The Quest

UNITARIAN UNIVERSALIST CONGREGATION AT SHELTER ROCK
We aspire to be a loving religious community where we can grow spiritually and build a more just and joyful world.

WORSHIP SERVICES

FRIDAY, MAY 12, 2023, 7:30 PM
Rev. Dr. Natalie Fenimore

SOULFUL SUNDOWN AT SHELTER ROCK

Soulful Sundown offers Rev. Dr. Fenimore's spoken word with music from the Cosmic Orchestra. Guest musical artist Andy Falco featured at onsite-only Coffee House afterward. Where music resides at the heart of religious experience. FREE to all.

SUNDAY, MAY 14, 2023, 11:00 AM
Rev. David Carl Olson

Songs My Mother Taught Me  On a Mother’s Day morning of recognizing the strength, compassion, and courage of mother love, Rev. Olson will reflect on the origins of the Mother’s Day holiday as a day of recommitment to peace. We will share a ritual of flowers and a blessing for families of many shapes and sizes in conjunction with a child dedication ceremony. Please contact Ministers’ Assistant Sharyn Esposito (sesposito@uucsr.org or 516.472.2960) to include your family in the dedication ceremony.

SUNDAY, MAY 21, 2023, 11:00 AM
Rev. Dr. Natalie Fenimore, Carson Jones, Jaime Walowitz

Religious Education Bridging  The annual Bridging Service celebrates transitions of those in the Religious Education Program. Afterward, all are invited to the Bridging Picnic for food, fun, games, and music from the Any Given Sunday band, balloon animals, and Roxy’s Ice Cream Truck! $5 suggested donation per person and FREE for Bridging families.

SUNDAY, MAY 28, 2023, 11:00 AM
Rev. Jaye Brooks

Tenting Tonight  On Memorial Day weekend, our thoughts are drawn to the lives lost in war. As we honor the service and sacrifice of those who have died to protect the freedoms we cherish today, may we also offer our hands and hearts to building a just and lasting peace. Several members will share songs that are especially meaningful to them as we near Memorial Day.

TOUCHSTONES
Rev. Dr. Natalie Fenimore

Welcoming Creative Spirits

In this season of Membership Renewal, we acknowledge and celebrate the unique creative energy which each person brings to the life of this congregation. Each person who participates in this community—through its worship, activities, and events brings something which only they can bring. They add their own special something. Congregational life can and should be a creative life—where all are encouraged to fully explore the possibilities of a life infused with Unitarian Universalist values.

Renew your Membership at UUCSR or become a New Member because our congregation needs what you have to share.

Our community is a place where you can exercise your imagination—learn and grow and renew your mind, heart, and spirit. Our community is a place where you can make connections and friendships.

Your creative spirit can engage with the light of other spirits here and grow ever brighter.

may 2023
creativity

Creating Christmas Eve Worship Services

Please click HERE or the QR code for a link to a very brief survey that will help to create Christmas Eve Worship Services that suits the preferences of the maximum number of members and their families. Thank you!

UUCSR’s Worship Services are onsite and livestreamed on uucsr.org/worship, Facebook, and YouTube; available thereafter on the same platforms and as podcasts (www.uucsr.org/podcast). Onsite, mask wearing is encouraged. Masks are required when singing.
MILESTONES

We mourn the death of longtime Shelter Rock Member Allen C. Schwab who died on Saturday, May 6, 2023, at the age of 71. He is survived by Cheryl, his wife of 31 years, and his daughter, Madeleine. Details for a Celebration of Life at UUCSR will be shared when available. No calls or visits at this time, please. Condolences may be sent to:

Cheryl and Madeleine Schwab
254 Thompson Shore Rd
Manhasset, NY 11030

The family of UUCSR member Colin Woodhouse asks for your thoughts and prayers as he recovers in the hospital. No calls or visits, please, but cards are welcome.

