TALK IT OVER

October 25, 2026

Message Summary:

Most of us keep the mask on because we're bracing for a verdict that already got overturned. Romans 8:1 says there's no condemnation for anyone who belongs to Jesus, because He took the sentence Himself. So honesty isn't a gamble. On the other side of it is a Father with His face already turned toward you.

Key Scripture Romans 8:1-4, Romans 8:15, 2 Corinthians 3:16-18, Zephaniah 3:17

Start talking. Get the conversation rolling.

- What's the most uncomfortable costume, uniform, or outfit you've ever had to wear for way too long?

Start sharing. Be open with your group.

- What stood out to you the most from this week's message?
- Romans 8:1 says there's no condemnation for anyone who belongs to Jesus. Why is that so hard to believe about ourselves?
- Most of us replay a line in our heads, like "If they really knew me, they'd leave." What's yours?
- Paul says the veil comes off when we turn to the Lord (2 Corinthians 3:16). Why do we try to clean ourselves up first?
- Where are you doing the right thing but keeping God at arm's length, like the kid taking out the trash with a clenched jaw?
- Zephaniah 3:17 says God delights in you and sings over you. Is that easy to believe or a stretch? Why?
- When someone tells you something hard, what do they need from you in the first ten seconds? What shuts them down?
- Who's the first person you'd call if you needed to take the mask off? What makes them safe?

Start praying. Be bold and pray with power.

- Tell God the one thing you've been hiding under "I'm fine," and give Him permission to say what He's already said about you: no condemnation.

Start doing. Commit to a step and live it out this week.

- Before next Sunday, ask someone "No, how are you really?" and then listen, or tell one safe person one honest thing you've been keeping to yourself.

GRACE POINT