



## #2- Lessons from Gethsemane

Passage: Mark 14:26, 32-42

<sup>26</sup> And when they had sung a hymn, they went out to the Mount of Olives.

<sup>32</sup> And they went to a place called Gethsemane. And he said to his disciples, "Sit here while I pray." <sup>33</sup> And he took with him Peter and James and John, and began to be greatly distressed and troubled. <sup>34</sup> And he said to them, "My soul is very sorrowful, even to death. Remain here and watch." <sup>35</sup> And going a little farther, he fell on the ground and prayed that, if it were possible, the hour might pass from him. <sup>36</sup> And he said, "Abba, Father, all things are possible for you. Remove this cup from me. Yet not what I will, but what you will."

1. Gethsemane = the OLIVE PRESS
2. The cup = the WRATH of God.
3. If you don't understand His WRATH,

You don't understand your WORTH.

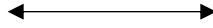
Application:

1. Surround yourself with FRIENDS
2. Run to Him in HONESTY and VULNERABILITY
3. SUBMIT to His will.

The amount you  
believe God LOVES you



The amount that  
you KNOW God



The amount you  
will SUBMIT to Him

## Life Group Discussion Questions

1. What stood out to you most about the Garden of Gethsemane story?
2. Do you struggle with the wrath of God? Explain.
3. Of the 3 applications- surrounding yourself with friends, running to Him in honesty and vulnerability, and submitting to His will-
  - Which of the 3 do you struggle with the most?
  - What are the qualities in your friends that you choose to surround yourself with in suffering?
  - What does submitting to God look like right now in your life?

Send Questions/Feedback to: [jonathan@waipunachapel.com](mailto:jonathan@waipunachapel.com)