On April 29, Capt. Hugh Stephens went to Washington, DC, as a guest of Honor Flight Long Island. With 46 other veterans, the trip included an escort by the Glen Cove Fire Department to MacArthur Airport, a siren trip with lights flashing. He saw all the war monuments, changing of the guard at Arlington National Cemetery, and a glimpse of the Ford Theatre.

On May 28, at 4:00 pm, former Shelter Rock Student Minister Alia Shinbrough will be ordained by The Unitarian Society (TUS), in East Brunswick, NJ. People may attend in person at 176 Tices Lane, or online HERE.

Thank You

Thank you to all those who have renewed their membership for the coming Congregational Year that begins on July 1, 2023.

We are heartened by the strength of community created by all those who come together to give their time, talent, and treasure to what we hold dear—the faith tradition of Unitarian Universalism. Renewal means recommitting to this community and our shared values:

Together we create a loving religious community, encourage spiritual growth, and build a more just and joyful world.

If you have any questions about membership renewal, please contact Sue Kimler at skimler@uucsr.org or call 516.472.2919.

No one should be disconnected from membership due to financial hardship. If you need a financial waiver this year, please reach out to the ministers at ministryteam@uucsr.org or call Sharyn Esposito (516.472.2960) for an appointment with a minister.

Second Congregational Budget Hearing
Wednesday, May 10, 2023 | 7:00 PM | Via Zoom
Held in advance of congregational vote to approve the budget at the Annual Meeting.

Please click HERE or visit uucsr.org/calendar to join via Zoom. To participate via telephone, call 646.931.3860, Meeting ID: 873 1116 1353, Passcode: 241507

To review the Overall Budget Packet for June 4, 2023 congregational approval, visit MYUUCSR (HERE) or directly in the app, for those who use the app. (Those who use the app and allow notifications receive direct links when resources become available.)

MYUUCSR is a direct link to UUCSR Member Resources. Members may log in by using a mobile phone number or alternatively, an email address. Whichever way you select, you’ll be sent a code to authenticate your access. You’ll never need a user name and password for access to the UUCSR database where your contact information and all of your registrations are recorded. You will always authenticate access with a code sent to your phone or email.

To access the Budget, click MORE, then GROUPS, then MEMBERS OF SHELTER ROCK, then RESOURCES. For assistance, please contact Jen Sappell (jsappell@uucsr.org). Please provide a phone number for a return call.

UUCSR Annual Meeting
Sunday, June 4, 2023 | 1:00 PM | Multiplatform Worship Room and Zoom Webinar
Sunday Café following Worship Service and preceding the Annual Meeting will be hosted by the UUCSR Board of Trustees.

The Annual Meeting includes elections of officers and trustees, budget approval and other important matters. All those with current membership are encouraged to attend and vote.
Board of Trustees Agendas

Tuesday, May 16, 2023
7:00 PM I. Opening Words: Ministers

7:05 PM II. Welcome to CY24 Board of Trustees Candidates:
Jana North, President

7:10 PM III. April 2023 Minutes: Toni Logue, Secretary

7:15 PM IV. Q3 Financials: Moin Haque, Treasurer

7:35 PM V. Retirement Contribution: Rev. Jaye Brooks
Request to Reinstate .25% of Congregation Retirement Contribution for Remainder of CY23

7:50 PM VI. Ministers Report: Rev. Dr. Natalie Fenimore,
Rev. Jaye Brooks, Rev. David Carl Olson, and
Erol Delos Santos, Student Minister
• CY24 Student Minister Status
• Veatch Structure Engagement Update
• Fourth Friday Update
• Other

8:20 PM VII. President’s Report: Jana North
• New Minister Status
• May Congregational Meeting Recap
• June Congregational Meeting Agenda
• CY24 Board & Other Meetings Calendar
• Board Retreat
• Board of Trustees & Veatch Board of Governors Next Meeting
• “Future Life Prize” Update
• Sunday Café and Bagel Breakfast Update

8:40 PM VIII. Royalty Update: Adam Barshak, COA
• Royalty Advisement Update—Executive Session
• Annual Royalty Powers of Attorney

