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Forgiven Vs. Healed

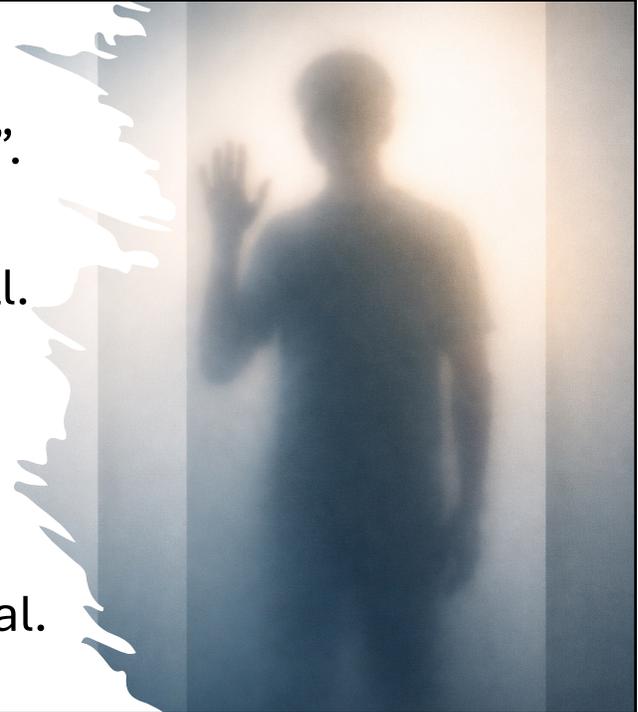
- Confess to God = Forgiven
- Confess to God people = Healed
- Not public embarrassment
- Private bondage
- Sin wants a cover
- Shame wants a closet



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Hiding's Strategy

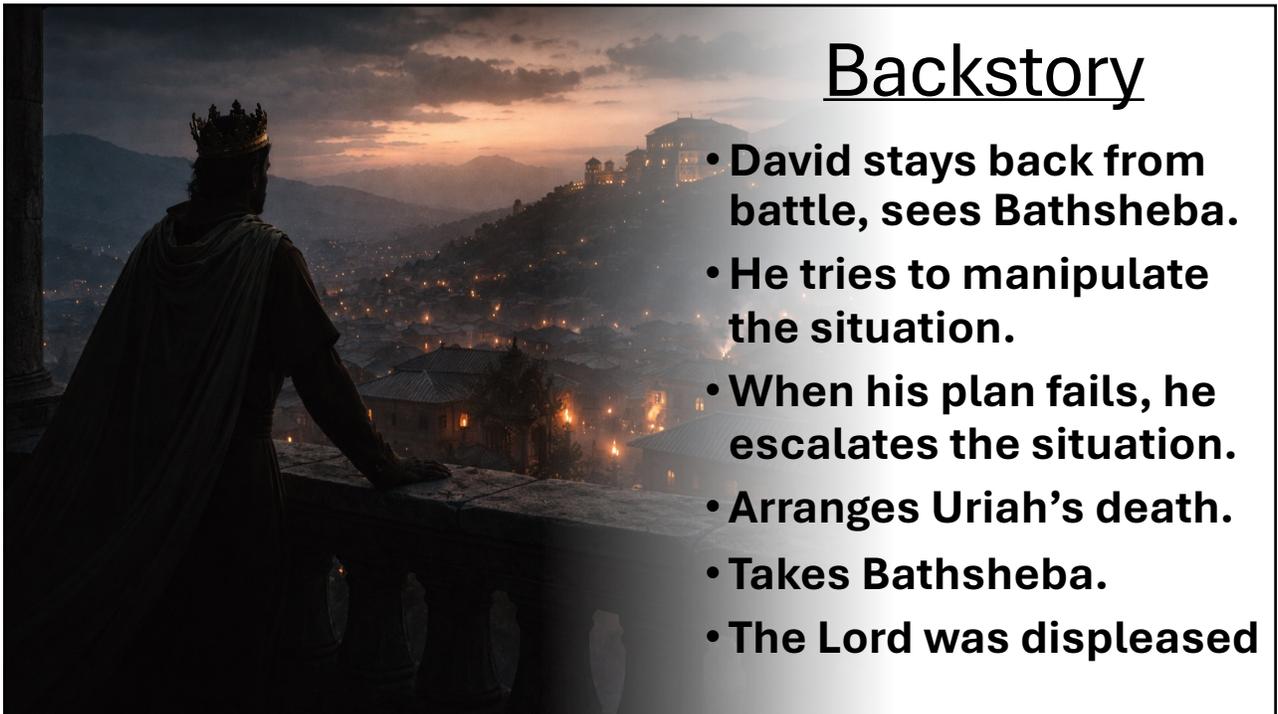
- Hiding starts as “survival”.
- Silence: don't name it.
- Spin: make it sound small.
- Distance: Pull away from family & friends.
- Delay: “later” becomes a lifestyle.
- Numbness: Cope/not heal.



