



Week 3 – Teamwork Wins: Encouraging One Another

- Bible Story: Two are better than one (Ecclesiastes 4:9–10)
- Key Discovery: God designed us to run together.
- Takeaway: I can always: Encourage a teammate and ask for help.

Video Bible Stories: Use this link to access recommended Bible story videos and bonus content for this curriculum series. <https://linktr.ee/WinterGamesLessons>

Parent Connect: Print extra copies of this overview page to share with the families in your ministry.



Week 3 – Supply List

Group Game: Team Balance Challenge

- Small balls, beanbags, or balled-up socks (1 per pair of kids)
- Open space for movement

Object Lesson: Heavy Bag Lift

- Backpack or tote bag
- Heavy but safe filler (books, water bottles, or other classroom-safe items)

Bible Story

- Bible (for reading Ecclesiastes 4:9–10)

Craft Activity: Helping Hands Collage

- Construction paper (various colors)
- Markers or crayons
- Scissors
- Glue sticks or tape
- Large poster board (optional, for group collage)

Word Search & Coloring Page

- Printed word search handouts (provided below, 1 per child)
- Printed coloring page (provided below, 1 per child)
- Crayons or colored pencils

Introduction Game (5 minutes)

Team Balance Challenge

Supplies Needed:

- Small balls, beanbags, or balled-up socks (1 per pair of kids)
- Open space for movement

TEACHER: In the Winter Games, athletes compete together as a team. Today's Bible story shows us that Jesus gave us the best example—He served His friends. Let's play a game where you'll have to work together to succeed!

How to Play:

1. Divide kids into pairs.
2. Give each pair a ball or beanbag.
3. Have them stand side by side and balance the object between their shoulders, hips, or backs.
4. On your signal, pairs carefully walk or shuffle across the room to a finish line without dropping the object.
5. If it falls, they pick it up, reset, and keep going.
6. Switch up the balancing position (shoulders, elbows, knees) for more fun rounds.

Debrief: That was tricky! You had to depend on each other and work together.

Serving others is like that—Jesus showed us how to put others first, and when we do, we grow stronger as a team.

Object Lesson (5 minutes)

Heavy Bag Lift

Supplies Needed:

- Backpack or tote bag
- Heavy but safe filler (books, water bottles, or other classroom-safe items)

TEACHER:

Hold up the backpack.

This bag looks pretty normal, but I've filled it with some heavy stuff. Let's see if I can lift it all by myself. Wow, that's hard! Now I'm going to ask a friend to help me.

Invite a child to grab the other strap and lift together.

That was so much easier with help!

The Bible says in Ecclesiastes 4:9–10: "Two are better than one... If either of them falls down, one can help the other up." God didn't design us to do life alone. He gave us friends, family, and teammates in the church to encourage us and help us when things are difficult.

Debrief: Just like lifting the backpack was easier with help, life is better when we encourage and support each other. God made us to run His race together.



Bible Story (15 minutes)

Two are better than one (Ecclesiastes 4:9–10)

Key Discovery: God designed us to run together.

Takeaway: I can always: Encourage a teammate and ask for help.

TEACHER: Have you ever watched a Winter Games event like figure skating pairs, bobsled, or hockey? Athletes work together as a team. They encourage each other and share the load. The Bible says that life with God is like that too—we're not meant to run the race alone.

The book of Ecclesiastes is full of wisdom about life. In chapter 4, Solomon explains why having a partner or friend is better than going alone. Two people can help each other succeed, lift each other up, and stay warm and safe. That's also how the church works—when we encourage one another, we grow stronger together.

READ (NIV): Ecclesiastes 4:9

“Two are better than one, because they have a good return for their labor.”

When two people work together, they accomplish more. Just like in a relay or team event, teamwork makes the effort easier and more successful.

READ (NIV): Ecclesiastes 4:10 “If either of them falls down, one can help the other up. But pity anyone who falls and has no one to help them up.”

If you fall while running alone, you might stay down. But with a friend, you've got someone to pick you up. God designed us to help each other when life gets tough.

