-908-1088 for more information.

**VISIT THE WEBSITE FOR CIRCLE INFO.**

[whitememorial.org](http://whitememorial.org)

## Save the Date

2026 WOMEN'S RETREAT  
MAY 1-2 | WMPC CAMPUS

### Beloved on the Earth:

Being, Belonging, Becoming

with Rev. Gracie Payne  
Associate Pastor for Engagement  
Second Presbyterian Church, Indianapolis

Registration opens soon!



### ART AS A MEDITATIVE PRACTICE

**Thursdays | March 5, 12, 19 | 1:10 - 2:30 p.m. | K200**

Join us this Lenten season for one or all three workshops and discover how art can deepen your faith. These sessions focus on the meditative process—not the finished product—so no artistic skills are needed. It's a relaxed, judgment-free space.

Through neurographic art meditation, we'll practice slowing down, releasing perfectionism, easing anxiety, and renewing our minds in light of Scripture. All materials are provided. These free workshops are sponsored by the Liturgical Arts Guild—come to one or all!

**Workshop #1 March 5:** Neurographic Art techniques. You will use art materials to calm your mind and allow the word of God to grow in you.

**Workshop #2 – March 12** You will make your own finger labyrinth to take with you or give away.

**Workshop #3 – March 19** You will draw free flowing organic shapes using your breath to guide you.

Registration is required: [whitememorial.org/register](http://whitememorial.org/register)

### MONTREAT WOMEN'S CONNECTION

**August 14-15, 2026 | Montreat Retreat Center**

We are so excited for Montreat Women's Connection 2026! The weekend of August 14-16 we will head to the mountains for a time of worship, learning, and listening for the Spirit – all in the beauty of community and God's creation. **Registration is open:** [whitememorial.org/register](http://whitememorial.org/register).



#### OUTREACH NEWSLETTER

Want to stay in the loop on all the happenings? Contact Laura Rolston to be added to the list at [rolston@whitememorial.org](mailto:rolston@whitememorial.org).

## NOTE IN THE POCKET POPUP FOR STEPUP Tuesday | March 3 | 1:45 - 5:30 p.m. | Pickard Hall

Volunteers are invited to join us at 1:45 to help set-up a pop-up event with Note in the Pocket for StepUp families in Pickard Hall.

We will begin by setting up and stocking clothing. Volunteers will be given a brief training before helping StepUp families “shop” the donated clothing.

**Volunteer to help! [whitememorial.org/events](http://whitememorial.org/events)**

## Community Agency Children & Youth Panel Discussion

Wednesday, March 25 | 6:00 p.m. | Geneva Hall

Loaves & Fishes • Note in the Pocket • SAFEchild • Wake Monarch

This gathering is open to the entire congregation and offers an opportunity to learn more about the important work our partner agencies are doing in our community. There will be time for questions and conversation after the panel discussions. Please join us for dinner before the discussion begins. Register for Wednesday Together Dinner at [whitememorial.org/register](http://whitememorial.org/register)

#### OPPORTUNITIES TO VOLUNTEER THIS MONTH:

- **[Shepherd's Table](#)**  
**Wednesday | March 4 | 10:00 a.m.**
- **Note in the Pocket**  
**Every Wednesday & Thursday | 1:30 - 3:30 p.m.**  
Join fellow WMPC friends for a fun time sorting clothes to share with neighbors in need. Questions? Contact Sherri Miller at [millerauktwo@gmail.com](mailto:millerauktwo@gmail.com).

#### A PLACE AT THE TABLE

A Place at the Table is seeking compassionate volunteers to support their café team. Whether you enjoy welcoming guests, preparing meals, or lending a hand with dishes, there's a role for everyone. Volunteers help nourish more than just bodies—they help create a sense of love, dignity, and community. You can serve weekly, biweekly, or on a schedule that works best for you—flexibility is welcome and appreciated. Additional volunteers are urgently needed to help the café continue thriving. Come be part of something meaningful and make a difference with every shift.

