

# Lent Prayer Guide



2026

# Lent Prayer Guide 2026

**A Prophetic Journey of Renewal, Unity, and Obedience**

February 18 (Ash Wednesday) - April 3 (Good Friday)

Easter Sunday, April 5

Koinonia Church | Hanford, CA

[kchanford.com](http://kchanford.com)

Koinonia Church family,

Lent is not a season of spiritual performance—it is a season of **holy return**.

For forty days, the Church steps away from noise, certainty, and self-reliance to remember who we are and whose we are. We allow the Spirit of God to search us—not to condemn us, but to realign us.

This year, our Lenten journey begins where many of us recognize ourselves: Under pressure. Divided voices. Delayed obedience. Longing for renewal while navigating resistance, fear, and fatigue.

The prophets we will encounter—Jeremiah, Ezekiel, Haggai, Zechariah, and others—spoke into moments like these. They addressed people who were chosen by God, yet struggling to remain faithful, unified, and obedient in difficult seasons.

Across these weeks, God calls us to behold His glory again, to repent deeply, to receive new hearts, and to trust His power to resurrect what seems dry or broken. He leads us from confrontation to restoration, from renewal to rebuilding, and ultimately toward mission.

May this season soften our hearts, sharpen our hearing, and strengthen our resolve to follow the Lord—wherever He leads, whatever it costs.

Join us as we celebrate Lent in 2026 and seek the Lord's face.

Andrew Cromwell  
Lead Pastor  
Koinonia Church  
February 5, 2026

# WEEK ONE

## Faithful Under Pressure

February 18–20, 2026

### **Focus: Faithfulness When Obedience Is Costly**

Lent begins in a difficult place—not with triumph, but with tension.

Jeremiah's final chapters are not neat or uplifting. They are heavy. Jerusalem is under siege. Leadership is fractured. The people are divided. The prophet is imprisoned, rejected, ignored, and accused of disloyalty. And yet, in the middle of national collapse and personal suffering, Jeremiah remains faithful to the word of the Lord.

This is an important place to begin our Lenten journey.

Jeremiah obeys God even when obedience does not lead to visible success. He speaks truth even when it costs him freedom. He stays aligned with God even when others accuse him of betrayal. The fall of Jerusalem does not mean God has failed—it means God is still working, even when the outcome is painful.

Lent reminds us that faithfulness is not proven when things are going well. It is revealed when pressure is applied.

Most of us don't struggle with obedience in theory—we struggle when obedience costs us something. Pressure exposes where trust is thin and where self-protection begins to replace surrender. This week invites us to notice how we respond when life feels tight or uncertain. God is not asking for perfection; He is asking for faithfulness—especially when the path forward is unclear.

For many of us, pressure exposes division—within our own hearts and within our relationships. When life tightens, we often turn on one another rather than turning together toward God. Jeremiah’s story invites us to do something different: to remain united, humble, and obedient even when the path forward is unclear.

As we enter this season, we do not rush toward Easter. We slow down. We examine our hearts. We acknowledge where fear, frustration, or self-protection has replaced trust. And together, as a church, we ask God to align us again—with Him and with one another.

This week is an invitation to choose faithfulness over ease, unity over division, and obedience over control.

## **Weekly Fasting Focus**

Fast from **defensiveness and self-justification**.

## **Action**

Practice unity intentionally. Initiate peace, listen more than you speak, and choose reconciliation where possible.

## **Wednesday, February 18 (Ash Wednesday)**

**Scripture Reading: Jeremiah 48:1-49:39**

## **Journal Prompt**

These chapters contain words of judgment against the nations—proud, self-secure, and resistant to God.

- ❖ Where have you been tempted to rely on your own strength, position, or security rather than on the Lord?
- ❖ What areas of your life feel defended or protected rather than surrendered?

Write a prayer acknowledging your dependence on God and your need for His mercy and guidance as you begin this Lenten journey.

## **Prayer Points**

- Ask the Lord to reveal areas of pride or self-reliance that need to be surrendered.
- Pray for humility to recognize God as your true refuge and strength.
- Pray for unity in our church as we humble ourselves together before the Lord at the start of Lent.

## **Thursday, February 19**

**Scripture Reading: Jeremiah 50:1-51:19**

## **Journal Prompt**

God declares judgment over Babylon—a symbol of human power, injustice, and arrogance. What once seemed unshakable is shown to be temporary.

