

2025-2026 GFM Schedule

September 18 9-11am — First session – **Welcome & Craft**

October 2nd 9-11am — Mom Struggles: Friendship

October 16th 9-11am — Mom Struggles: Comparison and Discontentment

October 30th 9-11am — Ask us anything! Small group discussions

November 6th 9-11am — Mom Struggles: Mom Guilt

November 20th 9-11am — Mom Struggles: Burnout

December 2nd 6PM — **Christmas Party - Christi's House**

January 8th 9-11am — Mom Struggles: Intentionality and Parenting

January 22nd 9-11am — Mom Struggles: Technology

February 5th 9-11am — Mom Struggles: Self-Care

February 19th 9-11am — **Spa Day!!!**

March 5th 9-11am — Mom Struggles: Identity

March 19th 9-11am — Mom Struggles: Disappointments

April 10th 9-11am — Mom Struggles: Marriage and Singleness Wrap-up

April 24th 9-11am — **Care Worker Brunch**