3

Backstory

- David stays back from battle, sees Bathsheba.
- He tries to manipulate the situation.
- When his plan fails, he escalates the situation.
- Arranges Uriah's death.
- Takes Bathsheba.
- The Lord was displeased



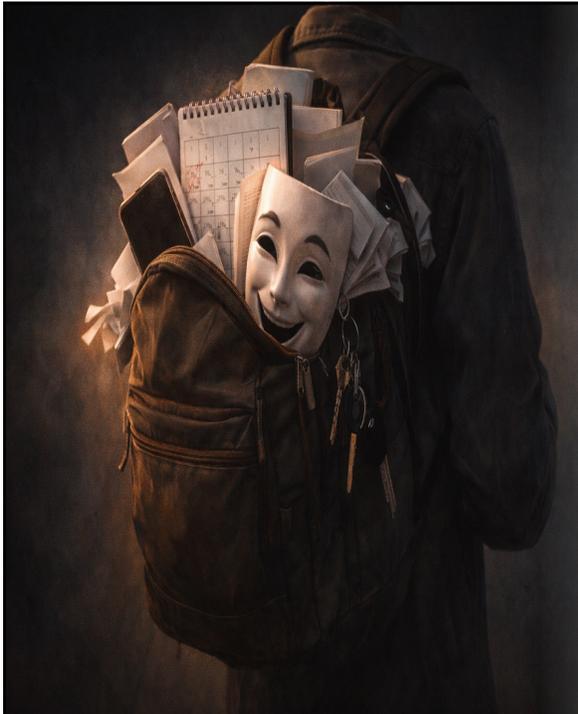
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Point 1: Hiding Grows, When you believe you can handle it

- Before Nathan speaks, David has been living in layers.
- Hiding doesn't just conceal what you did, it splits who you are.



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Layers: What Hiding Produces

- Crown on - Covering gone.
- Leading others while avoiding self.
- Double-life fatigue.
- Shift - God is my refuge
- my plan is my refuge.

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The Escalation Insight

- Sin rarely stays where it started.
- More.... cover, compromise, control.
- Do it + hide it + protect it = become someone who can live with it.
- Cover up becomes your master.



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A person in a dark jacket is seen from behind, holding a white mask with a smiling face. The person is standing in a dark room, and a spotlight from above illuminates the scene, creating a strong contrast between light and shadow. The overall mood is mysterious and unsettling.

Image Management

- **Protect reputation while your soul breaks.**
- **Peace is based on concealment.**
- **Identity gets built around “what can’t be found out”.**

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God doesn't
confront David to
destroy him.

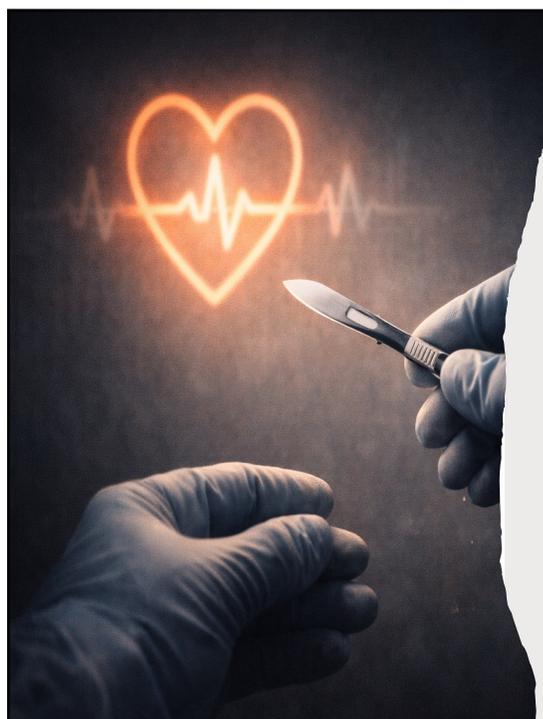
God confronts
David to deliver
him.



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Point 2: God Uses Conviction To Break The Power Of Hiding

- Nathan approaches like a surgeon, not a prosecutor.
- God interrupts a private collapse before it becomes a permanent pattern.



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What Conviction Really Is

- Not vague guilt-targeted truth that interrupts false peace.
- Specific, not general: God touches what's poisoning you.
- Often comes through a messenger: Sermon, friend, moment you can't shake.
- Hiding distorts discernment.