- ❖ What systems, habits, or identities have you trusted that cannot ultimately sustain you?
- ❖ Where might God be inviting you to loosen your grip and place your trust fully in Him?

Write a prayer asking God to help you trust His purposes even when familiar supports are removed.

## **Prayer Points**

- Pray for courage to trust God when what feels stable begins to shake.
- Pray for faith to believe that God is working even through loss, disruption, or uncertainty.

- Pray for those carrying leadership responsibility in our church—especially those preparing the Selma campus—to remain steady and faithful under pressure.

## **Friday, February 20**

**Scripture Reading: Jeremiah 51:20–52:34**

### **Journal Prompt**

Jeremiah ends with the fall of Jerusalem—a sobering reminder that disobedience has real consequences, yet also that God’s word is fulfilled exactly as He said.

- ❖ Where have you experienced disappointment, grief, or the consequences of past choices?
- ❖ How might God still be present and working, even in those painful places?

Write a prayer of surrender, asking God for the grace to remain faithful and obedient, trusting Him with both outcomes and timing.

### **Prayer Points**

- Pray for perseverance to remain faithful when obedience is costly or misunderstood.
- Pray for humility to receive God’s correction without resistance (Jer. 42:5–6).
- Pray for renewed trust in God’s purposes and promises, even when the outcome feels painful or unclear (Jer. 51:5).

## **WEEK TWO**

### **The Glory of the Lord**

February 23–27, 2026

#### **Focus: Seeing God Clearly Again**

Before God confronts behavior, He reveals Himself.

Ezekiel's call does not begin with instructions or correction, but with a vision—an overwhelming revelation of the glory of the Lord. Wheels within wheels. Fire and brilliance. Living creatures and thunderous sound. Ezekiel falls face down, undone by the weight of what he sees.

This is always God's order.

When God wants to realign His people, He first reintroduces Himself—not as we prefer Him to be, but as He truly is: holy, sovereign, and unmatched. Transformation begins not with effort, but with revelation.

Obadiah reinforces this truth by exposing the pride of Edom. Their downfall was not political, but spiritual. Pride blinded them. Self-reliance replaced humility. They assumed they were secure, and in doing so, they set themselves against the purposes of God.

Pride fractures unity. Humility restores vision.

It is easy to grow familiar with God and lose our sense of wonder. Routine can dull reverence, and busyness can replace awe. This week invites us to slow down long enough to truly see God again—not as

we have grown used to Him, but as He is. Right vision always begins with reverence.

Ezekiel is commissioned as a watchman—not responsible for outcomes, but responsible for obedience. He is called to speak whether people listen or not. This calling requires reverence, courage, and servant-hearted faithfulness.

This week calls us to lift our eyes again, to behold the glory of the Lord, and to let awe replace apathy.

## **Weekly Fasting Focus**

Fast from **self-promotion and self-reliance**.

Resist the urge to elevate yourself, defend your position, or rely on your own strength. Practice humility by submitting plans, opinions, and outcomes to the Lord in prayer.

## **Action**

Create intentional space for **silence and reverence** before the Lord. Reduce noise. Slow your pace. Let awe lead you back to obedience.

## **Monday, February 23**

**Scripture Reading: Obadiah 1:1–21**

## **Journal Prompt**

Obadiah confronts the pride of a people who believed they were untouchable.

- ❖ Where have you grown confident in your own strength, position, or security?
- ❖ In what ways might pride—subtle or obvious—be shaping your decisions or attitudes?

Write a prayer asking the Lord to expose pride and to restore humility that leads to clear spiritual vision.

### **Prayer Points**

- Ask the Lord to reveal areas of pride or self-reliance that need repentance (Obad. 1:3–4).
- Pray for humility that aligns your heart with God’s purposes rather than your own.

## **Tuesday, February 24**

### **Scripture Reading: Ezekiel 1:1–3:15**

### **Journal Prompt**

Ezekiel’s first encounter with God leaves him undone and overwhelmed by God’s glory.

- ❖ When was the last time you felt genuine awe before the Lord?
- ❖ Has familiarity or routine dulled your reverence for Him?

Write a prayer asking God to restore wonder, holiness, and a right fear of the Lord in your heart.

### **Prayer Points**

- Pray for a renewed vision of God’s glory and holiness (Ezek. 1:28).
- Ask the Lord to awaken awe and reverence where spiritual familiarity has taken root.
- Pray that our church would be shaped first by who God is, not by what we want to accomplish.

