



Where Are You God?

Habakkuk Devotional Guide
Booklet



How to Use This Guide

You don't have to have everything figured out to start. This guide is here to meet you right where you are. Whether life feels steady or overwhelming, this is a simple space to slow down, hear from God, and take one next step.

Each day, follow this rhythm:

Read the Scripture

Take your time. Read it slowly and notice what stands out.

Reflect on the Meditation

Let it help you process what you just read. Where does it connect to your life?

Consider the Challenge

Be honest about what feels hard or what God might be showing you.

Live It Out

Take the simple step listed. Growth often starts small.

Pray

Use the written prayer or your own words. Just be real with God.

Week 1 – When Life Is Falling Apart

Monday

Monday, June 01, 2026

1 The prophecy that Habakkuk the prophet received. 2 How long, Lord, must I call for help, but you do not listen? Or cry out to you, "Violence!" but you do not save?

- Habakkuk 1:1-2

Meditation: Habakkuk begins with a burden he cannot carry alone and a question that will not go away: 'How long, O LORD?' He does not edit his pain before God; he brings it. In doing so he shows that biblical faith is not the denial of difficulty but the refusal to pray superficial prayers. Lament becomes the doorway through which we walk into a deeper, more honest relationship with God.

The Challenge Today: Today's culture rewards quick fixes, life hacks, and a curated resilience that looks strong on the outside while fraying underneath. We feel pressure to 'move on' before our souls have had time to speak. If we skip lament, we often end up cynical or numb. The challenge is to trade polished performance for truthful presence before God.

Live It: Block a focused ten minutes. Write one 'How long?' you are carrying and speak it aloud in prayer. If words are hard, simply repeat, 'Lord, here is my burden,' and sit with Him, allowing honest silence to be your offering.

Prayer: Lord, You hear my cry even when I struggle to hear You. I bring my unedited questions, fears, and disappointments to Your throne of grace. Hold me while I wait, and teach me to trust You in the in-between. Strengthen me to keep the conversation open with You. Amen.

Tuesday

June 02, 2026

3 Why do you make me look at injustice? Why do you tolerate wrongdoing? Destruction and violence are before me; there is strife, and conflict abounds. 4 Therefore the law is paralyzed, and justice never prevails. The wicked hem in—Habakkuk 1:3–4

Meditation: Habakkuk names what he sees: violence, injustice, and a paralyzed legal system. His clarity is not cynicism but faith—truth—telling in God’s presence. By describing reality without varnish, he creates space to desire God’s justice and mercy again. Lament starts with seeing the world as it actually is.

The Challenge Today: News and social feeds monetize outrage and can dull our capacity to feel. Constant exposure to brokenness either overwhelms us or turns us indifferent. Christians are called to a different way—to let what we see move us first to intercession and then to faithful, local action.

Live It: Identify one injustice in your city, school, or workplace. Pray specifically for people affected and ask God for a simple step to bless one person this week—an encouraging word, a meal, a practical assist, or a note to a decision-maker.

Prayer: God of justice and mercy, I confess that what I see often leaves me either angry or numb. Soften my heart and sharpen my prayers. Show me how to participate in Your healing work right where I live, and give me courage to act with humility and love. Amen.

Wednesday

June 03, 2026

1 How long, Lord? Will you forget me forever? How long will you hide your face from me? 2 How long must I wrestle with my thoughts and day after day have sorrow in my heart? How long will my enemy triumph over me?

- Psalm 13:1–2

Meditation: David's repeated 'How long?' echoes Habakkuk and gives the church language for seasons of delay. Scripture does not hide the prayers of the weary; it sanctifies them and places them in our mouths. Honest lament can coexist with steadfast trust, and voicing it keeps our hearts soft before God.

The Challenge Today: Many of us fear that speaking grief aloud will push God away or burden others, so we keep quiet. Secrecy isolates the sufferer and starves the soul. The challenge is to invite God and one trusted friend into the ache so that sorrow is carried in community.

Live It: Pray Psalm 13 slowly and aloud. Then text or call a trusted friend with a single, clear request: 'Would you pray for me today?' Return thanks when they do.

Prayer: Father, thank You for Scripture that gives me words when I have none. Receive my 'How long?' as worship, not unbelief. Provide companions who will pray me through this valley, and help me to be that companion for others. Amen.

