

Holy Spirit: Let's Pray!



Great for the breakfast table or a fun time before bed!

Mon



Receive God's Love: Acts 1:8

God fills us with love so we can share it with others! Put your hands out in front of you, like you're ready to receive a gift. Close your eyes and whisper, "Holy Spirit, fill me with Your love." Sit quietly for 30 seconds.

Tues



Pray for Family: Acts 1:8

God helps us pray for people in our own homes! Each person takes turns saying one prayer for someone in the family. (For example: "God, bless Mom's day at work.") "Holy Spirit, help us love and pray for our family."

Wed



Day 3 – Pray for Friends: Acts 1:8

The Holy Spirit helps us pray for friends too! Everyone thinks of a friend who might need prayer. Go around and each person prays. Optional: Write their names on a balloon or sticky note and pray for them all week! "Holy Spirit, help us show love and pray for our friends."

Thurs



Day 4 – Pray for People in Need: Acts 1:8

God's love can reach anyone, anywhere! Pick a group to pray for—like people who are sick, leaders, or those in other countries. Each person says: "God, bless the people in ____." "Holy Spirit, fill the whole world with Your love."

Fri



Day 5 – High Five Prayers: Acts 1:8

The Holy Spirit helps us pray for people everywhere! Everyone holds up a hand and uses each finger to pray for someone: Thumb – Family, Pointer – Friends, Middle – Leaders, Ring – People in need, Pinky – Yourself, Go around and each person picks one finger to pray for! "Holy Spirit, help us pray for the people You love today."

SEE YOU SUNDAY NEXT SUNDAY AT THRIVE! INVITE A FRIEND!

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