9:00 PM IX. Good of the Order: Jana North, President

Thursday, May 18, 2023
7:00 PM I. Opening Words: Ministers

7:05 PM II. Religious Education Committee: Frank Teltsch
• Recommendation to Discharge the
Rev. Dr. Christine M. Wetzel Scholarship
Sub-Committee

7:15 PM III. Endowment Committee: Carole Alexander, Chair
• CAPEX Set Aside Recommendation of $1,000,000
• Discussion on Negative Screening in Portfolio of “Sin” Stocks

7:45 PM IV. Socially Responsible Investment Committee:
Leona Handelman, Chair
• Native American Bank-$250,000 CD

8:00 PM V. Crisis Grants Task Force: Rick Schwartz
• Refugee Grantee Recommendations

8:20 PM VI. Bylaws Committee & Committee Policy Drafting Task Force:
Diane Haney, Chair of Bylaws, Aimee Vella Ripley, and Ursula Salamone
• Next Steps

8:40 PM VII. Member Resource Committee: Heather Carlson, Chair
• CY24 Committee Members and Chairs

9:00 PM VIII. Good of the Order: Jana North, President

Online, Interactive Membership Directory

If you have not joined yet, now is a perfect time! The Directory is one feature of Shelter Rock’s digital communications plans; new features are being added regularly. Join now, and you’ll be fully plugged in to Shelter Rock communications!

A highly secure, interactive directory is built into the UUCSR membership database.

• Changes are instantly available and always up-to-date.
• Participation is controlled by individual members.
• Emails or phone calls can be initiated by one-touch on enabled devices, such as a mobile phone or computer.
• Your information will not appear until you permit.
• Listings may include photographs at your discretion.

To join the Online Directory, members may click HERE or use the QR code. Follow the instructions to log in using your mobile phone (preferred) or your email address. And then, if you are so inclined, download the mobile app so that you may use the Directory with even more ease! The app is called Church Center (sorry we can’t change it to Congregation Center). Android and Apple (iOS) users may use these links: Android or iOS

Special Help Available If you have any questions please feel free to contact Monica Schlichting, Claudia Barbey, or Carol Klitzner. This group will also be onsite on Sundays in the Social Hall after Services to assist with sign-ups and downloads. Or contact Jen Sappell (jsappell@uucsr.org).

ABOUT YOU Is an Online Form to Create a Member Opportunities, Offerings, and Experience Profile. Click HERE or Use the QR Code.

Help us get to know you. Share information about your skills and talents with Shelter Rock’s leadership by completing a quick online form. Learn about upcoming opportunities that suit your personal interests.

There’s a place for EVERYONE at Shelter Rock! Find your place!
General Assembly and Article II

The proposed changes to Article II of the Unitarian Universalist Association (UUA) Bylaws which state UU values, covenants, and sources will be voted on by all delegates at this year’s General Assembly. Information about the changes and the process of adopting them are at https://www.uua.org/uuagovernance/committees/article-ii-study-commission.

The following UUA workshops are open to all Unitarian Universalists. Whether or not you submit a suggestion or an idea, we encourage you to join for one or more of these workshops.

- Amendment Discussion Workshop #1
  Thursday, May 11, 2023, 7:00 pm
  Register HERE.
- Amendment Discussion Workshop #2
  Thursday, May 18, 2023, 7:00 pm
  Register HERE.
- Amendment Discussion Workshop #3
  Sunday, May 21, 2023, 4:00 pm
  Register HERE.

For more information, view a 20-minute discussion on Article II with Paula Cole Jones and Charles DuMond HERE.

This year’s delegates are open to discussing the change with any member who has questions or concerns. We will take any opinions you express seriously, but reserve the right to vote our conscience on any proposed amendments and the final vote.

GA delegates: Terry Bain, Richard Bock, Lauren Furst, Chris Hilke, Barry Nobel, Jana North, Aimee Vella Ripley, Ursula Salamone, Jessica Vega, Latifa Woodhouse, and Cathi Zillmann.

