



## My SHAPE

Transfer the results from your weekly SHAPE assessments here. Keep this as a testimony of who and whose you are.

### SPIRITUAL GIFTS

List the results of your Spiritual Gifts Test:

1. \_\_\_\_\_
2. \_\_\_\_\_
3. \_\_\_\_\_
4. \_\_\_\_\_
5. \_\_\_\_\_

### PERSONALITY

I relate to others by being:

Outgoing-----x-----Reserved  
Self-expressive-----x-----Self-controlled  
Cooperative-----x-----Competitive

I respond to opportunities that are:

High risk -----x----- Low risk  
People Driven -----x----- Project Driven  
Follow -----x----- Lead  
Team -----x----- Solo  
Routine -----x----- Variety

### HEART

Whom I love to serve:

The needs I love to meet for other:

The cause I feel God wants me to help conquer for Him:

### EXPERIENCES

My positive experiences include:

Therefore, I can help others in this area:

My painful experiences include:

Therefore, I can help others in this area:

### ABILITIES

My top abilities are:

1. \_\_\_\_\_
2. \_\_\_\_\_
3. \_\_\_\_\_
4. \_\_\_\_\_
5. \_\_\_\_\_