

JOB DESCRIPTION

Kitchen Assistant

First United Methodist Church
72 Lake Morton Dr., Lakeland FL 33801

Revised: May 2026

FLSA: Non-Exempt, Part-Time (15 to 18 hours per week)

Job Summary

We are seeking a dedicated and enthusiastic Kitchen Assistant to join our culinary team. In this role, you will support the kitchen staff in food preparation, dishwashing and service, ensuring that all meals are prepared to the highest standards of quality and safety. The ideal candidate will have a passion for cooking and a desire to learn and grow.

Responsibilities

- Assist in meal preparation by chopping, slicing, and dicing ingredients as needed
- Dishwashing
- Maintain cleanliness and organization of the kitchen area, including proper food storage
- Support chefs in cooking tasks, ensuring timely delivery of meals
- Follow food safety guidelines to ensure the health and safety of all food served
- Operate kitchen equipment safely and efficiently
- Participate in catering events as required, helping to set up and serve food
- Collaborate with team members to ensure smooth kitchen operations

Skills

- Strong cooking skills with a willingness to learn new techniques
- Proficient knife skills for efficient food preparation
- Experience in meal preparation and food handling practices
- Knowledge of food service operations within a restaurant or catering environment
- Familiarity with food safety standards and regulations
- Previous kitchen experience is preferred, particularly in a culinary or restaurant setting
- Ability to work well under pressure in a fast-paced environment
- Excellent teamwork skills with a positive attitude towards collaboration

Schedule

- Tuesdays, 9:00 am to 2:00 pm
- Wednesdays, 2:00 pm to 7:00 pm
- Fridays, 9:00 am to 2:00 pm
- Occasional weekends and special events

Benefits: Paid time off

Experience: Kitchen: 1 year (Preferred)

Language: English (Required)

Work Location: In person at Lakeland, FL 33801