



## **A FOLLOWER OF JESUS TRUSTS**

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### **LUKE 12:22-31, CSB**

<sup>22</sup> Then he said to his disciples: “Therefore I tell you, don’t worry about your life, what you will eat; or about the body, what you will wear. <sup>23</sup> For life is more than food and the body more than clothing. <sup>24</sup> Consider the ravens: They don’t sow or reap; they don’t have a storeroom or a barn; yet God feeds them. Aren’t you worth much more than the birds? <sup>25</sup> Can any of you add one moment to his life span by worrying? <sup>26</sup> If then you’re not able to do even a little thing, why worry about the rest? <sup>27</sup> “Consider how the wildflowers grow: They don’t labor or spin thread. Yet I tell you, not even Solomon in all his splendor was adorned like one of these. <sup>28</sup> If that’s how God clothes the grass, which is in the field today and is thrown into the furnace tomorrow, how much more will he do for you — you of little faith? <sup>29</sup> Don’t strive for what you should eat and what you should drink, and don’t be anxious. <sup>30</sup> For the Gentile world eagerly seeks all these things, and your Father knows that you need them. <sup>31</sup> “But seek his kingdom, and these things will be provided for you.

### **NOTES:**

#### **The reality of worry:**

1. The way you view God will determine how you view everything else.
2. Worry leads to anxiety; concern leads to action. (v. 25-26)
3. Worry is a sin.

#### **The remedy for worry:**

1. When you start to overthink, remember the raven. (v. 24)
2. When you want to control everything, reflection God’s creation. (v. 27-28)
3. When you get anxious, replace worry with worship. (v. 30-31)