

# Journal

Spend some time thinking about the question below and journal your thoughts or share them with a parent.

[illegible]

©2022 Parent Cue. All Rights Reserved.

February  
2023

# Week One

## Preteen



## Day 1

After watching, write one thing that:

Scan the QR Code and watch this week's episode of The So & So Show. Even if you already saw it at church, feel free to check it out again!



**1. You liked:**

.....

## 2. You learned:

.....

### 3. You'd like to know:

.....

## A Devotional on Respect.

FOR AN **everyday faith.**

## Day 2

Read Luke 5:1-11, 27-32

As you read through Luke 5:1-11, 27-32, underline the group of people who were likely assumed to be the followers of God's Son.

Then circle the names of the men who were **actually** Jesus' followers.

The fishermen and the tax collector were not the types of people that others would have expected to play such a big part in Jesus' story. And yet, Jesus included them! Jesus chose to include people who others overlooked. It was from these unlikely people that Jesus chose His closest friends—His disciples.

Jesus wasn't worried about collecting the "right" followers or popular friends. Instead, He included everyone. He chose to spend His time with people who saw how much they needed Him—instead of people like the religious leaders who thought they were too important to need help.



## Day 3

Including others isn't hard, but it's also not always easy—or at least, it requires a bit of courage.

Thankfully, God is always with us to give us that courage to include others. All we have to do is ask!

Use the prompts below to write out a prayer. Pray the prayer out loud, asking God to help you have the courage to **include people who are left out**.

"Dear God, thank You for . . .

Help us show others . . .

Help us include. . .

In Jesus' Name, we pray. Amen."



## Day 4

From Jesus' life and teachings, we know that one way we can show others they are important is by including people who are left out.

Sometimes the people who are left out are really obvious—like the new kid who sits by himself at lunch—but sometimes it takes going through our day with our eyes wide open, looking for others who might be feeling left out. When you do find them, it doesn't take much to talk to them in a way that makes them feel included!

Who can you talk to today to make them feel included? Circle all of the ideas below that you think you can do this week to make others feel included.

- Greet the crossing guard or bus driver
- Ask your teacher how her day is going
- Put down your phone or device and talk to the person next to you
- Invite the new kid at lunch to sit with you
- Take a screen-free afternoon and spend time with a younger brother or sister
- Thank someone who helps you, like the cafeteria worker or mail worker
- Invite someone in your neighborhood (who you don't usually hang out with) over to play a game
- Other: \_\_\_\_\_

## Day 5



Hopefully you learned a lot from your day of intentionally including others—like how easy it is to do, and how much joy it can bring you.

But showing others they are important by what you say and do isn't a one-and-done situation. We need to choose to **include people who are left out every chance we get!**

Sometimes this is harder than others, especially when the person being left out is someone (including you) everyone finds annoying.

Think about who that person is in your life—someone you find it hard to include. Write their initials here: \_\_\_\_\_

Now make a plan to start slowly including this person, such as,

1. P<sup>r</sup>aying for them
2. Gre<sup>E</sup>ting them
3. Asking a que<sup>S</sup>tion about their life
4. Inviting them to P<sup>l</sup>ay with your friends
5. Inviting th<sup>E</sup>m to sit with you
6. Ex<sup>C</sup>hanging phone numbers
7. Inviting them T<sup>o</sup> your house

You may not make it all the way to step 7 with this person, but see how far you can go. And maybe you'll end up with a new friend! The next time you see someone who is overlooked, add their initials and start the RESPECT process all over!

# Journal

**Spend some time thinking about the question below and journal your thoughts or share them with a parent.**

[illegible]

©2022 Parent Cue. All Rights Reserved.

February  
2023

## Week Two

### Preteen



# Day 1

After watching, write one thing that:

Scan the QR Code and watch this week's episode of The So & So Show. Even if you already saw it at church, feel free to check it out again!



### 1. You liked:

.....

## 2. You learned:

.....

### 3. You'd like to know:

.....

## A Devotional on Respect.

FOR AN **everyday faith.**

## Day 2

### Read Matthew 5:43-44

After you've read Matthew 5:43-44, rewrite the verses using only emojis. You don't have to have an emoji for every word, but just try to convey the message Jesus was sharing with emojis. You can draw this out or type this on a notes app on a device. Maybe even send it as a text to a parent and ask them to give their best guess of what it says!



