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ICEBREAKER

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How often do you spend time alone? Do you wish you had more time or less time? Why?

CONTEXT

We see the disciples leaving the miracle of feeding the 5,000 and encountering a storm on the Sea of Galilee.

PASSAGE

John 6:16-21 Mark 6:48-52

DISCUSS

John 6:15 sets the scene for what we are reading today. Where do we see Jesus, and why is He there?

Jesus models a lifestyle of rest and the need to be alone with God throughout the gospels. Does the fact that Jesus needs this time come as a surprise to you? Why or why not?

Mark 6 says that Jesus made them get into the boats. Does the idea that Jesus sent them into the storm bother you? Encourage you? Why would Jesus send them out into a difficult situation?

DISCUSS CONTINUED

What does it mean to you that Jesus enters into the storm with the disciples? How have you seen Jesus enter the storms in your life in the past?

What kind of peace do you think it brought the disciples to hear Jesus identify Himself?

What storm are you sailing through this week that you need Jesus to show up in? Are you inviting Him into the boat with you?

Read Hebrews 4:15-16. How do these verses impact you as you think about the storms in your life?

NEXT STEPS

We see Jesus model time alone with God. Is spending time alone with God something that happens regularly in your life?

If you struggle to get time alone with God, what needs to change to make this possible? Talk together about ways we can make time alone with God a priority in our schedule. These will not be one-size-fits-all answers, but learning from others in this area is helpful.