

Walk the Walk
Micah 6:8
Sermon date 03/15/2026

Ice breaker

- 1) Who is someone in your life who consistently shows kindness in a way that has stuck with you?

Unpack It

What stood out to you from Sunday's sermon and why? What was a takeaway or something that left you wondering about?

Looking Back

The prophet Micah ministered in Judah during the 8th century BC, around the same time as prophets like Isaiah and Hosea. This was a period marked by economic prosperity for some but deep injustice for many. Wealthy landowners exploited the poor, corrupt leaders abused their authority, and religious life often became more about ritual than genuine devotion to God. Into this environment, Micah delivered a message reminding God's people that true faith was never meant to be separated from how they treated others.

In Micah 6, God presents a kind of courtroom scene where He calls Israel to account for their unfaithfulness. The people wonder what kind of religious acts might satisfy God—burnt offerings, thousands of rams, even extreme sacrifices. But Micah clarifies that God has already made His desire clear: “to act justly, love kindness (hesed), and walk humbly with your God.” This echoes earlier commands found in Exodus 22, where God instructed Israel to protect the vulnerable, widows, orphans, and foreigners, because Israel itself once experienced oppression in Egypt. Justice and compassion were meant to flow directly from their relationship with God.

Diving In

Read together: Micah 6:8 & Exodus 22

Diving Deeper

- 1) When Micah says God has already shown people “what is good,” what do you think the original audience would have remembered from their history with God?

- 2) The sermon emphasized that justice and kindness come from proximity to God, not personality. What does that idea challenge or affirm in your understanding of spiritual growth?
- 3) How do justice, kindness, and humility connect with each other in Micah 6:8? What happens when one of these is missing?
- 4) What does it practically look like to “walk humbly with God”? How is that different from simply believing in God or attending religious activities?
- 5) Which part of Micah 6:8—justice, kindness, or humility—do you sense God inviting you to grow in during this season?
- 6) Who in your life right now might need to experience God’s hesed through your presence, encouragement, or practical help?
- 7) Imagine what it would look like for your daily life—home, work, neighborhood—to reflect God’s justice and kindness more clearly. What is one small step you could take this week?
- 8) Where have you recently seen God shaping your heart toward greater compassion or awareness of others’ needs?

Closing It Out

- 1) Praise God for His justice, mercy, and covenant love (hesed).
- 2) Ask God to shape your hearts so kindness flows from your relationship with Him, not just personality.
- 3) Pray for the vulnerable in your community, people who may feel unseen, unprotected, or overlooked, reflecting God’s heart in Book of Exodus 22.
- 4) Invite God’s guidance by asking: “Lord, how are you inviting me to walk more humbly with you this week?”