



Week 3 3's 4's, 4's 5's 9:45

INVITATION

We invite you to pause, listen, and shift your gaze toward the Father ...

LESSON AT A GLANCE

WONDER TRUTH: God Deserves Worship

SCRIPTURE: [Psalm 145](#)

WORD OF WONDER: [Psalm 100:2](#)

When was the last time you stood in awe of something?

I spent a few years living in small towns surrounded by the Pike National Forest, just off the northern face of Pikes Peak. One August, I was invited to lead worship on the summit of Pikes Peak for an event called “Worship Above the Clouds.” Along with other worship leaders from the Colorado Springs area, I led worship at 14,115 feet. This is the same mountain that inspired the song “America the Beautiful.” As we played, we faced east, toward the plains below the mountain. We could see for miles.

Read [Psalm 145:1–18](#).

Verse 3 says, “Great is the Lord and most worthy of praise; his greatness no one can fathom” (NIV). There’s something powerful about singing of God’s greatness, knowing nothing compares to Him, while looking at a view so awe-inspiring. Still, God’s greatness is even more amazing. He is the one who created the view that we were in awe of. This truth brought us in that moment into deeper worship.

I just asked, “When was the last time you stood in awe of something?” But now, let me ask: When was the last time you were even more in awe of God? He is truly worthy of worship!

—**David Ruybalid**

Worship Leader, Recording Artist, and Discipleship Pastor

Contributor to Wonder Ink

Puppet Intro and Curiosity Questions

Leader: Good morning, friends! I think we should see if our friend Tac the curious cat is around today. Can you help me call for him? On the count of three, let's all shout, "Tac!" One two three! Tac!

Tac the Cat: Oh, good morning, friends!

Leader: Good morning, Tac! How are you today?

Tac the Cat: I'm doing OK. We just got home from church. I love hearing all about God's big story at church, but I don't always enjoy the worship time because I don't always feel like singing.

Leader: Oh, but Tac, worship is an important time at church!

Tac the Cat: Why is worship so important? It's just singing some songs.

Leader: Worship is way more than just singing some songs. It's our way of telling God how awesome He is! Worship is not about us. It's all about God!

Tac the Cat: I never thought about worship that way. But what if I don't feel like singing all the time? Sometimes I love it. But other times ... not so much.

Leader: Did you know worship is more than just singing? We can worship God in lots of ways—through dance, art, and music. We can even worship God by helping and serving others.

Tac the Cat: I do like art! So I could use my art to worship God? Maybe I could paint during church instead of singing!

Leader: You can use your art to worship God. You could use the talents God has given you to draw, paint, or even take photos of God's creation. You could use your talents to tell others who God is and what He has done for you.

Tac the Cat: That sounds very cool and interesting!

Leader: You know what, Tac? Singing isn't that bad! Did you know there is a book in the Bible called Psalms? It's filled with song poems that were all written to worship God.

Tac the Cat: The people we read about in the Bible worshiped God through singing?

Leader: They sure did! Hey, Tac, the kids and I are going to have a time of worship later. Would you like to come join us?

Tac the Cat: I guess worship isn't so bad after all. I'd love to see how all of you worship God! For now, I think it's time for lunch.

Leader: OK, Tac. Enjoy your lunch! See you later!

Have you ever been curious about something? Let's take a moment and think: What is worship? Allow the kids to respond. **How can we worship God?** Allow the kids to respond. **We all see and hear things that make us curious. Did you ever stop to think about how God deserves our worship?**

Today's Wonder Truth is **GOD DESERVES WORSHIP.** Today we'll discover why God deserves

worship!

Word of Wonder

SUPPLIES: Bible, large plastic hoops (1–2)

WORD OF WONDER

Worship the LORD with gladness. Come to him with songs of joy.

—Psalm 100:2

Place a large plastic hoop on the ground and have kids gather in a circle around it. If you have a big group, you may need to use more than one hoop. Practice saying the Word of Wonder together while doing the motions below.

Encourage the kids to do the motions and say the verse with you.

- **WORSHIP THE LORD**—*Put hands over your head in a “praise” motion.*
- **WITH GLADNESS**—*Smile and point to your mouth.*
- **COME TO HIM**—*Move one arm toward your body, as if inviting someone to come with you.*
- **WITH SONGS OF JOY**—*Place open palm in front of your mouth. Move it in circular motions away from your face.*
- **PSALM 100:2**—*Hold your hands together in front, palms together, as if opening a book.*

When we come together in church to praise God, it can be a powerful act of worship. However, worship doesn’t just have to happen on Sundays inside a church building. We should worship God every day, outside of Sunday mornings and outside of a church building. Like King David, when we worship God with our whole selves, we understand that Sunday isn’t the only day of the week that God is worthy of worship. He’s worthy all day, every day! Let’s do an activity to help us remember that God is worthy of worship inside and outside the church building!

Leader Tip: Kids are concrete thinkers. Consider having them name different places they could worship that are outside the church building. Outside doesn’t only mean out in nature—it could mean at home, at school, or even at the store.

When I say, “inside,” everyone should quickly hop into the hoop and say the verse. When I say, “outside,” everyone should jump out and say the verse. Call out “inside” and “outside” as time allows, helping kids say the verse each time.

Gather kids to discuss these questions:

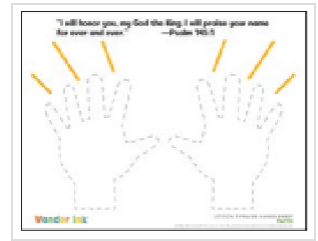
- What does it mean to “worship the Lord with gladness”?
- Where can you worship God this week?

Craft: Praise Hands

SUPPLIES: ink pads, washable paint, or coloring utensils

Wonder Ink RESOURCES: [Praise Hands Sheet](#) (1 per kid)

Ahead of time, print a [Praise Hands Sheet](#) for each kid. **Let's do a craft together to remind us to praise God.** Hold up one of the [Praise Hands Sheets](#). This paper says "I will honor you, my God the King. I will praise your name for ever and ever." That's from [Psalm 145:1](#). We're going to put our handprints on this page to remind us to always praise God. You can make your own "praise hands" to remember how we can worship God! Praise means celebrating and thanking Him.



Have kids lay their palms down, fingers spread apart side by side on the page, on the handprint outlines. Leaders can trace around the kids' hands. Then kids can color and decorate their handprints using ink pads, washable paint, or coloring utensils.

Take your pictures home to help you remember that you can praise God any time and that He is worthy of worship!

Game: Praise Tag

Gather kids together in an open space. Choose one or two kids to be the taggers. **We're going to play a game of praise tag! If you get tagged, you must freeze. In order to be "free" again, shout out something you can praise God for, and then you can keep playing. If you need an idea, you can say, "God deserves worship."**

Play as time allows, letting kids take turns being the taggers.

Prayer and Blessing

After the kids finish their activity, pray with them, thanking God for being amazing.

God, we love to worship You. You are awesome and deserve our worship. We praise You for all the great things You have done. In Jesus' name, Amen.

Encourage the kids to hold their hands out in front of them, with palms up, as if their hands were open to receive something. Tell them to listen and receive the blessing as you speak it over them.

Blessing: May you think of our good and powerful God—who knows you the best and loves you the most—as you worship Him this week and always! He is worthy!

