



Week 3 – Jesus Gives Me Friends to Help Me!

- Bible Story: Two are better than one (Ecclesiastes 4:9–10)
- Key Discovery: God designed us to run together.
- Takeaway: I can always: Encourage a teammate and ask for help.

Parent Connect: Print extra copies of this overview page to share with the families in your ministry.

Week 3 – Supply List

Arrival & Guided Play

- Toy rope or scarf
- Building blocks
- Simple puzzles
- Toy people or animals
- Bean bags

Group Game – Balloon Volleyball

- 1 or 2 balloons
- Open play space

Bible Story

- Printed picture of one child trying to lift a box alone
- Printed picture of two friends lifting the box together
- Printed picture of two friends giving each other a high five next to the box

Craft – Friendship Bracelets

- Yarn or string (pre-cut lengths)
- Large plastic beads or round cereal pieces (like Froot Loops or Cheerios)
- Small paper bowls or trays for each child's beads
- Stickers or tape (optional, for securing ends)

Coloring Page and Activity Sheet

- Printed coloring page (1 per child)
- Crayons

Arrival and Guided Play (5-10 minutes)

This week's focus is learning *Jesus gives me friends to help me and Two are better than one (Ecclesiastes 4:9-10)*. Introduce this concept simply and playfully using toys and activities. This flexible time helps everyone get settled into the classroom and ready for the day's lesson!

Toy/Activity Ideas:

- **Toy Rope or Scarf** – Let's hold the rope together and walk side by side! God made us to help each other.
- **Building Blocks** – Let's build something big together! It's easier when friends work as a team.
- **Puzzle Time** – Let's put the pieces together! When we help each other, the picture comes out just right.
- **Toy People or Animals** – Let's make pairs of friends! Jesus gives us people to help us.
- **Bean Bags** – Let's toss the bean bag to a friend! Friends help and share together.

After the children have arrived, gather everyone together.

TEACHER: Let's clean up our toys and come sit in a circle to play a game together!

Group Game (5 minutes)

Balloon Volleyball

Supplies Needed:

- 1 or 2 balloons

Setup:

- Clear an open space for play.
- If your group is large, divide into smaller circles or teams.

TEACHER: Let's play Balloon Volleyball! (Blow up the balloon and hold it high.) We're going to work together to keep this balloon in the air. (Gently tap the balloon up.) When I hit it, someone else hits it next. Let's see how long we can keep it from touching the ground! (Encourage cheers and teamwork as kids play.)

You did it! That was amazing teamwork. We couldn't keep the balloon up alone—it took friends helping each other. God made us to help one another too. Jesus gives us friends to cheer us on and help us every day. Say this with me: We run together!

Bible Story (10 minutes)

Jesus Gives me Friends (Ecclesiastes 4:9–10)

Main Idea: Jesus gives me friends to help me

Summary: God designed us to run together

SUPPLIES:

- Printed picture of one child trying to lift a box alone
- Printed picture of two friends lifting the box together
- Printed picture of the two friends smiling after finishing the job

TEACHER: (Hold up your Bible.) The Bible tells us something very special today—it says, “Two are better than one!” That means friends can help each other. God made us to work together and be helpers!

(Show the picture of one child trying to lift a box alone.)

Oh no! This box looks heavy. (Pretend to lift a heavy box and strain.) That’s hard work for one person! Sometimes we try to do things all by ourselves, but it’s not easy.

(Show the picture of two friends lifting the box together.)

Look! Now two friends are helping each other. (Pretend to lift the box with both hands and smile.) When we help each other, the job gets done faster and it’s more fun. God made us to need each other.

(Show the picture of the two friends smiling after finishing the job.)

They did it! They worked together and are happy. That’s how God wants us to

live—helping, sharing, and being good friends. Jesus gives us friends to help us, and He wants us to help others too. Say it with me: We run together!

PRAYER TIME:

Let's talk to God together. You can repeat after me.

Dear God

Thank You for my friends

Thank You that we can help each other

Please help me be a good friend

And remember that Jesus gives me friends to help me

In Jesus Name, Amen.