## **Wednesday, February 25**

**Scripture Reading: Ezekiel 3:16–7:27**

### **Journal Prompt**

God appoints Ezekiel as a watchman—responsible for obedience, not outcomes.

- ❖ Where has God asked you to be faithful even when the response is uncertain or uncomfortable?
- ❖ Are there places where fear of reaction has kept you silent or passive?

Write a prayer asking God for courage to obey fully, regardless of results.

### **Prayer Points**

- Pray for faithfulness to obey God even when obedience is costly (Ezek. 3:17).
- Pray for courage to speak truth with humility and love.
- Pray for leaders in our church to carry responsibility with integrity and faithfulness.

## **Thursday, February 26**

**Scripture Reading: Ezekiel 8:1–11:25**

### **Journal Prompt**

God reveals hidden idolatry among His people—things practiced quietly and unnoticed by others.

- ❖ What attitudes, habits, or priorities might be competing with God for your devotion?
- ❖ Are there places where worship has become divided rather than wholehearted?

Write a prayer inviting God to cleanse your heart and restore undivided devotion.

### **Prayer Points**

- Ask the Lord to expose hidden compromises that weaken spiritual clarity.
- Pray for unity rooted in reverence rather than appearances.
- Pray that God's holiness would guide our church as we move forward together.

### **Friday, February 27**

**Scripture Reading: Ezekiel 12:1–15:8**

### **Journal Prompt**

God warns His people that ignoring His word has consequences—yet He continues to speak.

- ❖ Where have you been slow to listen or hesitant to respond to God's instruction?
- ❖ What step of obedience might God be inviting you to take now?

Write a prayer asking for a heart that listens quickly and responds faithfully.

### **Prayer Points**

- Pray for hearts that are responsive and obedient to God's voice.
- Pray for servant-hearted faithfulness that flows from reverence, not fear.
- Pray that the Selma campus would be shaped first by the glory and holiness of God, not by human ambition.

# WEEK THREE

## A New Heart

March 2–6, 2026

### **Focus: Repentance That Reaches the Heart**

By now, God is not only revealing Himself—He is revealing us.

Ezekiel 16 confronts Israel's spiritual unfaithfulness with painful clarity. God recounts His covenant love and Israel's repeated betrayal in language that is difficult to read and impossible to ignore. Yet His purpose is not humiliation, but healing. God names sin honestly because denial keeps wounds hidden, while truth opens the door to restoration.

True repentance is not behavior management. It is heart transformation.

Sin fractures intimacy with God and damages our witness. It hardens motives, distorts desires, and compromises integrity. And yet, woven throughout these confrontational chapters is mercy. God promises restoration—not because His people are faithful, but because He is. His covenant love is stronger than their failure.

When God invites repentance, He does so with tenderness, not accusation. This week may surface uncomfortable truths, but exposure is part of healing. God names what is broken because He intends to restore it. Honesty opens the door for renewal.

Servants of God must serve from clean hearts. Public obedience without private integrity eventually collapses. God is not interested in surface reform; He desires inward renewal.

This week invites us to move beyond surface change and allow God to do deep work—work that renews motives, restores integrity, and realigns our hearts with His.

## **Weekly Fasting Focus**

Fast from **compromise**.

Pay attention to small places where you have justified attitudes, habits, or decisions that dull obedience. Use moments of temptation as prompts to pray for a clean heart.

## **Action**

Take a **concrete step of repentance**.

Confess something specific. Make restitution where needed. Change a pattern. Let repentance move from intention to action.

## **Monday, March 2**

**Scripture Reading: Ezekiel 16:1–17:24**

## **Journal Prompt**

God recounts His faithful love and Israel's unfaithfulness in stark detail.

Where has gratitude turned into entitlement in your heart?

Are there ways you have grown careless with what God has entrusted to you?

Write a prayer of honest repentance, acknowledging both God's faithfulness and your need for renewal.

## Prayer Points

- Pray for humility to see sin clearly without minimizing or excusing it (Ezek. 16:63).
- Ask God to restore gratitude and covenant faithfulness in your heart.
- Pray for renewed integrity among God's people as we walk through repentance together.

## Tuesday, March 3

**Scripture Reading: Ezekiel 18:1–20:49**

## Journal Prompt

God declares that each person is responsible for their own response to Him.

- ❖ Where have you blamed circumstances, history, or others rather than owning your choices?
- ❖ What might personal responsibility before God look like for you today?

