



## #1 The Benefit of Doubt

"How Confronting Your Deepest Questions Can Lead to a Richer Faith."

**“What Do You Do When You Have Questions About God,  
But You Don't Have Any Easy Answers?”**

### The Premise

- Doubt Isn't The **Enemy** Of Faith. Doubt Is Often A Doorway To A Deeper & More Meaningful Faith.

**“If You Ever Find Yourself Doubting It Doesn't Make You A Bad  
Christian - It Makes You A Human Being.”**

### But Some Doubted

When they saw him, they worshiped him—but some doubted! Matthew 28:17[ESV]

- Those Who Doubted Where Some of Jesus's **Closest** Disciples

Jesus said to them, "All authority in heaven and on earth has been given to me. Go therefore and make disciples of all nations, baptizing them in the name of the Father and of the Son and of the Holy Spirit, teaching them to observe all that I have commanded you. And behold, I am with you always, to the end of the age." Matt 28:18-20

### Why Is It That You Doubt?

1. You Have **Questions** That You Can't Answer.
2. You Face **Circumstance** That Are Unfair & Unjust.
3. You Experience **Hurts** That You Can't Resolve

### Thomas's Story:

Now Thomas, one of the twelve, called the Twin,<sup>1</sup> was not with them when Jesus came. <sup>25</sup> So the other disciples told him, "We have seen the Lord." "Unless I see in his hands the mark of the nails, and place my finger into the mark of the nails, and place my hand into his side, I will never believe." John 20:24-25

- When You Have Questions & Doubts Don't Panic, **Process**

Eight days later, his disciples were inside again, and Thomas was with them. Although the doors were locked, Jesus came and stood among them and said, "Peace be with you." <sup>27</sup> Then he said to Thomas, "Put your finger here, and

see my hands; and put out your hand, and place it in my side. Do not disbelieve, but believe.”<sup>28</sup> Thomas answered him, “My Lord and my God!” John 20:26-28

- Jesus Gives Thomas Exactly What He **Needed** To Believe In Him.

**“God Is Not Put Off By Your Questions Or Disappointed By Your Doubts”**

# Life Group Discussion Questions

## Open

- What’s something that could make a difficult conversation feel safe?
- Talk about the difference between a journey and a destination.  
What are some reasons it’s helpful to think about your faith as a journey?

## Read: [John 20:24-28]

- What do you notice about Jesus’ response to Thomas’ doubts?
- What does this tell you about Jesus’ response to your doubts?
- Has there been a time when you doubted your faith or had questions for God?
- How did that experience impact your relationship with God?
- Are you currently doubting something in your life or your faith?
- How can your Life Group or the people around you help you process your questions?

## Pray

Father, You are bigger than our doubts and questions. We believe that You draw near to us and can grow our faith through our doubts. Please show us how we can continue to process our doubts and questions and show us more of You along the way. In Jesus’ name, amen.

## Act

If you’re struggling with doubts or questions about your faith, talk about it with someone you trust.

## Source

“The Benefit of Doubt” by Craig Groeschel – Zondervan Publishing

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