## Day 3

If you're wondering what "loving your enemy" looks like, Jesus gave us a tangible way in the second part of Matthew 5:44:

**"Pray for those who hurt you."**

Talk about going against the norm. Can you imagine anything harder than praying for someone who has hurt you? But that's exactly what Jesus wants us to do.

If you're struggling to get started praying for someone who has hurt you, try personalizing this prayer and then reading it out loud.

Dear God, thank You for sending Jesus to be my Savior, but also to teach me how to live. I want to follow His example of showing respect to others even when we don't get along, but that can be really, really hard. You know that I especially struggle with showing respect to \_\_\_\_\_ because of how they \_\_\_\_\_.

I want to grow more like You in loving and respecting others even when we don't get along. Please help me respect \_\_\_\_\_, and if there's anything causing them pain, please bring peace and comfort. In Jesus' Name, we pray. Amen.

## Day 4

What does it look like to show respect even when you don't get along?

Or more accurately, what does it sound like?

Sometimes it sounds like choosing respectful words, even when others don't. It might sound like:

- Speaking with patience, even when someone is angry.
- Refusing to call names, even when someone is name-calling you.
- Saying kind things behind someone's back, even when someone is saying mean things about you.
- Changing the subject when you hear someone making fun of someone.

All day long, look for opportunities to show respect with your words and actions, even when someone is hard to get along with.



## Day 5

When is it hard to get along with someone?

For most of us, there's probably no harder time to get along with others than when we're with our families. Even though we love our family members, it can be hard to show them they are important to us with what we say and do. But even when we can't get along all the time, we can choose to show respect.

Ask your parents if you can create a "Respect Jar." For the rest of the month, every time your mom or dad sees you choosing respectful words or actions, they can put something in the jar. Maybe it's a quarter, an M&M, or some other small reward. At the end of the month, you'll see how respectful you were, and you'll have a fun treat too!

Spend some time thinking about the question below and journal your thoughts or share them with a parent.



Journaling lines for the first question.



Day 1

Scan the QR Code and watch this week's episode of The So & So Show. Even if you already saw it at church, feel free to check it out again!



After watching, write one thing that:

- 1. You liked:
- 2. You learned:
- 3. You'd like to know:

## Day 2

### Read Luke 10:38–42

After you read through Luke 10:38–42, draw lines from each woman's name to the phrases that match her actions.

Mary

Martha

Welcomed Jesus

Worried

Sitting at Jesus' feet

Busy

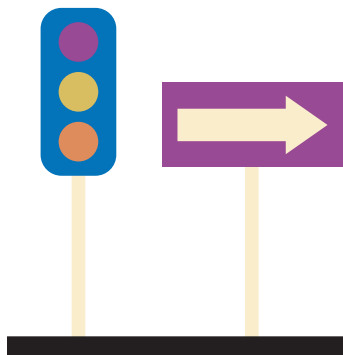
Many things

Listening to Jesus

Chose better

Complained to Jesus

Martha wasn't wrong for doing things for her special guest. It's just that in doing all the things, she was forgetting the most important thing—spending time with Jesus!



## Day 3

There are many things we can spend our time doing, and most of them aren't bad things—in fact, many of them are good things!

But despite all that we have and want to do, we still must **take time to show others they are important.**

What are the things that sometimes distract you from taking time to show God, your family, and your friends that they are important? Personalize the prayer below by filling in some of the things that can compete for your time—remember to include the things you have to do as well as the things you want to do.

Dear God, I know that spending time with You and taking time to show others they are important is the most important thing for me to do. But there are so many things I have to do like

\_\_\_\_\_, \_\_\_\_\_,

and \_\_\_\_\_. And there

are things I also like to do, like

\_\_\_\_\_, \_\_\_\_\_,

and \_\_\_\_\_. I know

these are good things too, but I want to

be sure I still **take time to show others they are important.** Please give me

wisdom on how to spend my days, and

give me discipline to follow through. In

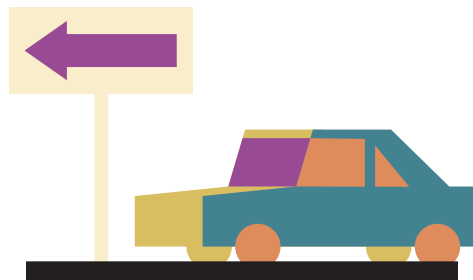
Jesus' Name, I pray. Amen.