Write a prayer asking God for a heart that is responsive, teachable, and willing to change.

## Prayer Points

- Pray for a clean and renewed heart that turns fully toward the Lord (Ezek. 18:31).
- Ask for grace to take responsibility for obedience without deflection or blame.
- Pray for hearts that are sensitive to conviction and quick to respond.

## **Wednesday, March 4**

**Scripture Reading: Ezekiel 21:1–22:22**

### **Journal Prompt**

God exposes injustice, corruption, and moral compromise among leaders and people alike.

- ❖ Are there areas where your integrity has eroded under pressure or convenience?
- ❖ Have you tolerated attitudes or behaviors that God is asking you to confront?

Write a prayer asking God to refine your integrity and align your actions with His holiness.

### **Prayer Points**

- Pray for purity and integrity in both private and public life.
- Ask the Lord to remove compromise that weakens your witness.
- Pray for leaders in our church to model holiness and courage.

## **Thursday, March 5**

**Scripture Reading: Ezekiel 22:23–24:27**

### **Journal Prompt**

God searches for someone willing to “stand in the gap,” but finds no one.

- ❖ Where might God be inviting you to intercede, intervene, or take responsibility rather than remain passive?
- ❖ What has silence or avoidance cost you—or others?

Write a prayer offering yourself to God as someone willing to stand faithfully before Him.

### **Prayer Points**

- Pray for courage to stand in the gap through prayer and obedience.
- Ask God to give you a heart willing to respond when others withdraw.
- Pray that God would raise up intercessors and servant-leaders within our church.

**Friday, March 6, 2026**

**Scripture Reading: Ezekiel 25:1–27:36**

### **Journal Prompt**

God pronounces judgment on surrounding nations whose pride and injustice went unchecked.

- ❖ Where do comparison, resentment, or misplaced confidence still influence your heart?
- ❖ How might repentance free you to trust God rather than measure yourself against others?

Write a prayer surrendering comparison and asking God to restore humility and trust.

### **Prayer Points**

- Pray for mercy to restore what sin has damaged or broken.
- Ask God to purify motives and desires, especially for those serving and leading others.
- Pray that those preparing to serve in Selma would do so with pure hearts and holy motives.

# WEEK FOUR

## From Death to Life

March 9–13, 2026

### **Focus: When God Breathes Life Again**

Ezekiel 37 places us in a valley of dry bones—lifeless, scattered, hopeless.

These are not bones that are weak. They are not injured or recovering. They are long dead. Whatever life once existed is gone, and what remains bears no evidence of possibility. And yet God asks a question that feels almost cruel in its optimism:

**“Can these bones live?”**

The honest answer is no—at least not on their own.

But what is impossible for people is not impossible for God.

As Ezekiel obeys and speaks the word of the Lord, something extraordinary happens. God breathes. Bones come together. Flesh appears. Breath enters. What was scattered is reunited. What was dead stands on its feet as a vast army.

God breathes life.

He restores unity.

He resurrects what was lost.

Many of us carry places that feel dry, delayed, or beyond repair.

Hopes once prayed for quietly fade. Trust weakens when answers

seem slow or absent. This week reminds us that God’s breath is not

limited by time, loss, or circumstance. What feels lifeless to us is not lifeless to Him.

Lent now turns a corner. We move from confession to confidence—not confidence in ourselves, but in the Spirit who brings life where none seems possible. God does not merely forgive; He resurrects. He does not only restore what was broken; He creates something new.

This week invites us to stand again in expectation—to believe that God is still breathing life into people, families, churches, and places that seem beyond hope.

## **Weekly Fasting Focus**

Fast from **hopeless thinking**.

When discouraging thoughts arise, pause and replace them with prayer. Speak God's promises aloud. Refuse to agree with despair.

## **Action**

**Speak life intentionally.**

Encourage someone who is weary. Pray hope into a difficult situation. Let your words echo God's promise of restoration.

## **Monday, March 9**

**Scripture Reading: Ezekiel 28:1–29:21**

## **Journal Prompt**

God confronts pride and false security—leaders and nations that believed they were untouchable.

- ❖ Where have you relied on position, strength, or self-sufficiency rather than on God?

- ❖ Are there areas where pride has quietly restricted your dependence on Him?

Write a prayer asking God to humble your heart so that His life-giving work can flow freely.

### **Prayer Points**

- Ask God to expose false sources of security that block dependence on Him.
- Pray for humility that creates space for God's renewing work.
- Pray for leaders—both personal and corporate—to lead with surrendered hearts.

**Tuesday, March 10**

**Scripture Reading: Ezekiel 30:1–31:18**

### **Journal Prompt**

God compares mighty nations to towering trees that fell because of pride and overconfidence.

- ❖ What once felt strong or stable in your life but has since weakened or collapsed?
- ❖ How might God be inviting you to trust Him rather than past strength or success?

Write a prayer placing your confidence fully in the Lord rather than in what once sustained you.

### **Prayer Points**

- Pray for renewed trust in God when former strengths no longer hold.
- Ask God to rebuild hope on dependence rather than self-reliance.

- Pray for those facing loss or disappointment to encounter God's sustaining presence.

## **Wednesday, March 11**

**Scripture Reading: Ezekiel 32:1–32:32**

### **Journal Prompt**

These laments name loss honestly. God does not rush past grief or minimize its weight.

- ❖ What losses—personal, relational, or spiritual—are you still carrying?
- ❖ Have you given yourself permission to bring grief honestly before God?

Write a prayer of lament, trusting that God meets us even in sorrow.

### **Prayer Points**

- Pray for God's comfort in places of grief or disappointment.
- Ask the Lord to meet you with hope even as you name loss honestly.
- Pray for those walking through seasons of mourning to encounter God's nearness.

## **Thursday, March 12**

**Scripture Reading: Ezekiel 33:1–34:31**

### **Journal Prompt**

God speaks again of responsibility, repentance, and shepherding His people with care.

- ❖ Where might God be calling you to respond afresh—to turn, to lead, or to care more faithfully?

- ❖ Are there areas where you've grown passive rather than responsive?

Write a prayer asking God to renew your sense of calling and responsibility.

### **Prayer Points**

- Pray for renewed responsiveness to God's voice (Ezek. 33:11).
- Ask God to restore weary hearts with His shepherding care (Ezek. 34:15–16).
- Pray for leaders who shepherd with compassion and integrity.

### **Friday, March 13**

**Scripture Reading: Ezekiel 35:1–37:14**

### **Journal Prompt**

The valley of dry bones asks us to name what feels beyond hope.

- ❖ Where do you see dryness, delay, or lifelessness in your life?
- ❖ What would it look like to believe that God can breathe life there again?

Write a prayer inviting the Holy Spirit to breathe fresh life into places you've given up on.

### **Prayer Points**

- Pray for resurrection power where things feel dead or beyond repair (Ezek. 37:5–6).
- Pray for unity and restoration among God's people (Ezek. 37:22).
- Pray that God would breathe new life into Selma—into people, families, and places longing for renewal.

## WEEK FIVE

### The Lord Is There

March 16–20, 2026

#### Focus: God's End Goal—His Presence

Ezekiel's long, detailed vision ends with a simple and profound declaration:

**“The LORD is there.”**

After judgment, repentance, and restoration, this is God's final word—not about power, territory, or success, but about presence. God forgives so that He may dwell. He restores so that He may be near. The entire prophetic journey has been moving toward this moment.

These closing chapters of Ezekiel are filled with measurements, boundaries, rooms, gates, and pathways. At first glance, they can feel distant or difficult to engage. But beneath every detail is a promise: God intends to live among His people again. Order, holiness, and obedience are not ends in themselves—they are what make space for God's presence to dwell.

As we step into new territory as a church, this matters deeply. Buildings, plans, and activity mean nothing without the presence of God. Selma is not merely a location or expansion; it is a spiritual assignment. What will define it is not size or success, but whether it can truly be said, *“The LORD is there.”*

Many of us believe God is present, yet live as though He is distant. We rush through our days unaware of His nearness. This week invites us

to practice attentiveness—to notice where God is already with us and how obedience creates space for His presence to dwell more fully.

God's ultimate desire is not expansion, success, or activity. It is nearness.

## **Weekly Fasting Focus**

Fast from **self-sufficiency**.

Pay attention to moments where you instinctively rely on your own strength, planning, or control. Practice dependence by inviting God into decisions—large and small.

## **Action**

**Practice awareness of God's presence daily.**

Choose one ordinary activity each day—driving, working, walking, or preparing a meal—and intentionally acknowledge that God is with you in that moment.

## **Monday, March 16**

**Scripture Reading: Ezekiel 37:15–39:29**

## **Journal Prompt**

God speaks of reunification, protection, and His covenant presence among His people.

