

SERMON GUIDE

5.17.2026

How To Use This : after experiencing the sermon, take some time to interact with these elements. Set aside some intentional time to do this. You can use the Sermon Guide for personal study, discussion with a friend, or devotional time as a family. There are recommended songs to listen to, Bible verses to read, and discussion questions to consider. Enjoy this opportunity to grow!

Worship Time : listen to the song “Build My Life” by Housefires. Another great song is called “Testimony” by Terrian & Cece Winans. You can find these songs on any platform. Take some time to sit with the words and worship God through music.

Bible Verses :

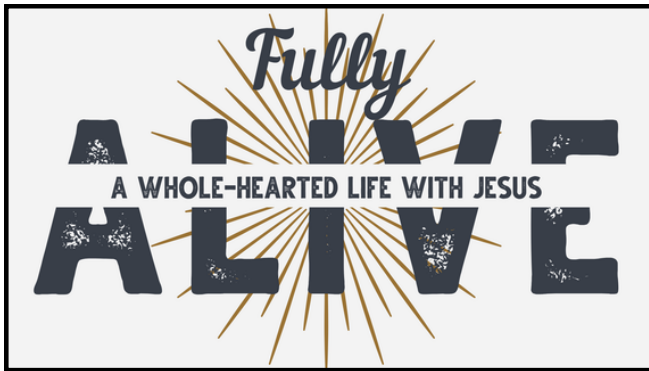
- Matthew 22:37-39
- Ecclesiastes 12:6-7
- Romans 8:10-11
- 2 Corinthians 4:5-11, 16-18
- Colossians 3:23-24
- John 14:27; 16:33

Sermon Summary :

Fully Alive - An Embodied Faith

“The glory of God is man fully alive.” St. Irenaeus AD 125

God created us as embodied souls, and our bodies are not obstacles to spiritual life but part of how we live out our faith. Scripture teaches that while our bodies are temporary and affected by the sin and brokenness of this world, they are also deeply valued by God and destined for resurrection. Through ordinary acts of work, service, hospitality, and presence, believers make the kingdom of God tangible in everyday life. Our jobs, relationships, and physical presence carry dignity because God works through embodied people. Our weakness is not wasted, because resurrection hope transforms even our scars into testimonies of grace.



Prayer : God we praise you because we are fearfully and wonderfully made. Thank you for another day of life and breath, help us to cherish this gift of life. Give dignity to our jobs, our relationships, and our physical presence this week. Guide us to use our voice, our energy, and our time make your love and your Kingdom seen and heard and felt by the world around us. Amen.

Discussion Questions :

1. What stood out to you most about the sermon this Sunday?
2. When you hear the term “embodied faith” what thoughts and images or activities come to mind?
3. READ Colossians 3:23-24 - Think about your typical Monday-to-Friday routine (your job, chores, or daily interactions). How does it change your perspective to view these ordinary tasks as the primary places where you live out your faith?
4. READ 2 Corinthians 4: 5-10 - Our bodies are designed to carry treasure and to shine a light to the world. What do people see stored up in our hearts when they encounter us? How could these verses impact what goes into our hearts and into our bodies?
5. READ 2 Corinthians 4:16-18 - Resurrection hope transforms our scars into testimonies. How have you seen a pain in your life become a story of God’s grace? How can we share and show God’s grace to the world?

Challenge:

Living with embodied faith invites us to make loving well, living Jesus, and believing big a daily habit. When people encounter your physical presence, they ought to catch a glimpse of Jesus. This week, find a moment each day when you are making God’s love and light tangible and present to others.

Notes: