



LIFE PLAN 2023

NAME _____

Life planning is about determining what things are most important to you in life and then putting a plan in place to prioritize what you have identified as important. This process involves assessing where you are in life, identifying what is important to you, writing out a vision for who you want to be, and putting specific action plans in place to carry out your vision.

The most effective way to complete this exercise is by doing a half/full day away and devoting 4-8 hours to this process. Think of this as a personal planning retreat. You will need your Bible, this guideline, and a pad of paper.

STEP 1: WHAT'S IMPORTANT TO YOU?

Assess where you are in life right now and determine what is important to you.

How am I doing? Rate each of these life priorities on a scale of 1-10 in terms of how satisfied you are in each of these areas.

Priority: Number each of these life priorities from one 1-10 in order of what you believe to be most important for you to focus on over the course of the next year. Each number is used once in this box.

AREAS TO CONSIDER	HOW AM I DOING?	PRIORITY
Jesus Enjoyment		
Stewardship/Finances		
Family (Parents, Siblings, In-laws)		
Self Development		
Marriage/Singleness		
Your Health - diet/exercise/etc		
Recreation/Hobbies		
Children		
Friendships		
Professional Development/Career		
Disciple-Making		
Other		

STEP 2: CHOOSE THE LIFE PRIORITIES THAT YOU WOULD MOST LIKE TO GROW IN.

Choose 3-4 of the areas from step 1 that you want to prioritize over the next year. (Examples: Marriage, Finances, Health, etc.)

Give each area its own page in a document. (If you have 4 life priorities you will have 4 pages in your document.)

STEP 3: WRITE A VISION STATEMENT FOR EACH PRIORITY.

Write this statement in the present tense. Feel free to search the Scripture as you determine what God has called you to be. Ask the Lord for clarity. Define who, by God's grace, you want to be in each life priority. What do you hope to see when you look into your own future?

Here's an example of a marriage vision statement:

I am a man who loves and leads my wife. My marriage is the number one priority human relationship in my life and my wife can clearly see that this is the case. She respects me, sees me as a godly and loving leader in our marriage. My wife sees me as a man who puts her interests before mine and lives out love as defined in 1 Corinthians 13.

STEP 4: MAKE A PLAN FOR GROWTH.

What will you do daily, weekly, monthly, quarterly, or annually to grow in each of my priorities? For each priority, identify **3-5 strategies/action steps** that will help you grow in each area. These should be written down in a way that is **measurable** (you actually know when you've completed it). Here are some examples:

- **Relationship with God:** I will spend 30 minutes each day in God's Word
- **Health:** I will run for 30 minutes four times per week.
- **Marriage:** I will pray with my wife five nights per week
- **Self Development:** I will read these 12 books in 2010

STEP 5: BEGIN TO LIVE OUT YOUR LIFE PLAN.

Record your action plans in your calendar as commitments. Remember they are your life priorities. If you can't enter these activities into your calendar, spend more time on this step. You need to be able to schedule and track your progress and success. Each action plan must be quantifiable and measurable.

STEP 6: STAY ON COURSE & INCORPORATE ACCOUNTABILITY

Schedule a weekly review, where you set aside time to read your life plan to assess how you're doing. Friday morning or Monday morning are often two good times to do this. Schedule the weekly review in your calendar as an appointment. Then plan the following week based on your priorities.

Lastly, find a partner who will hold you accountable in these areas of your life, so that you can reach the goals you have set for yourself. Meet monthly to review together.

EXAMPLE: RELATIONSHIP WITH GOD

VISION

I am a man who lives his life with a passion to honor and glorify God, my creator. I live a gospel-centered life in light of my salvation through the person and work of Jesus Christ. I consistently am devoted to communicating with God in prayer and daily spend time in the Scriptures so that I can learn about him and how I can glorify him. The result of this is that my I am a holy and godly human being who loves and honors God.

KEY SCRIPTURE

2 Timothy 2:22 *“So flee youthful passions and pursue righteousness, faith, love, and peace, along with those who call on the Lord from a pure heart.”*

ACTION PLANS

1. I will read 1 chapter of the Bible every day and think about it throughout the day.
2. I will continue on until I have read the whole Bible
3. I will keep a weekly Sabbath day from work.
4. I will spend 15 minutes every day in silence, solitude, and prayer