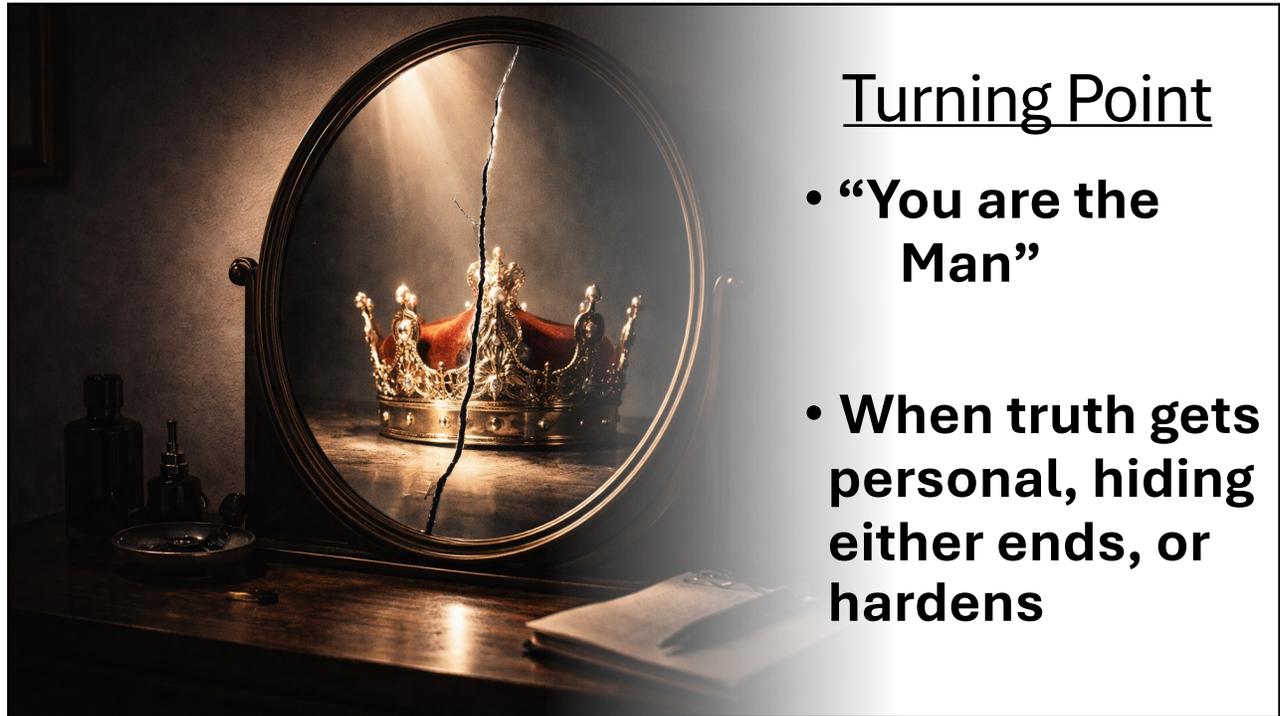
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Applying Conviction

- Conviction isn't rejection. It's rescue.
- If God keeps pressing, He's aiming at healing.
- Respond while the heart is tender.



