

Summary

As we continue in Jonah 1, the sailors on Jonah's ship frantically try to discover the cause of the storm that threatens to destroy them.

When Jonah is identified as the source of their trouble, the sailors are unsure how to respond.

Jonah tells them that throwing him into the sea will calm the storm. After exhausting every other option, the men cry out to the LORD asking Him for mercy and finally toss Jonah overboard.

The sea immediately becomes calm, leading the sailors to fear the LORD, offer a sacrifice, and make vows to Him.

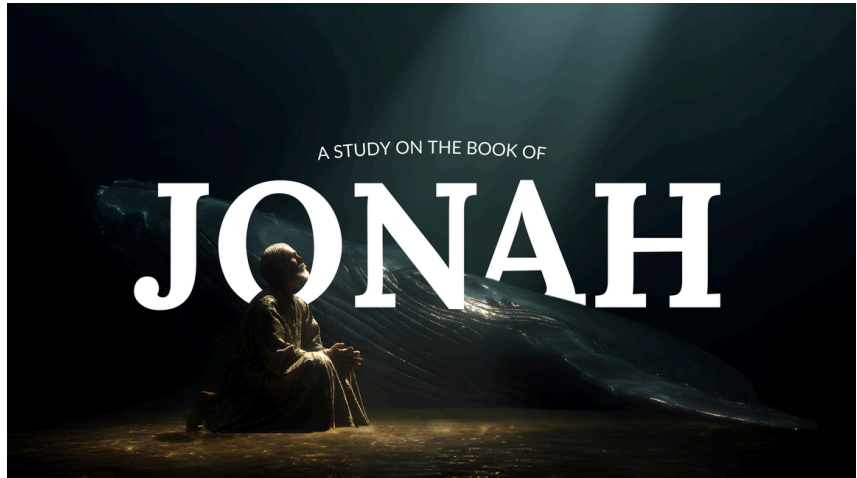
Upcoming Events

- **OCJ ANGEL TREE**
Month of November
** Please grab a tag from the tee in the Lobby*
- **BRIDGE MEN'S BREAKFAST**
November 15th // 9:00am
- **LUNCH FOR ACCELERATED LEARNING CENTER STAFF**
November 21st // 11:30am
- **LOVE OUR CITY**
November 22nd

For more information on these events scan the QR code below



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**Group Discussion**

1. Did anything in the sermon clarify something for you, catch your attention, challenge you, or leave you confused?

Read Jonah 1:7-16

2. Why do you think people still try to hide sin, fear, or disobedience from God, even though they know He sees everything?

3. How might your sin affect and harm those around you?

4. In what ways does this passage highlight the difference between Jonah's disobedience and the sailors' growing reverence for God?

5. What might God be calling you to bring into the light and surrender today?

- Ask yourself: who is a trusted person you could talk to for prayer, accountability and guidance?

Final Note: as groups wrap up for the semester, consider taking the last few minutes to pray together.

In our passage this week, Jonah recognizes that he is the reason for the storm. He openly admits that he is running away from the Lord, yet, Jonah does not immediately repent or cry out to God.

Where might you be acknowledging sin without repenting and turning from it?

Repentance is a work of the Holy Spirit. The Spirit convicts us of sin and leads us to turn to Christ in faith. True repentance involves a sorrowful, humble heart over sin and a complete change in the direction of our lives, inwardly and outwardly. Through repentance, we can trust Christ for the forgiveness from sin and the Holy Spirit for deliverance from sin's power.

Repentance brings hope, forgiveness, cleansing and freedom from guilt and shame. Beyond salvation through Christ, God desires repentance to be a regular part of a believer's sanctification and spiritual growth. **How is God using these verses in Jonah to help you identify specific sins and experience the blessing that repentance brings?** Do not miss the salvation from sin that Christ died to provide.

Prayer: Lord, reveal anything in my life that needs to be surrendered to You. Give me the courage to repent, not just admit my sin, but to turn from it and walk in obedience. Lead me to the peace that comes from yielding my life fully to You. Amen.

Sermon Notes:

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