Thursday

June 04, 2026

20 "I cry out to you, God, but you do not answer; I stand up, but you merely look at me."

-Job 30:20

Meditation: Job cries, 'I cry to You for help and You do not answer me,' and yet he keeps addressing God. The Bible does not censor this sentence, teaching us that feeling unheard is part of a faithful life in a fallen world. Persevering in prayer keeps the relationship alive when Heaven seems silent.

The Challenge Today: Silence tempts us toward self-rescue, distraction, or bitterness. Our world prizes control and immediate results, making watchful waiting feel weak. The challenge is to remain relational with God—to keep returning to Him when answers delay.

Live It: Set a five-minute timer. Sit in quiet before God; when distractions come, gently return to this prayer: 'Lord Jesus Christ, have mercy on me.' Close by thanking Him that His silence is never His absence.

Prayer: Holy God, when I feel unheard, steady my heart in Your steadfast love. Guard me from cynicism and from trying to carry what only You can bear. Teach me to stay with You in the silence and to hope in Your faithful character. Amen.

Friday

June 05, 2026

5 If any of you lacks wisdom, you should ask God, who gives generously to all without finding fault, and it will be given to you.

—James 1:5

Meditation: James assures us that when we lack wisdom we may ask God, who gives generously without finding fault. In foggy seasons, God does not shame our need; He meets it with guidance that forms endurance. Wisdom is God's gift for real decisions in real time.

The Challenge Today: Fast decisions and constant inputs make prayerful discernment feel inconvenient. We default to algorithms, polls, or popular opinions. The challenge is to slow down enough to actually ask God and to receive direction that aligns with Scripture.

Live It: Before one significant decision today, pause to ask for wisdom. Write down any insight, then test it by Scripture and—if appropriate—share it with a mature believer for confirmation.

Prayer: Generous Father, I lack wisdom and You delight to give it. Clarify my thinking, purify my motives, and guide my steps. Lead me into choices that honor You and bless others, and prepare my heart to gather with Your people this weekend. Amen.

Week 2 – When God’s Answer Confuses You

Monday

June 08, 2026

5 “Look at the nations and watch— and be utterly amazed. For I am going to do something in your days that you would not believe, even if you were told.”

– Habakkuk 1:5

Meditation: God tells Habakkuk, ‘I am doing a work in your days that you would not believe if told.’ Divine activity often exceeds human categories, yet it is always wise and good. Mystery is not emptiness; it is the spaciousness of God’s larger purposes.

The Challenge Today: We value transparency and accountability—and rightly so—but we can import that demand into prayer as if God were a project to audit. When we cannot trace His hand, we may question His heart. The challenge is to remember who He is when we do not understand what He does.

Live It: Write a one-sentence confession you’ll revisit today: ‘God, even when I cannot see it, I trust that You are working for Your glory and my good.’ Place it where you will see it often.

Prayer: Sovereign Lord, I confess my limits and Your greatness. Expand my vision and quiet my demand to control outcomes. Teach me to trust Your heart when Your methods surprise me. Amen.

Tuesday

June 09, 2026

6 "I am raising up the Babylonians, that ruthless and impetuous people, who sweep across the whole earth to seize dwellings not their own. 7 They are a feared and dreaded people; they are a law to themselves and promote their own honor."

-Habakkuk 1:6-7

Meditation: God announces He will use an unexpected nation as an instrument of discipline. This shocks Habakkuk and reminds us that God can employ surprising means to accomplish righteous ends. His sovereignty is not limited to our preferences.

The Challenge Today: We often want a God who confirms our plans, our tribe, and our timing. When He corrects us through unlikely people or circumstances, pride resists. The challenge is to receive His sanctifying work, however it comes.

Live It: Identify one 'unlikely instrument' God might be using in your life right now—a colleague, circumstance, or inconvenience. Ask for humility to listen and learn through it.

Prayer: Holy Judge and gracious Father, where You correct me, make my heart soft. Use even unlikely tools to form Christ in me. Deliver me from defensiveness, and train me in humble obedience. Amen.