#### HABITAT FOR HUMANITY - WALL BUILD

**Saturday | March 21 | 8:15 a.m. | 3301 Jones Sausage Road**  
White Memorial will partner with Habitat for Humanity of Wake for a Wall Build on Saturday, March 21, 2026, from 8:15 a.m. to about 10:30/11:00 a.m. at the construction warehouse on Jones Sausage Road. Using templates, we'll build all the exterior and interior walls of a home—no experience needed! Hammers and nails are provided, and it's great fellowship for all ages (16+; high school service hours available).

We're partnering with St. Ambrose Episcopal Church of Raleigh, with space for 30 participants. Please register early—any unfilled reserved spots will open to the public on March 7.

**Register:** [whitememorial.org/events](http://whitememorial.org/events)

Hope to see you at the wall build! Contact Eric Miller at [esm@ncsu.edu](mailto:esm@ncsu.edu) and 919.523.7735 for more information.

Many Churches, One Mission:  
**Feeding Our Neighbors**



OBERLIN ROAD CHURCHES  
**DRIVE THRU FOOD PANTRY**  
FIRST SATURDAY EACH MONTH | 10 AM - NOON

**WHERE:**  
St. John's Baptist Church  
1615A Oberlin Road

**UPCOMING DATES:**  
Saturday, March 7, 2026  
Saturday, April 4, 2026  
Saturday, May 2, 2026  
Saturday, June 6, 2026  
Saturday, July 4, 2026  
Saturday, August 1, 2026

**WHAT TO DONATE & HOW TO VOLUNTEER**

**MOST NEEDED ITEMS:**  
Non-perishable food donations like  
Peanut Butter · Canned Tuna · Beans  
Raisins · Nutra-grain bars · Fruit Pouches

**HOW TO DONATE:**  
Drop non-perishable food items off in  
the red bins in the Outreach Room and  
The Connector

**HOW TO VOLUNTEER:**  
If you'd like to help on Saturdays, please scan the QR code or contact Ruth Landers at [ruth@landers.me](mailto:ruth@landers.me).



**ANGEL FOOD MINISTRY**  
Looking for a way to get involved at White Memorial? Consider delivering meals or helping cook meals for our church members in times of need. Contact Blair Hughes, [cbehughes@gmail.com](mailto:cbehughes@gmail.com) for more information.

**OUTREACH KNITTING GROUP**  
**Tuesday | March 3 | 9:30 a.m. | R400**  
Gather around and enjoy fellowship and friends while knitting and crocheting the first Tuesday of each month at 9:30 a.m. in R400. Everyone is welcome to join us for coffee and lots of conversation. Any questions call Faye Senter, 919-805-0897 or [fsenter@bellsouth.net](mailto:fsenter@bellsouth.net).



**OUTREACH SEWING GROUP**  
**Monday | March 16**  
**9:30 a.m. - noon | C200**  
The Outreach Sewing Group meets the third Monday of the month from 9:30 until noon in C200.

After a morning of sewing, we treat each other to a yummy homemade lunch. You don't need to be an expert seamstress to join us, only basic sewing skills are needed. Come join us for sewing and fellowship!

Join Us  
for  
**ERIC WALL & KARL ZINSMEISTER**  
**INVOCATIONS AND EPIPHANIES**  
Sunday | March 8 | 2026  
Sanctuary | 3:00 pm





"Invocations and Epiphanies" offers organ music by a range of composers based on psalms, liturgical movements, Biblical scenes, and imaginative moods. Karl Zinsmeister and Eric Wall are, respectively, past and current Directors of Music at White Memorial Presbyterian Church. A reception will follow in the Jane Bell Gathering Space. Admission is free, with donations to support future concerts warmly welcomed.




