

SERMON GUIDE

4.26.2026

How To Use This : after experiencing the sermon, take some time to interact with these elements. Set aside some intentional time to do this. You can use the Sermon Guide for personal study, discussion with a friend, or devotional time as a family. There are recommended songs to listen to, Bible verses to read, and discussion questions to consider. Enjoy this opportunity to grow!

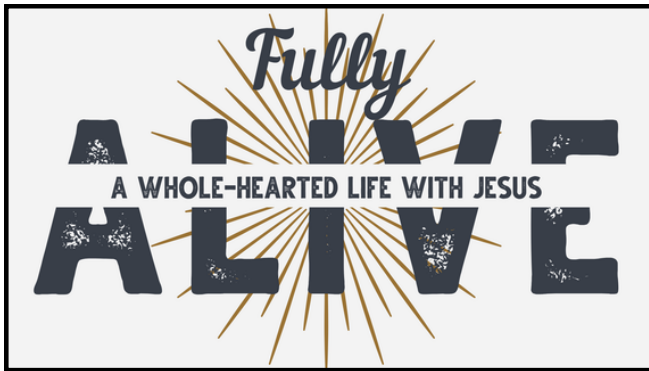
Worship Time : listen to the song “Firm Foundation (He Won’t)” by Cody Carnes. You can also listen to the song “I Have Decided To Follow Jesus” by Tommee Profitt and Anthony Evans. Take some time to sit with the words and worship God.

Bible Verses :

- Romans. 12:1-2
- Philippians 4:8
- Romans 1:18-25, 28-32
- Ephesians 4:17-24
- Colossians 3:1-4
- 2 Corinthians 10:3-5

Sermon Summary :

To be fully alive in Christ is to love God not only with our hearts and actions, but with our minds—allowing Him to transform the way we think, perceive, and respond to the world. Scripture calls us to reject old, distorted patterns of thinking shaped by sin and instead be renewed through truth, intentionally filling our minds with what is good, pure, and aligned with God’s character. This renewal requires active participation: learning God’s Word, setting boundaries around what influences us, and taking every thought captive in obedience to Christ. As we do, God reshapes our inner world, forming new habits of thought that lead to discernment, peace, and spiritual vitality. Over time, we learn to live not from our old nature, but from the Spirit—becoming people whose minds are anchored in truth and whose lives reflect what it means to be fully alive in Him.



Prayer : God, you are good and you have given me a sound mind! Give me the discipline to take every thought captive. Help me to set wise boundaries, choosing to dwell on what is good, lovely, and admirable rather than what is hollow or divisive. Root my identity in your Word, so that when the storms of life hit, my thoughts remain anchored in your peace. I trust in you, awlays.

Discussion Questions :

1. What stood out to you most about the sermon this Sunday?
2. How would you describe the state of your mind right now?
3. We often talk about loving God with our "hearts." What does it practically look like to love Him with your mind? How is that different from just reading or times of intellectual study?
4. Read Romans 12:1-2. The text suggests that being fully alive is linked to how we think. In your own words, how does a "renewed mind" lead to a more vibrant life?
5. What does it feel like when a thought is "taken captive"? Can you share an example of a specific thought or lie that you've had to actively stop and redirect?
6. What are the primary influences in your daily life (social media, news, relationships, entertainment)? Which of these helps your renewal, and which ones might need stricter boundaries?

Challenge:

Forming a new habit of thought takes time. Create a new daily habit for your thoughts this week. Pick something that will help shape and influence your thoughts to be more like Jesus. Identify specific truths from Scripture or God's character that you want to use as an anchor for your habit and thoughts.

Notes: