



#3 "Blessed Are the Meek"

Matthew 5:5 "Blessed are the meek, for they shall inherit the earth."

Big idea:

Jesus calls blessed, says congratulations, to those who refuse to let power, pain, or revenge rule them. Meekness is not weakness; for the meek, strength is found in their submission to God's rule and reign over their lives and their situation. The meek trust God to judge and restore what sin, violence, and greed have taken.

Three movements

1. The Meek sees what the world tries to hide.
2. The Meek refuses to become what wounded us.
3. The Meek trusts God with the inheritance.

"I commit my cause" to "the Almighty Ruler of the universe, to him who judgeth righteously."

Queen Lili'uokalani

A Prayer & Protest against annexation, June 17, 1897

Study notes

Matthew 5:5 echoes Psalm 37:11. The Greek *πραῖς* (*praeis*) is often translated "meek," while W. Domeris argues that Psalm 37's Hebrew context

also carries the cry of the oppressed and humiliated who trust God to restore the land.

Guardrail: Meekness does not mean silence, enabling abuse, denying injustice, or refusing wise protection. It means refusing to surrender to hatred or revenge.

Life Group Questions

Read Matthew 5:3-12; Psalm 37:1-40; 1 Peter 2:21-23

- 1.** Share overall thoughts and reflections on this week's message.
- 2.** How does Psalm 37 change the way you hear "they shall inherit the earth"—especially when the powerful seem to win?
- 3.** What injustice do you need to name honestly while releasing personal revenge to God?
- 4.** Where is Jesus inviting you to practice controlled strength, truthful peace, or forgiveness this week?
- 5.** How does Queen Lili'uokalani's restraint of violence and pursuit of justice challenge or encourage your response to conflict?
- 6.** Read 1 Peter 2:21-23, spend time reflecting on the response that Jesus had to evil. What can you learn, gather, glean, possibly pray for to be able to live out in your own life?

Encouragement: Stay Humble & Pray

Sources for further study

W. Domeris, "Meek or Oppressed?"

Queen Lili'uokalani, 1895 statement — [FRUS](#)

Queen Lili'uokalani, 1897 protest — [UH Manoa](#)

[Blueletterbible.org](#) / [Biblegateway.com](#)

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