

CLOSER

A 40-DAY PRAYER JOURNEY



This Journal Belongs To: _____

**“Then you will call on me and
come and pray to me, and I will
listen to you. You will seek me and
find me when you seek me with all
your heart.”**

- Jeremiah 29:12-13 (ESV)



Welcome to Your Prayer Journal

Whether you've prayed for years or are just beginning to explore what it means to talk with God, this 40-day journey is for you.

Prayer isn't about having perfect words—it's about connection. It's a private place to bring your thoughts, emotions, questions, and hopes before a God who not only listens, but loves you deeply and is ready for anything you have to say. Our hope is that journaling not only becomes a life-long habit, but creates a space where you can reflect, release, realign—and ultimately grow closer to Christ.

Inside, You'll Find Space To:

- **Practice gratitude, over everything: big or small.** Gratitude is about noticing and appreciating.
- **Let go of worries and invite peace.** Worry is not part of God's plan for us—what can you release to Him?
- **Surrender your control over to God.** The more you lay down to God, the freer you become. Do you need to put down your anger, sin, hurt or unhealthy habits? This is the place.
- **Pray.** Be specific and bold when you pray, listen quietly, and rest in God's presence. You can start with personal things and expand to global things. Don't forget to record answered prayers!

You don't need to fill every page perfectly. This is not a daily to-do list—it's an invitation. Come as you are. Be honest. Be still. And discover what can happen when you create space for prayer.

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I Am Surrendering:

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YOU MADE IT. But This Isn't the End.

These past 40 days have been an invitation—to slow down, to listen, to speak honestly with God, and to draw closer to Him.

Whether you felt breakthroughs or silence, peace or resistance, joy or struggle, know this: *God was with you through it all.* **He still is.**

Prayer isn't about performance or perfection. It's about presence. It's about relationship. And you've taken steps toward making space for that every day.

As you close this journal, our hope is that the rhythms you've practiced—gratitude, surrender, trust, and conversation with God—continue to shape your days. This may be the final page, but the conversation doesn't have to end here.

May you walk forward in peace, grounded in hope, and confident in God's love. Amen.



**Keep Showing Up.
Keep Seeking.
God Is Always
Ready To Meet You.**

Spiritual Disciplines

Spiritual disciplines are practices that cultivate a closer relationship with God and promote spiritual growth. They transform us from the inside out. Prayer and journaling are two such disciplines, some others include:

- Bible intake and study
- Worship
- Fasting
- Service
- Fellowship
- Prayer Walking*

If you would like to learn more about any of these practices, please check out the ACAC website at acac.net/closer. If you would like to experience a weekend service, we'd love for you to join us any Sunday at 8:30, 10:00 & 11:30 A.M. at our North Side campus or Sunday at 10:00 A.M. at our Steel Valley campus.



**“Draw near to God,
and He will draw near to you.”**

— James 4:8 (ESV)

*Prayer Walking is a simple way for you and your friends to change the world around you. As you walk and pray in a community, God shows you its needs and positions you to meet those needs. If you would like to learn more about this practice here are two resources: pittsburghprays.com and seapc.org

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This prayer journal is brought to you through the generosity of