Faith, Food and Frolic: A Leadership Picnic and Roundtable for UUs

Saturday, May 20, 2023 | 10:00 AM–2:00 PM | UUCSR Patio

You are invited to a UUA Central East Region (CER) Leadership Development Day for LIAC and Metro New York congregations! Event is planned to be entirely outdoors, with indoor plans in case of inclement weather.

It’s a spring-themed picnic to help energize congregational leadership. We’ll have worship, time exploring leadership and spiritual gifts, lunch, and lots of time to talk with your neighbors about what’s working with your leadership and what brings you to volunteer for your faith community. All are welcome.

This will be a great opportunity for the new CER primary contact, Sana Saeed, to connect with all in-person, but also for you to meet UU leadership in neighboring congregations you may not know yet. Learn more HERE or visit uucsr.org/calendar.

Life Safety Leadership Team (LSLT)  
Brigitte Mueller, Chair

Safety and Security at Shelter Rock

The Life Safety Leadership Team (LSLT) is developing emergency management strategies that address fire, health, safety, and security at Shelter Rock with the expertise and input of local professionals.

Following two recent interesting meetings with the Fire Marshal and other fireman plus the Police Chief and other police officers, we have plans for additional emergency training with the Fire Department, plus security audits and training with the police.

Plans for training and drills are underway with the goal of having volunteer teams responsible for implementation going forward. It is surprisingly time-consuming and detailed work.

In the meantime, we have obtained tent signs for fire extinguishers throughout the buildings.

We have your safety and security top-of-mind and will keep you informed.
Meet a $5,000 Challenge!
Help Connect UUs Across NYS!

The Unitarian Universalist Fund for Social Responsibility has challenged New York Unitarian Universalist Justice (NYUUJ) to raise $5,000 in new donations. If we reach that goal, the Fund will give NYUUJ another $5,000! NYUUJ, the UU state action network, connects Unitarian Universalists across New York State and collaborates with partner organizations on justice campaigns.

Watch this video to hear from our Program Director, Rev. Ashley DeTar Birt. And find more at our website, www.nyuuj.org.

Every gift makes a difference—in building our power as advocates for justice, and in meeting our $5,000 goal. When you give to NYUUJ, at the level that’s right for you, we’ll add you to our mailing list so you can learn about the work NYUUJ is doing and the ways that you and your congregation can be involved.

When UUs work together, we make more of an impact. NYUUJ connects, educates, and advocates for state legislation and public policies that build beloved community. Your support and participation will strengthen our collective voice in Albany and across the state.

If you prefer to donate by check, please make out your check to “Albany UU” with “NYUUJ” in the memo line and mail it to: NYUUJ c/o Albany UU, 405 Washington Ave. Albany, NY 12206. The New York Unitarian Universalist Foundation, Inc. is a 501(c)(3) tax-exempt organization, and your donation is tax-deductible to the extent permitted by law.

If you can’t make a donation right now, but you want to join our mailing list, sign up HERE. Please join with NYUUJ to connect, learn, and act on our UU values. Let’s continue to work towards a state where all New Yorkers thrive!

Esteemed Guest Speaker

On Sunday, May 7, 2023, UUA President Susan Frederick-Gray delivered her sermon, Creating Possibility in Times of Uncertainty. Following the Worship Service, Rev. Dr. Frederick-Gray greeted UUCSR congregants.

See photos HERE.

Photo courtesy of Jessica Vega

Adult Faith Engagement and Fourth Friday at Shelter Rock

Spiritual Practice: Walking a Labyrinth

Come participate in a form of “Walking Meditation.” Walking is a common human activity which can be elevated to a spiritual practice through intention. Many faith traditions use movement of the body to realign and focus the mind. Buddhists’ “Walking Meditation” is a mindfulness practice which directs attention to the movement and motion of the body as a way to meditate. Labyrinth Walking is another form of walking meditation—you enter the labyrinth slowly, clearing your mind and focusing on an intention, question, or prayer—you pause at the center and then make the return journey. This can be a transformative journey.

