

Exercise

Identify three to five people you care about who are not followers of Jesus and begin praying for them daily.

We encourage you to write down their names on a small piece of paper, put it in your pocket or somewhere prominent in your home, and then pray for them daily from now to the end of this Practice.

As a part of this exercise, we invite you to plot those three to five people in the different thresholds shared in this session's teaching. Once you have placed them, ask God to speak to you about the part he is inviting you to play for each particular person.

01 Write down the names of three to five people who are not currently following Jesus that you want to pray for daily throughout this Practice.

Person 01:

Person 02:

Person 03:

Person 04:

Person 05:

- 02 Place each of those three to five people in the below category that you think best represents where they are in their spiritual journey.

Trusting a Christian

Becoming curious

Opening up to change

Seeking after God

Living in the Kingdom

ON YOUR OWN — PRACTICE

- 03 Lastly, set aside some time now to ask God to speak to you, in your mind and heart, about what they need to experience next, and what part you play in it. What do you sense needs to happen next in their spiritual journey to move toward God?

In order to do this, find a quiet space to spend the next 10-15 minutes in prayer:

- To begin, posture yourself how you like to pray and take a few slow, deep breaths, becoming aware of God's loving presence in and around you.
- Bring one of the individuals to your mind, and invite God to speak to you about them. Ask God to reveal where they are at and what they might need to experience next. Listen and note any words or impressions that come to mind.
- Then ask God to show you how you might participate in what he is already doing in their lives. If nothing specific comes to your mind or heart in this step or the one previous, don't worry. Just ask that God would give you more of his compassion for this person, and eyes to see how you can join him in their life.

Repeat the above until you have finished praying for your list of three to five people.

- 04 Write below what you sensed God speaking and inviting you towards in each person's life. Consider uniquely marking this page with a bookmark or dogeared page, so you can return to your notes below to guide your prayer for these people throughout the Practice.

Person 01:

Person 02:

Person 03:

Person 04:

Person 05: