# **Ephesians 5**

# Sermon date 11/9/2025

#### Connect

1) What's one thing you've learned from a past roommate or family member about sharing life with others?

## **Unpack It**

What stood out to you from Sunday's sermon and why? What was a takeaway or something that left you wondering about?

## **Looking Back**

Ephesians 5 falls within the second half of the letter, which shifts from theological foundations (chapters 1–3) to practical applications (chapters 4–6). In chapter 5, Paul continues his call to live a life worthy of the gospel. He outlines what it means to imitate God, avoid the cultural darkness of the time, and reflect Christ through love, light, and wisdom. Paul also addresses relationships, marriage especially, offering a radical, Christ-centered vision of mutual love and submission that challenged both Roman patriarchal norms and modern assumptions about power and leadership.

#### Diving In

Read together: Ephesians 5

### **Diving Deeper**

- 1) The passage contrasts light and darkness. How would you define those terms spiritually, and what are signs of "walking in the light" today?
- 2) Verse 4 talks about avoiding "obscenity, foolish talk or coarse joking." Why do you think Paul includes these alongside bigger moral issues?
- 3) Verses 21–33 deal with marriage. What cultural assumptions is Paul confronting, both in the first century and today?
- 4) Where in your life are you being called to walk more intentionally in the light?
- 5) Where do you see opportunities to reflect God's wisdom in a culture that often values something else?
- 6) If you're married or desire marriage, how does Paul's vision for love and submission challenge or encourage you?

## **Closing It Out**

7) Suggested prayer time together to close out: Get 1:1 are share and pray for each other.