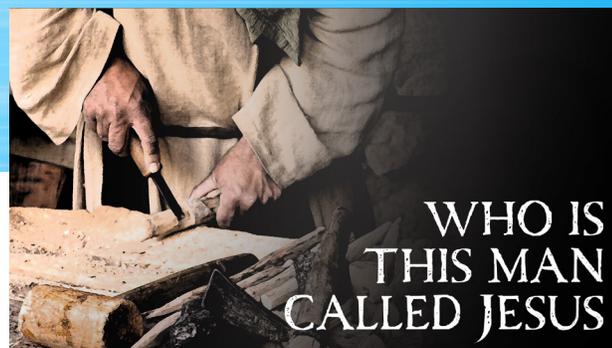


Discussion Questions

October 17, 2021



Training to Do What Jesus Did

1. Read 1 Timothy 4:6-10 out loud a couple times.

- Discuss what you think is Paul's main point in this passage
- In verse 8 Paul says that Training in Godliness has "promise" or benefit in this present life. How does this kind of training provide promise or benefit for today?

2. Read the following passages regarding Jesus' prayer life then answer the questions following.

Matthew 14:23

Luke 6:12

Mark 1:35

Luke 5:16

Luke 22:39

- Summarize what you learn about Jesus' prayer life in those passages
- What relevance does that have for us today?

3. The sermon emphasized the difference between trying to be more like Christ & training to do so. It likened trying to be like Jesus with trying to run a marathon as a beginner and feeling like a failure no matter how far you run.

- Have you ever felt exhausted or tired in your attempts to try and be a disciple of Christ? What has that looked like?

4. Read Ephesians 3:22-24. After that, read Dallas Willard's application of that passage in the following quote. "We 'put on' the new person by regular activities that are in our power, and we become what we could not be by direct effort. If we take note of and follow Jesus in what he did when he was not ministering or teaching, we will find ourselves led and enabled to behave as he did when he was 'on the spot.'"

- Discuss in what ways does "putting on the new self" enable us to spontaneously respond like Jesus did "on the spot" to love with grace, patience & kindness in any given situation?

5. Are there any spiritual disciplines that you have been training in? Is there any one discipline you think might be beneficial for you to begin training in?