Where have you experienced fragmentation—internally or relationally?

How might God be inviting you to trust His ability to unify and restore?

Write a prayer inviting God to reign fully over every divided place in your life.

## **Prayer Points**

- Pray for unity and restoration under God's rule.
- Ask God to establish His covenant peace in your heart and relationships.
- Pray for our church to be united under the presence and leadership of the Lord.

**Tuesday, March 17**

**Scripture Reading: Ezekiel 40:1–40:49**

## **Journal Prompt**

God begins showing Ezekiel detailed measurements of a future dwelling place.

- ❖ What does it say to you that God cares deeply about order, boundaries, and preparation?
- ❖ Are there areas of your life that need to be reordered to make space for God's presence?

Write a prayer asking God to align your life in ways that welcome His nearness.

## **Prayer Points**

- Pray for willingness to order your life around God's presence.
- Ask God to reveal habits or priorities that crowd out attentiveness to Him.
- Pray for wisdom as our church prepares physical and spiritual spaces for ministry.

## **Wednesday, March 18**

**Scripture Reading: Ezekiel 41:1–43:27**

### **Journal Prompt**

God's glory returns to dwell among His people.

- ❖ What emotions arise when you think about God choosing to dwell with His people?
- ❖ Have you allowed sin, distraction, or fear to dull your expectation of His nearness?

Write a prayer welcoming God's glory into every area of your life.

### **Prayer Points**

- Pray for a renewed awareness of God's abiding presence (Ezek. 43:7).
- Ask God to remove anything that hinders intimacy with Him.
- Pray that our church would be marked by reverence for God's holiness.

## **Thursday, March 19**

**Scripture Reading: Ezekiel 44:1–46:24**

### **Journal Prompt**

God outlines responsibilities for priests and leaders—calling for faithfulness, holiness, and integrity.

- ❖ Where has God entrusted you with responsibility, influence, or leadership?
- ❖ How might obedience in unseen places prepare the way for God's presence to dwell more fully?

Write a prayer offering your service to God with humility and faithfulness.

## Prayer Points

- Pray for obedience that welcomes God's nearness.
- Ask God to purify motives in service and leadership.
- Pray for those serving and leading—especially in Selma—to do so with integrity and humility.

## Friday, March 20

**Scripture Reading: Ezekiel 47:1–48:35**

## Journal Prompt

God's presence flows outward—bringing life wherever it goes—and the vision ends with a city named, "*The LORD is there.*"

- ❖ Where do you long to see life, healing, or renewal flow again?
- ❖ What would it look like for God's presence to shape not just sacred moments, but everyday life?

Write a prayer asking God to let His presence bring life through you to others.

## Prayer Points

- Pray for courage to steward new territory with faith and obedience.
- Ask God to let His presence flow through our lives to bring healing and renewal.
- Pray that Selma would be unmistakably marked by the presence of the Lord—"**The LORD is there.**"

## WEEK SIX

### Rebuild My House

March 23–27, 2026

#### Focus: Obedience That Builds What Matters

God's people had returned—but God's house lay in ruins.

The exile was over. Opportunity had arrived. And yet, while everyone was busy building their own lives, the work of the Lord had been neglected. The problem was not rebellion—it was misalignment. God's people were active, productive, and tired, but they were not obedient.

Busyness is not obedience.

Through the prophet Haggai, God speaks plainly:

**“Give careful thought to your ways.”**

It is not a rebuke meant to shame, but an invitation to realign. God exposes how easily good intentions and necessary responsibilities can quietly replace first priorities.

When the people respond—when they choose obedience over delay—God responds immediately:

**“I am with you.”**

Zechariah reinforces this call with vision and hope. God does not rebuild His house through human strength, clever planning, or sheer effort. Rebuilding happens **by the Spirit**, through servant-hearted obedience. God promises protection, cleansing, and future glory—not because the people are strong, but because He is faithful.

This week invites us to consider where obedience has been delayed. Not out of defiance, but out of distraction. God’s call to rebuild is not about doing more—it is about ordering our lives around what matters most.

As we prepare to be sent, Lent reminds us that God builds what He inhabits. Obedience creates space for His presence, and His presence brings lasting fruit.

## **Weekly Fasting Focus**

Fast from **misplaced priorities**.

Pay attention to what consistently receives your time, energy, and attention. Ask God to reorder what has drifted—so that obedience is no longer postponed.