Wednesday

June 10, 2026

8 Their horses are swifter than leopards, fiercer than wolves at dusk. Their cavalry gallops headlong; their horsemen come from afar. They fly like an eagle swooping to devour; 9 they all come intent on violence. Their hordes advance like a desert wind and gather prisoners like sand. 10 They mock kings and scoff at rulers. They laugh at all fortified cities; by building earthen ramps they capture them. 11 Then they sweep past like the wind and go on— guilty people, whose own strength is their god.”

– Habakkuk 1:8–11

Meditation: The oppressors appear unstoppable, swift, and terrifying. Yet their pride exposes a fatal flaw, because God opposes the proud and sets limits on human arrogance. What looks unassailable to us is never ultimate to Him.

The Challenge Today: Headlines magnify the power of the powerful and can make righteousness seem naïve. Fear or envy can grow in such soil. The challenge is to remember that God’s timing is perfect and His judgment sure—even when we cannot yet see it.

Live It: Pray for leaders in your city, state, and nation by name if you can. Ask God to restrain evil, humble pride, and advance justice and mercy through them.

Prayer: God Most High, when the proud seem to prosper, steady my heart. Keep me from panic, compromise, or cynicism. Make me a person of prayer and integrity as I wait for Your righteous rule to be revealed. Amen.

Thursday

June 11, 2026

8 *"For my thoughts are not your thoughts, neither are your ways my ways," declares the Lord.* 9 *"As the heavens are higher than the earth, so are my ways higher than your ways and my thoughts than your thoughts."*

- Isaiah 55:8-9

Meditation: God declares that His thoughts and ways are higher than ours. This is not a cold rebuke but a warm reassurance: the distance between God and us is filled with wisdom, mercy, and faithfulness. We can rest in the One who sees the end from the beginning.

The Challenge Today: Modern life equates understanding with safety. When we cannot understand, anxiety surges and we scramble for control. The challenge is to relocate our security from comprehension to communion—walking closely with the God whose ways transcend ours.

Live It: Pray slowly: 'Father, my safety is not in knowing the plan but in knowing You.' Breathe deep, repeat three times, and invite His peace to guard your heart.

Prayer: Infinite God, I release my demand to comprehend everything. Draw me into deeper fellowship with You. Let Your higher ways lead me into humble trust and obedient steps today. Amen.

Friday

June 12, 2026

33 Oh, the depth of the riches of the wisdom and knowledge of God! How unsearchable his judgments, and his paths beyond tracing out!

– Romans 11:33

Meditation: Paul erupts in worship at the unsearchable riches, wisdom, and knowledge of God. Doxology is the right response to mystery: when questions remain, we do not stop at confusion—we move into adoration. Worship reframes what we cannot yet resolve.

The Challenge Today: We tend to treat mystery as a problem to solve or a threat to manage. That posture tightens anxiety and shrinks our view of God. The challenge is to let unanswered questions lead us to praise.

Live It: Take five unrushed minutes to worship—sing a hymn, speak a psalm, or list attributes of God aloud. Let praise rise precisely where clarity is lacking.

Prayer: Wise and wonderful God, Your judgments are unsearchable and Your ways inscrutable. I choose praise over panic. Lift my eyes above what I cannot grasp and anchor me in who You are. Prepare me for joyful worship with Your people this Sunday. Amen.

Week 3 – When God Isn't Who You Thought He Was

Monday

June 15, 2026

12 Lord, are you not from everlasting? My God, my Holy One, you will never die. You, Lord, have appointed them to execute judgment; you, my Rock, have ordained them to punish.

– Habakkuk 1:12

Meditation: Habakkuk anchors his heart in God's eternal, holy character: 'Are You not from everlasting... We shall not die.' He clings to who God is while wrestling with what God does. Theology becomes biography as God's attributes stabilize a storm-tossed soul.

The Challenge Today: When circumstances loom large, they can redefine God in our imaginations. We become weather-vanes, shifting with the winds of news and mood. The challenge is to let God's revealed character reinterpret our circumstances, not the other way around.

Live It: Write three attributes of God you will rehearse today (e.g., holy, just, merciful). Turn them into brief prayers throughout the day: 'God, You are merciful—show me Your mercy now.'

Prayer: Everlasting and Holy God, ground me in who You are. When questions swirl, let Your character be my anchor. Keep me from unbelief and draw me into deeper trust in Your covenant love. Amen.

Tuesday

June 16, 2026

13 Your eyes are too pure to look on evil; you cannot tolerate wrongdoing. Why then do you tolerate the treacherous? Why are you silent while the wicked swallow up those more righteous than themselves?

- Habakkuk 1:13

Meditation: God's eyes are too pure to look on evil, yet He permits what puzzles Habakkuk. This tension does not drive the prophet from God but toward Him, modeling faithful wrestling. We can hold grief and trust in the same heart.

The Challenge Today: In a polarized age, some minimize evil, others despair beneath it. Both distortions erode prayer. The challenge is to acknowledge evil without losing hope—persisting in intercession and waiting for God's justice.

Live It: Name one injustice that troubles you. Ask God to keep your heart tender and your hope active; then pray specifically for His justice to roll down and His mercy to heal.

Prayer: Righteous Lord, I am troubled by what You permit and by what I do not understand. Keep me near You in this tension. Make me steadfast in prayer and hopeful in Your righteous judgment. Amen.

Wednesday

June 17, 2026

I will stand at my watch and station myself on the ramparts; I will look to see what he will say to me, and what answer I am to give to this complaint.

– Habakkuk 2:1

Meditation: Habakkuk climbs the watchtower to listen, ready to be corrected. Waiting is not passive; it is attentive, expectant, and responsive. Listening hearts are the birthplace of wise action.

The Challenge Today: Our attention is fractured by constant alerts and noise. Without sacred attentiveness, we react more than we discern. The challenge is to cultivate rhythms that make room to hear God before we move.

Live It: Schedule a fifteen-minute ‘watchtower’ appointment today. Bring a Bible and a notebook. Ask, ‘Lord, what would You have me know or do?’ Jot impressions to weigh by Scripture.

Prayer: Speaking God, quiet the competing voices and tune my heart to Your Word. Correct me where I am off, and guide me in the path that pleases You. Make me quick to listen and slow to speak. Amen.

Thursday

June 18, 2026

2 Then the Lord replied: "Write down the revelation and make it plain on tablets so that a herald may run with it. 3 For the revelation awaits an appointed time; it speaks of the end and will not prove false. Though it linger, wait for it; it will certainly come and will not delay."

- Habakkuk 2:2-3

Meditation: God commands: write the vision, make it plain; it hastens to the end and will not lie. His words are trustworthy and timely—meant to be recorded, remembered, and run with. Hope lives by promises written down.

The Challenge Today: We document everything that matters—calendars, tasks, metrics—yet often leave God's words undocumented. Unwritten revelation is easily forgotten. The challenge is to steward what God says until it comes to pass.

Live It: Write down one Scripture or promise you sense God highlighting. Place it where you will see it, pray it daily, and look for small steps that align with it.

Prayer: Faithful God, thank You for speaking. Help me to write, remember, and run in step with Your Word. Grant patience for Your appointed time and courage to obey today. Amen.

Friday

June 19, 2026

*4 “See, the enemy is puffed up; his desires are not pright—
but the righteous person will live by his faithfulness—”
– Habakkuk 2:4*

Meditation: ‘The righteous shall live by his faith.’ In upheaval, life with God is sustained not by sight but by trusting dependence. Faith clings to God’s grace more than to outcomes and rests in His righteousness rather than our performance.

The Challenge Today: Performance culture trains us to measure worth by productivity, platform, or results. That treadmill exhausts the soul. The challenge is to embrace grace—to live by faith in Christ’s righteousness, not our own.

Live It: Name one fear or metric driving you today. Consciously entrust it to Jesus in prayer, and choose a small act of obedience that does not depend on results.

Prayer: God of grace, I renounce self-reliance and receive Your gift of righteousness in Christ. Teach me to walk by faith, not by sight. Steady my heart in Your promises and free me from the tyranny of outcomes. Amen.

Week 4: I Will Rejoice

Monday

June 22, 2026

2 Lord, I have heard of your fame; I stand in awe of your deeds, Lord. Repeat them in our day, in our time make them known; in wrath remember mercy.

– Habakkuk 3:2

Meditation: Habakkuk remembers God's past deeds and prays, 'Revive Your work... in wrath remember mercy.' Revival begins with remembering who God is and asking Him to move again. Awe and petition join hands to awaken faith.

The Challenge Today: We often chase new techniques when our deepest need is renewed hearts. Strategies cannot replace surrender. The challenge is to ask God to awaken holy awe, repentance, and expectancy in ordinary days.