The month of  
**MARCH**  
*Keenagers*

If you are 55 years old +, we invite you to join Keenagers in person in Geneva Hall or on Zoom at 10:45 a.m. on Thursday mornings. If you would like to participate in Keenagers, please contact Cesia Cisneros at [ccisneros@whitememorial.org](mailto:ccisneros@whitememorial.org) and provide her with your name and email.

**MARCH 5**  
**QUILTING WITH SALLY McLAURIN**

**MARCH 12**  
**ACOUSTIC FOLK WITH WAYNE SCHINDLER**

**MARCH 19**  
**82ND AIRBORNE MUSEUM**  
*This month we'll head to the 82nd Airborne Museum*

**MARCH 26**  
**HAITI OUTREACH MINISTRY**  
**WITH LEON DORLEANS AND CAROL VASSEY**

## 2ND ANNUAL LADIES' CHARITY BASKETBALL GAME

**Sunday | March 15 | 4:00 p.m. | St. David's School**

We invite you to join us for 2nd-annual Charity Basketball Game on March 15 at 4:00 p.m. at St. David's varsity gym. The WMPC Ladies' Basketball Team will play against Christ Church and Hayes Barton Methodist. [Tickets on sale now!](#) Be sure to get yours early – this event sold out last year! Proceeds for the event will go to Raleigh Rescue Mission.



### T'AI CHI FOR EXERCISE

T'ai Chi is a gentle art that is physically rewarding and mentally stimulating, and brings a feeling of well-being, as well as relaxation, improved balance, and coordination. For more information, contact Honey Music at [honeyjmusic@gmail.com](mailto:honeyjmusic@gmail.com). Class meets on Mondays from 5:30-6:50 p.m. in Pickard Hall. Classes are \$8.00 per class.



### PICKLEBALL

Join the fun! We offer two opportunities to play each week, Monday and Wednesday (and the occasional Friday), 2:00-4:00 p.m. in Pickard Hall. Paddles and balls are available for use.

### GENTLE YOGA

Gentle Yoga is designed for aging bodies. Movement is slow and mindful. Students must be able to get up and down on their mat. A yoga mat or blanket is required. \$10 per class. Class meets on Tuesdays at 8:30 a.m. in C200. Contact Beth Robinson at [elizabeth.robinson44@gmail.com](mailto:elizabeth.robinson44@gmail.com) for more information.



### CHAIR YOGA

Chair yoga is a practice of gentle stretches, meditation, and movement with breath. Many postures are beneficial to those who spend time sitting at a desk. This practice does incorporate some standing postures and balance but can be modified to be done entirely in a chair. A mat or towel is optional.

**Wednesdays**  
**10:00 - 11:00 a.m. | C200**

### YIN YOGA

Yin yoga is a mat class of deep stretches held for long periods to allow connective tissues to release and muscles to relax. It is a meditative, calming practice. Must be able to get on and off the floor. A mat and/or towel recommended. Wear comfortable clothes that allow for freedom of movement.

**Wednesdays**  
**11:15 a.m. - noon | C200**

**8-week session + one mini 4-week session**

**March 11 - April 29**

**Mini Session: May 13 - June 3**

**Costs for Chair Yoga and/or Yin Yoga:**

Chair: \$40 per 8-week session; \$8 drop-in per class

Yin: \$35 per 8-week session; \$6 drop-in per class

Mini class: Chair \$20; Yin: \$18; Both: \$35

For questions about Yin Yoga or Chair Yoga contact Margie Mould, class instructor at [mmould@bellsouth.net](mailto:mmould@bellsouth.net).

# CAN WE SHARE YOUR BURDEN?



We are all struggling with something these days. Do you feel your struggles are becoming too much for you to handle?

If you are under such a load, please consider a Stephen Minister as a source of emotional and spiritual support. Stephen Ministers are trained to share your journey and be a confidential companion. Loneliness, financial stress, personal or family health issues, loss of a loved one or a relationship are just a few of the reasons that can lead to a sense of no longer being able to effectively cope with the events of life.