This month there will be two opportunities to experience walking a labyrinth:

Sunday, May 14, 2023 | 10:40 AM
Participants of all ages are invited to the Patio off the Main Lobby for a guided walking meditation on our new canvas labyrinth where we will focus our energy on Peace, the theme that Religious Education for Children and Youth has been exploring all year through multi-sensory spiritual practice. Let us all move forward together in creating pathways to Peace.

Fourth Friday: May 26, 2023 | 6:30 PM | Social Hall and Meadow
Come construct a temporary labyrinth on the lawn. We’ll gather for a simple meal, and then share some thoughts about various labyrinths. Then we’ll work together (and play together!) to build our own. We’ll walk the labyrinth, perhaps as the sun sets and dusk turns to darkness. And each of us will bring to this sacred perambulation our own sense of what is meaningful to each of us. Creating the labyrinth for each other helps us think of what is meaningful for all of us, together.

Labyrinth at Murray Grove Retreat and Renewal Center, a UU conference center in Lanoka Harbor, NJ. Photo courtesy of Rev. David Carl Olson
Event Highlights

Learn about Programs and Events at Shelter Rock!
In addition to the programs and events highlighted on this page, there are opportunities for both Shelter Rock members AND members of the community that may be found in several ways:

Visit [uucsr.org/calendar](http://uucsr.org/calendar) for additional event information including login or registration requirements, if necessary

OR

Visit [MYUUCSR Sign Ups](http://uucsr.org) on uucsr.org to sign up

OR

Download the UUCSR app from Apple App Store or Google Play Store to your smart phone for fast, complete calendar information, sign up information, Online Directory, and more. Download "Church Center App (Planning Center)" and choose UUCSR for a quick link to all things underway at UUCSR!

AND

You may follow articles written by UUCSR members and friends that are shared as blog content on uucsr.org. You'll find existing blogs, with more planned in the new website.

Denominational Affairs (DAC) Updates
- Green Sanctuary Articles
- Social Justice Articles
- UU Veatch Program
- Women's Group

Watch for expanded app offerings and a new uucsr.org website. Questions, comments, and assistance navigating new options are available. Call 516.472.2980 or communications@uucsr.org.

Event Highlights

**Thursday, May 11, 2023 | 8:00 PM | Online**
Diverse & Revolutionary Unitarian Universalist Multicultural Ministries/DRUUMM Public Worship
Anyone can register to participate in “Shine On Beautiful & Resilient People” at [www.bit.ly/DRUUMM-May11](http://www.bit.ly/DRUUMM-May11) The UUCSR Social Justice Committee is one of many groups co-sponsoring this event.

**Friday, May 12, 2023 | 7:30 PM | Soulful Sundown led by Rev. Dr. Natalie Fenimore**
With music from the Cosmic Orchestra. Guest musical artist Andy Falco featured at onsite-only Coffee House afterward. Where music resides at the heart of religious experience. FREE to all.

**Saturday, May 13, 2023 (Last session) | 1:00 PM | Online**
Read and discuss *Biased: Uncovering the Hidden Prejudice That Shapes What We See, Think, and Do*, by Jennifer L. Eberhardt, PhD. Visit [uucsr.org/calendar](http://uucsr.org/calendar) for information and registration.

**Sunday, May 14, 2023 | 10:40 AM**
Labyrinth Spiritual Practice For All Ages
Please see page 5 of this Quest for details.

**Sunday, May 14, 2023 (Mother’s Day) following Worship Service**
Grade 6 Flowering Plant and Mother’s Day Card Fundraiser
All are invited to support the Grade 6 class in the fourth and final fundraiser for their Secret Social Action Project. Flowering plants and homemade Mother’s Day cards will be for sale for a great cause. The Questing Year class raises donations for relief organizations they choose and agree upon themselves. Charities will be revealed at the Bridging ceremony on May 21.

**Sunday, May 14, 2023 | 12:30 PM | Veatch House Terrace and Ballroom**
Mother’s Day Luncheon sponsored by Women’s Group, Deadline to register: May 10. Please see calendar for details.

