



## #9 Gentleness – “Gotcha”

### The Fruit of the Spirit:

“...love, joy, peace, patience, kindness, goodness, faithfulness, *gentleness*, and self-control.”  
Galatians 5:22-23

Greek = πραότης [pra'ō-təs] = gentleness/meekness

### The “Gotcha” Moment:

Brothers and sisters, *if someone is caught in a sin*, you who live by the Spirit.... Galatians 6:1[NIV]

“*When We Are Caught In Our Sin - We Wish In That Moment That Someone Would Be There To Help Us With The Mess*”

- As A Jesus Follower, You Are In The RESTORATION Business
- Condemnation Is Destructive – Restoration Is CONSTRUCTIVE

### Gentle Restoration:

“*Begin With The End In Mind*” ~ Steve Covey~

### Question #1: “What Is My GOAL?”

“...you who live by the Spirit should *restore* that person *gently*.” Galatians 6:1[NIV]

“*Is The Goal Restoration, Or Is It Condemnation?*”

### Caught In a Net Vs Caught By a Net:

“*To Be Caught In A Net Implies Danger. To Be Caught By A Net Implies Safety.*”

- Gentleness Requires STRENGTH

### Question #2: “What if It Were ME?”

But *watch yourselves*, or you also may be tempted. Galatians 6:1

How Would You Want to Be Caught, When Someone Catches You?

# Life Group Questions

<https://www.waipunachapel.com/life-groups/>

- Where have you seen someone's "gotcha" moment used as entertainment?
- Why does it sometimes make us glad when someone gets "caught"?

Read Galatians 6:1-2

- Currently in our culture, we often react to someone "being caught" by exposing that person publicly, rebuking that person quickly, and condemning that person harshly. What makes us hesitant to restore someone gently instead of condemning them?
- Paul commands us in Galatians 6:2 to, "[Carry each other's burdens and in this way you will fulfill the law of Christ.](#)" What is a tangible way you could do this for someone who is being restored?
- Who in your life do you need to "catch and restore" with gentleness?

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