

# ANCIENT RHYTHMS

FEBRUARY 4, 2024

## SERIES OVERVIEW:

*Bible Study. Prayer. Fasting. Silence & Solitude. Worship. Evangelism & Story. These ancient rhythms have marked the Christian faith since the beginning of the Church. They are means of grace gifted to us by God so that we might know Him and make Him known. How can these ancient rhythms shape our personal lives and our corporate body today? Join us as we rediscover ancient rhythms of the faith.*

## MESSAGE TAKEAWAYS:

**BIBLICAL WORSHIP HAPPENS WHEN GOD'S PEOPLE  
RESPOND TO GOD'S WORK GOD'S WAY.**

**ENEMIES OF BIBLICAL WORSHIP:  
WE THINK WORSHIP IS ABOUT US.**

## CONVERSATION QUESTIONS:

- ***"Biblical worship happens when God's people respond to God's work God's way."*** Start your group time practicing worship in this way: share how God has been working in your/your group's everyday life, and offer up a praise for who God is and what He has done. (i.e. - received a paycheck, to pay my bills, praise God for being Provider.)
- When you hear "Worship" what definitions or understandings do you default to? How does the definition we laid out this week - Biblical worship happens when God's people respond to God's work God's way - change or challenge your understanding of worship?

- Pastor Micah challenged us that the three greatest enemies to Biblical worship are:
  1. We think worship is about us (we are tempted to think it is about refreshing our souls, causing us to feel a certain way),
  2. We think worship is about us (we prioritize what we want to give to God),
  3. We think worship is about us (we are tempted to elevate our preferences over the Person of Jesus).
- In what specific ways have you found yourself tempted to make worship about you and what you like over who God is and what He has done? Which of Pastor Micah's examples resonated most strongly with you?
- Pastor Micah walked us through Genesis 4 and 2 Samuel 24 and the reality that worship costs something. Talk about this as a group, referring back to those passages. What does it mean for worship to cost us?
- Worship happens through all of life and not just on Sunday mornings, but we gather to express our worship to God collectively in a particular way during these times. In what ways is God calling you to grow in giving Him your best in worship on Sundays?

### **FINAL THOUGHTS:**

*As we continue on this journey, we would love to help you in any way we can. If you are wondering what next steps are right for you, please reach out, and we'd love to have a conversation with you or your group about the season you are in and the places Jesus has entrusted to you as you seek to be formed by His Word.*

**Meet with a Pastor: <https://ncchapel.churchcenter.com/people/forms/551596>**