
WHAT TO BRING TO TVR



WHAT WE SUGGEST BRINGING:

- Bible, pen, and notebook
- Small bag or backpack (*for sessions, hiking, or off-site trips – HS only*)
- Water Bottle
- Sleeping bag or sheets/blanket & pillow (*All beds are twin-sized*)
- A towel for water activities and one for the cabin
- Toiletries
- Jacket or sweatshirt for cooler mornings and evenings
- Extra clothes that can get dirty (*more than you think!*)
- Raincoat
- Camera to capture camp memories
- Clothes for Slop-A-Roo (shaving cream fight) and Rodeo
- Swimsuit or swim trunks to wear under clothes for water activities
- Long pants and closed-toed shoes (Required for horseback riding)
 - o *Crocs, sandals, and shorts are not suitable for riding.*
- Shoes that are appropriate for water activities and hiking (*secure/closed-toed shoes*)
- Snack Shack Cash
- Prescription Medications: All medications (including prescription & OTC) must be checked-in on Monday and will be distributed as instructed throughout the week by the camp nurse.

WHAT NOT TO BRING:

- Tobacco, alcohol
- Cell Phones**
- Laptop, iPod, headphones
- Weapons
- Pets
- Sleeveless shirts, tank tops
- Running shorts or other short athletic shorts
- Tight-fitting or revealing clothing, including leggings and yoga pants
- We strongly discourage flip flops due to difficult terrain
- OTC medications (ex. Ibuprofen, tums, etc). These medications are provided by TVR and given to campers by the camp nurse (as permitted by parents on the registration form).



***Summer Camp is designed to leave a lot of these things behind for a little while in order to be a part of an atmosphere that is “free from all distractions.” In this spirit, we **strongly** discourage allowing your child to have a cell phone at camp, and we do have office phones that are always available for use. Likewise, we encourage sending cameras for photos so that a cell phone does not have to be used.*

TVR is not responsible for lost or stolen items

“CHANGED LIVES...BY GOD’S POWER AND FOR HIS GLORY”
