

Wednesday, April 8, 2026

## UNLEASHED

### Session 1: Empowered by Heaven

**Main Idea:** You are empowered by God's authority and Holy Spirit to overcome challenges and manifest His kingdom on earth.

**Head Changed:** To shift your mindset from passively believing in God's power to actively exercising your God-given authority through faith, prayer, and forgiveness.

**Heart Change:** To embrace a deeper trust in God's authority and love, igniting a heart-felt commitment to live boldly in faith, and to reflect his power and presence in your life.

**Life Change:** To actively live out your faith by aligning with God's authority, exercising the power of the Holy Spirit, and demonstrating forgiveness.

### OPEN

If you could speak to a mountain in your life today, what would you say to it and how would you remind it of God's authority?

### DISCUSS

1. How does the analogy of a football team's "home field" – where they rule and dominate-- explain the concept of God's kingdom authority on earth?
2. Read **Acts 1:3–8 (NKJV)**. How does Jesus describe the role of the Holy Spirit in empowering believers? What does this reveal about the connection between power and purpose?

<sup>3</sup>to whom He also presented Himself alive after His suffering by many infallible proofs, being seen by them during forty days and speaking of the things pertaining to the kingdom of God.

<sup>4</sup>And being assembled together with *them*, He commanded them not to depart from Jerusalem, but to wait for the Promise of the Father, "which," *He said,* "you have heard from Me; <sup>5</sup>for John truly baptized with water, but you shall be baptized with the Holy Spirit not many days from now." <sup>6</sup>Therefore, when they had come together, they asked Him, saying, "Lord, will You at this time restore the kingdom to Israel?" <sup>7</sup>And He said to them, "It is not for you to know times or seasons which the Father has put in His own authority. <sup>8</sup>But you shall receive power when the Holy Spirit has come upon you; and you shall be witnesses to Me in Jerusalem, and in all Judea and Samaria, and to the end of the earth."

3. Reflect on **Mark 11:20–25 (NKJV)**. What do Jesus' instructions about faith, prayer, and forgiveness teach about overcoming obstacles? How do you apply these principles to your challenges?

<sup>20</sup>Now in the morning, as they passed by, they saw the fig tree dried up from the roots. <sup>21</sup>And Peter, remembering, said to Him, "Rabbi, look! The fig tree which You cursed has withered away." <sup>22</sup>So Jesus answered and said to them, "Have faith in God. <sup>23</sup>For assuredly, I say to you, whoever says to this mountain, 'Be removed and be cast into the sea,' and does not doubt in his heart, but believes that those things he says will be done, he will have whatever he says. <sup>24</sup>Therefore I say to you, whatever things you ask when you pray, believe that you receive *them*, and you will have *them*. <sup>25</sup>"And whenever

you stand praying, if you have anything against anyone, forgive him, that your Father in heaven may also forgive you your trespasses.

4. Read **Matthew 28:18–20**. How does Jesus’ declaration of authority shape the mission He gives to His followers? How does this relate to living out kingdom power today?

<sup>18</sup> And Jesus came and spoke to them, saying, “All authority has been given to Me in heaven and on earth.<sup>19</sup> Go therefore and make disciples of all the nations, baptizing them in the name of the Father and of the Son and of the Holy Spirit, <sup>20</sup> teaching them to observe all things that I have commanded you; and lo, I am with you always, *even* to the end of the age.” Amen.

5. How can practicing forgiveness unlock spiritual power in your life? What is the example of how forgiveness has impacted your relationship with God and others?

**Reflect**

Complete the following activities before watching the next session.

**Read** Psalm 24:1–2. How does recognizing God as the ultimate owner of everything influence your understanding of His kingdom authority in your life?

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**Write:** Describe a “mountain” that is currently dominating your life and how tapping into God’s kingdom authority can actually move that mountain.

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**Pray:** ask God to open your heart and mine so that you can understand the kingdom power he wants you to have and so you will know how to use it.