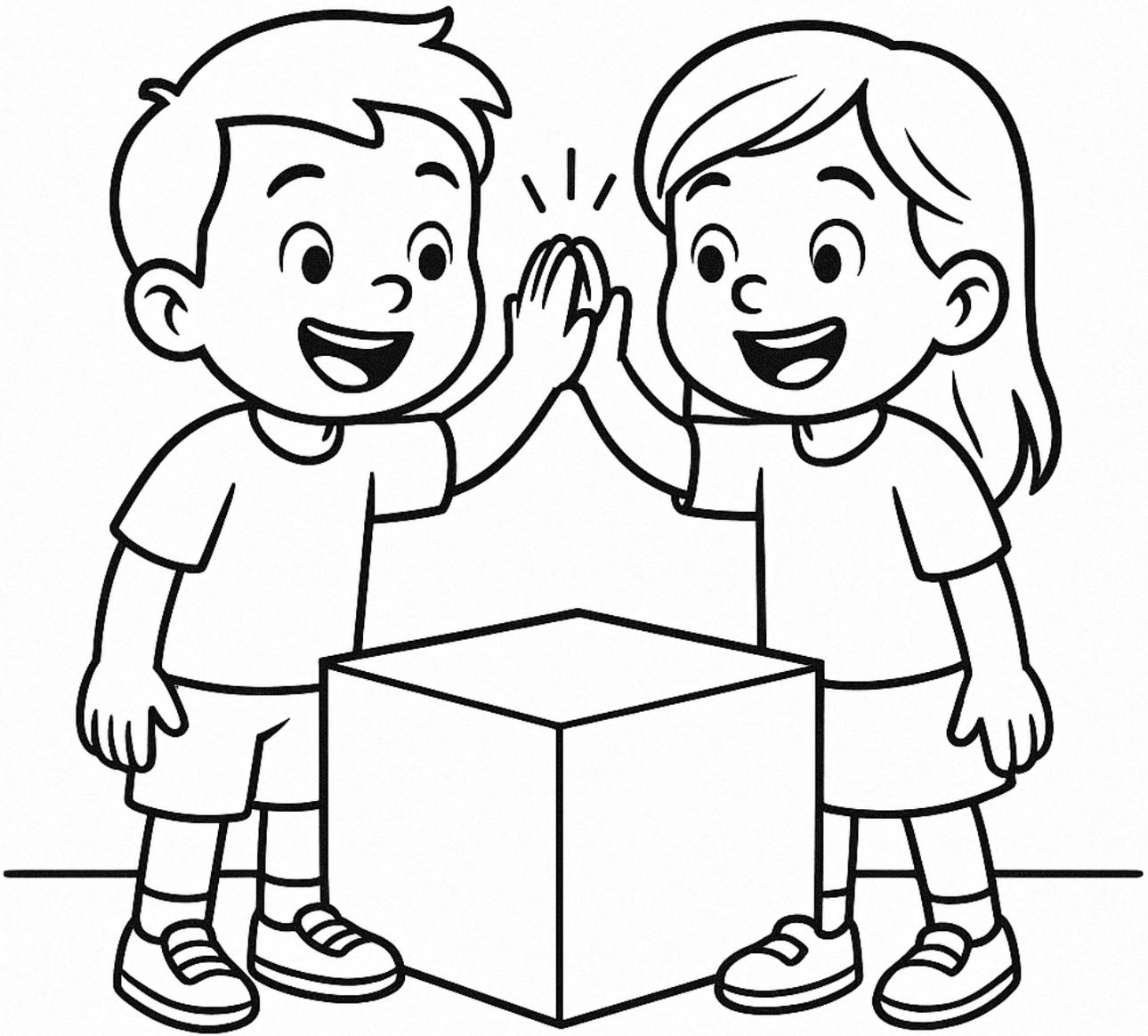








Jesus Gives me Friends (Ecclesiastes 4:9-10)



Craft (10 minutes)

Friendship Bracelets

SUPPLIES NEEDED:

- Yarn or string (pre-cut lengths for each child)
- Large plastic beads or round cereal pieces (like Froot Loops or Cheerios)
- Small paper bowls or trays for each child's beads
- Optional: Stickers or tape to secure the bracelet ends



TEACHER: Today we're going to make **Friendship Bracelets!** (Hold up an example.)

These bracelets remind us that Jesus gives us friends to help us. Friends make life more fun and happy!

(Give each child a piece of yarn and a bowl of beads.)

Let's put the beads on one at a time. (Pause to help children thread beads.) Each bead can remind us of someone who helps us or someone we can help.

When your bracelet is full, we'll tie the ends together so you can wear it or give it to a friend! (Help each child tie their bracelet.)

(Show your own finished bracelet and smile.)

Look at all our friendship bracelets! When you see yours, remember that Jesus gives us friends to help us, and we can help our friends too. Say it with me: **We run together!**

Name: _____



Week 3: Jesus Gives Me Friends and Family to Help Me!
Trace the words of people who help you grow your faith.

 <p><i>classmate</i></p>	 <p><i>mother</i></p>	 <p><i>father</i></p>
 <p><i>teacher</i></p>	 <p><i>pastor</i></p>	 <p><i>siblings</i></p>
 <p><i>friends</i></p>	 <p><i>grandma</i></p>	 <p><i>grandpa</i></p>