

TALK IT OVER

February 15, 2026

Review this week's message.

Key Scripture: [Ephesians 5:21-30](#), [Colossians 3:18–19](#), [Hebrews 2:1](#)

Start talking. Get the conversation rolling.

- If marriage had a “warning light” like a car dashboard, what would yours look like when life gets busy?
- Be honest—are you more likely to over-communicate or under-communicate when you're stressed?

Start sharing. Be open with your group.

- What stood out to you the most from this week's message?
- Where do you see “drift” happening most easily in relationships—communication, intimacy, spiritual life, priorities?
- Why do you think drift feels normal and not urgent?
- How has culture shaped the way we hear words like “submit” and “head”?
- What's the difference between leadership and control?
- Why is “go first” leadership so hard? Men: What would it look like this week to go first—to apologize, pray, initiate connection? Women: What does strength under control look like in real life?
- How has God used someone close to you to refine you?

Start praying. Be bold and pray with power.

- Pray and ask the Lord to show you where reverence has faded in your heart. Pray specifically for one area where pride or drift has crept in—and ask God to soften it.

Start doing. Commit to a step and live it out this week.

- Take Ten intentional minutes. No phones. No distractions. Ask one honest question: “*How are we really doing?*” If you're single: Use those ten minutes to ask God, “Shape me now into the kind of person who can love like Christ.”