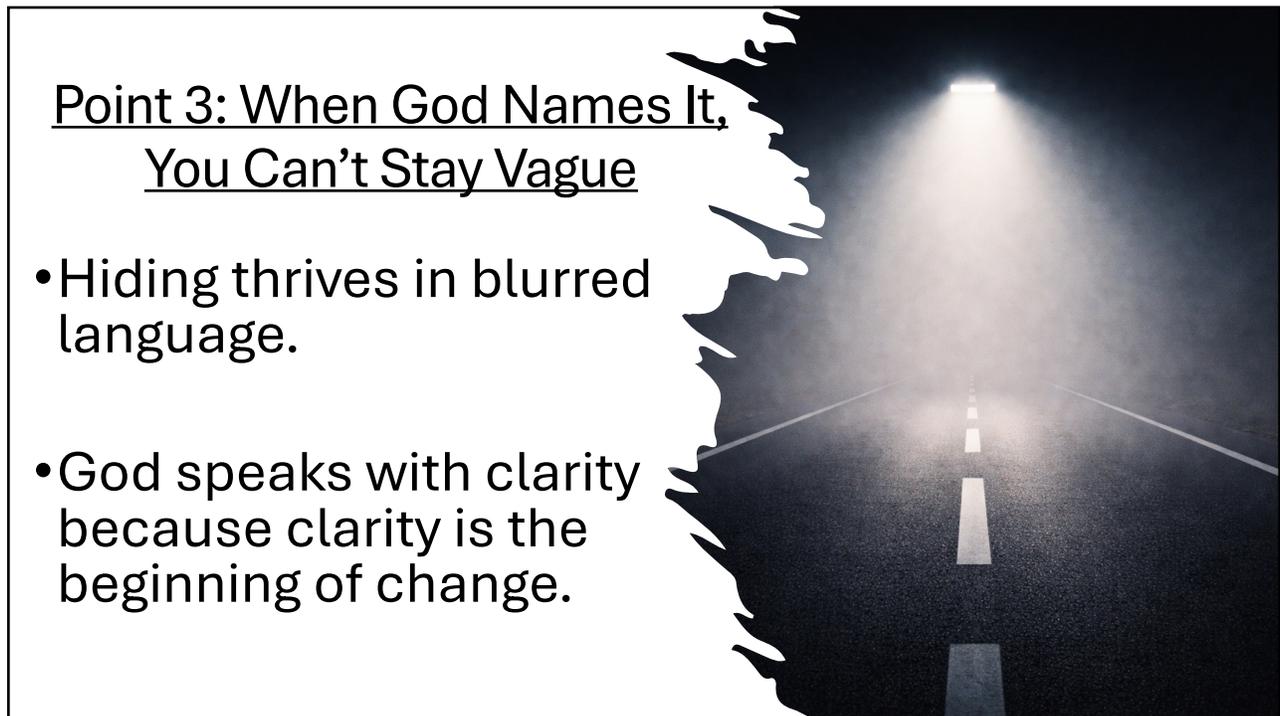
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Turning Point

- “You are the Man”
- When truth gets personal, hiding either ends, or hardens

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Point 3: When God Names It, You Can't Stay Vague

- Hiding thrives in blurred language.
- God speaks with clarity because clarity is the beginning of change.

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After God names it,
the next move is
simple.

And hardest for a
hiding person: Stop
defending, start
agreeing.

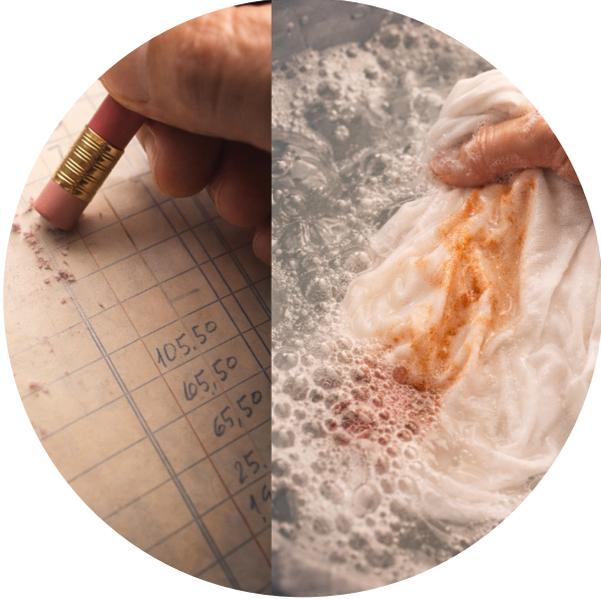
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Point 4: Confession Is
When You Stop
Defending And Start
Agreeing

- “I have sinned
against the
LORD”.
- Not a mistake,
not messy, not
excuses - TRUTH.

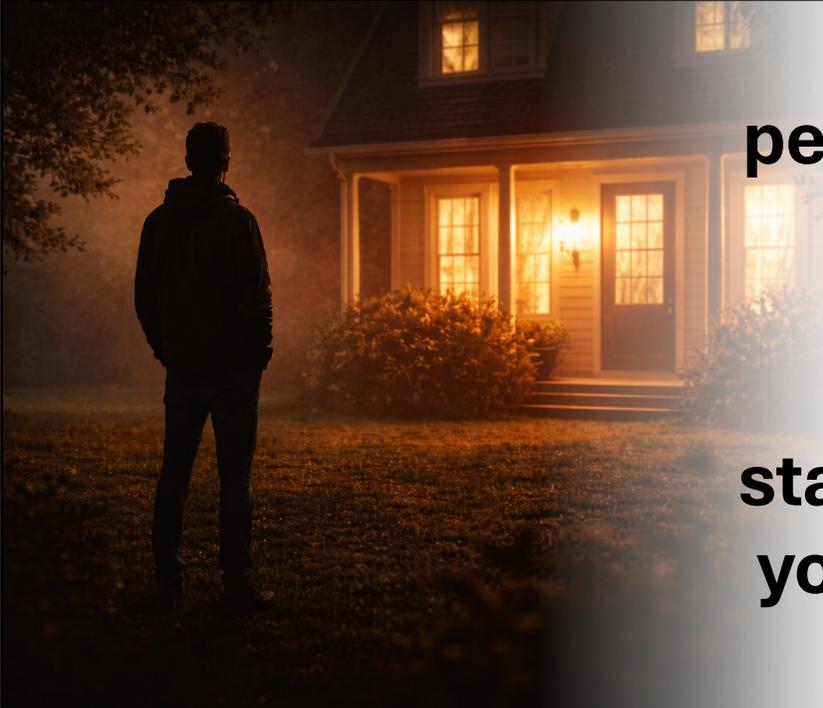
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Record v. Residue

