

OCTOBER 2025 MENU

DAY	DATE	A.M. SNACK	LUNCH	P.M. SNACK
Wed	10/1/2025	Bagel & Cream Cheese, Milk	Ham Sandwich on WGR Bread, Pears, Carrots, Veggie Chips, Milk	Appleslices, WGR Graham Crackers, Water
Thurs	10/2/2025	Yogurt, Milk	Corn Dogs, Cheesy Noodles, Cauliflower, Applesauce, Milk	Bananas, WGR Scooby Snacks, Water
Fri	10/3/2025	French Toast sticks, Milk	Chicken Nuggets, Tator Tots, Peas, Fruit Cocktail, Milk	Cheese Slices, WGR Rice Cakes , Water
Mon	10/6/2025	WGR Strawberry Malt-o-meal Cereal, Milk	Cheese Pizza, Pineapple, Peas, Milk	Oranges, Saltine Crackers, Water
Tues	10/7/2025	English Muffin & Jelly, Milk	WGR Spaghetti & Meatballs, Green Beans, Apple slices, Milk	Grapes, Cheese Crackers, Water
Wed	10/8/2025	Yogurt, Milk	WGR Taco Shell with Ground Beef and Cheese, Spanish Rice, Applesauce, Corn, Milk	Watermelon, WGR Goldfish, Water
Thurs	10/9/2025	Cinnamon Toast, Milk	Sloppy Joe Sandwich on WGR Bread ,Smiley face Potatoes, Oranges, Broccoli, Milk	Strawberries, WGR Teddy Grahams, Water
Fri	10/10/2025	WGR Oatmeal, Milk	Pancakes, Breakfast Sausage, Pears, Carrots, Milk	Bananas, WGR Wheat Thins, Water
Mon	10/13/2025	NO SCHOOL - COLUMBUS DAY		
Tues	10/14/2025	WGR Chex Cereal, Milk	Chicken Tenders, WGR Rice, Pineapple, Mixed Veggies, Milk	Oranges, Animal Crackers, Water
Wed	10/15/2025	Yogurt, Milk	Cheese Quesadilla on WGR taco shell, Fruit Cocktail, Cucumber Slices, Milk	Cheese Cubes, Ritz Crackers, Water
Thurs	10/16/2025	Cinnamon Raisin Toast, Milk	WGR Turkey wraps, Peaches, Peas, Milk	Grapes, Club Crackers, Water
Fri	10/17/2025	Waffles, Milk	Beef Hamburgers on WGR buns, Oranges, Carrots, Milk	Appleslices, WGR Graham Crackers, Water
Mon.	10/20/2025	WGR Cheerios, Milk	WGR Mac N Cheese, Peaches, Green Beans, Milk	Oranges, Cheese Crackers, Water
Tues	10/21/2025	Bagel & Cream Cheese, Milk	Hot Dogs,WGR Pasta Salad, Fruit Cocktail, Baked Beans, Milk	Banana, WGR Teddy Grahams, Water
Wed	10/22/2025	Yogurt, Milk	Chicken Alfredo, Applesauce, Broccoli, Milk	Watermelon, WGR Goldfish, Water
Thurs	10/23/2025	Cinnamin Toast, Milk	Meatballs, Mashed Potatoes, WGR roll, Fruit Cocktail, Milk	Strawberries, WGR Scooby Snacks, Water
Fri	10/24/2025	WGR Cinnamon & Honey Oatmeal, Milk	Chicken Sandwich on WGR bread, Veggie Straws, Oranges, Peas, Milk	Pineapple, Club Crackers, Water
Mon	10/27/2025	WGR Kix Cereal, Milk	Cheeseburger Pasta with Ground Beef, Pineapple, Green Beans, Milk	Oranges, Animal Crackers, Water
Tues	10/28/25	English Muffin, Milk	WGR Grilled Cheese Sandwiches, Applesauce, Peas, Milk	Bananas, Saltine Crackers, Water
Wed	10/29/2025	Yogurt, Milk	Meatloaf, Mashed Potatoes, Biscuit, Pears, Carrots, Milk	Watermelon, WGR Wheat Thins, Water
Thurs	10/30/25	Cinnamin Toast, Milk	WGR Lasagna with Meatballs, Oranges, Mixed Veggies, Milk	Strawberries, WGR Teddy Grahams, Water
Fri	10/31/2025	Special Holiday Cereal, Milk	English Muffin Pizza, Cucumber Slices, Oranges, Milk	Apple Slices, WGR Rice Cakes, Water

TODDLERS:

- Will substitute Pasta for Hot Dogs.
- Will substitute cooked Carrots for Corn.

TODDLERS & EARLY PRESCHOOL

- Will substitute Veggie Straws for Multigrain Chips or Doritos

Milk:

- Toddlers will receive Whole Milk
- 2 and up will receive 1% Milk