## **Action**

Take **one tangible step of obedience**.

Serve where you’ve delayed. Say yes where God has prompted you. Let obedience move from intention to action.

## **Monday, March 23**

**Scripture Reading: Haggai 1:1–2:23**

## **Journal Prompt**

God confronts His people for neglecting His house while focusing on their own concerns.

- ❖ Where have good intentions or responsibilities delayed obedience?
- ❖ What might God be asking you to put first again?

Write a prayer asking God to help you see your priorities clearly and to respond with obedience.

### **Prayer Points**

- Pray for obedient hearts that respond promptly to God's direction (Hag. 1:7-8).
- Ask God to realign priorities where distraction has replaced obedience.
- Pray for a renewed sensitivity to God's voice in everyday decisions.

## **Tuesday, March 24**

### **Scripture Reading: Zechariah 1:1-21**

### **Journal Prompt**

God calls His people to return to Him with their whole hearts.

- ❖ Where have you grown distant or distracted in your devotion to God?
- ❖ What does returning to the Lord look like for you right now?

Write a prayer of repentance and renewal, inviting God to restore intimacy and direction.

### **Prayer Points**

- Pray for hearts that turn fully back to the Lord (Zech. 1:3).
- Ask God to restore passion and attentiveness where devotion has waned.
- Pray for our church to move forward with unified hearts and purpose.

## **Wednesday, March 25**

**Scripture Reading: Zechariah 2:1–6:8**

### **Journal Prompt**

God promises protection, restoration, and His presence among His people.

- ❖ What fears or uncertainties make obedience feel risky or costly?
- ❖ How might trusting God's protection free you to obey more fully?

Write a prayer placing your confidence in God's faithfulness rather than your own ability.

### **Prayer Points**

- Pray for confidence that God is present and at work among His people.
- Ask for faith to obey even when outcomes are uncertain.
- Pray for Spirit-empowered strength rather than human striving (Zech. 4:6).

## **Thursday, March 26**

**Scripture Reading: Zechariah 6:9–11:3**

### **Journal Prompt**

God speaks of leadership, responsibility, and the cost of rejecting His direction.

- ❖ Where has obedience felt inconvenient or costly?
- ❖ Have you hesitated to act because obedience required sacrifice?

Write a prayer asking God for courage to obey even when the cost feels real.

### **Prayer Points**

- Pray for courage to rebuild what God has entrusted to you.
- Ask God to strengthen servant-hearted leaders within His church.
- Pray for obedience that is motivated by love rather than obligation.

### **Friday, March 27**

**Scripture Reading: Zechariah 11:4–14:21**

### **Journal Prompt**

God promises future victory and restoration, even after failure and resistance.

- ❖ What unfinished work might God still be inviting you to step into?
- ❖ How does knowing God's ultimate victory shape your willingness to obey today?

Write a prayer offering your obedience to God, trusting Him with the results.

### **Prayer Points**

- Pray for God's glory to fill everything we build together.
- Ask God to establish His work through obedience, not human effort.
- Pray that the Selma campus would be established through Spirit-led obedience, not human striving.

## **WEEK SEVEN**

### **Return and Be Sent**

March 30–April 3, 2026

#### **Focus: Refined, Filled, and Sent**

Malachi calls for refined worship.

Joel promises an outpouring of the Spirit.

Jonah reveals God's heart for the nations.

Together, these final prophetic voices bring Lent to its intended conclusion.

God never refines His people merely for their own benefit. Renewal always leads outward. Malachi confronts hollow worship and divided hearts, calling God's people to return with reverence and integrity. Joel announces that repentance will be followed by renewal—that God will pour out His Spirit on all people, empowering them to live and speak on His behalf. Jonah reminds us that God's mercy extends far beyond our comfort zones, reaching even those we might prefer to avoid.

We are refined for mission.

Filled for obedience.

Sent with mercy.

As Lent draws to a close, the focus shifts from inward examination to outward obedience. God has exposed hearts, restored life,

reestablished His presence, and reordered priorities—not so we would remain still, but so we would go.

Lent ends where mission begins.

This week invites us to ask a final, costly question: **Where is God sending me?**

Into which conversations, relationships, neighborhoods, or acts of faithfulness is God calling me to carry His mercy?

## **Weekly Fasting Focus**

Fast from **self-centeredness**.