## Day 4

### How has someone shown you you're important?

There are so many ways to show someone they are important to you, but everybody has something(s) that really hit different when it comes to respect. For some people, having a friend reach out and suggest a hangout makes them feel super respected. For others, when people say really kind things, it makes them feel important and loved.

Today, try making a Respect Reference—a guide that will remind you how many of the people you care about feel most respected. Grab a sheet of paper and label it “Respect Reference.” Then write the names of people who you respect and you want to make sure they know it. Lastly, go interview them. Start by asking them **how has someone shown you you're important?** If they can't think of an example, you can suggest things like: spending time with you, saying encouraging things to you, helping you with tasks, etc. Write down their answer beside their name, and save it for tomorrow!



## Day 5

There's no better way to show someone they're important to you than by offering them the gift of time.

Think of someone who you know enjoys spending time with you. If you get stuck, refer back to your Respect Reference from yesterday and choose something someone mentioned that makes them feel important to you. Put it into action today. And remember to refer back to your Respect Reference sheet often to show others they're important to you!

Spend some time thinking about the question below and journal your thoughts or share them with a parent.



Journaling lines for the first page.



Day 1

After watching, write one thing that:

Scan the QR Code and watch this week's episode of The So & So Show. Even if you already saw it at church, feel free to check it out again!



- 1. You liked:
- 2. You learned:
- 3. You'd like to know:

## Day 2

### Read Matthew 8:5-13

After you read Matthew 8:5-13, arrange the following events in order.

- The commander asks Jesus to help his servant
- Jesus told the commander his faith was the strongest in Israel
- A Roman commander came to Jesus
- Jesus was amazed
- Jesus healed the servant
- The commander tells Jesus he is not worthy for Jesus to come in his house
- Jesus offers to heal the commander's servant

Can you imagine being in charge of so many people, yet still realizing your importance is small compared to God? That was how it worked for the commander. He could have reminded Jesus how important he was and insisted Jesus come with him to heal his servant. But instead, he remembered God is most important, and that faith saved his servant!



## Day 3

### Have you ever wondered why some people pray by closing their eyes and bowing their heads?

Or what about when some people even get on their knees and clasp their hands to pray? Why do you think they do that? Usually, it's because they want to show respect to God.

We certainly don't have to bow our heads or get on our knees by our bed to talk to God—we can talk to God anytime, anywhere, in any position. But sometimes using our physical bodies to demonstrate respect can help us remember how God is most important.

As you pray the prayer below, find a position that you feel like communicates respect to God. It doesn't have to be on your knees or with your hands clasped but try choosing something that's a little different from how you usually pray.

Dear God, You ARE the most important. I want to show You respect not just in how I talk to You, but also in how I live my life. I want to show others how You are the most important by my actions and how I love others well. Please help me to remember that no matter whether I sit or stand or kneel when I talk to you, the most important thing is to take time to talk to You. Please help me live my life in a way that shows You and others that You are the most important. In Jesus' Name, I pray. Amen.

## Day 4

### Remember God is most important.

Have you ever seen an acceptance speech when someone received an award—maybe it was a movie or TV star or a famous athlete. Sometimes others poke fun at these people because they acknowledge or thank God in their speech. But the truth is, we should all be acknowledging every day that God is the most important, and the One who we should be giving credit for all the good things in our life!

Write your own acceptance speech. Pretend you've been given an award for being an amazing human. But don't just give credit to God at the end. As you write the speech, look for ways to acknowledge God at work in everything good. Maybe God gave you amazing parents, or gifted you with the ability to play sports or draw. Write your speech, then pick a family member to listen as you deliver it.



## Day 5

### How do you show respect to God?

Hopefully you delivered an amazing acceptance speech yesterday, showing respect to God. But obviously you can't give a speech every day. So how can you live in a way that shows respect to God?

Think through a regular week of your life. How can you show respect to God in your everyday life? Unscramble the words below to see some ideas.

- NIOBECDEE
- ELLT SORTHE TAUBO ODG
- HKNTA OGD
- SHIOWP SUEJS
- AERD IBBLE
- SDNEP MTIE IWHT DGO
- OD ODOG ISGNHT NI UESSJ' EMAN

Did you see one or more that looks like something new you could do this week? Circle at least one thing that you can work on to show respect to God. Try to do it every day until it becomes a habit. Before you know it, you'll be living in a way that reflects the truth that God is most important!

Answers: Obedience, Tell others about God, Thank God, Worship Jesus, Read Bible, Spend time with God, Do good things in Jesus' Name