Stephen Ministers are Christian men and women trained to provide confidential one-to-one care. A Stephen Minister can meet with you privately to offer care and support.

To learn how you can receive a Stephen Minister's confidential care, contact Laura Raynor at [lauranraynor@gmail.com](mailto:lauranraynor@gmail.com) or Judy Yates Siker, Parish Associate at [jsiker@whitememorial.org](mailto:jsiker@whitememorial.org).

*“Bear one another’s burdens, and in this way you will fulfill the law of Christ.”*

- Galatians 6:2



stephen  
MINISTRY



## DO YOU KNOW A FAMILY CAREGIVER WHO NEEDS A BREAK?

Then you won't want to miss the next Caregiver's Coffee on Wednesday, March 11, from 1:00–2:30 p.m. in the Hub

Our special guest will be

Elaine Whitford, Executive Director of [The Center for Volunteer Caregiving](http://TheCenterforVolunteerCaregiving.org).

Using trained volunteers from the community, The Center supports older adults and adults with disabilities with non-medical services provided at no charge. Their services are designed to bring practical help and meaningful connection to those who need it most—and to offer relief to the family members who care for them.

### Services include:

- Respite breaks for caregivers
- Friendly visits
- Escorted roundtrip rides to medical appointments and the grocery store

If you are caring for a loved one—or know someone who is—this is a wonderful opportunity to learn about local resources that can provide support, encouragement, and a much-needed break. Join us for coffee, conversation, and connection. All are welcome! For more information, please contact Martha Grove Hipskind, [mghipskind@whitememorial.org](mailto:mghipskind@whitememorial.org).

## HEALING PRAYER

**Wednesday | March 11 | between 1:30 - 4:00 p.m.**

Healing Prayer is a form of intercessory prayer focusing on an individual's mental, emotional, physical and spiritual needs to provide a sense of balance and facilitate self-healing. Healing Prayer sessions are held in Davidson Chapel and usually last 20 to 30 minutes. If you are interested in experiencing a healing prayer session on Wednesday, March 11 between 1:30–4:00 p.m., please contact Mary Ann Turner at [maturner2.mat@gmail.com](mailto:maturner2.mat@gmail.com) to schedule a time.

## PET LOSS SUPPORT GROUP

**Thursdays | 7:00 - 8:30 p.m. | C300**

A newly formed pet loss support group has begun meeting on the WMPC campus. The Triangle Pet Loss Support Group meets each Thursday at 7:00 - 8:30 p.m. in C300. Anyone who has lost a companion animal is welcome to come to the group. Any questions about the group can be directed to its facilitator, Rev. Jonathan Sherrod at [cjonathansherrod@yahoo.com](mailto:cjonathansherrod@yahoo.com).



WMPC YOUTH

### COLLEGE SCHOLARSHIP APPLICATIONS

Attention White Memorial high school seniors and returning college students! If you would like to apply for one of the college scholarships offered by White Memorial Presbyterian Church Foundation, please complete the [College Scholarship Application Form](#). The online applications must be completed by Friday, April 25, 2026. If you have questions, please email Lindsay at [Scholarships@whitememorial.org](mailto:Scholarships@whitememorial.org).

### REGISTRATION IS OPEN FOR SUMMER 2026 TRIPS

- **Appalachia Service Project - ASP (High School)**  
June 14-20, 2026
- **Massanetta Spring Middle School Youth Conference**  
July 18-21, 2026
- **Montreat High School Youth Conference\***  
July 19-25, 2026

[All Summer Trip Registrations are Online Now!](#)

\* **Note:** Montreat Worship and Music Conference is managed by the Music Ministry Team. Please contact [Kelly Gold](#).