READ (NIV): Ecclesiastes 4:12 (supporting verse) “Though one may be overpowered, two can defend themselves. A cord of three strands is not quickly broken.”

Two are strong, but three are even stronger—especially when God is at the center. When we stick together with Jesus, we’re unbreakable.

Summary: Life is like a team event. God calls us to encourage each other, pick each other up, and run His race together.

Gospel Connection: Jesus didn’t just serve His disciples—He gave His life for us. He calls us to follow His example by serving others with love. And with Him as our strength, we never run alone.





Winter Games (Kids Age 6-12) Week 3 of 4

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Discussion Questions & Prayer (5-10 minutes)

TEACHER: Today we learned that God didn't design us to run life's race alone. The Bible says, "Two are better than one... If either of them falls down, one can help the other up." Let's talk about how we can live that out.

Discussion Questions:

1. Why does the Bible say two are better than one?
2. Can you think of a time when someone helped you—or when you helped someone else?
3. How can you encourage or serve a friend this week?

Prayer Time:

- Invite kids to share prayer requests, especially ways they want to be better friends or teammates.

"God, thank You for giving us friends and family who help us when we fall. Thank You for showing us that we're stronger together. Help us to encourage each other and follow Jesus' example of serving with love. Amen."



Word Search Puzzle

BASIN – DISCIPLES – FEET – JESUS – LORD – LOVE

SERVE – SERVANT – SOAP – TABLE – TOWEL – WATER – WASH

K	F	M	D	U	D	Z	K	F	J	W
T	H	R	K	B	A	S	I	N	M	W
J	O	X	V	F	U	E	M	W	M	A
L	W	W	T	S	E	R	V	A	N	T
Q	I	B	E	P	E	E	K	S	S	E
S	V	J	R	L	E	R	T	H	I	R
O	O	N	B	S	C	N	V	L	Y	G
K	Z	A	F	P	P	N	U	E	E	M
I	T	R	P	N	O	U	X	V	G	H
U	W	L	F	S	H	P	O	N	F	N
D	I	S	C	I	P	L	E	S	T	X

Word Search Answers

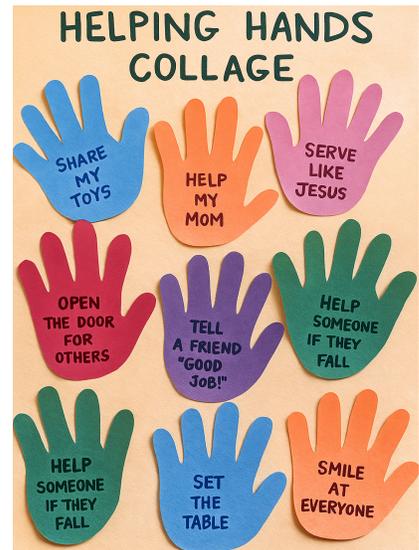
K F M D U D Z K F J W
T H R K B A S I N M W
J O X V F U E M W M A
L W W T S E R V A N T
Q I B E P E E K S S E
S V J R L E R T H I R
O O N B S C N V L Y G
K Z A F P P N U E E M
I T R P N O U X V G H
U W L F S H P O N F N
D I S C I P L E S T X

Craft Activity (5-10 minutes)

Helping Hands Collage

Supplies Needed:

- Construction paper (various colors)
- Markers or crayons
- Scissors
- Glue sticks or tape
- Large poster board (optional, if making a group collage)



TEACHER: Today we learned that Jesus gave us the ultimate example—He served His disciples by washing their feet. He told us to serve one another too. To remind us, we’re going to make a Helping Hands Collage.

How to Make It:

1. Give each child a piece of construction paper. Have them trace one of their hands and cut it out.
2. On the palm of the handprint, ask them to write one way they can serve someone this week (example: “Help my mom,” “Share with a friend,” “Encourage someone”).
3. Option A: Each child takes their handprint home as a reminder.
4. Option B (group): Glue all the hands onto a big poster board to make one large “Helping Hands Collage” for the classroom.

Debrief: Every handprint shows a way we can serve. When we put them together, it shows the power of a whole team serving like Jesus.