Lay down preferences, comfort, and reluctance. Practice attentiveness to others. Ask God to enlarge your heart for people who are different, difficult, or distant.

## **Action**

**Step outward in obedience.**

Initiate a conversation. Extend mercy. Serve intentionally. Let repentance give way to mission.

**Monday, March 30**

**Scripture Reading: Malachi 1:1–2:16**

## **Journal Prompt**

God confronts worship that is casual, distracted, and half-hearted.

- ❖ Where has worship become routine rather than reverent in your life?
- ❖ Are there ways you offer God what is convenient rather than what is honorable?

Write a prayer returning your heart fully to the Lord, offering Him sincere worship.

### **Prayer Points**

- Pray for hearts refined in worship and devotion (Mal. 1:6–8).
- Ask God to expose divided loyalties that weaken faithfulness.
- Pray for integrity in how you honor God with your life.

### **Tuesday, March 31**

**Scripture Reading: Malachi 2:17–4:6**

### **Journal Prompt**

God promises both refinement and restoration—a purifying fire that heals rather than destroys.

- ❖ What areas of your life still need refining?
- ❖ How might God’s discipline actually be an invitation to deeper renewal?

Write a prayer inviting God to purify what remains misaligned and restore what has grown weary.

### **Prayer Points**

- Pray for hearts fully returned to the Lord (Mal. 3:3).
- Ask God to refine motives, attitudes, and desires.
- Pray for hope rooted in God’s promise of restoration.

### **Wednesday, April 1**

**Scripture Reading: Joel 1:1–2:11**

## Journal Prompt

Joel calls God's people to awaken, lament, and return to the Lord.

- ❖ Where has spiritual urgency faded in your life?
- ❖ What has dulled your attentiveness to God's voice or movement?

Write a prayer asking God to reawaken hunger, dependence, and responsiveness.

## Prayer Points

- Pray for renewed spiritual awareness and urgency.
- Ask God to soften hearts that have grown complacent or distracted.
- Pray for repentance that leads to restoration, not shame.

## Thursday, April 2

**Scripture Reading: Joel 2:12–3:21**

## Journal Prompt

God promises that repentance will be followed by renewal and the outpouring of His Spirit.

- ❖ Where do you long to experience fresh empowerment from the Holy Spirit?
- ❖ How might God want to work through you for the sake of others?

Write a prayer asking God to fill you afresh with His Spirit for obedient living.

## Prayer Points

- Pray for a fresh outpouring of the Holy Spirit (Joel 2:28–29).

- Ask God to empower obedience, boldness, and compassion.
- Pray that our church would be marked by Spirit-filled faithfulness.

## **Friday, April 3, 2026 | Good Friday**

### **Scripture Reading: Jonah 1:1–4:11**

### **Journal Prompt**

Jonah reveals how easily obedience can be selective and mercy can feel inconvenient.

- ❖ Who might God be asking you to love, forgive, or engage—even if it feels uncomfortable?
- ❖ Where have you resisted God's compassion for others?

Write a prayer surrendering your preferences and asking God to align your heart with His mercy.

### **Prayer Points**

- Pray for compassion that reflects God's heart for all people (Jonah 4:11).
- Ask for courage to be sent where obedience feels costly.
- Pray that Koinonia Selma would be seen as a house of mercy, mission, and faithful witness.

## **Lent Ends—The Journey of Obedience Continues**

Lent does not conclude with answers neatly wrapped or journeys fully complete. It ends with hearts refined, eyes lifted, and lives made ready.

Across these weeks, God has confronted us with His holiness, exposed places of pride and compromise, breathed life into dry places, and reminded us of His deep desire to dwell among His people. He has called us not only to return, but to be sent—not only to be renewed, but to rebuild.

The prophets remind us that obedience is never merely personal. It shapes communities. It prepares cities. It makes room for the presence of God.

As we move toward Easter, we do so carrying more than reflection—we carry responsibility. The same God who restores is the God who sends. The same Spirit who refines is the Spirit who empowers. Resurrection life is not only something we celebrate; it is something we steward.

May we leave this Lent season with tender hearts, unified spirits, and willing hands. May we continue to choose faithfulness under pressure, humility before the Lord, and obedience that builds what truly matters.

Lent ends—but the journey of renewal, unity, and obedience continues.

And as we go forward, may it be said of us, as it was in Ezekiel's vision:

**“The LORD is there.”**

Love you!

Andrew Cromwell



 **KOINONIA**  
CHURCH