### REGISTRATION OPEN FOR OUR JOINT SPRING RETREAT! [RESERVE YOUR SPOT TODAY!](#)

**JOINT SPRING RETREAT**

Our Middle School Retreat led by High Schoolers

Worship & Music, Team Building, Faith Stories, Epic Camp Activities & More!

**REGISTRATION IS OPEN!**

WHEN?
<b>MARCH 20-22</b>
@ CAMP DON LEE



## HEALING THROUGH GRIEF

Sundays | March 29 - May 3  
4:00-6:00 p.m. | R400 | [Registration required](#)  
Led by Cate Church Norman and Lee Hunter

Grief touches us all at some point in our lives. No one ever has to feel alone during this difficult time. Whether you have suffered the recent loss of a loved one or are struggling with a loss in the past, you are invited to come together for a series of five sessions to help you along your journey of grief.

Each session explores different aspects of grief: from acceptance of your loss and working through its pain, to adjusting to a new way of being while honoring a very significant relationship in your life. Each session builds upon the other, so attendance is encouraged at each session. This class is led by Associate Pastor Cate Church Norman and Pastoral Resident Lee Hunter.

[www.whitememorial.org/register](http://www.whitememorial.org/register)



### INTERESTED IN MEMBERSHIP AT WHITE MEMORIAL?

#### JOIN US!

The next *Believing & Belonging @WMPC* Class for new and prospective members will meet in person on Sunday, May 10 and join on Sunday, May 17.

REGISTER BY APRIL 24, 2026  
[WWW.WHITEMEMORIAL.ORG/REGISTER](http://WWW.WHITEMEMORIAL.ORG/REGISTER)



WMPC  
YOUTH

2026 WMPC YOUTH FUNDRAISER



## IT IS WELL – WHEN WE INVEST IN OUR YOUTH!

This year, instead of gathering for our usual fundraising dinner, we're inviting you into something simpler — and just as meaningful.

### Your gift supports:

Retreats and camps that shape lifelong faith  
Weekly gatherings where students are known and loved  
Service opportunities that teach compassion and leadership  
Mentorship that helps young people grow in Christ

### Scan the QR code to make a donation

or enclose your gift in one of the youth envelopes that can be found around campus and mail or deliver to the Ross Building or click [whitememorial.org/youth](http://whitememorial.org/youth)



IT IS WELL – THANKS TO YOU.

# You're Invited To Our EASTER EGG HUNT

Saturday | March 21

9:00-9:45 am 🍷 Breakfast | Main Hall

Cost is \$7.00 | Registration Required

[whitememorial.org/register](http://whitememorial.org/register)

9:45-10:00 am 🍷 Music & Story Time

10:00 am 🍷 Hunt at Tatton Hall



## PLAY PALS

Play Pals is an after-preschool play group designed to foster both gross motor skill development and social-emotional growth in children ages 3-5. Led by a licensed pediatric physical therapist and a child development specialist, the group provides structured, play-based activities that encourage gross motor skills, coordination, confidence, and cooperative peer interaction.

### Threes:

Classes for children in a 3s class are offered on Thursdays from 12:45-1:45 p.m.

[Session Two: March 12-May 7 \(No class April 2\)](#)

### Fours & K:

Classes for children in a 4s or K class are offered on Tuesdays from 12:30-1:30 p.m.

[Session Two: March 10-May 5 \(No class March 31\)](#)

Registration open. Cost: \$240 per session



## CLUB 4/5: SPRING INTO SOMETHING AWESOME! A TASTE OF YOUTH GROUP

All 4th and 5th graders are invited to join us on Sunday, April 12 from 5-7 as we gather for food, fun, and fellowship. We'll meet in C100 and dinner is \$7/per person. Pre-registration is required.



# Trolls

## Children's Movie Night

April 12 | 5 - 7 p.m.

Children in Kindergarten - 3rd grade are invited to watch Trolls from 5:00 - 7:00 p.m. | C200

Pizza \$6.00 per person

Pre-registration required

[whitememorial.org/register](http://whitememorial.org/register)

*Grandparents & Special Friends Day  
at the Weekday School*



Join us March 9th, from 9:30-11:30, as we celebrate the meaningful relationships that support the growth of the children at the weekday school.



# WEEKDAY SCHOOL REGISTRATION



A SMALL NUMBER OF SPACES ARE STILL AVAILABLE IN SELECT AGE LEVELS. WAITLISTS ARE FILLING QUICKLY!



TO REGISTER FOR THE 2026-2027 SCHOOL YEAR, PLEASE VISIT [WWW.WHITEMEMORIAL.ORG/WDS](http://WWW.WHITEMEMORIAL.ORG/WDS)



Art



Music



Prayer



Science



Drama

**First through fifth graders explored the Good Samaritan story in memorable ways in Rotation Stations!**

# 03 menu

WEDNESDAY  
TOGETHER  
DINNERS

## REGISTER

Register online by 11:00 p.m. Sunday prior to Wednesday.

[whitememorial.org/register](http://whitememorial.org/register)

Adults: \$10.00 per meal  
Child: \$6.00 per meal

**On-campus dining:** 5-6:30 p.m.  
**To-Go Meals:** 5-6:30 p.m.  
**Walk-ins:** after 6:00 p.m.

## MARCH 4

### Spaghetti Supper

Meat Sauce, Marinara Sauce, Cauliflower Blend, Salad Bar, Garlic Knots & Assorted Desserts

## MARCH 11

### Ham

Potato Au Gratin, Green Beans, Succotash, Rolls, Salad Bar & Assorted Desserts

## MARCH 18

### Jambalaya

Cabbage, Mixed Vegetables, Candied Yams, Rolls, Salad Bar & Assorted Desserts

## MARCH 25

### Fried Chicken

Collard Greens, Fried Okra, Baked Macaroni & Cheese, Rolls, Salad Bar & Assorted Desserts

# upcoming events

## SUNDAY, MARCH 1

Believing & Belonging @WMPC class joins

## THURSDAY, MARCH 5

Lenten Lunch & Midweek Worship

## SUNDAY, MARCH 8

Sounds on Oberlin Concert Series:  
Eric Wall & Karl Zinsmeister

## MONDAY, MARCH 9

WMPC Women's Circles and Luncheon

## THURSDAY, MARCH 12

Lenten Lunch & Midweek Worship

## SUNDAY, MARCH 15

Combined Worship Schedule - Main Hall  
A Technicolor Promise - Children's Choirs  
2nd Annual Ladies' Basketball Charity Game

## THURSDAY, MARCH 19

Lenten Lunch & Midweek Worship

## SATURDAY, MARCH 21

Breakfast and Easter Egg Hunt  
Habitat for Humanity Wall Build

## SUNDAY, MARCH 22

Annual Congregational Meeting

## MONDAY, MARCH 23

All Are Welcome

## WEDNESDAY, MARCH 25

Children & Youth Community Panel Discussions

## THURSDAY, MARCH 26

Lenten Lunch & Midweek Worship

## SUNDAY, MARCH 29

Palm Sunday  
Healing Through Grief

## WEDNESDAY, APRIL 1

Wholeness and Healing Worship Service

## THURSDAY, APRIL 2

Maundy Thursday Worship

## FRIDAY, APRIL 3

Good Friday Worship

## SUNDAY, APRIL 5

Easter Worship

## TUESDAY, APRIL 14

Caregiver's Coffee

## SUNDAY, APRIL 12

Shared Worship Begins in Main Hall  
Children's Movie Night  
Club 4/5

## MONDAY, APRIL 13

WMPC Women's Circles and Luncheon

## SATURDAY, APRIL 25

Servant Saturday

## MONDAY, APRIL 27

All Are Welcome

## FRIDAY, MAY 1 - SATURDAY, MAY 2

Women's Retreat (rescheduled date)