- Forgiveness deals with the record: guilt cancelled, charge removed.
- Cleansing deals with the residue: stained, grooves, numbness, coping patterns.
- Hiding trains you
Cleansing retrains you.

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Forgiven people can still isolate.

Healing stabilizes when you stop being alone.

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Point 5: Forgiven In Private, Healed In The Light

- Prayer+Confession = Healing
- Confess to God = Forgiveness
- Confess to believers = Healing



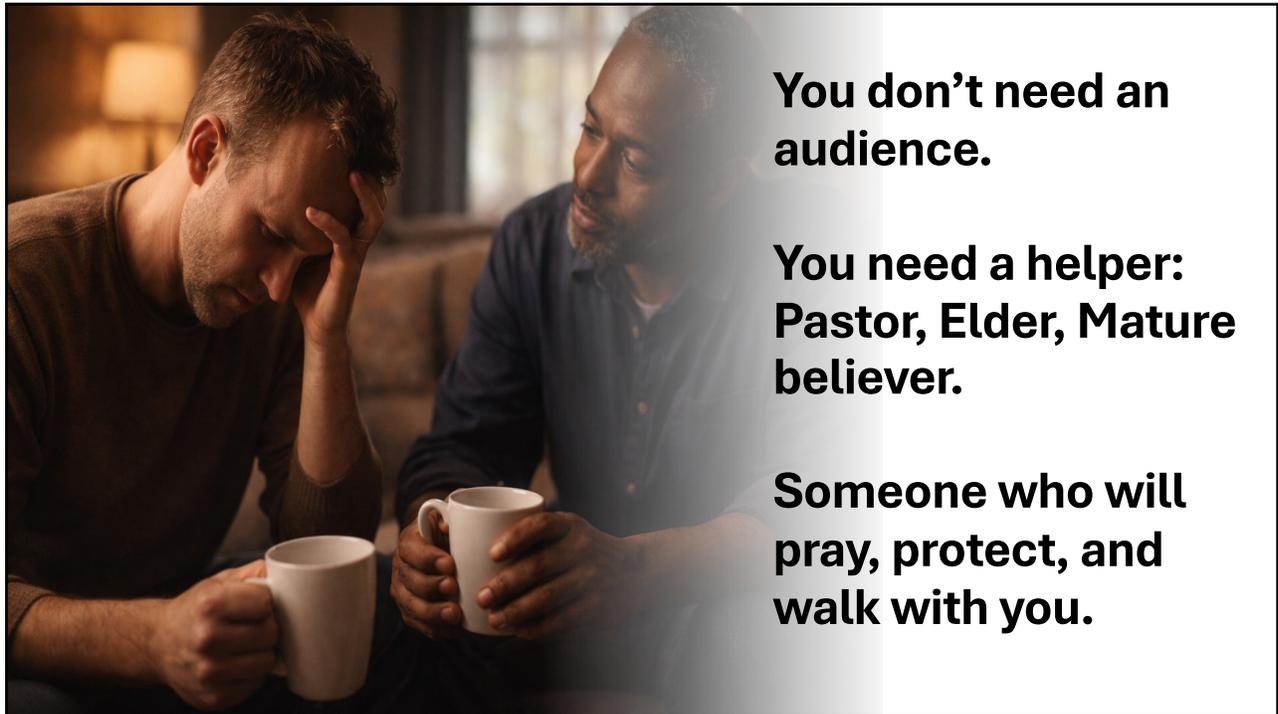
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Why God Designed It This Way

- Isolation feeds negotiation, relapse, and quiet cycles.
- Light removes leverage: shame weakens when truth is spoken.
- Healing becomes a pathway: Truth + Prayer + Spiritual care.



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You don't need an audience.

**You need a helper:
Pastor, Elder, Mature believer.**

Someone who will pray, protect, and walk with you.

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Out of Hiding

and into the light where healing and victory is found.

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