



# SERMON REFLECTIONS

1. What is the benefit of intentionally pursuing godly wisdom? Why is godly wisdom more trustworthy than self-reliant wisdom?

2. How does signaling our beliefs reveal expressive individualism? How can signaling our beliefs cover for a lack of practicing our beliefs?

3. What is a habit? Why are habits significant aspects of our lives? How do habits affect us?

4. In adopting habits, what role does a realization our limitations serve? Why is it beneficial to embrace our limits and pursue discipline?

5. Brainstorm a list of habits in your life. Analyze how those habits affect you. What habits do you have that help you grow in Christ? What habits could you adopt to help you grow you in Christ?

## ROMANS 7:19

For I do not do the good I want, but the evil I do not want is what I keep on doing.

## ROMANS 7:22-25

For I delight in the law of God, in my inner being, 23 but I see in my members another law waging war against the law of my mind and making me captive to the law of sin that dwells in my members. 24 Wretched man that I am! Who will deliver me from this body of death? 25 Thanks be to God through Jesus Christ our Lord! So then, I myself serve the law of God with my mind, but with my flesh I serve the law of sin.