



## WEEK 3

**Topic:** The Adamic mandate

**Takeaway:** God calls us to a rhythm of work and rest—where our careers matter, but our ultimate identity is found in Him.

**Welcome/OpenInPrayer**

**Introductions:** Share the topic & takeaway this week from above.

**God Stories:** A God Story is an undeniable encounter or experience that creates an impact or breakthrough in a person's day-to-day life.

**Review from last week:** What was the most inspirational part of your summer?

**Review the guidelines:** Share the guidelines to set the rails for group time.

**SAFE ENVIRONMENT | CONFIDENTIALITY | LISTEN | PAUSE | SILENCE | NO “CROSS TALK”  
NO FIXING | NO RESCUING | SHARING | SELF AWARE | “I” STATEMENTS | CONFLICT**



**Ask a thought-provoking question to get the group focused**

What's the most unusual or memorable job you've ever had? or If you could instantly switch careers for one week, what would you try?

**Share background and provide context to the Bible story.**

In the first chapters of Genesis, God shows that life has order and rhythm. God works in fashioning the heavens, the earth, and everything that fills creation. Mankind was placed in creation with both privilege and responsibility, to cultivate the world and to represent God within it. Work is not a curse, but work is a gift that reflects God's own activity. At the same time, rest is not an afterthought. God set apart a specific time to rest. God establishes rest as essential, blessing it, and marking it as holy. God's design of creation tells a story, one where our labor has purpose, and resting, renewing, and worshiping play a crucial role. God's pattern reminds us that balance is not optional; it is part of being human as He intended.



**1 SHARE THE STORY**  
Genesis 1:28 - 2:3



**2 REBUILD THE STORY**



**3 READ THE STORY**



**Dive Deeper**  
WITH DISCUSSION QUESTIONS

- 1) What do these verses teach us about God's pattern for work and rest?
- 2) Where are you most tempted to let work or career define your worth instead of God?
- 3) How does trusting God's design for rest challenge the way you think about success and achievement?
- 4) What is one way you can make space for real rest while still being faithful in your work? or What step can you take to show that your worth comes from God rather than your career?

**\*PRAYER REQUESTS\* | ASK A VOLUNTEER TO CLOSE IN PRAYER | ASSIGN NEXT WEEK'S STORY - James 2:14-18**  
Share & record prayer requests & follow up throughout the week