**Friday, May 19, 2023 | 6:00 PM | RE Room 10**
Game Night
Gather for an evening of games, pizza, and community! The whole family is invited and feel free to bring friends! Come and enjoy the games we have or bring your own to share. Register [HERE](http://HERE).

**Saturday, May 20, 2023 | 10:00 AM | Volunteer in the Roosevelt Community Garden, Roosevelt, NY**
Visit [uucsr.org/calendar](http://uucsr.org/calendar) for information and registration.

**Saturday, May 20, 2023 | 10:00 AM | Faith, Food, and Frolic: Leadership Picnic and Roundtable**
Please see page 4 of this Quest for details.

**Saturday, May 20, 2023 | 6:00 PM | Country Hoedown Dinner and Dance**
sponsored by UUCSR Men’s and Women’s Groups. Please see calendar for details including registration details.

**Tuesday, May 23, 2023 | 6:30 PM | Online via Zoom**
Together to End Solitary Confinement
Join members of the Social Justice Committee as we remember those suffering the torture of solitary confinement.

**Friday, May 26, 2023 | 6:30 PM | Social Hall**
Fourth Friday Supper and Labyrinth Spiritual Practice.
Please see page 5 of this Quest for details.

**Sunday, May 28, 2023 | 4:00 PM**
Ordination of Alia Shinbrough, former Student Minister at UUCSR. The Unitarian Society (TUS), East Brunswick, NJ, online [HERE](http://HERE).

**Saturday, June 3, 2023 | 4:30 PM Gathering, 5:30 PM Film: *The Prom***
Get your dancing shoes on and join LGBTQ+ for the musical that follows four semi-washed-up Broadway actors who seek out a cause as celebrity activists. They set their sights on a conservative town in Indiana, where a high school senior named Emma was told that she couldn’t bring her girlfriend to the prom. The movie may be filled with glittery costumes, energetic dance numbers and beltable songs, but it is based on real-life stories and its message is rooted in the need for inclusivity. Movie is 2 hrs, 10 min. Please register [HERE](http://HERE) so that we’ll have plenty of pizza, salad, and beverages.
24\textsuperscript{th} Memorial Day Weekend
All-Congregation Retreat
CAMP ZEKE, LAKEWOOD, PA | WWW.NORTHEAStRETrAtCENTre.COM
May 26-May 29, 2023

Enjoy creative workshops | Games and activities | Karaoke Night
Annual talent show | Rockin’ Intergenerational Dance

This year we are pleased to announce that our 24th Annual Memorial Day weekend will take place at the Block & Hexter Retreat Center at Camp Zeke in Lakewood, PA, a pleasant 3 1/2-hour drive from Long Island.

Camp Zeke is a very well-regarded children’s summer camp that has been modified to host weddings, retreats, and all types of corporate events during the off-season. You can learn more about Camp Zeke at www.northeastretreatcenter.com.

Camp Zeke offers:
Boating on beautiful private fresh-water lake
Heated swimming pool with lifeguards | Counselors for children’s program
Art Building | Theater | Etc, etc.

SEE WEBSITE FOR MORE INFO
Questions? Contact Sharyn
516.472.2960 or sesposito@uucsr.org

Unitarian Universalist
Congregation at Shelter Rock
Human. Kind.

48 Shelter Rock Road, Manhasset, NY 11030 | uucsr.org | 516.627.6560 | 📞
May 10, 2023

**BOOKSTORE COMMITTEE**

Shanti Flot, Chair

---

**Latifa Unveiled**

This is the third in a series of book reviews by authors who are members of Shelter Rock and whose books are available in the Bookstore.


*Latifa Unveiled* is an engaging memoir that reveals the power of human spirit, one that bridges the gap between East and West, education and ignorance, and the past and future. Readers are taken behind the heavy doors of secrecy to see what life was like for a Pashtun girl growing up in Kandahar, Afghanistan, the birthplace of the Taliban who fought for her freedom. In the middle of two cultures, two radically different expectations of womanhood stands Latifa, a feminist before she even knew what that description meant. Her story is one that must be read.