

ANCIENT RHYTHMS

JANUARY 7, 2024

SERIES OVERVIEW:

Bible Study. Prayer. Fasting. Silence & Solitude. Worship. Evangelism & Story. These ancient rhythms have marked the Christian faith since the beginning of the Church. They are means of grace gifted to us by God so that we might know Him and make Him known. How can these ancient rhythms shape our personal lives and our corporate body today? Join us as we rediscover ancient rhythms of the faith.

MESSAGE TAKEAWAYS:

**WE KEEP GOD'S WORD CLOSE TO US
BECAUSE IT KEEPS US CLOSE TO HIM.**

**WE MUST BE FORMED BY THE WORD OF GOD,
AND IT TAKES TIME TO BE FORMED.**

CONVERSATION QUESTIONS:

- "Stepping into the new is hard because you can fail, and fail publicly." As you begin this new year, as you feel comfortable, share (or journal, if walking through alone) what season you are in.
- Pastor Brannon reminded us that contextually, before Joshua 1, the people were in the wilderness. In Numbers, they had gone into the land and given a report that it was too much. They were insecure about what was in them, intimidated by what was in front of them, and saw that the situation in front of them was not great. Maybe this is the same type of season that you are in. ***Pause as needed to pray for one another if this feels like your current season.***

- The crux of Joshua 1 in God's call to "be strong and courageous" is that it can only happen when we let God's Word form us. We closed with practical ways to take your next step to let the Bible - God's Word - shape you. But it takes time to be formed. As a group, talk through your rhythms (or encourage one another to set a rhythm for the first time) in God's Word.
- ***Remember: everyone starts somewhere. Shame is the voice of the enemy. Encourage one another and build each other up - even if there isn't much there yet. God is good and faithful - He will finish the good work He began in you.***

1	Get a version you love to read
2	Download YouVersion Bible App
3	Find a consistent time & place
4	Before anything, pray
5	Settle into one book
6	Consistency > Quantity
7	Get some simple tools
8	Relationship <i>with</i> > information <i>about</i>
9	Go with someone
10	Do something!

- ***"You know what your god is by what you turn to when you are at a loss."*** Spend some time examining your life, confessing to the Lord where you've run to other things instead of Him. Consider sharing and asking a trusted brother or sister in Christ to pray with you and ask that Jesus would help you turn to Him in those seasons.

FINAL THOUGHTS:

As we continue on this journey, we would love to help you in any way we can. If you are wondering what next steps are right for you, please reach out, and we'd love to have a conversation with you or your group about the season you are in and the places Jesus has entrusted to you as you seek to be formed by His Word.

Meet with a Pastor: <https://ncchapel.churchcenter.com/people/forms/551596>