Live It: Recall a specific time God moved in your life or church. Thank Him for it, then ask boldly, 'Lord, do it again in mercy,' naming areas that need His reviving touch.

Prayer: Lord, I have heard of Your fame; I stand in awe of Your deeds. Revive Your work in me, my family, and our church. In Your righteous wrath, remember mercy, and renew our love for You. Amen.

Tuesday

June 23, 2026

*3 God came from Teman, the Holy One from Mount Paran.
His glory covered the heavens and his praise filled the earth.
4 His splendor was like the sunrise; rays flashed from his
hand, where his power was hidden.
- Habakkuk 3:3-4*

Meditation: The prophet beholds God's radiant splendor advancing to save His people. God's glory is not distant; He draws near in power and light. Beholding His majesty reframes our fears.

The Challenge Today: Screens steal attention and shrink our sense of wonder. When awe fades, anxiety grows. The challenge is to cultivate practices that restore wonder at God's presence in creation and redemption.

Live It: Take a brief walk without your phone. Notice evidences of God's beauty—light, color, breath—and turn each observation into a sentence of praise.

Prayer: Glorious God, open my eyes to Your beauty and nearness. Let Your radiance chase away my fears and fill me with confident praise. Teach me to carry awe into ordinary moments. Amen.

Wednesday

June 24, 2026

12 In wrath you strode through the earth and in anger you threshed the nations. 13 You came out to deliver your people, to save your anointed one. You crushed the leader of the land of wickedness, you stripped him from head to foot.

- Habakkuk 3:12-13

Meditation: God marches out for salvation; His anointed are rescued by His mighty hand. Salvation belongs to the Lord, and His commitment to His people stands firm. We fight from His victory, not for it.

The Challenge Today: Self-reliance is celebrated as strength, but it quietly exhausts us. We carry burdens never meant to be ours alone. The challenge is to rest in God's deliverance and receive help from His body.

Live It: Name one burden you have been carrying alone. Surrender it to God in prayer, and if appropriate, ask a trusted believer to help shoulder it with you.

Prayer: Warrior-Redeemer, fight for me and form me. Rescue me from the enemies within and without. Teach me to stand in Your salvation with humble confidence and shared burdens. Amen.

Thursday

June 25, 2026

17 Though the fig tree does not bud and there are no grapes on the vines, though the olive crop fails and the fields produce no food, though there are no sheep in the pen and no cattle in the stalls

-Habakkuk 3:17

Meditation: The fig tree fails and the fields yield no food—Scripture permits sober realism about lack. Faith faces scarcity without denial and prepares the heart for resilient joy. God's goodness does not evaporate in lean seasons.

The Challenge Today: Economic pressures and uncertainties can govern our emotions. Fear shrinks generosity and multiplies grasping. The challenge is to practice contentment and open-handed trust in God's faithful provision.

Live It: Offer one small act of generosity today—time, encouragement, or resources—as a declaration that your security rests in God, not in supply.

Prayer: Provider God, You know my needs before I ask. Anchor me in Your faithfulness whether I have plenty or little. Free me from fear and make me generous like You. Amen.

Friday

June 26, 2026

18 yet I will rejoice in the Lord, I will be joyful in God my Savior.

19 The Sovereign Lord is my strength; he makes my feet like the feet of a deer, he enables me to tread on the heights.

- Habakkuk 3:18-19

Meditation: ‘Yet I will rejoice in the LORD... God, the Lord, is my strength; He makes my feet like the deer.’ Joy becomes a defiant act of faith rooted not in circumstances but in God’s unchanging goodness and strength. He steadies our steps on rough terrain.

The Challenge Today: Happiness tied to conditions rises and falls, but joy anchored in God endures. Choosing joy is not denial; it is allegiance to God’s character. The challenge is to practice rejoicing as a spiritual discipline.

Live It: Speak aloud, ‘Yet I will rejoice in the LORD.’ Then list three reasons to rejoice in who God is today, and share one with a friend to encourage them.

Prayer: Strength of my heart, I choose to rejoice in You today. Make my steps steady and my joy resilient in every circumstance. Prepare me to gather with Your people this Sunday for worship, encouragement, and fellowship as we walk in this truth together. Amen.

