

WINTER  
& SPRING  
2026

# SOAPS GUIDE

S

## SCRIPTURE

Read the passage twice.  
Retell the passage in your own words.

O

## OBSERVE

What does it say about God, Jesus, or His plan?  
What does it say about people?

A

## APPLY

Sin to Confess  
Promise to Claim  
Attitude to Change  
Command to Obey  
Example to Follow

P

## PRAY

What is God saying to me?  
What will I do in response?

S

## SHARE

Who can I share this with?  
When will I do this?

For more info on SOAPS, visit  
[silverdalebc.com/smallgroups](http://silverdalebc.com/smallgroups)

Week #	DAY 1	DAY 2	DAY 3	DAY 4	DAY 5
Week 1	□ Neh. 8:7-12	□ Heb. 12:1-3	□ Ps. 16:7-11	□ Jn. 15:9-17	□ Isa. 12
Week 2	□ Phil. 1:1-2	□ Jas. 1:2-4	□ 1 Pet. 1:3-9	□ 2 Cor. 4:7-12	□ Hab. 3:17-19
Week 3	□ Phil. 1:3-11	□ Rom. 1:8-12	□ 2 Jn. 1:1-13	□ 1 Jn. 4:7-12	□ Eph. 1:15-23
Week 4	□ Phil. 1:12-18a	□ Phil. 1:18b-26	□ Phil. 1:27-30	□ Gen. 50:15-21	□ Rom. 5:1-5
Week 5	□ Phil. 2:1-4	□ Mk. 10:42-45	□ Jn. 17:20-23	□ Ps. 133	□ Rom. 12:9-18
Week 6	□ Phil. 2:5-11	□ Rev. 5:9-13	□ Col. 1:15-23	□ Isa. 9:6-7	□ Heb. 1:1-4
Week 7	□ Phil. 2:12-18	□ Gal. 2:15-21	□ 1 Jn. 4:1-6	□ 2 Cor. 2:14-16	□ Heb. 13:20-21
Week 8	□ Phil. 2:19-30	□ Acts 2:42-47	□ 1 Thes. 2:17-20	□ 1 Pet. 4:8-11	□ Jn. 15:12-17
Week 9	□ Phil. 3:1-11	□ Ps. 20	□ Rom. 3:21-31	□ 1 Cor. 2:1-5	□ Rom. 4:1-8
Week 10	□ Phil. 3:12-21	□ Ps. 4	□ Rom. 15:4-13	□ 1 Cor. 9:19-24	□ Gal. 6:7-10
Week 11	□ Mic. 5:2	□ Isa. 7:14	□ Isa. 53	□ Ps. 22:12-18	□ Mt. 12:39-40
Week 12	□ Mt. 2:1-12	□ Mt. 1:21-23	□ 1 Pet. 2:22-25	□ Jn. 19:23-24	□ Acts 2:31-33
Week 13	□ Mt. 2:11-11	□ Mt. 2:12-20	□ Mt. 21:23-46	□ Mt. 26:17-46	□ Mt. 27:1-61
Week 14	□ Phil. 4:1-3	□ Eph. 4:25-32	□ Rom. 12:17-21	□ Prov. 15:1-4	□ Mt. 5:38-42
Week 15	□ Phil. 4:4-9	□ Col. 3:12-17	□ Lk. 10:38-42	□ Isa. 26:3-4	□ Jas. 1:19-20
Week 16	□ Phil. 4:10-13	□ Lk. 9:57-62	□ Rom. 8:31-39	□ 2 Cor. 12:7-10	□ Isa. 40:28-31
Week 17	□ Phil. 4:14-20	□ 2 Cor. 9:6-15	□ 1 Tim. 6:6-10	□ Mt. 6:25-34	□ Jn. 15:1-11